

# Spectroscopy and high - performance liquid chromatography method for determination of HMG – CoA REDUCTASE INHIBITORS (statins)

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## ABSTRACT

Hydroxyl methyl glutaryl CoA reductase inhibitors are a class of lipid – lowering medication that is thought to reduce illness and motility those who are at high risk of cardiovascular disease. The great importance of these drugs requires development of effective analytical methods involving high sensitivity and resolution. The spectroscopy and the liquid chromatography are well established methods in the field of pharmaceutical analysis. The spectroscopic and high performance liquid chromatographic methods for determination of statins, their related impurities and co-administered drugs in the bulk drug forms and pharmaceutical formulations are reviewed.

KEY WORDS - pravastatin's, lovastatin's, atorvastatin, simvastatin, rosuvastatin

## INTRODUCTION

Introduction in 1980s class of compounds are the efficacious and best tolerated hypolipidaemic drugs .They competitively inhibit conversion of 3 – Hydroxy - 3 - methyl glutaryl coenzyme A (HMG – CoA ) to mevalonate (rate limiting step in CH synthesis ) by the enzyme HMG – CoA reductase.

This result in compensatory increase in LDL receptor expression on liver cell increase receptor mediated uptake and catabolism of IDL and DLD. Over long term feedback ,induction of HMG – CoA reductase tends to increase CH synthesis , but a steady - is finally attained with a dose – dependent lowering of LDL – CH levels. The statins work by blocking an enzyme, HMG-CoA reductase that is the rate-limiting step in the manufacture of cholesterol. Statins reduce LDL-cholesterol, total cholesterol, and triglycerides and slightly increase high-density lipoprotein (HDL-c). Statins may also have anti-inflammatory effects.

A recent good-quality systematic review found that all statins are equally effective at lowering C-reactive protein levels, but do not affect fibrinogen or several other markers of inflammation.<sup>2</sup> No study has evaluated whether the effect of statins on any marker is related to their effect on cardiovascular outcomes. The third report of the Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III) was released in September 2002.<sup>3</sup> The report stresses that the intensity of treatment is directly related to the degree of cardiovascular risk. Target LDL-c levels depend on the patient's risk of heart disease, medical history, and initial LDL-c level.

(Lescol, Lescol XL) lovastatin (Mevacor, Alticor) pravastatin (Pravachol) rosuvastatin (ZD4522) (Crestor) simvastatin (Zocor)

Fluvastatin (Lescol XL) and lovastatin (Altocor) are available in extended-release as well as immediate-release forms. Lovastatin and pravastatin are natural statins found in fungi; simvastatin is a semisynthetic statin based on lovastatin, and atorvastatin, fluvastatin, and rosuvastatin are fully synthetic. Usua For most patients who are prescribed a statin, the target will be 130 mg/dL or 100 mg/dL. In ATP-III, patients who have Type II diabetes without CHD; peripheral or carotid vascular disease; and patients who have multiple risk factors and a 10-year risk of CHD > 20% are said to have “CHD equivalents,” meaning that the criteria for using drug therapy and the LDL target (<100 mg/dL) is the same as for patients who have a history of CHD. Atorvastatin (Lipitor) fluvastatin I starting doses are rosuvastatin 10 mg, atorvastatin 10 mg, and 20 mg of the other statins.

