



# FUTURE OF STIMULUS RESPONSIVE HYDROGEL AS DERMATOLOGICAL FORMULATION, PREPARATION AND EVALUATION - A REVIEW

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## Abstract:

Hydrogels have similarities in the case of tunable soft porous microarchitecture, biomimetic structure to the extracellular matrix of natural living tissues, proper biocompatibility, superb biomechanical properties, etc. Hydrogel resemble skin on application on skin surface, and provide moisturizing effect even if applied as placebo. Hydrogels have very high levels of hydrophilicity structure and biocompatibility because of their unique network, as hydrogels exhibit the soft physical properties associated with living tissue which makes them ideal biomaterials. In recent years, stimulus-response hydrogel is becoming a hot topic in research. Stimulus-responsive hydrogels are particularly effective as they can respond to the external environment which includes temperature, pH, electricity, light, etc., so, conducting and controlling material properties. As such Stimulus Responsive Hydrogel can be used in various skin condition and improve the patient compliance toward medication

*Key words:* Stimulus responsive hydrogel, skin, tissue, external environment, method of preparation.

## Introduction:

Hydrogel can be described as a 3D (three-dimensional) network of polymers with hydrophilic nature that can swell in aqua (water) and hold a large amount of aqueous content (water) by chemical or physical cross-linking for maintaining the structure due to of individual polymer chains <sup>[1]</sup>, <sup>[2]</sup>. As per defined, water must be component of at least 10% of the whole volume (or weight) for a hydrogel's material. Hydrogels are very similar to natural tissue as they possess degree of flexibility due to their significant aqueous (water) content and shows high potential to be used as a dermatological formulation for external use or filling in cavities or made in-situ. The presence of hydrophilic groups such as -NH<sub>2</sub>, -COOH, -OH, -CONH<sub>2</sub>, - CONH -, and -SO<sub>3</sub>H imparts hydrophilicity of the network. In response to certain physical and chemical stimuli a significant gel-sol phase transition or volume phase can be underwent in Hydrogels <sup>[3]</sup>.

## Stimulus Responsive Hydrogel:

These are Hydrogels which shows higher response to environmental stimulus like change in pH, Temperature, Wavelength of light, etc. of surrounding to impart controlled release of drug at targeted site for its optimal action and to minimize wastage of drug and increase its efficacy. The biochemical or chemical stimuli include pH, ions, and specific chemical compositions while magnetic fields electric and temperature, solvent composition, light intensity, and pressure are included as physical stimuli. Conformational transitions as such are reversible in many of cases; so, no sooner than the trigger is removed, the hydrogels return to their initial state afterwards.

Impact of stimulus-responsive hydrogels have been especially high, in response to external cues it allowed very high levels of control over material properties. in healthcare this enhanced control has enabled enormous advances, effective treatment of a vast array of diseases is allowed because of such and for tissue engineering and wound healing has more improved approaches <sup>[4]</sup>.

Numerous properties possessed by hydrogels that make them ideal biomaterials candidates for use, in the fields of drug delivery it found significant use, implants, tissue engineering, and more. When they are used as “smart” materials hydrogels become especially useful that can respond to changes in their environment [4].

### Classification of Stimulus Responsive Hydrogel:

Environment stimulus responsive hydrogels are classified based on external stimuli type as, *light, pressure, and ionic-strength*, as well as sensitive to *thermo-sensitive, pH sensitive, electro-sensitive*. More attention is attracted for reducing the risks of surgical implantation such as scarring and infection by Hydrogels which are formed de novo in physiological conditions [5].

