

# MEDIBOX – IOT Enabled Patient Assisting Device

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**Abstract**—The wellbeing and health division is basic to human culture and thusly ought to be one of the first to get the advantages of forthcoming advances like IoT. A portion of the Internet of Medical Things (IoMT) are associated with IoT systems to screen the everyday exercises of the patients. As of late there has been endeavors to structure new therapeutic gadgets which screen the prescriptions and help matured individuals for a superior helped living. In this paper, one such endeavor is made to structure a multipurpose convenient savvy gadget named MEDIBOX which enables the patients to take their medications at the correct time. This container is a capable framework which keeps medications prescribed by the doctor and therefore keeps up the power of the prescriptions regardless of whether the patient is voyaging. Identified with this, we have built up cloud-based establishment and checking that stores and controls the MEDIBOX usefulness for further examination and future adjustment in plan angles.

**Keywords:** IOT, Android Device, Assisting Device, NodeMCU, Power Supply.

## I. INTRODUCTION

IoT is making solid advances in the restorative business with the presentation of applicable sensors and gadgets. IoMT is a gathering of therapeutic gadgets associated with medicinal services IT frameworks for various applications. The development of IoMT has especially affected human services for the matured and handicapped individuals, yet not simply restricted to them. In the quick paced world, indeed, even standard people need support with their everyday exercises. One such imperative action is to assist them with taking their medicines once a day without missing any portion. The by and by accessible gadgets for prescription adherence have a few disadvantages and are confined to fundamental usefulness like filling just a solitary need of an update framework. The multifaceted nature and cost related with increasingly expand frameworks prompted the improvement of another versatile gadget in this paper named as "MEDIBOX" – a canny prescription apportioning gadget. It is intended to help the old individuals who regularly neglect to take their prescriptions or take the wrong pills or dose. It likewise causes individuals who used to travel much of the time and should take customary medicine. Henceforth, we proposed a multi-reason, compact IoT-empowered MEDIBOX which is utilized deliberately to address those relevant issues.

Just around 50 percent of patients hold fast to their medicine routine alright to get the full advantages of their remedies. There are numerous explanations behind not carefully following the routine i.e., carelessness, multifaceted nature,

absence of legitimate mindfulness about the meds, an absence of association from family and companions, etc. Numerous individuals can't keep in mind whether they took as much time as is needed, particularly the individuals who take numerous medications. The individuals who defer their dose timings risk an overdose while curing at the following booked time. Under and over-measurement of medication, the nonattendance of medicine organization and checking systems can prompt numerous complexities in wellbeing. In spite of the fact that blunders can happen in any phases of prescription procedure, it frequently occurs amid the organization arrange. MEDIBOX is intended to alarm the patient at the correct occasions alongside the right measurements in remedy. Alongside reminding a patient about prescription it ought to be guaranteed that drugs are devoured without corrupting their strength. Capacity is an imperative angle of the all-out medication control framework, so in the plan of MEDIBOX a fitting situation is made to keep up the medication viability. The historical backdrop of drugs an individual expended is very vital, so the utilization subtleties are transferred to the cloud for further medicinal reference. MEDIBOX is additionally skilled enough to caution its client about their next meeting with the specialist.

Ambient Assisted Living (AAL) includes specialized frameworks to help old people in their everyday exercises to permit an autonomous and safe way of life to the extent that this would be possible. MEDIBOX is centred around helping the old and patients in holding fast to the drugs normally come what may, subsequently making a difference them to maintain a strategic distance from any future challenges. The MEDIBOX structure fuses a controller, sensors for estimating a lot of parameters, a continuous clock and a SD card module. The cooling framework is consolidated in the MEDIBOX utilizing a little Peltier gadget. The subtleties of the devoured prescriptions with explicit time interim are saved money on a safe cloud that can be utilized for further examination. Thus, in this paper, we have planned a social insurance framework that, using IoT-empowered sensors and important equipment, helps people in taking their recommended prescriptions on time evading future results.

