



# A Basics and Important Points On Oral Dosage Form Tablet

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## Abstract

Solid dosage forms, such as pills, are widely distributed in practice. This is due to the easy management and mass production capacity of the pharmaceutical industry. The design of the tablet contains an active ingredient and additives that provide a variety of functions in the product. The tablets are processed into a machine known as a printing press. Items to be assembled are prepared by dry or wet methods. United States Pharmacopeia lists tests to be performed on finished products. The description of the pills, their features, adjustments, and quality control tests used are the subject of this brief review. Tablets are most conventional dosage form that are intended to treat, cure, prevent the disease. In market, tablet is preferentially most demandable dosage form. Far manufacturing and characterizing of tablet dosage form, there are various parameters to evaluate it. In this review, we are focusing on basic information and important point on tablet dosage form so that one could bring more advance tablet in context of overcoming it limitations.

**Keywords:** Solid, tablet, Pills, Pharmaceutical Industry, production.

## Introduction

As a solid dosage form, the tablets are prepared from dry powders containing pharmacologically and inert active ingredients. Many drug products on the market are available in tablets. Pills are available on the market in a variety of ways, weight, colors, dispersion time, dispersion time, and various treatment methods [1]. Oral pills are usually easily swallowed and provide immediate drug action or continuous effect. In addition to the Active Pharmaceutical Ingredient (API), tablet composition may have one or more of the following key components: Crowds, bindings, lubricants, glidants, anti-adherents, dispersing substances, pigments, flavoring and sweetening agents. . [2]. The tool that turns powders into tablets is known as tablet press. Tablets can be prepared using dry methods or with wet granulation [3]. In this paper, the basic ingredients commonly found in pills are briefly reviewed as well as quality control tests performed on the finished product. The purpose of this paper is to introduce a student unfamiliar with tablet design to the basic information found in this volume form.

## Components:

Much of the tablet design is made up of mobs, also known as bulking agents. Microcrystalline cellulose (Avicel®) is commonly found in synthetic and lactose. Starch from maize, rice, or wheat is also a staple of pellets. A small amount of sugar, sorbitol, and mannitol can be found in the form of tablets that act as masses. Avicel® is useful for pills compressed with direct pressure because it has binding and dividing properties. Some cars are directly pressed

Calcium phosphate, dried lactose, and anhydrous lactose. There are also pre-assembled cars where the API is added directly to the dry powder drive and pressed as is. The Sta-Rx 1500 is an example of a car with a binding and disassembling material. An exciting diluent for Emdex® tablets with hydrolyzed starch. Emdex® can be used whenever the strength of the pills is desired [4].

Table 1 summarizes and provides examples of commonly found ingredients in tablet formulation [4,5].

Tablet Ingredients	Examples
Diluent	Calcium Phosphate; Carboxymethylcellulose Calcium; Cellulose; Dextrin; Lactose; Microcrystalline Cellulose; Pregelatinized Starch; Sorbitol; Starch
Binders	Acacia; Alginic Acid; Carboxymethylcellulose; Cellulose; Dextrin; Gelatin; Liquid Glucose; Magnesium Aluminum Silicate; Maltodextrin; Methylcellulose; Povidone; Sodium Alginate; Starch; Zein
Lubricants	Calcium Stearate; Glyceryl Palmitostearate; Magnesium Oxide; Poloxamer; Polyvinyl Alcohol; Sodium Benzoate; Sodium Lauryl Sulfate; Sodium Stearyl Sulfate; Stearic Acid; Talc; Zinc Stearate
Glidants	Magnesium Trisilicate; Cellulose; Starch; Talc; Tribasic Calcium Phosphate
Anti-adherents	Corn Starch; Metallic Stearate; Talc
Disintegrants	Alginic Acid; Carboxymethylcellulose; Cellulose; Colloidal Silicon Dioxide; Croscarmellose Sodium; Crospovidone; Potassium Polacrillin; Povidone
Coloring Agents	FD&C or D&C Dyes or Lake Pigments
Flavoring Agents	Ethyl Maltol; Ethyl Vanillin; Menthol; Vanillin
Absorbents	Kaolin; Magnesium Aluminum Silicate; Tricalcium Phosphate