**TABLE 1: MECHANISM OF ACTION**

<b>HMG-CoA Reductase Inhibitor Dose / LDL reduction %</b>	<b>Important Facts</b>
<b>Atorvastatin (Lipitor)</b> 10 mg / 35-39% 20 mg / 43% 40 mg / 50% 80 mg / 55-60%	Metabolized in CYP3A4; high drug interaction risk High potency Multiple trials to support CV risk reduction
<b>Cerivastatin (Lipobay, Baycol)</b>	Removed from market 2001 due to rhabdomyolysis risk
<b>Lovastatin (Mevacor, Altocor)</b> 10 mg / 21% 20 mg / 24-27% 40 mg / 30-31% 80 mg / 40-42%	Low to moderate potency Metabolized in CYP3A4; high drug interaction risk Significantly raises cyclosporine levels in transplant patients
<b>Pitavastatin (Livalo, Pitava)</b> 1 mg / 29% 2 mg / 36-39% 4 mg / 41-45%	Newest statin Moderate potency Few drug interactions
<b>Pravastatin (Pravachol, Lipostatin)</b> 10 mg / 22% 20 mg / 29% 40 mg / 34% 80 mg / 37%	Low potency Thought to have fewest side effects Established safety in patients with liver disease Few drug interactions
<b>Simvastatin (Zocor)</b> 5 mg / 26% 10 mg / 29% 20 mg / 38% 40 mg / 30-41% 80 mg / 36-47%	Moderate potency High incidence of side effects (myalgias) Metabolized in CYP3A4; high drug interaction risk The 80 mg dose not recommended by FDA in 2011 due to myalgias/interactions

## Analytical methods

### Spectroscopic methods

Direct, derivative and chemo metric spectroscopic methods have been used for the analysis of different statins in their pure and pharmaceutical dosage forms.

### 1.Ultraviolet spectroscopy method

Simple spectrophotometric methods have been developed for determination of ATV in bulk and tablets formulations using methanol [1] or methanol: water (50:50) as solvent [2] the absorbance maximum of ATV has been found at 244 nm and 248 nm respectively. Similar methods have been elaborated for determination of SMV. The estimation of SMV has been carried out using different solvents – methanol (method I) at 236 nm, 2-propanol (method II) at 230 nm and conc.H<sub>2</sub>SO<sub>4</sub> (method III) at 415 nm [3]. A simple spectrophotometric method for the assay of ROS in pharmaceutical formulations [4] has been developed using water as solvent. The absorbance maximum of ROS has been observed at 244 nm. Derivative spectrophotometric and absorbance ratio methods have been developed for the estimation of ATV in tablets [5] and combination of ATV and Ezetimibe in binary mixtures, bulk powder and pharmaceutical dosage forms [6 – 7].

FLV and Zofenopril have been determined simultaneously in two-component mixtures and in pharmaceutical preparations using the first, second and third derivatives of the zero-order spectra. FLV has been determined at wavelengths 339.03, 252.57 and 258.50 nm respectively [8]. A pH independent spectrophotometric method has been developed for the determination of PRV in pharmaceutical formulations. The method is based on the measurement of absorbance at isosbestic point. Isosbestic point of PRV has been determined by zero-order spectrophotometric method and difference spectrophotometric method and has been observed at 249 nm [9].

**TABLE 2: Analysis of single component HMG CoA reductase Inhibitors by UV-Spectroscopy methods**

s.no	Drug	Method	Description	Ref.no
1	Estimation of Pravastatin by spectrophotometric method	Ultraviolet Spectroscopy	Detection wavelength: 737nm Linearity range: 5-25µg/ml Co-relation Coefficient: 0.999.	[10]
2	Simvastatin in bulk and tablet dosage form	Stability indicating UV spectrophotometric method	Detection wavelength : 237 nm Linearity range: 3-18 µg/ml Correlation coefficient 0.9998 Limit of Detection: 0.73 µg/ml Limit of Quantification: 2.07 µg/ml	[11]
3	Validated Simple UV Spectrophotometric Method for the Estimation of Pitavastatin in bulk and Pharmaceutical Dosage Form	UV-spectrophotometric method	Detection wavelength: 249.5nm Solvent : 0.1N HCL Linearity range: 2-12µg/ml. Co-relation Coefficient: 0.9996 %Recovery : 99.83 + 0.39 % LOD: 0.122 µg/mL LOQ: 0.371 µg/mL	[12]
4	Simple UV Spectrophotometric Determination of Rosuvastatin Calcium in Pure Form and in Pharmaceutical Formulations	UV Spectrophotometric Determination	Detection wavelength: 244 nm Solvent: methanol Linearity range: 2-18 µg/mL. Co-relation Coefficient: 0.9978 Molar absorptivity: 7.2646 x 10 <sup>4</sup> L/mol.cm	[13]
5	UV Spectrophotometric estimation of Rosuvastatin Calcium and Fenofibrate in bulk Drug and Dosage Form using Simultaneous Equation Method	UV Spectrophotometric	Detection wavelength : Rosuvastatin : 244nm Fenofibrate : 286.7nm Solvent : methanol Linearity range: Rosuvastatin : 1-10µg/ml Fenofibrate: 2-20µg/ml Co-	[14]

