

PSYCHO-SOCIAL PROBLEMS OF CERVICAL CANCER PATIENTS: A DETAILED STUDY

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Abstract

The psychosocial burden on women with cervical cancer refers to the important tasks of assessing and controlling the individual effects of diagnosis and treatment on all women and their caregivers. Fear of cancer diagnosis is a normal and expected reaction. Although the experience of anxiety is general, intensity and duration of anxiety vary with the prognosis, social situation of the patient, and morbidity associated with the treatment. The symptoms of high anxiety may persist even in patients with a favorable prognosis long after the end of treatment. For patients with cervical cancer, unique factors are associated with their emergency experience. The psychosocial problems that accompany the diagnosis of cervical cancer are often old and rooted. Social workers, clinical psychologists, and care coordinators need to be familiar with the diverse community support services that can be offered alongside the cancer treatment team to help women and their families cope with the associated problems diagnosing and treating cervical cancer.

Keyword: Human Papilloma Virus, Psycho Social Problems

Introduction

Cervical cancer is the second most regular cancer in ladies; worldwide and is one of the main sources of cancer identified with death in ladies in immature or creating nations like Somalia and India .It is one of the significant general medical issues in our nation particularly in Bangalore. Out of all cervical cancer cases found on the planet 14% happens in the created nations and about 86% happen in creating nations. We realize that cervical cancer is viewed as a preventable and reparable infection, since it very well may be analyzed in its pre-cancerous stage and can be controlled. Considering the high rate of cancer of cervix in our nation pap screening ends up obligatory. Pap smear decreases the occurrence of cervical cancer altogether. Insufficient learning is hence the greater part of the motivation behind why numerous patients don't make utilization of the right now accessible screening strategies [1]. Around two third of ladies who create cervical cancer have been screened.

Race, ethnic foundation and low pay status assume a job in rate, mortality and survival. Survival rates approach 95% if a brilliant cytology-screening program is set up and is utilized by ladies [2].

Cervical Cancer

Cervical cancer is an uncommon and uncontrolled advancement of the cells covering the cervix, which acts like the portal to the uterus. The cervix masterminding is generally made of two unmistakable cell types. Covering the outer cervix that faces the vagina are squamous cells, which are level perfectly healthy, while the open section of the cervix which leads into the uterus is lined by glandular cells, which are blockier alive and well and produce organic liquid. Cancer can rise up out of both of these cell types; regardless, squamous cell cancers are the more progressive. Most cervical cancers are brought about by Human Papilloma Virus (HPV). HPV is ordinarily known as the virus that causes genital moles, however what many don't understand is that there are over twelve kinds of explicitly transmitted HPVs, and just a couple of them result in genital moles.

Research Methodology

Social research is a piece of the exploration that inspects human conduct in a piece of Society Social research comprises in finding a clarification, for instance, to clarify the social wonder Clarifying questions and amending incorrectly actualities of social life. Social Research Studies Occasionally associate human exercises. There are two bases Elements related with a wide range of logical perceptions that assistance us Compilation of new certainties and information on social marvels. The fundamental point of research is to discover reality which is covered up and which has not been find so far. In the present examination additionally, the scientist has made a deliberate investigation of the issue picked and attempted to set up a circumstances and logical results relationship to find achievable answers for the issue. In this section the destinations of the examination and the theories to be tried have been represented. Additionally, the analyst has displayed the examination structure, the inspecting technique and the sources, apparatuses and strategies for information accumulation utilized in the examination. The analyst has additionally enrolled the noteworthiness of preparing and examination of information in the logical investigation and featured the way toward handling and examination of information which has been utilized in her exploration work.

Objectives of the Study

This investigation was not a special case that is the reason the scientist has a few targets before embraced the present examination. In this exploration ponder, the scientist utilized social work mediation to gather the information and achieve her destinations with the goal that it is an activity arranged look into study.

In the present examination likewise the specialist has attempted theory to be tried amid the examination which is:

- Cervical cancer patients experience the ill effects of social and psychological issues.
- Cervical cancer patients are not very much upheld by their relatives.

Research Design

Research configuration is the reasonable structure inside which investigate is directed; it establishes the plan for the gathering, estimation and examination of information. Research configuration is arranging a methodology of directing exploration. It designs regarding: what is to be watched, how it is to be watched, when/where it is to be watched, why it is to be watched, how to record perceptions, how to examine/decipher perceptions, and how to sum up. Along these lines Research structures, a definite arrangement of how the objectives of research will be accomplished.

Data Analysis and Interpretation

A respondent's profile is regularly used to depict his/her qualities to help manage imperative instructive, social, political and financial choices for a specific individual, or to manage individualized instructional arranging. It alludes to an individual information of the respondents. In an examination, profile of respondents keeps a vital spot in the whole investigation. Profile of the respondents is an imperative variable to decide psycho-social and financial status of the universe in any social research. We examine the age, instructive status, financial status, religion and standing, occupation, conjugal status and statistic status of the respondents and so on under the profile of the respondents. The factors are critical to decide standards of conduct of individual in the society.