## II. RELATED WORK

The Internet of Things (IoT) is broadly being perceived by scientists as a standout amongst the most modern advances with the planned to significantly change wellbeing, security and addresses significant effects inside the general public. Medicinal gadget organizations are transmuted themselves from gadgets/consumable suppliers to illness/care the board firms. The IoMT gives a domain in which the patient's fundamental parameter subtleties get transmitted through a entryway onto a cloud based stage where it is put away, totalled and dissected. It helps store information for many

patients' subtleties and performs examination progressively, at last guaranteeing a proof-based medication framework. Ambient Assisted Living (AAL) is another methodology

which guarantees to address the requirements of old individuals. Encompassing Intelligence innovations are generally created in this area planning to build safe conditions around helped individuals and help them keep up free living. In any case, there are still numerous essential issues in AAL that stay open. The greater part of the current work still does not completely express the intensity of human creatures, and the significance of social associations and social exercises is less taken note.

Different electronic pillboxes have been created in both industry and the scholarly world amid the previous three decades. The vast majority of the present techniques for evaluating adherence to prescription regimens just remind the patient to expend the drug. A drug occasion checking framework (MEMS) comprises of a ordinary medication compartment with an extraordinary top that keeps track of the time and date each time the holder is opened and shut. Drug Adherence by utilizing a mixture programmed update machine reminds the patient dependent on a particular plan which is characterized by client input. The structure comprises of home use medicine update machine and a Bluetooth wrist trinket. The arm jewellery sounds and flashes to remind the client to take pills or drug from a pack. Advanced cell-based drug in-take scheduler, update and screen application named as Wedjat that encourages patients to stay away from mix-ups in taking drug. Wedjat can remind patients to take the right meds on schedule and keep an intake record for later survey by medicinal services experts. Medicine update and medicinal services is an android application where patients need not keep in mind their prescription measurement timings as they can set an alert for their measurement timings. The alert can be set for taking different medications and contains data relating to date, time and prescription portrayal. A warning will be sent to them through email or message as picked by the patients. A Prescription Adherence Monitoring System for individuals with dementia gives a framework to prescription adherence observing of individuals with memory-debasing conditions (dementia). It predominantly vocally directs the patient through the ventures of prescription admission, controlling accuracy and culmination of his activities and alarming the overseer if issues happen. Prescription caution, an IoT gadget gives warning about the correct medicine to be expended at the endorsed time through sound and visual alarms alongside SMS sent to the patient's cell phone. Prescription Reminder and criticism framework for seniors proposes a structure explicitly for a more extensive populace of matured and old clients. It contains the blend of a mechanized procedure system, Voice over IP, SMS and web administrations to devise a compelling update and criticism arrangement which associates both the older folks and overseeing social insurance experts. The current frameworks neglect to keep the viability of keeping up the drug and as it were focus on reminding the patients about the correct time of the measurement. There are different frameworks that neglect to remind about the measurement but instead remind just about the planning.

In this paper, our proposed arrangement not just reminds the

persistent about the in-take of drug including time and measurement, and it additionally makes an appropriate domain to keep up the effectiveness of the drug. The historical backdrop of medicine subtleties is additionally put away on the cloud so it helps for further reference pretty much every one of the drugs devoured by the patient. Host Management System proposed in our framework can help the clients of the MEDIBOX with establishment, taking care of and design. It likewise causes the producer to screen and right the plan issues in future creations.

### III. OBJECTIVE

The main objective of our proposed system is to create a user-friendly design that the patients can use as a reminder alert to take their daily medication on time.

### IV. PROPOSED SYSTEM

Framework structure design demonstrates how the arrangement to include and oversee new patients. Specialist can see remedies subtleties of and has arrangement to characterize patient's prescription timetable. Each patient would get alert with respect to medication medicine and can include medicinal report to server. Information mining procedures will foresee patient's sickness in view of their indications and make essential proposal of tablet.

### V. MODULES

- **Admin Module:** In admin module, admin of the system can control all data contents. The main implementation comes in this module. This module emphasizes mainly on collecting of data on the server and maintaining managing of this data. There is large complexity as there can be many patients on the database which have a large amount of data to manage. This can lead to predictability problems for the doctors as to who prescribe which medicines as the level of disease can differ from patient to patient.
- **Doctor Module:** This module defines the doctor's side of the application where he can update the patient's timetable, update their prescriptions, view or search the patients in the database.
- **Patient Module:** This module defines the patient side of application where he/she can view the prescription details, tablet taken/not, doctor who attended and the bill.
- **Medical Shop Module:** This module defines the medical shop side where in he can view the patient name and update and view bills of the patient.
- **Medi-box module:** Designing the medicine box includes the patients to notice which medicine is scheduled at what time.

