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Confirmation Letter

To,
Sunil kumar
Published in : Volume 5 | Issue 11 | 2018-11-19



Subject: Publication of paper at International Journal of Emerging Technologies and Innovative Research .

Dear Author,

With Greetings we are informing you that your paper has been successfully published in the International Journal of Emerging Technologies and Innovative Research (ISSN: 2349-5162). Following are the details regarding the published paper.

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Paper ID : JETIRDS06163

Title of Paper : Effect of Uphill Running Training and Staircase Training on Lean Body Mass, Fat Mass, Vital Capacity and Resting Heart Rate of Male Sportsmen

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Thank you very much for publishing your article in JETIR. We would appreciate if you continue your support and keep sharing your knowledge by writing for our journal JETIR.

Editor In Chief

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