			relation Coefficient Rosuvastatin : 0.998	
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## 2. Spectrofluorimetric methods

Spectrofluorimetric procedure for determination of ATV in pharmaceutical formulations has been developed. In this method, the native fluorescence characteristics of ATV have been studied in both acidic and basic media. High sensitivity has been obtained with 5% acetic acid and the fluorescence intensity has been measured at  $\lambda_{ex}$  276 nm and  $\lambda_{em}$  389 nm [15]. On the other hand, spectrofluorimetric methods have been elaborated for the determination of ROS, Ezetimibe and PTV in pharmaceutical preparations.

The first method is based on measuring the fluorescence of the drugs at their optimum excitation and emission wavelengths. Fluorescence intensity has been measured at  $\lambda_{ex}$  315 nm, 260 nm, and 245 nm, and at  $\lambda_{em}$  362 nm, 309 nm, and 373 nm for ROS, Ezetimibe, and PTV respectively. The second method has been developed for simultaneous determination of ROS and Ezetimibe. The fluorescence has been measured at  $\lambda_{em}$  309 nm for Ezetimibe and 432 nm.

Statins are a class of drugs mostly used for treating hyperlipidemia, and rosuvastatin is the newest drug in the market belonging to this class. In this present work, a method was developed based on the molecular fluorescence technique, with the objective to quantify rosuvastatin in urine samples. For this purpose, the study of several parameters was made to the maximum analytical signal (under reaction with sulfuric acid during 40 min). One previous step to avoid matrix interference was carried out (liquid-liquid extraction). The limit of detection (LOD) and the limit of quantification (LOQ) were 0.38 and 1.28 mg L<sup>-1</sup>, respectively. Linear relationship between rosuvastatin concentration and fluorescence intensity was found until 5.0 mg L<sup>-1</sup>. This proposed method was tested in several samples spiked with rosuvastatin and recovery was found in the range of 90 ± 10%.

This drugs, namely, rosuvastatin calcium (RSV), ezetimibe (EZE), and pitavastatin calcium (PIT). This method is based on the native fluorescence of the drugs at their optimum excitation and emission wavelengths. Fluorescence intensity were measured at  $\lambda_{em}$  362 nm, 309 nm, and 373 nm excitation at  $\lambda_{ex}$  315 nm, 260 nm, and 245 nm for RSV, EZE, and PIT, respectively. The calibration graphs were linear over concentration ranges 0.50–10.0, 0.25–4.0, and 0.10–3.00  $\mu\text{g mL}^{-1}$  for RSV, EZE, and PIT, respectively. The simultaneous determination of RSV and EZE was developed. Fluorescence measured at  $\lambda_{em}$  309 nm for EZE and 432 nm for RSV excitation at  $\lambda_{ex}$  260 nm for both.

