

DETECTION OF STRESS RELATED POSTS IN TWITTER DATA STREAMS

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Abstract : Psychological wellness conditions influence a noteworthy level of the world's population every year. The stress investigation of emotional wellness phenomena in openly accessible social networking sites like twitter, sinaweibo and facebook. A set of stress-related textual, visual, and social attributes from various aspects are first defined and then propose a novel hybrid model. The work has demonstrated the utility of online social information for contemplating despondency, be that as it may, there have been limited assessments of other mental well being conditions. It is not easy to access the user posts on their facebook page. In order to obtain the user data from facebook, system have to get the access token from facebook developer page. The API act as an intermediate system that will help the system to analysis the user information from the facebook page. The system will also help to Recommend users with different links for psychological counseling centers, soft music or articles to help release their stress according to users' stress level.

Index Terms - Stress detection, social media, micro-blog, access tokens, and face book.

1. INTRODUCTION

Mental stress is turning into a risk to individuals these days. With the fast pace of life, progressively more and more individuals are feeling stressed. Though stress itself is non-clinical and common in our life, excessive and chronic stress can be rather harmful to people's physical and mental health. User's social interactions on social networks contain useful cues for stress detection. Social psychological studies have made two interesting observations. The first is mood contagion: a bad mood can be transferred from one person to another during social interaction. The second is Social Interaction: people are known to social interaction of user in social media. The advancement of social networks like Twitter, Facebook and Sina Weibo, an ever increasing number of people will share their every day events and moods, and interact with friends through the social networks. We can classify using support vector machine whether the user is stressed or not. After getting stress level, system can recommend user hospital for further treatment, we can show that hospital on map and system also recommends to take precaution to avoid stress. More and more teenagers today are overloaded with adolescent stress from different aspects: academic future, self cognition, inter-personal, and affection. Long-lasting stress may lead to anxiety, withdrawal, aggression, or poor coping skills such as drug and alcohol use, threatening teenagers' health and development. Hence, it is important for both teenagers and their guardians/teachers to be aware of the stress in advance, and manage the stress before it becomes severe and starts causing health problems. The current social media micro-blog offers an open channel forum to timely and unobtrusively sense teenager's stress based on his/her tweeting contents and behaviors. This study describes a framework to further predict teenager's future adolescent stress level from micro-blog, and discusses how we address the challenges (data incompleteness and multifaceted prediction) using machine learning and multi-variate time series prediction techniques. Forthcoming events that may possibly influence teenager's stress levels are also incorporated into our prediction method. Our experimental results demonstrate the effectiveness of considering correlated features and event influence in prediction. To the best of our knowledge, this is the first work on predicting teenager's future stress level via micro-blog. College can be stressful for many freshmen as they cope with a variety of academic, personal, and social pressures. Although not all stress is negative, a certain level of stress can be beneficial to help improve performance. However, too much stress can adversely affect health in the annual survey of the American Freshman; the number of students reported feeling overwhelmed and stressed has increased steadily in the last decade. Over 50% of college students suffer significant levels of stress during a typical college semester. Consequently, there is a need to find innovative and cost-effective strategies to help identify those students experiencing high levels of stress and negative emotions early on so that they can receive the appropriate treatment in order to prevent future mental illnesses. Social media use, such as Twitter and Facebook, has been rapidly growing, and research has already shown that data from these technologies can be used for novel approaches to public health surveillance. Twitter usage among young adults has increased 16% from 2012 to 2014. Currently, 32% of adults of the ages 18-29 years use Twitter, and the usage is expected to increase steadily in the future. People often have the need to share their emotions and experiences. Researchers have theorized that emotional sharing may fulfill a socio-affective need by eliciting attention, affection, and social support. Consequently, this may help individuals cope with their emotions and provide an immediate relief. Users often share their thoughts, feelings, and opinions on these social media platforms, and as a result, social media data may be used to provide real-time monitoring of stress and emotional state among college students. Previous studies have shown that Twitter data can be used to monitor a wide range of health outcomes, such as detecting human immunodeficiency virus infection outbreaks and predicting an individual's risk of depression. For example, DeChoudhury et al conducted one of the first studies that used an individual's tweets to predict the risk of depression. The authors found that certain features extracted from a person's tweets collected over a 1-year period were highly associated with the risk

of depression in adults, such as raised negative sentiment in the tweets, frequent mentions of antidepressant medication, and greater expression of religious involvement. Currently, no studies have examined whether Twitter data can be used to monitor stress level and emotional state among college students. Studying this topic is important because the large amount of social media data from college students' frequent use of social media can be used to help university officials and researchers monitor and reduce stress among college students.