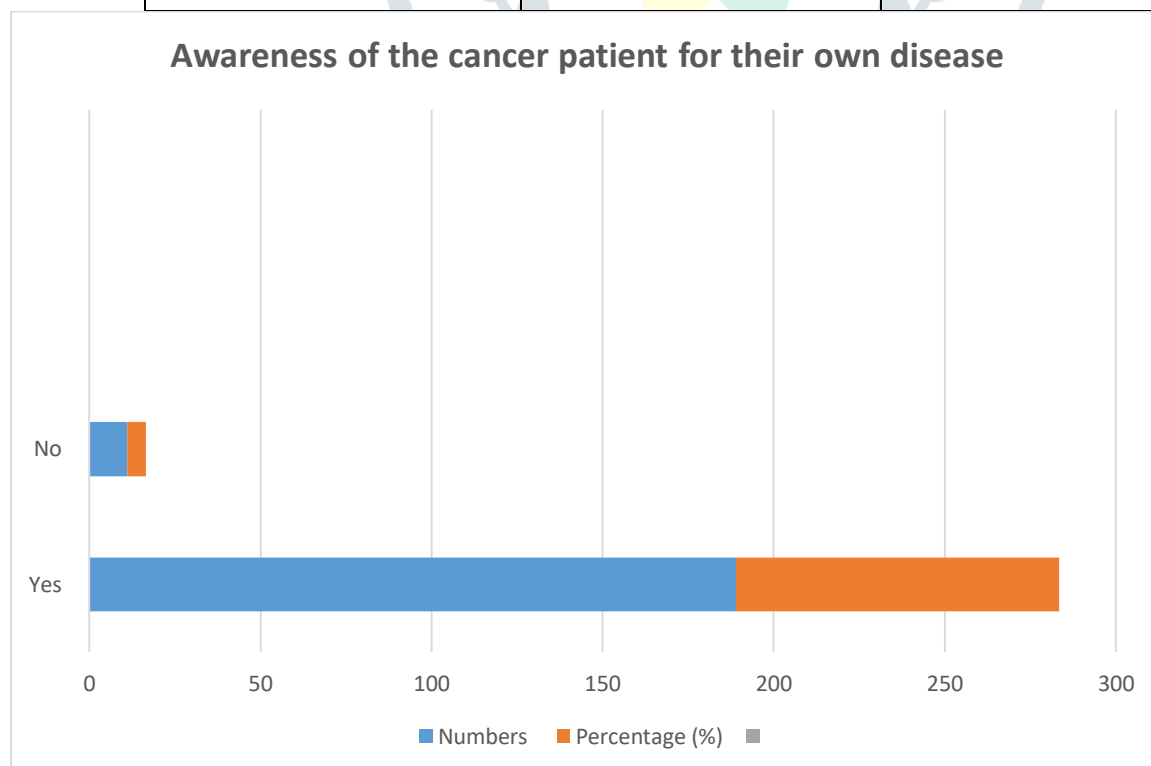
Psycho Social Problems of Cervical Cancer Patients

Proficient social laborers and social work foundations have for some time been associated with the field of wellbeing, social welfare and in the avoidance and control of significant illnesses. As a rule, proficient social laborers have duty, information, strategies and abilities to manage human and their circumstances. They are prepared with humanitarian qualities and sympathy. Unrestricted by any authoritative opinion, they help people and gatherings to improve generally speaking change among themselves and their social condition. Throughout the decades, their expert practice has turned out to be useful in helping people, gatherings and networks to hold over their injury or on the other hand emergency.

Table.1 speaks to consciousness of their analysis of cancer amid treatment (at the time of meeting), it demonstrates that 94.5 percent respondents knew and 5.5 percent respondents didn't know about their analysis of cancer amid treatment.

Table 1 Awareness of the cancer patient for their own disease

Yes/No	Numbers	Percentage (%)
Yes	189	94.5
No	11	5.5
Total	200	100



Thus it may conclude that majority of respondents i.e. 94.5% were aware about their diagnosis of cancer during treatment.

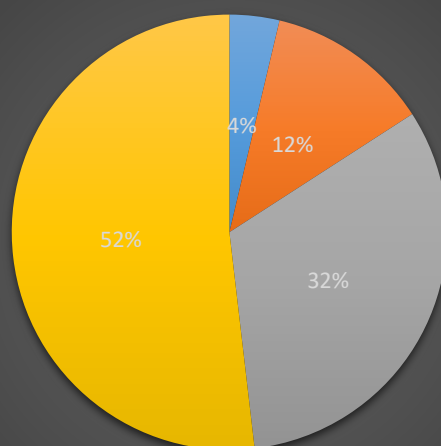
Time Duration about own cancer diagnosis

Table 2 represents time duration about the information of self-cancer diagnosis, it shows that 51.85 percent respondents were informed during treatment, 32.27 percent were informed just before the starting of treatment, 12.16 percent were informed after few days of the diagnosis and 3.70 percent respondents were informed on the day of diagnosis of cancer.

