# SELF HELP GROUP AS A INFLUENCER OF SELF CONFIDENCE AMONG THE TRIBAL WOMEN

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### **Abstract:**

This study mainly focuses on the tribal women and the influence of SHGs in the process of creating and developing the confidence among them. The social effect of the SHG program expanded inclusion in developing the level of self confident among the tribal women, mindfulness about different projects and associations, expanded access to such associations, by the indirect influence of SHG, there is a Change in the frame of mind of male individuals from the families, presently tribal women are persuaded about the idea of SHG and urge ladies to take an interest in the gatherings and ladies detailed that they have funds in their name and it gives them certainty and expanded confidence, through this study the researcher clearly state the role and importance of SHGs are inevitable to create and develop self confident among tribal women.

Keywords: SHG (Self Help Group), Self Confident, Women Empowerment

### Introduction

In this world's largest democratic country we witness several revolutions within it. Now and then women centric activities are given much importance than previous to encourage woman and making capable them to come forward. Which resulted that in all sectors women are opened there account. The presents of women are seen even in Politics, scientific projects, innovations, and even the job which the society consider and mend only for men. Apparently there are some category where much more motivational is required to uplift the women in socially and economically and personally. In this progression the SHG plays an eminent role. According to

## **Review of literature**

Neha Misra (2000) HG is a comprehensive program of micro-enterprises covering all parts of independent work, association of the rural poor into self improvement gatherings and their ability building, arranging of movement bunches, foundation develop, innovation, credit and so on especially among tribal women are harvesting the benefits from it. Through this study researcher tries to find out how SHG promotes and influence the self-confident level among tribal women.

Auster and Ohm, (2000) Through the article the researcher clearly states about the present scenario and the important role of women in social life and in all aspect of it. These days, more thought is given to amiability of Androgynous sex job. In different words, there is no particular breakdown of sex jobs and each person, in spite of their sexuality, could embrace any job in the general public, ladylike or manly, that suits their own trademark and their one of a kind identity type, dismissing any sexual orientation based generalizations.

Benerjee (2006) characterizes SHG as a smaller than normal deliberate office for self improvement. At the smaller scale level, it has been a center, especially for ladies in their social defuse. It has incredible potential in making mindfulness on everyday issues advancing sparing propensities creating self and network resources, expanding salary level and giving social power s it as a suitable choice to accomplish the targets of Rural Advancement and to get network cooperation in all Rural Development Projects. declares SHGs as casual gatherings where individuals meet up towards aggregate activities for a typical reason.

## **Objective of the Study**

To study the influence of self help groups towards enhancing the confidence level among the tribal women.

# **Scope of the Research**

The aim of this research is to study the influence of self help groups towards enhancing the confidence level among the tribal women. SHG plays a greater role to encourage women and help to develop some sort of personal qualities such as self confidence, self esteem, and social status and so on. New era is witnessing emergence tremendous lady super stars over the world. It is not so different in Indian contest. In particular,

Tamilnadu state is on its initial stage. Several policies and strategies and projects had played behind this success among them role of SHG is not too small. Though Tribal women are not yet come forward. in this contest scope for a detailed study on the same is relevant so that the researcher has chosen to make attempt on the topic 'Self help group as a influencer of self confidence among the tribal women.

## Significance of the study

This article aims at contributing to the phase by focusing on the topic self help group as a influencer of self confidence among the tribal women. Present study can be contribute and concentrate the tribal women's personal as well as social life. Moreover this research can be utilized as a reference and guide for future related studies.

# Research Gap

Researcher found that there are several studies had carried out regarding SHG related. But there is no attempt to the respective Tribal women in Javadu hills. and very few attempt had made on the topic of tribal women's self-confident. Hence the present study is carried out with the hope that the study results can be useful for the people who are in javad hill. There is any time gap found.

# Research design and Methodology

The study is based on both types of data primary secondary data primary data were collected with the help of questionnaire and partly interviews while for collection of secondary data, the sources tapped were books, journals and reports to the related to the research.