**Table 1:** Commonly added ingredients in tablet formulations.

Although the diluent has its own merits and may hold the powder particles together to form a tablet, bonds are often used to ensure that the tablets maintain their shape throughout their life cycle (i.e., from production to use in patients). Bonds act as a glue that adds to the bonding that exists between solid particles. During molding, bonds are often added wetter than their dry form. The reason is that the efficiency of binding solid particles is improved when there is water. There is something different about this. For example, tragacanth gum is a better binder when added to its dry state than when wet. Acacia dispersion in water (10% w / w) is a suitable compound when mannitol is used as a diluent. A 10% solution of gelatin in water acts as a bond, as well as syrups (50% to 65% w / w of sucrose in water). Although starch is considered a diluent when found in large quantities in tablet formulation, it can also act as a solvent after immersion in water (2% w / w). Colloidal guar gum dispersions in water may be used to bind solid particles also [4 - 6].

Lubricants play an important role in the manufacture of tablets as they reduce the friction between tablet formation and the compression walls of the tablet, preventing ware and tare. Examples of fats are magnesium stearate and silicon dioxide. Lubricants are available in concentrations of less than 1% w / w. Glidants on the other hand help to improve the flow characteristics of objects

oppression. They achieve this by reducing particle friction between. Maize starch at concentrations of 5-10% w / w can act as a glidant. Manufacturers add anti-adherents to tablet design to prevent the device from sticking to the compression walls of the tablet. Talcum powder is one such agent and is used in concentrations of 5% w / w. Ointments, glidants, and anti-adherents were added and mixed with just granulation.

before compression [1-6]. Disintegrants were added to the structure so that the tablet would split in half when it came in contact with water. These agents often become swollen when they come in contact with water and thus break the tablet and cause them to disintegrate. Cellulosic substances and natural gums, as well as starch, can be used to work in this dose. The typical concentration of disintegrants in the composition is between 0.5% to 5% [2,4,6].

The inclusion of absorbents in the construction of the tablet is required if the product contains something high in water. Hygroscopic materials, if any, make the mixture wet and difficult to handle during manufacture. Silicon dioxide can absorb excess moisture and remain dry powder. Examples of other nutrients are kaolin, bentonite, dry starch, tricalcium phosphate, Veegum® (colloidal magnesium aluminum silicate), magnesium oxide, and magnesium carbonate [4]. Color agents can be used in tablet design to make the tablet more attractive and perhaps to distinguish one product from another by the color of the tablet. However, color agents may also work to establish the apparent homogeneity of the compound if the color is evenly distributed in the mixture. During wet granulation, the dye is dissolved or dissolved in a binder solution and added to the mixture and binder. FD&C or D&C dye or The colors of the pool can be used in the design of the tablet. The colors of the lake, unlike dyes, do not dissolve in water and are colored by dispersion. Lake pigments are very suitable for coloring solid dosage forms such as tablets [1,4].

Flavored fats are essential for chewing gum. Fats are often added in a dry way like dried beadlets. Excessive amount of flavor oil can impair the flow capacity of granulation, and thus its concentration in the compound is maintained at 0.5% or less [4,6].

Ingredients that can be incorporated into tablet design are often selected for experimental and scientific knowledge in the field of dynamic formulation and mathematical modeling such as Design of Experiment (DoE). The use of DoE in determining the best tablet design can be achieved by selecting the appropriate design, defining the research domain, and performing experiments. Among the useful designs for this are hybrid design and custom design (also known as D-optimal design). While the latter allows for greater flexibility in choosing the right amount of ingredients to be tested, the first is used on the condition that the total ingredients of the given composition should be 100%. Statistical systems such as the JMP Statistical Discovery Software (SAS Institute, Cary, NC) may be used to conduct DoE planning and analysis. When using DoE in tablet design, the user must define at least one measurable result, specify the total amount of each component to be tested within the composition, and finally determine the amount of run (tests) to be performed. Each trial in the DoE table is then used by the user and the result number is recorded. Once all the data has been collected, the results are analyzed and the best design of the tablet is found. As proof of concept, these formulations are modified several times and are subjected to further testing to determine your suitability for production. The use of DoE in construction is currently considered a state of the art in the preparation of volume forms.

