

# Motivation By Teachers: The Essence of Learning Process

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*Abstract : As educators we all want to give our students the best start in life. One of the most important aspect and challenge of teaching are to keep students motivated. Different strategies can be used as per need to attain the goal. Motivation is the key factor for success of students at all the stages. Motivation and learning has deep connection. Though learning is self-initiated but it must be aided by motives. Learners' attitude is very important. His attitude and motivation will always drive him to perfection. It is important to recognize that motivating learning is a central element of good teaching. We should help them think of reasons why they want to learn and what they're learning. After all learning is a life long journey and motivation is required at every stage of life to sustain and achieve goals.*

Learning consciously, purposefully and effectively makes us grow as a person. Learning is a skill and we learn throughout our life—by ourselves and with each other. It takes time and need patience. It begins with our senses and their ability to experience the world around us. The ability to learn is one of the most outstanding human characteristics and this is highly used and utilized during school life. Though learning in life starts from womb of the mother but, still organized learning starts from school. It is true that learning 'in school' and learning 'in life' but are very different but it is also a fact that school learning is an important part of 'life learning' and has a huge impact on individuals attitude, behavior, moral values and perception about life as a whole.

Learning and student life goes hand in hand. Students who are confident in their learning abilities and are intrinsically interested in learning activities are more likely to have higher expectations for obtaining desired academic goals. As educators, we all wish and want is to give our students the best start in life. We bring our knowledge, experience, personalities and performance to the design and delivery of teaching. Teachers and parents can feel compelled in their roles to help young minds, say students, fulfill their potential and work towards the high expectation alongside the students, rather than dictating the goals for them and learn them to achieve on their own. Good teachers have always been good reflective teachers. One of the most important aspect and challenge of teaching is to keep the students motivated, so that their learning process leads them to their desired goals and become successful in their future life. This is where the whole expectation has been shown to have a positive effect on self-esteem and achievement they have to be matched with support. Different strategies can be used as per need to attain the end goal. And for this the most important thing is 'motivation'.

Motivation is the key to success and defined as a need or a drive that energizes behavior towards a goal. Success in most fields depends on an ability to visualize success. It's not just success but everything we do in life requires motivation. Without it we wouldn't be able to achieve anything. So, we can say 'motivation' is most significant predictor of success. Motivation is the key factor in the success of students at all the stages, whether it is intrinsic or extrinsic. And here comes the role of teachers who are an important part of their life. When teachers have high expectations from students, they themselves act in a way that encourage them to be motivated and we often see that due to this students' motivation is automatically reflected in their personal investment in cognitive, emotional and behavioral engagement in school or college activities whether it is academic or other curricular activities. This kind of motivation leads to increased effort and energy that young learners expand in their activities and action, which are directly related to their need and has a huge impact on future goals.

Motivation and learning has deep connection. Learning is an active process which needs to be motivated time to time. Though is self-initiated but it must be aided by motives. The best lessons, books and materials in the world won't get students excited about learning and willing to work hard if they're not motivated. In this way especially the learners will persist in learning activity. The greater the readiness, the greater will be the attention given to the assignment on hand. Sooner it will lead to the desired result because learning is always purposeful. It determines whether they pursue a task enthusiastically and whole heartedly or apathetically and lackadaisical.

Motivation and pressure are considered as two important factors which are impacting student life. It should be understood that pressure isn't necessarily bad—it can enhance motivation, concentration and enjoyment. The feeling of stress that often accompanies a pressure situation for a student can help him by keeping him on his toes, ready to raise a challenge. Pressure can be incredible motivational tool when applied in right way. It is the way students handle pressure of learning, makes the difference. We as educators should make our students realize and believe that pressure isn't real. It doesn't exist. It doesn't have a form, a color or a smell. Pressure is simply how we perceive the situation we are in. young generation should know that reasonable expectations are the positive pressure in our life.

As said before, the so-called pressure can be the motivation if applied in right direction and way and at right time. Teachers' motive is the key for each young learner to find their own motives and motivation. This motivation can come from within the student or from outside. Motivation requires activity and involve goal. It gets students moving and points and direct them in particular direction. It is the motor which moves young minds in achieving their desired goals and become successful. Motivation has a huge impact on students learning and their behavior and ultimately it leads them to optimistic approach throughout their life. Here it is important to mention that learners or say students attitude is most important factor of learning. One who is really interested in learning for whatever purpose and motivation will always try to learn in all possible ways. His attitude and motivation will always derive him to perfection. It leads to improved performance.

All students are motivated in a way or other. These young learners are most likely to show the benefits of motivation when they're intrinsically motivated to engage in classroom activities. Students' motivation is probably the single most element of learning. And this learning attitude is to be developed by young minds and sustained by teachers by motivating them. Learning to learn is a art which needs to be practiced. Learning is pushing the brains t its limits and thus can only happen with motivation. Motivation and staying motivated affects the ability to learns and thus is the deposition to sustained efforts to achieve a goal. If a student is not motivated towards learning, then attitude, concentration and other factors are of no use. How good or colorful a book may be, how relevant the material may be, but if the student is not motivated, he'll not develop the interest in learning, if they don't know what they're learning relates to the 'real' world. Motivation is effective when it gives a mental set towards learning. In a way can say that the rate of learning depends upon the strength of motive. So it is important to keep encouraging the students as it will definitely result in their betterment. Young minds that is full of life is full of motives and full of activity. Motivation is the heart of learning process. Young learners are spring action which when motivated by teacher give them a right and purposeful direction. It's the motivation which brings them into action. They must be motivated so that their interest can be directed towards a definite objective which will take them far beyond the experiences which are utilized as motivators towards meaningful learners. As teachers and educators, it is our moral duty to keep the young minds motivated and guide them through tough times. We should in mind that each student sees a learning situation from a different view point and each one of them is unique. Students' behavior is the accurate barometer to motivation. It is important to recognize that motivating learning is a critical element of good teaching. Motivation is definitely the central factor in every learning process. Without any doubt we can say that motivation is the most important principle in education. Lack of motivation in school—students find difficultly in studying, doing home work, learning new things, staying focused or getting work done but the same kids don't have any problem in remembering all cartoon characters, full movie or name of actor-actress etc. So it is quite obvious this is all just because of lack of interest and motivation. We as educators need to bridge the gap by keeping them motivating and encouraging and recognizing their little wins. Though we all know that motivation is an internal impulse that brings us to carry out and achieves what we propose and it plays a large role in learning. It is important to pertinent to keep young learners motivated to learn as it improves persistence and effort. Motivation, especially during learning process not only improves initiative but also cognitive process skills and overall performance.

At the end we can say it's great to motivate young minds, but it is even better if they learn how to motivate themselves. We should help them think of reasons why they should want to learn and what they're learning. After all learning is a life long journey and motivation is required at every stage of life to sustain and achieve goals.

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