### VI. FEATURES

- **Medication Reminder** - A majority of patients find it difficult to take their medications at appropriate times for an extended duration of the medication

course. They need to be notified about the medications prescribed by the doctor at the correct timings. MEDIBOX gives an alert using a buzzer as well as a visual reminder using the display on the box.

- **Cloud Storage** - Medical records are the records of the hospital and do not belong to the patient, clinical department or the doctor. The patient also has no
- **Medication Storage** - All medicinal products must be are stored in a proper manner.
- **Android Application** – To manage all the modules we make use of an Android application which helps us in working with all modules of medibox.

#### VII. BLOCK DIAGRAM

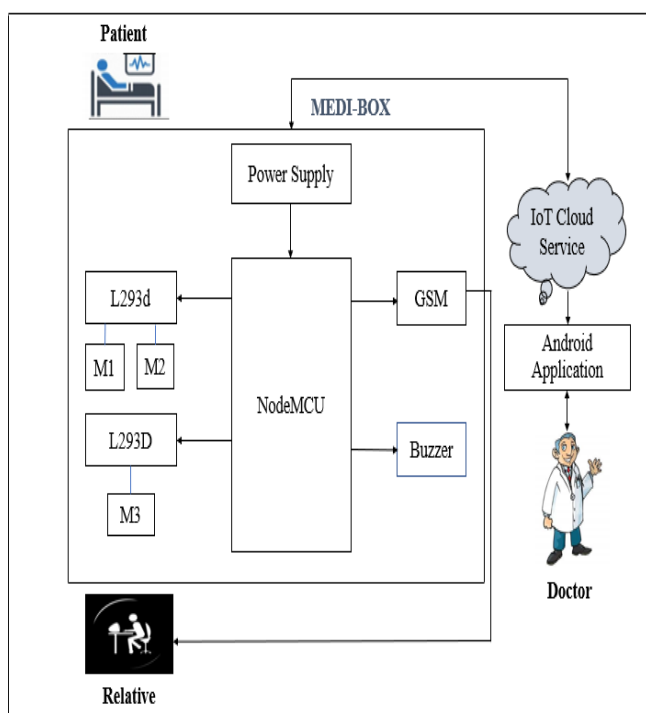


Figure1: Block Diagram

#### VIII. ADVANTAGES AND BENEFITS TO AGED PEOPLE IN ASSISTED LIVING

MEDIBOX enables the patient monitor the drugs and gives an update with the goal that the patient takes the drugs at the proper time and consequently keeps the outcomes of missing measurements. The framework is helpful for patients with dementia and Alzheimer's, who are confronting memory related 217 issues. Missing a measurement, over portion, under portion and so on can result in lethal consequences for the patient. The MEDIBOX structure therefore helps the older and different patients in their day by day life. The power of a medication is critical and MEDIBOX keeps up a suitable situation for the medication along these lines holding the viability of the medication. Since it's a versatile framework, the patient can without much of a stretch convey it with them amid the travel and take the prescriptions at recommended timings. It will likewise advise the patient well so as to refill the medications and remind them about the following meeting

proprietary right on his own clinical record today. The patient only carries with him the discharge summary of his clinical investigation reports and usually radiology films or images. Important clinical data is also not available for research and reference to aide in clinical decision support. Storing the clinical data on secured cloud storage makes it convenient for the future reference.

with the specialist. The patient's drug subtleties will be put away in distributed storage from where the specialist can bring the drug data identified with a particular patient. These subtleties can be utilized for the specialist reference in light of the fact that a large number of the patients might not have a legitimate record of their medicine history. The framework is therefore centred around making a minimal structure with less multifaceted nature and ease of use.

#### IX. CONCLUSION

In today's scenario, people are busy with their daily schedules and cannot remember their medication timings, which puts them in a difficult condition. In this paper, we have designed a new device MEDIBOX which aims at assisting a patient completely with a compact and user-friendly manner. It reminds the patient to consume the medications and provides a suitable storage condition for the drugs. Storage of medications intake details can assist the doctor for future references i.e. the effectiveness of drugs on the patient can be found through the history of medication intake helping him to prescribe accordingly to the patient. The medication details are also stored in a secure cloud along with its storage details. As a future enhancement to the MEDIBOX, health monitoring sensors can also be added to the system. Prediction of storage conditions included in the system makes the box more intelligent and also to consider the placement of multiple compartments inside the box to satisfy the requirement of different users in a home environment. Privacy and reliability measures should also be taken care. A suitable cooling system with less battery rating can make the system more compact and cost effective.

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