Self help group and sources of tribal women empowerment enable the researcher to study about Self Help Group opportunities, challenges and strategies of women empowerment. the study relegates to the analysis of effectiveness of implementation of tribal women development programme in terms of self help group from the point of view of members of self help groups. This study analyses various aspects of tribal women empowerment in terms of self help group tribal women's influence on\over the economic decision making and influence over other decision pertaining to the general welfare of the family.

# **Data Analysis**

	Self confidence of the	N	Mean	Std	F	P
	SHG.			deviation	value	value
	No increase at all	11	27.82	3.28		
Opportunities	Increase to some extent	34	29.68	2.40	2.612	0.054
	Moderately Increase	38	30.00	2.09		
	Enormously Increase	47	29.79	2.19		
	Total	130	29.65	2.37		

# **Opportunities:**

Table shows that influence of self confidence on tribal women empowerment in self help group. It is found that the tribal women empowerment in Self Help Group in the self confidence is highly opportunities with the mean value at 30.00. The tribal women empowerment in Self Help Group in the self confidence of none is less opportunities with the mean value of 27.82. The calculated f value is 2.612 and p value is 0.054. Since the p value is significant self confidence significantly influence the opportunities among tribal women empowerment in Self Help Group.

	Self confidence of the	N	Mean	Std	F	P
	SHG.			deviation	value	value
Challenges	No increase at all	11	40.82	3.94	0.041	0.989
	Increase to some extent	34	41.15	3.90		
	Moderately Increase	38	40.87	4.96		
	Enormously Increase	47	41.15	4.92		
	Total	130	41.04	4.56		

## **Challenges**

The influence of confidence on tribal women empowerment in Self Help Group. It is found that the tribal women empowerment in Self Help Group in the self confidence highly increase are highly challenges with the mean value of 41.15. the tribal women empowerment in Self Help Group in the self confidence of none or less challenges with the mean value of 40.82.the calculated f value is 0.041 and p value is 0.989. Since the p value is not significantly influence the challenges among tribal women empowerment in Self Help Group.

# **Findings**

- The self help group member after joining the self help group self confidence compare between opportunities level is significant.
- The tribal women empowerment in self help group based on self confidence is challenges are not significant.

## **Suggestion**

The following suggestion have been made by the researcher based on the findings of the study to improve the functions of self help group. To strengthen tribal women's empowerment, female literacy has to be promoted. Self Help Group members from blocks unable to sustain economic activity, since they have poor marketing facilities. Therefore it is suggested that the state govt may take more active role in marketing their products. Intensive training in group cohesiveness, group integration and self reliance should be imparted to group members for the sustainability of (self Help Group). Members of Self Help Group should be given equal responsibility at various levels. This makes them more self confidence and helps to fight against social evils as a group. Rotation of representative has to be made mandatory so that it will self help group to tribal women's empowerment. None of voluntary agencies was found to be making efforts to develop a second line of leadership role. It was observed that a few women were dominating the show from year to year. A trend seemed to have emerged and the better of leaders dominating the groups and getting reselected again and

again so equal opportunity to be given to every one. The group leader should educate the entire team to manage the group and maintain accounts and other records of the group. If not it may empowerment.

## Conclusion

After joining the self help group members they have interpersonal skill, fund management, knowledge about work experience, increasing literacy, increasing saving habits, work development for getting opportunities, moving towards outside, improved working knowledge. After joining the self help group members they have reducing the family care maintenance sale opportunities low level suggestion from team leaders, political conflicts. No business objectives in group separate selling center not available no legal advice. Poor concentration on personal physical care reducing child care. Teem involved in profit motive activities, good handling of members subscription fee, money dealing through government no delay in getting loans from bank. Market situation and demand are forecast. Training for new, innovation product manufacturing in strategies for tribal women empowerment in self help group. Changes of attitude after joining in the self help group fund in the self help group be profitably saved and changes in the sprit of the self help group because of government policy.

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