

INVESTIGATE THE AGGRESSION BETWEEN BASKETBALL AND FOOTBALL MALE PLAYERS

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Abstract: Aggression in sports can be caused by number of factors. The most identifiable reasons are rules of the game (level of physical contact) frustration instinct presence arousal environmental cues self control and also behavior of those around. Other factors in aggression include personality, media involvement coaching role models and society we live in. Aggression could have a positive influence on the performance outcome of an individual or team, if the aggressive behavior harm the opposition either physically or psychologically weakening their resources, aggression could also improve the team performance outcome by improving the process of that group. The main purpose of the study was to investigate the aggression between basketball and football male players .To achieve the purpose of the study ,data was collected from thirty basketball and thirty football players, who were representing intercollegiate Kuvempu university tournaments. The age of the players is ranging from 18-28 years. The data collected was collected by using Anand Kumar and Prema Shankar questionnaire and it was treated with the statistical technique 't' test and there is a significant difference between basketball and football male players in aggression. In this study Basketball players are more aggressive than football players.

Key words: Basket ball ,Football, Aggression

Introduction:

Basket ball and Football are a team game in which the main objective are to score by putting the ball into the opponent's goal by playing with any of the body except the hands and skills of kicking, trapping, passing, dribbling, tackling, heading, goal scoring and throw-in are the components of soccer technique and essential to the offensive and defensive tactics of the game.

Competitive sports provide a good channel to release aggression. Different sports events may be arranged according to the intensity and type of aggression release, orderly in a series. In some sports, directing of aggressiveness is productive, whereas a misdirecting situation or mistiming of aggression in those sports is not so or not at all productive. For the control of aggressive behavior of athletes, the coach has a moral responsibility to condition them and intervene through scientific guideline to the tensional moments in a competition. Aggression in sports can be caused by number of factors. The most identifiable reasons are rules of the game (level of physical contact) frustration instinct presence arousal environmental cues self control and also behavior of those around. Other factors in aggression include personality, media involvement coaching role models and society we live in. Aggression could have a positive influence on the performance outcome of an individual or team, if the aggressive behavior harm the opposition either physically or psychologically weakening their resources, aggression could also improve the team performance outcome by improving the process of that group.

Purpose of the study: The purpose of the study was to compare the level of aggression between the basket ball and football inter-collegiate male players of Kuvempu University.

Methodology: To achieve the purpose of the study, data was collected from thirty basketball and thirty football male players, who were representing intercollegiate Kuvempu university tournaments. The age of the players is ranging from 18-28 years.

Statistical technique: The collected data was analyzed by using statistical techniques't' test by using SPSS 17th version.

Table 1. Showing the mean value, standard deviation and 't' score of basketball and football male players.

Sl. No.	subjects	Sample size	Mean-standard deviation	't' vaule
1	Basketball players	30	18+2.4233	2.2629*
2	Football players	30	16+2.9674	

*Significant at 0.05 level

Conclusion:

It was concluded from the results of the study that there is a significant difference between basketball and football male players in aggression. In this study Basketball players are more aggressive than football players. This is because in basketball game there will be a more physical contact than the football game. This might be the reason basketball players have shown more aggressiveness than the football players.

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