The types can be understood better by

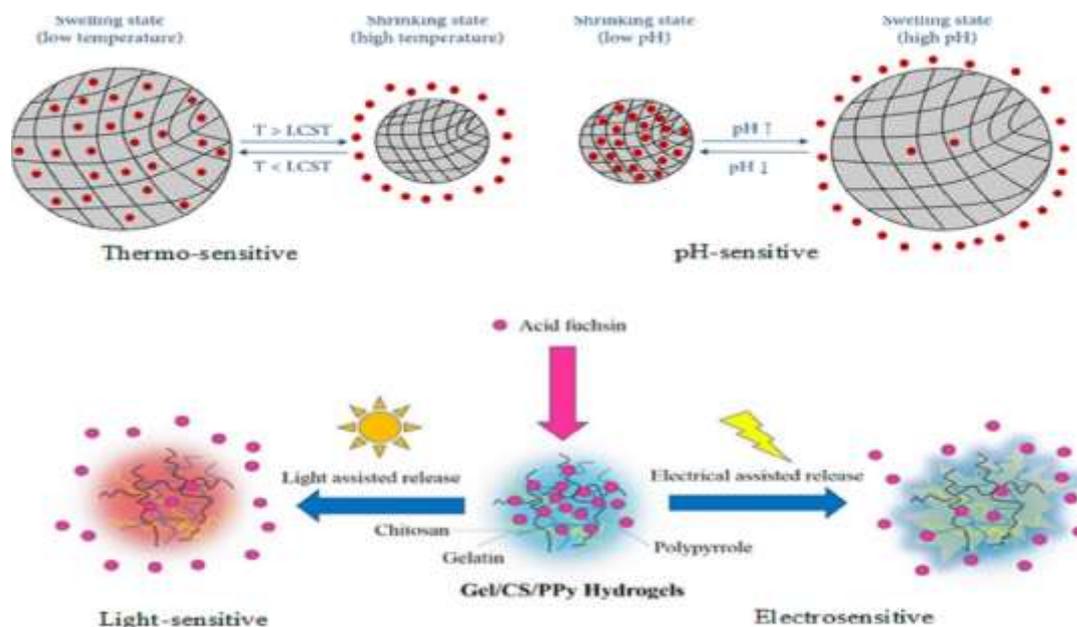


Fig no. 1 - Types of stimulus responsive hydrogels and effect of various stimulus [6], [7]

#### I. Thermo-sensitive Hydrogel:

As delivery system thermo-sensitive gels have many advantages. First pass metabolism can be avoided as the temperature-sensitive properties gift the hydrogel injectability for local administration, but in case of traditional hydrogels need to be surgically implanted [5]. The temperature-sensitive gel responds to temperature, and the temperature-induced sol-gel transition is safer in the body and as temperature-sensitive gel does not require any denaturing cross-linking agent these are more suitable for injectable systems [6]. The uniform dispersion of therapeutic agent in hydrogels is allowed by encapsulation in a flowing state, and initial burst release of the therapeutic agents is avoided at body temperature with the help of rapid solution-to-gel transition, as such making the release behavior being controlled in a controlled manner.

At last, the flowable state of administration imparts the hydrogel shape controllability [7].

##### 1) Negatively sensitive hydrogels:

It contains polymers like mentioned below-

- i) N-Isopropyl acrylamide-based system
- ii) Polysaccharides
- iii) PEO/PPO based system
- iv) PEG/PLGA based system [5], [8], [9], [10]

##### 2) Positively temperature sensitive hydrogels:

- i) amylose,
- ii) gelatin,
- iii) amylopectin,
- iv) agarose, and
- v) Some thermo-reversible gel phase forming cellulose derivatives (acts by lowering the temperature [5], [11], [12]).

#### II. pH-sensitive hydrogels:

pH-sensitive polymer structurally contains basic (e.g., ammonium salts) or acidic (e.g., carboxylic and sulfonic-acids) groups that respond to the pH changes in environment of them by loss or gain of protons [3], [13]. Poly-electrolytes are polymers which are having a large number of such ionizable groups [14]. Amphiphilic hydrogels contain both basic and acidic moieties; so, rather than in neutral media, in both acidic and basic environments they exhibit two-phase transitions. Polymer backbone can be made by incorporating

hydrophobic moieties or by selecting the ionizable moiety with a pKa matching with the desired pH range for the phase transition pH range that can be modulated<sup>[15]</sup>.