II LITERATURE SURVEY

Huijie Lin, JiaJia, QuanGuo, YuanyuanXue, Qi Li, Jie Huang, LianhongCai, Ling Feng et al. [1] the study of "User-Level Psychological Stress Detection From Social Media Using Deep Neural Network". The paper employs real online microblog data to investigate the correlations between users' stress and their tweeting content. It also defines two types of stress related attributes: - Low-level content attributes from a single tweet, including text, images and social interactions; and User scope statistical attributes through their weekly micro-blog postings, mapping information of tweeting time, tweeting types and linguistic styles. Li-fang Zhang et al. [7] proposed the study on titled Occupational stress and teaching approaches among Chinese academics (2009). Researcher suggested that, controlling the self-rating abilities of the participants, the favorable conceptual changes in teaching approach and their role insufficiency predicted that the conceptual change in teaching strategy is negative. Another approach for stress analysis is Kavitha et al. [4] in her research titled - Role of stress among women employees forming majority workforce at IT sector in Chennai and Coimbatore (2012), she has focuses on the organizational role stress for the employees in the IT sector. She found in her research that, women face more stress than men in the organization and she viewed to be more specific married women faces more stress than the unmarried women. Another approach is Amir Shani and Abraham Pizam (2009) et al. [6] - Work-Related Depression among Hotel Employees have conducted a study on the depression of work among hotel employees in Central Florida. They have found that, incidence of depression among workers in the hospitality industry by evaluating the relationship between the occupational stress and work characteristics. Another approach is Kayoko Urakawa and Kazuhito Yokoyama et al. [] in their work on Sense of Coherence (SOC) may Reduce the Effects of Occupational Stress on Mental Health Status among Japanese Factory Workers (2009) has found the result i.e. adverse effects on mental health due to the job demand and job stress was positively associated with SOC, the mental health status of males in managerial work was adversely negative, where as it was positive among the female co-workers. Finally they found that, SOC is an important factor determining the coping ability over the job stress for both the genders.

3. PROPOSED WORK In this proposed work, we build a practical application to detect and release user's psychological stress by leveraging user's social media data in online social networks, and provide an interactive user interface to present users and friends psychological stress states. With the given user online social media data as input, our proposed system intelligently and automatically detects users stress states. Moreover, it will recommend users with different links to help release their stress. The main technology of this project is a clustering model, which can leverage social media content and social interaction information for stress detection.

III. PROBLEM FORMULATION

To formulate our problem, we declare some notations in advance. In particular, we use bold capital letters (e.g., X) and bold lowercase letters (e.g., x) to denote matrices and vectors, respectively. We employ non-bold letters (e.g., x) to represent scalars, and Greek letters (e.g., θ) as parameters. If not clarified, all vectors are in column form. Suppose that we have K stressor events and M stressor subjects. Let us denote $e_i \in \mathbb{R}^K$ as the event label vector, and $s_i \in \mathbb{R}^M$ as the subject label vector, for the i -th tweet. Given a set of tweets $T = \{t_1, t_2, \dots, t_N\}$, it consists of N distinct training samples. Let $x_i \in \mathbb{R}^D$ be the feature vector of the i -th tweet. Each training sample $t_i = (x_i, e_i, s_i)$ consists of a feature vector denoted by x_i , with the corresponding stressor event label e_i and the stressor subject label s_i . Let $X = [x_1, x_2, \dots, x_N] \in \mathbb{R}^{N \times D}$ be the feature matrix, $E = [e_1, e_2, \dots, e_N] \in \mathbb{R}^{N \times K}$ be the stressor event label matrix, and $S = [s_1, s_2, \dots, s_N] \in \mathbb{R}^{N \times M}$ be the stressor subject label matrix, respectively.

Generate decision tree

1. Check if algorithm satisfies termination criteria
2. Computer information-theoretic criteria for all attributes
3. Choose best attribute according to the information theoretic criteria
4. Create a decision node based on the best attribute in step 3
5. Induce (i.e. split) the dataset based on newly created decision node in step 4
6. For all sub-dataset in step 5, call C4.5 algorithm to get a sub-tree (recursive call)
7. Attach the tree obtained in step 6 to the decision node in step 4
8. Return tree

Input: an attribute valued dataset D

Tree = { }

If D is "Pure" OR other stopping criteria met then

Terminate

End if

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For all attribute  $a \in D$  do
  Compute information theoretic criteria if we split on  $a$ 
End for
 $abest =$  Best attribute according to above computed
criteria
Tree = Create a decision node that tests  $abest$  in the root
 $Dv =$  Induced sub-Datasets from  $D$  based on  $abest$ 
For all  $Dv$  do
   $Treev = C4.5(Dv)$ 
  Attach  $Treev$  to the corresponding branch of Tree
End for
Return Tree

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IV. METHODOLOGY

1. Registration: The user who are all wants to know their stress levels they first have to register in to the stress analysis system. In the registration phase the user will have to fill the details consisting in the registration phase. After registration the user can access the stress analysis application.

