# SOCIAL MATURITY AMONG COLLEGE-GOING STUDENTS

#### Anubha Srivastava

Assistant Professor & Head, Department of Psychology, Shri Agrasen Mahila Mahavidyalaya,
Azamgarh

# **ABSTRACT**

The aim of the present study was to compare the social maturity among college-going students. For this purpose, 200 college-going students (100 male and 100 female) have been taken and they were assessed using A Comprehensive Scale for Social Maturity (ACSSM) (Dr. Roma Pal). The SPSS 20 was used to analyze the data. Mean, SD, and t-test was used for calculating the required analysis for the sample. As result, it was found that there is a significant difference in Social Maturity among male and female college-going students.

# **KEYWORDS** – Social Maturity.

Social maturity is the process of developing acceptable attitudes for an individual's personal, interpersonal, and social adequacies, which are important for functioning properly in society.

Singh et al. (2013) investigated Gender on Social and Emotional Maturity of Senior School Adolescents. Girls scored significantly higher on the social adequacy component of social maturity, according to the study. The composite social maturity and emotional maturity scores, on the other hand, showed no gender differences. Social maturity was found to be significantly positively under both genders. As a result, the current study attempts to investigate the social maturity of adolescents in connection to their gender and location.

Ram Prakash Gupta (2014) investigated male and female M.Ed. students' social maturity. The study focused on 100 male and female M.Ed. students from Himachal Pradesh's Science and Arts programs. Roma Pal created a thorough Social Maturity Scale that was used. The reliability and validity were calculated and found to be 0.834 and 0.793, respectively, whereas the validity was 0.831. After analyzing the data, it was discovered that all M.Ed. students are socially mature, regardless of whether they belong to the science or humanity groups, and there is no significant difference in social maturity between female arts and science students. There is no significant difference in social maturity between male arts and science students, male and female science students, or male and female arts and science students.

**P. Anitha** (2017) investigated the Social Maturity of Adolescent College Students in Colleges, discovering a significant relationship between social maturity and several demographical characteristics such as gender,

age, and adolescent students' achievement motivation. It was discovered that the respondents' social maturity and age are unrelated. Gender also plays a role in the development of social maturity in this study.

#### **OBJECTIVE**

In the present study our objective is to find the significant difference in Social Maturity among male and female college-going students.

#### **METHODOLOGY**

Sample: The sample consisted of 200 college-going students. Out of these 100 Males and 100 females have been taken for the study. They have been selected from Azamgarh City (U.P.) using the Convenience sampling method.

# Inclusion and exclusion criteria:

#### **Inclusion criteria**:

- college going students
- Male and female students
- Students who would give their consent

#### **Exclusion criteria:**

- Students who currently have any psychiatric illness
- Students who currently have any physical illness

#### **TOOLS USED**

#### A Comprehensive Scale for Social Maturity (ACSSM) (Dr. Roma Pal):

A Comprehensive for Social Maturity (ACSSM) prepared by Dr. Roma Pal (1986) was used. The scale consists of 50 statements, and each statement accorded a four-point response spread, the intervals of which were labeled as 'Strongly Agree', 'Agree', 'Disagree' & 'Strongly Disagree'. The successive response intervals were subsequently scored 4, 3, 2 & 1. The reliability coefficient was calculated which were 0.834 & 0.793 respectively.

# **PROCEDURE**

In the present study, College going students were informed about the research work being conducted and consent was taken from them. After this, the tools were administered in groups on the selected sample. Time taken for each group was approximately 45 minutes. Instructions were read out and explained and queries about how to answer the test items were addressed and demonstrated.

#### STATISTICAL ANALYSES

The SPSS 20 version was used to analyze the data. Mean, SD, and t-test was used for calculating the required analysis for the sample.

# RESULTS AND DISCUSSIONS

Table 1: Mean, SD, and 't' value of Social Maturity Among College Going Students.

	Students	N	Mean	SD	t 34	df	Significant
Social	Male	100	81.9100	19.51746	7 75	198	.000
Maturity	Female	100	121.6600	23.03367	-13.166	/	
		1 30		2	100		

# Table 1 shows the Mean, SD, and 't' value of Social Maturity Among College Going Students

The present study was done to see the significant difference in **Social Maturity** among **College Going Students**. In the present study, the Mean of male students was **81.9100** and SD was **19.51746**. The mean of Female students was **121.6600** and SD was **23.03367**. 't' value was **-13.166** (Significant at 0.000 level).

#### **CONCLUSION**

It can be concluded that there is a significant difference in Social Maturity among College going students.

#### **LIMITATIONS**

- The sample size taken was small.
- Area of sample collection was limited.

# RESEARCH SUGGESTIONS

- A Large number of a sample can be taken.
- Area of sample collection can be broadened.

# **REFERENCES**

Anitha, P. (2017). Study on Social Maturity of the Adolescent College Students in Colleges at Tiruchirappalli. Research on Humanities and Social Sciences, ISSN 2224-5766 (Paper) ISSN 2225-0484 (Online), Vol.7, No.17.

Gupta Ram Prakash (2014). Study of Social Maturity Among Male and Female M.Ed. Students published Abhinav National Monthly Refereed Journal of Research in Arts & Education Online ISSN-2277-1182.

Singh, R., Pant, K., & Valentina, L. (2013). Gender on Social and Emotional Maturity of Senior School Adolescents: A Case Study of Pantnagar. Stud Home Com.Sci, 7 (1), 1-6.