## Kinetic spectrophotometric methods

The determination of kinetic spectroscopy method ATV [15] and PRV [16] in pure and pharmaceutical dosage forms has been described. The oxidative coupling reaction of ATV with 3-methyl-2-benzothiazolinone hydrazone hydrochloride monohydrate (MBTH) in the presence of Ce (IV) in an acidic medium to form colored product with  $\lambda_{max}$  at 566 nm. The reaction was followed by measuring the increase in absorbance at 566 nm as a function of time. On the other hand, the method for PRV determination is based on the formation of colored product between PRV and 4-chloro-7-nitrobenzo[2,1-b]oxazole-1,3-diazole in acetone medium. The reaction was followed spectrophotometrically by measuring the increase in absorbance at 462 nm as a function of time. The initial rate and fixed time methods have been used in both procedures. From the mentioned above it can be seen that, most of the reported spectroscopic methods are based on ultraviolet spectrophotometric methods.



The fluvastatin sodium (FVS) in pure form and pharmaceutical formulations. The method is based on the formation of colored product between FVS and 4-chloro-7-nitrobenzofurazan (NBD-Cl) in acetone medium at  $55 \pm 2^\circ\text{C}$ . This reaction is followed spectrophotometrically by measuring the increase in absorbance at 462 nm as a function of time and The rate data and fixed time methods were adopted for constructing the calibration curves. The linearity ranges was found to be 15.0–50.0 and 10.0–90.0  $\mu\text{g mL}^{-1}$  for rate data and fixed time methods, respectively. The limit of detection for rate data and fixed time methods is 0.017 and 0.134  $\mu\text{g mL}^{-1}$ , respectively. This proposed methods have been successfully applied to the determination of fluvastatin sodium in pharmaceutical dosage forms with no interference from the excipients. The Statistical comparison of the results shows that there is no significant difference between the proposed and official methods.

The quantitative analysis of pravastatin sodium (PVS) in pure and pharmaceutical formulations has been described in kinetic spectroscopy methods. this method were based on the formation of colored product between PVS and 4-chloro-7-nitrobenzo-2-oxa-1, 3-diazole (NBD-Cl) in acetone medium at  $55 \pm 2^\circ\text{C}$ . The spectrophotometrically by measuring the increase absorbance at 462 nm as a function of time. The methods were adopted for constructing the calibration curves. The linearity ranges were found to be 15.0–50.0 and 10.0–70.0  $\mu\text{g mL}^{-1}$  for initial rate and fixed time methods, respectively. The limits of detection for initial rate and fixed time methods are 0.029 and 0.086  $\mu\text{g mL}^{-1}$ , respectively. Both methods have been applied successfully for the estimation of PVS in commercial dosage forms with no interference from the excipients. The results are compared with the HPLC pharmacopoeia method.

### High-performance liquid chromatography

There is an impressive increase in the use of high-performance liquid chromatography for determination of statins. HPLC has been used frequently in all fields of statins research. In the available literature there is a recent review, describing chromatographic and electrophoretic analytical methods for determination of statins, published in 2012 [17]. That's why in this paper we are going to focus on articles, published after 2012 or older ones, which we found that, have not been included in the mentioned review. There are many reported HPLC methods for separation and quantitative determination of statins in pure and in pharmaceutical dosage forms (alone or in combination with other drugs). These methods based on different stationary phases (C8, C18), different mobile systems and using UV or diode array (DAD) detectors.

Table3. HPLC methods for determination of statins

Drug/ Formulation	Application	Detector / Column	Chromatographic conditions	Ref.
ATV	Drug substance	HPLC-DAD SunFire C18 ODS (250x4mm, 5 $\mu\text{m}$ ,)	acetonitrile: phosphoric acid 0.1% (65:35) flow rate=1.5 ml/min; $\lambda_{\text{max}}$ =238 nm	[18]
ATV	Tablets	HPLC-UV LiChrospherR 100 RP18 (250x4mm, 5 $\mu\text{m}$ )	0.1% acetic acid: acetonitrile (45:55), pH-3.8 flow rate=0.8 ml/min; $\lambda_{\text{max}}$ =246 nm	[19]
ATV and impurities	Drug substance	HPLC-UV C18 (250x4.6mm, 3.5 $\mu\text{m}$ )	A: phosphate buffer pH-5.4 B: acetonitrile: tetrahydrofuran: (90:10) gradient elution mode flow rate=1.5 ml/min; $\lambda_{\text{max}}$ =220 nm	[20]
ATV and FLV, PRV	Drug substance	HPLC-DAD ODS-AQ YMC (50x4.6mm,	ethanol: formic acid (pH-2.5, 25 mM) (50:50) flow	[21]