2. Data collection: Collection of user data from the facebook. It is not directly access the user posts on their facebook page. In order to obtain the user data from facebook, we have to get the access token from facebook developer page. The API act as an intermediate system that will help us to collect the user information from the facebook page. All the information posted are stored in the analysis database.

3. Clustering: The posts from different users are collected together and separated by clustering techniques. The cluster comprises of sentiment based separation and classification k-mean algorithm have to used in this module.

4. Stress level prediction: Finding stress level of the user in different states. Recommending users with different links for psychological counseling centers, soft music or articles to help release their stress according to users' stress levels.

1. Daily stress recognition from mobile phone data, weather conditions and individual traits: In the paper of Daily stress recognition from mobile phone data, weather conditions and individual traits. That day by day stress can be dependably perceived in the form of behavioural measurements, get information from the clients cellphone, for example, the climate conditions (information relating to short lived properties of the condition) and the identity attributes. In work environments, where stress has become a serious problem affecting the productivity, leading to occupational issues and causing health diseases. Our proposed system could be extended and employed for early detection of stress-related conflicts and stress contagion, and for supporting balanced workloads.

2. Flexible, high performance convolutional neural networks for image classification:

In this paper, they present the new deep CNN architecture, MaxMin-CNN, to better encode both positive and negative filter detections in the net. The system to adjust the standard convolutional square of CNN keeping in mind the end goal to exchange more data layer after layer while keeping some invariance inside the system. Fundamental thought is to abuse both positive and negative high scores got in the convolution maps. This conduct is acquired by altering the customary enactment work venture before pooling. Time required for this is more. It is time consuming process.

3. Predicting personality from twitter:

In this Paper they are interested in the identity of clients. Identity has been appeared to be applicable to many sorts of cooperation; it has been appeared to be helpful in anticipating work fulfilment, relationship achievement, and even inclination. They are intrigued in the identity of clients. Identity has been appeared to be applicable to many sorts of communications; it has been appeared to be valuable in foreseeing work fulfilment, expert and sentimental relationship achievement, and even inclination for various interfaces. And begin to answer more sophisticated questions about how to present trusted, socially-relevant, and well-presented information to users.

4. Learning robust uniform features for cross-media social data by using cross auto encoders: In paper Learning robust uniform features for cross-media social data by using cross auto encoders. To solve learning models to address problem handle the cross-modality correlations in cross-media social elements. They propose CAE to learn uniform modality-invariant features, and they propose AT and PT phases to leverage massive cross media data samples and train the CAE. Learning robust uniform features for cross-media social data by using cross auto encoder take a more time.

5. We feel fine and searching the emotional web:

This paper is about the user feel fine and searching the emotional web. On the usage of We Feel Fine to suggest a class of visualizations called Experiential Data Visualization, which focus on immersive item-level interaction with data. The implications of such visualizations for crowd sourcing qualitative research in the social sciences. Repeated information in relevant answers

requires the user to browse through a huge number of answers in order to actually obtain information. Existing works demonstrated that leverage social media for healthcare, and in particular stress detection, is feasible. There are some limitations exist in facebook content based stress detection. Users do not always express their stressful states directly in facebook post. Although no stress is revealed from the post itself, from the follow-up interactive comments made by the user and his/her friends, we can find that the user is actually stressed from work. Thus, simply relying on a user's facebook post content for stress detection is insufficient. Users with high psychological stress may exhibit low activeness on social networks. Stress detection performance is low.

V. CONCLUSION

We made use of k-mean clustering techniques in order to cluster the user data and provide an accuracy for the user stress levels that are gathered and provided by graph internet explorer. In this system, we displayed a system for distinguishing users psychological stress states from clients. Psychological stress is threatening people's health. It is non-trivial to detect stress timely for proactive care. Therefore we have presented a framework for detecting user's psychological stress states from user's monthly social media data, leveraging facebook post content as well as user's social interactions. Employing real-world social media data as the basis, we studied the correlation between user's psychological stress states and their social interaction behaviours. We recommend the user for health consultant or doctor. We show the hospitals for further treatment on a graph which locate shortest path from current location of user to that hospital. We recommended the user for health precaution and send mail for user interaction purpose.

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