### Formulation of Tablet

As mentioned above, tablets are made from machines that are known as printing presses. This can be a punch-punch or multi-stationary printing press. The main components of the hopper, guiding scrapers, dies, punch, and cameras. Items to be installed on the tablet are placed in the hopper and with the help of suppliers are still

distributed in the death hole. A high-powered punch goes down with camera-directed power to tighten the device on the tablet. The built-in tablet is pulled out of the death hole by the movement of the lower punch. Position of the lower punch inside the die determines the size of the death hole. Thus, you die in shape and control the size of the pills. Punches also affect the standing of the pills. Some pills stand as capsules to easily swallow a unit [4]. These are known as caplets.

Two ways to make pills are obvious. These are dry methods and wet methods. Dry methods are of two types, direct pressure, and granulation by pressure. The first method depends on the presence of a direct compression vehicle. API is added to the car and pressed. Granulation by compaction involves the formation of large, badly shaped pellets (known as slugs), which are then mixed with slugs into particles. The resulting granules are made into slugs and then made into granules. These final granules are then compressed into tablets. Due to the double structure of granules and slugs, the bonded forces in the compound are strong enough, so binders are not required for construction. In addition, since no water is used during the preparation of slugs or granules, there is no need to stop the steps [1-3].

In wet granulation methods, the API is mixed in the same way as other fillers that add half the number of shortcuts and are then drenched by water dissolving of the bond containing dye. Following proper mixing, drain the liquid and force it through the filtration holes to form granules. The resulting granules will be dried and transferred to smaller filler holes than previously used. Ointments, glidants, anti-adherents, and a fraction of the number of disintegrants were added to the granules and mixed. The dry mixture of granulation is finally compressed into tablets. As a rule, smaller tablets require smaller granules and larger tablets require larger granules [1-3].

### Quality Control Tests

The United States Pharmacopeia (USP) lists several tests to be performed on completed pills to confirm their therapeutic efficacy [1,2]. These tests are also important to ensure that different collections of the same products produce consistent results in this trial. For more information on these tests, the student is referred to USP 41 / NF 36.

Tablet breaking strength checks the tablet's hardness. Many compounds in construction produce strong pills. If the tablet is soft, it can be easily damaged by handling, packaging, or shipping. On the other hand, very strong tablets cannot be easily dispersed, and the bioavailability of the API from tablets is greatly affected. The friability test checks the amount of lost property on the tablets after placing them down from a height of 6 inches while rotating 100 times (25 rotations / minute 4 minutes). Tablets (20) is measured before the test and immediately after the rotation. For a set of pills to pass this test, their weight loss should be less than 1%. In the case of capping (loss of upper or lower tablet) during strength tests, the pills fail in this test regardless of weight loss.

Dispersion tests are required to ensure that the tablets may split in half if they touch the liquid. The test uses a basket made with the match screen below and six columns where the tablets are placed, one tablet per column. The basket is then immersed in 900 mL of water (37 ° C) and then flown up and down with the help of a control engine holder to which the basket is attached. For most pills released, the time for dispersal is between a few minutes. Among the most important tests to be performed on completed pills is the detoxification test. The test uses six lower round flasks that are placed in a water bath to control the temperature (37 ° C). One tablet is placed in each flask containing the test site (usually water, 900 mL). It is expected that at least 70-75% of the API will be dissolved in the test site within 30-45 minutes. In fact, for most tablets released immediately, at least 90% of the API is dissolved within 30 minutes.

Weight loss tests require the selection of 10 tablets in a set of pills and are mixed together in the mud. A weight equal to one tablet is taken from a powder mixture and analyzed by its API content. This value is then compared to the price with the API label in the product.

The content similarity test is similar to the weight variation test.

However, the API content on 10 different random tablets is determined individually.

## Conclusion

As a solid dosage form, pills are popular among patients and staff alike as they provide a way to control themselves. The design of the tablet contains, in addition to the API, various elements to ensure proper delivery of the API to the patient. Quality control testing on finished products is required and complies with USP standards.

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