		3 $\mu$ m)	rate=1 ml/min; $\lambda_{\max}$ =238 nm	
ATV and PRV, SMV	Drug substance Dosage form	HPLC-UV Poroshell 120 SB C18 (150x4.6mm, 2.7 $\mu$ m)	0.1% o-phosphoric acid: methanol gradient elution mode flow rate=1 ml/min; $\lambda_{\max}$ =238 nm	[22]
ATV and ROS, SMV, Captopril	Drug substance Dosage form	HPLC-UV Purospher Star, C18 (250x4.6mm, 5 $\mu$ m)	acetonitrile: water (60:40) pH-2.9 flow rate=1,5 ml/min; $\lambda_{\max}$ =230 nm	[23]
ATV and ROS, SMV, Diltiazem	Drug substance Dosage form	HPLC-UV Purospher Star, C18 (250x4.6mm, 5 $\mu$ m)	acetonitrile: water (85:15), pH-2.6 flow rate=1 ml/min; $\lambda_{\max}$ =230 nm[46]	[24]
FLV				
FLV and ATV, PRV	Drug substance	HPLC-DAD ODS-AQ YMC (50x4.6mm, 3 $\mu$ m)	ethanol: formic acid (pH-2.5, 25 mM) (50:50) flow rate=1 ml/min; $\lambda_{\max}$ =238 nm	[21]
LOV				
LOV and SMV	Tablets	HPLC- DAD LiChrosorb C18 (250x4.6mm, 5 $\mu$ m)	acetonitrile: water (30:70) flow rate=1.5 ml/min; $\lambda_{\max}$ =240 nm	[25]
LOV and PRV, SMV	Drug substance Dosage form	HPLC-DAD LiChrospher C8 (250x4mm, 5 $\mu$ m)	acetonitrile: 0.1% phosphoric acid (65:35) flow rate=1.5 ml/min; $\lambda_{\max}$ =238 nm	[26]
PTV				
PTV	Tablets	HPLC-UV Agilent Eclipse XDB C18 (150x4.6mm, 5 $\mu$ m)	phosphate buffer (pH-3.4): acetonitrile (65:35) flow rate=0.9 ml/min; $\lambda_{\max}$ =244 nm	[27]
PTV and related substances	Tablet	HPLC-DAD Phenomenex Kinetex C18 (75x4.6mm, 2.6 $\mu$ m)	A: acetate buffer (pH-3.8): acetonitrile (90:10) B: acetonitrile: water (90:10) gradient elution mode flow rate=1 ml/min; $\lambda_{\max}$ =250 nm	[28]
PTV and related substances	Drug substance Dosage form	UHPLC-DAD Poroshell 120 SB-C18 (100x4.6mm, 2.7 $\mu$ m)	A: sodium formate: acetonitrile: formic acid (75:25:0.2); B: acetonitrile: sodium formate: formic acid (95:5:0.05) gradient elution mode flow rate=2 ml/min; $\lambda_{\max}$ =250 nm	[29]
PTV and Ezetimibe	Dosage form	HPLC-DAD Phenomenex Luna C18 (250x4.6mm, 5 $\mu$ m)	0.1% o-phosphoric acid: acetonitrile: triethylamine (19.8:80:0.2); pH-3 $\pm$ 0.05 flow rate=1.4 ml/min; $\lambda_{\max}$ =235 nm	[30]
PRV				
PRV	Tablets	HPLC-UV Phenomenex Luna C18 (150x4.6mm, 5 $\mu$ m)	acetonitrile: potassium dihydrogen phosphate (30:70), pH-3 flow rate=1.5 ml/min; $\lambda_{\max}$ =240 nm	[31]

