

# A Conceptual study on Self-Learning and It's impact on Individuals

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## Abstract

Opportunities are pathways where individual's develop, grow and sustain. Failure to explore and exploit the opportunities is a downward stagnation. Creating opportunities it is very challenging in this dynamic and competitive environment. The answer lies here through Self-Learning. Self learning is a process of learning by oneself or without a teacher, guide or an instructor. The very word "Learning" not gives the meaning of getting education and degrees all the round. Learning is the process of acquiring and implementation of knowledge and skills about anything and anywhere.

The Objective of the study is to enumerate the factors influencing and motives to start Self-learning. The sources of collection of data mainly concentrated on secondary data like journals, articles and websites. Aspects of the self-learning are preparing oneself for future and readiness to grab the opportunities. Limitations of the study varies in the line of tools used for data collection and opinion depends on different other authors and research scholars. This paper briefly outline about the best practices of an individual can adopt to enable their employability and future by learning continuously and realize the benefits of learning and sharing.

*Key Words: Self-Learning, Employability, Opportunities.*

## **Introduction**

Self learning is the important and vital development both nationally and internationally. There are many tools and techniques available globally to do self learning without a actual existence of schools, colleges and universities. Schooling and degrees are completed within their time constraints but those who are not and with no age limitation anybody and from anywhere can have accessibility to self-learning process. The level of accepting a challenges, achievements and risk are analysed by many researcher towards self learning concept and drew their own opinion regarding this concept development widely. This conceptual paper also concentrating on factors influencing, importance, challenges of self learning process.

## **Objectives:**

- a) To know the factors influencing an individual's for self learning.
- b) To identify the opportunities through self learning.
- c) To know the importance of self learning in the competitive world.
- d) To strengthen the generation by creating awareness about self learning.

## Literature Review

Curtis J Bonk and Mimi Miuyoung Lee- “ Motivation, achievements, and challenges of self directed Informal learning in open educational Environments and MOOCs” – According to this research paper the author mentioned about goals, motivation, achievements, challenges and possibilities of life change of self-directed online learners enrolled In MOOCs. At the end of the study it reveals that most of the respondents who enrolled to MOOCs a self-directed learning tool were ladies above the age of 40.

Fred Lewis-“Introduction to Self –Directed Learning” (2013) - The author mentioned about not only increase the competence as self-directed learners by highlighting some important features of it. It helps the students to understand the role of mentors. In the context of students self-learning leads to very less success.

Roger Hiemstra – “Self- Directed Learning- why do most instructors still do it wrong?”- In this research paper the author highlighted on self directed learning rather teacher directed approaches. They mention why teaching staff failed to utilize this approaches.

## Factors Influencing a Self Learning

- i. **Individual Interest and desire:** How much ever the schooling and college education provided and earned any degrees, going beyond that to acquire any knowledge and skills an individual interest and desire to learn something new contributes a lot to take up a step towards self learning. Someone force will not concludes anybody’s success.
- ii. **Competitiveness:** It gives an elaborative meaning in all the sectors in its own way. To face the challenges and to be getting ready for tomorrow, continuous learning and updating self plays a vital role. If not decaying of future is inevitable.
- iii. **Sustainability:** When the world is moving forward giving all challenges, changes and risk, someone should be ready to take up all theses give by the world in order to have sustainability. It is a matter of individual bread and butter.
- iv. **Social Status:** The concept of self learning not only makes individual growth but also gives societal status in form of income, position, responsibility and respect. It directly or indirectly influences others to start with some learning process.
- v. **Economic Contribution:** Learning new things leads to innovation of many new ideas that contributes to economic development of the country. Learning leads to research and developmental activities and continuous process of getting new things.
- vi. **Sharing of Knowledge:** When the innovation process happens again the sharing of knowledge will get accelerated. This will become base for identifying another new concepts.

- vii. **Growth and Development:** Knowledge is power and Self learning leads to growth and development of an individual's as well as towards the nation. It will results in showcasing the strength of the country.

## Importance of Self Learning

- ❖ The classroom learning comes with its own time constraints but self learning process starts with the concept of individual interest without any pressure. This joyfulness of learning makes learning process complete and meaningful.
- ❖ Self learning should be convenient and worthwhile rather making it as affordable.
- ❖ “The best education happens outside the classroom” means self learning is also a process of acquiring a information and education informally.
- ❖ It is very flexible and has freedom to explore new avenues of learning.
- ❖ Much time and cost saving as compared to formal education system.
- ❖ Anywhere and anyone in the world can have accessibility to self learning.
- ❖ Self learning is not having any location or time constrains.
- ❖ Benefits of Self Learning
- ❖ Development of problem identification and problem solving skills.
- ❖ Pressure to pleasure learning, which means stress is very less in this learning process.
- ❖ Time management, decision making, self-assessment, setting goals and other skills are gained and applied anywhere.
- ❖ Individuals will have a clear purpose of why learning and information gained and making it meaningful.
- ❖ Expansion of capabilities and satisfying the curiosity will happens when motivated to learn and acquire more knowledge.

## Challenges

- Learning requires discipline but day to day working life priorities can take over. Learners can fail to make any progression if no trainer or moderator.
- Learners may find their own way to learn. Here the real danger is that knowledge obtained is misleading and not accurate.
- Most of the people come up with the concept of training may familiarise with all the aspects but self learning also take up the challenge to drive individual towards success.

## Opportunities:

- ✚ Enhancing and enlighten individuals goals and skills.
- ✚ Increases in curiosity that leads to more and more learning process.
- ✚ One-self become manager and motivator of learning.
- ✚ Open doors of employability and sustainability.

- ✚ Learning on the job.
- ✚ Internet workshop training

## Study Purpose and Design

The study conducted to understand the importance, challenges and factors influencing the self learning concept and also how it is making impact on individuals. The study design was only secondary data like surfing various web sites, e-articles, e-journals. Hence this study is based on secondary data the outcome may not be generalized as collected information are not sufficient.

## Learning Skills:

**Brainstorming:** Asking many questions and actively listening to the answers.

**Imagining:** Unknown and impossible are reached by imagining an idea.

**Innovating:** Creating something new product, event, object and a procedure.

**Problem solving:** Require more learning process for figuring out best possible solutions.

**Questioning:** Seeking information, taking clarity towards something, knowing the unknowing things.

**Medium Selection:** Should be effective to acquire the knowledge.

**Message evaluation process:** Deciding upon whether provided information is reliable, correct and up to date.

**Active Listening:** Taking key points, paying attention and showing interest to learn more.

**Reading:** Read more and more in order to understand the concept.

**Cause and effect tracking:** Identify why something is happening and what will be the outcome from it.

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