Table 2 Time Duration about own cancer diagnosis

Time Duration	Numbers	Percentage (%)
Day of Diagnosis	07	3.70
After Few Days of Diagnosis	23	12.16
Just Before Starting of Treatment	61	32.27
During Treatment	98	51.85
Total	189	100

Time Duration about own cancer diagnosis



■ Day of Diagnosis ■ After Few Days of Diagnosis
 ■ Just Before Starting of Treatment ■ During Treatment

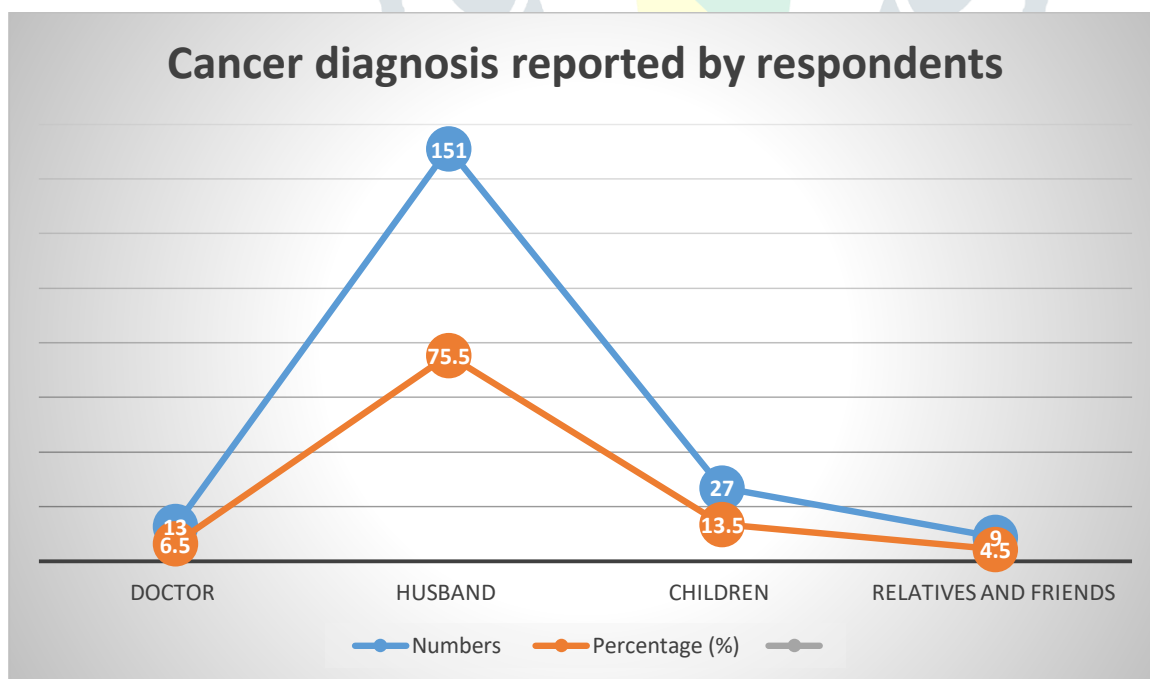
Thus it may conclude that majority of respondents i.e. 51.85% were informed about their own diagnosis during their treatment.

Cancer diagnosis reported by respondents

Table 3 represents about the cancer diagnosis informed by to respondents, it shows that 75.5 percents respondents were informed by their husband, 13.5 percent were informed by their children, 6.5 percent were informed by their doctor and 4.5 percent were informed by their relatives and friends.

Table 3 Cancer diagnosis reported by respondents

Informed By	Numbers	Percentage (%)
Doctor	13	6.5
Husband	151	75.5
Children	27	13.5
Relatives and Friends	09	4.5
Total	200	100



Thus it may conclude that majority of respondents i.e. 75.5% were informed by their husband about their diagnosis of cancer.

Conclusion

Each examination which is embraced in social sciences so as to discover the social reality especially from the viewpoint of bringing out further improvement in it, it ends up mandatory with respect to the scientist to introduce the discoveries of the analyst so as to give a chance to the specialists in future to have a thought regarding them in their totality at one spot. Furthermore, it additionally winds up important to propose measures for upgrades in the circumstance. A respondent's profile is regularly used to depict his/her attributes to help direct vital instructive, social, political and financial choices for a specific individual, or to control individualized instructional arranging. It alludes to an individual information of the respondents. In an exploration, profile of respondents keeps an essential spot in the whole investigation. Profile of the respondents is a vital variable to decide psycho-social and financial status of the universe in any social research. We ponder the age, instructive status, monetary status, religion and standing, occupation, conjugal status and statistic status of the respondents and so forth under the profile of the respondents. These factors are essential to decide standards of conduct of individual in the general public. In the structure of society, family speaks to both an organization just as affiliation. It is the most established among different foundations and affiliations.

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