PRV	Tablets	HPLC-DAD LiChrospher C18 (125x4mm, 5 $\mu$ m)	methanol: water: trimethylamine: glacial acetic acid (455:545:2:1.2) flow rate=2 ml/min; $\lambda_{max}$ =238 nm	[32]
ROS				
ROS	Drug substance Dosage form	HPLC-DAD Nucleodur C8 (250x4.6mm, 5 $\mu$ m)	0.1M formic acid: methanol (25:75) flow rate=1,0 ml/min; $\lambda_{max}$ =280 nm	[33]
ROS and ATV, SMV Captopril	Drug substance Dosage form	HPLC-UV Purospher Star C18 (250x4.6mm, 5 $\mu$ m)	acetonitrile: water (60:40), pH-2.9 flow rate=1,5 ml/min; $\lambda_{max}$ =230 nm	[34]
ROS and ATV, SMV, Diltiazem	Drug substance Dosage form	HPLC-UV Purospher Star C18 (250x4.6mm, 5 $\mu$ m)	acetonitrile: water (85:15), pH-2.6 flow rate=1 ml/min; $\lambda_{max}$ =230 nm	[23]
ROS and ATV, SMV Enalapril	Drug substance Dosage form	HPLC-UV Purospher Star C18 (250x4.6mm, 5 $\mu$ m)	acetonitrile: water (60:40), pH-2.8 flow rate=1.8 ml/min; $\lambda_{max}$ =230 nm	[35]
SMV				
SMV and LOV	Tablets	HPLC-DAD LiChrosorb C18 (250x4.6mm, 5 $\mu$ m)	acetonitrile: water (30:70) flow rate=1.5 ml/min; $\lambda_{max}$ =240 nm	[25]
SMV and ATV, PRV	Drug substance Dosage form	HPLC-UV Poroshell 120 SB C18 (150x4.6mm, 2.7 $\mu$ m)	0.1% o-phosphoric acid- methanol gradient elution mode flow rate=1 ml/min; $\lambda_{max}$ =238 nm	[22]
SMV and LOV, PRV	Drug substance Dosage form	HPLC-DAD LiChrospher C8 (250x4mm, 5 $\mu$ m)	acetonitrile: 0.1% phosphoric acid (65:35) flow rate=1.5 ml/min; $\lambda_{max}$ =238 nm	[26]
SMV and ATV, ROS Captopril	Drug substance Dosage form	HPLC-UV Purospher Star, C18 (250x4.6mm, 5 $\mu$ m)	acetonitrile: water (60:40) pH-2.9 flow rate=1,5 ml/min; $\lambda_{max}$ =230 nm	[23]
SMV and ATV, ROS, Diltiazem	Drug substance Dosage form	HPLC-UV Purospher Star, C18 (250x4.6mm, 5 $\mu$ m)	acetonitrile: water (85:15), pH-2.6 flow rate=1 ml/min; $\lambda_{max}$ =230 nm	[24]
SMV and ATV, ROS Enalapril	Drug substance Dosage form	HPLC-UV Purospher Star C18 (250x4.6mm, 5 $\mu$ m)	acetonitrile: water (60:40), pH-2.8 flow rate=1.8 ml/min; $\lambda_{max}$ =230 nm	[35]

## Conclusion

This article describes different spectroscopic and HPLC methods for analysis of statins (Atorvastatin, Fluvastatin, Lovastatin, Pitavastatin, Pravastatin, Rosuvastatin and Simvastatin) in pure forms, in different pharmaceutical dosage forms and in multicomponent mixtures. Ultraviolet, visible, spectrofluorimetric and kinetic spectrophotometric methods are presented. These methods are fast and suitable for the analysis of simple matrices without overlapping spectra. For more complex matrices, they require prolonged sample pretreatment and data processing.

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