By using different monomers different degrees of swelling and pH-sensitive behaviors can be achieved.

Ionic polymers which are studied for pH-responsive behavior include

- i) Poly (acrylamide) (PAAm),
- ii) PAA, poly (methacrylic acid) (PMAA),
- iii) Poly (diethyl-aminoethyl methacrylate) (PDEAEMA),
- iv) Poly (dimethyl-aminoethyl methacrylate) (PDMAEMA).
- v) Polymers containing phosphoric acid derivatives have also been reported.

### III. *Electro-sensitive hydrogels:*

In the presence of an applied electric field, electro-sensitive hydrogels can undergo swelling or shrinking<sup>[3], [16]</sup>. Poly-electrolytes is main component of which they are usually composed of, as like pH-sensitive hydrogels. A force on immobile and counter ions charged groups is produced in the network, and that is in presence of electric field, by which mobile ions get attracted to the electrodes. As such, the hydrogel shows shrinking and swelling regionally at the anode and cathode, in accordance with charge present on them<sup>[17]</sup>. Electro-responsive hydrogels have promising applications in sensing, controlled drug delivery, biomechanics, sound dampening, tissue engineering, chemical separations, and energy transduction as it can transform mechanical energy from electrical energy<sup>[18]</sup>.

The most commonly studied electro-sensitive polymers are

- i) acrylamide
- ii) carboxylic acid derivatives (e.g., PAA)

### IV. *Light-responsive hydrogels:*

When applied with light of the appropriate wavelength photo-responsive hydrogels undergo a change in their properties<sup>[3],[19]</sup>. Typically, specific functional groups along the polymer backbone or side chains show light-induced structural transformations. When provided exposure with ultraviolet (UV) or visible light, light-sensitive hydrogels can contract and expand. Ease of manipulation, wide availability, clean operation, and low cost are some of many advantages over UV light of Visible light. Visible light-induced volume change's mechanism of hydrogels is based on the induction of changes of temperature by incorporating a chromophore (photo-responsive functional group) into the polymer network<sup>[20]</sup>. The chromophore absorbs light which is then dissipated locally as heat when exposure of a specific wavelength is given and increasing the temperature of the hydrogel at that location. Hydrogel belonging to these types can be induced to swell by increasing the pH and can be induced to shrink by visible light. By introducing a leuco-derivative molecule into the polymer network, the UV-sensitive hydrogels can be synthesized. Upon UV exposure, Leuco-derivatives which are normally neutral get dissociate into ion pairs. In response to UV irradiation, the hydrogels discontinuously swelled but when the UV light was removed showed shrinking, at a fixed temperature<sup>[21]</sup>.

The most commonly studied Light-sensitive polymers are<sup>[22], [23]</sup>:

- i) Alginate
- ii) Collagen
- iii) Gelatin
- iv) Silk

#### **Advantage:**

- 1) Increased biocompatibility,
- 2) Tunable biodegradability,
- 3) Properly mechanical strength,
- 4) Porous structure<sup>[24], [26]</sup>

#### **Disadvantage:**

- 1) The main disadvantage of hydrogels is expensive.
- 2) Hydrogel are non-adherent and need to be secured by a seconder dressing and the sensation felt by movement of the maggots<sup>[24], [26]</sup>.

#### **Application:**

- 1) Hydrogels for Three-Dimensional Cell Culture
- 2) Hydrogels for Self-Healing
- 3) Hydrogels for Drug Delivery<sup>[25]</sup>.

**Methods of preparation of Hydrogels:**

I. *Process optimization and Preparation of hydrogel by solution polymerization technique:*

The process is as per the flow chart in figures which are made by completion of data provided by many research papers.

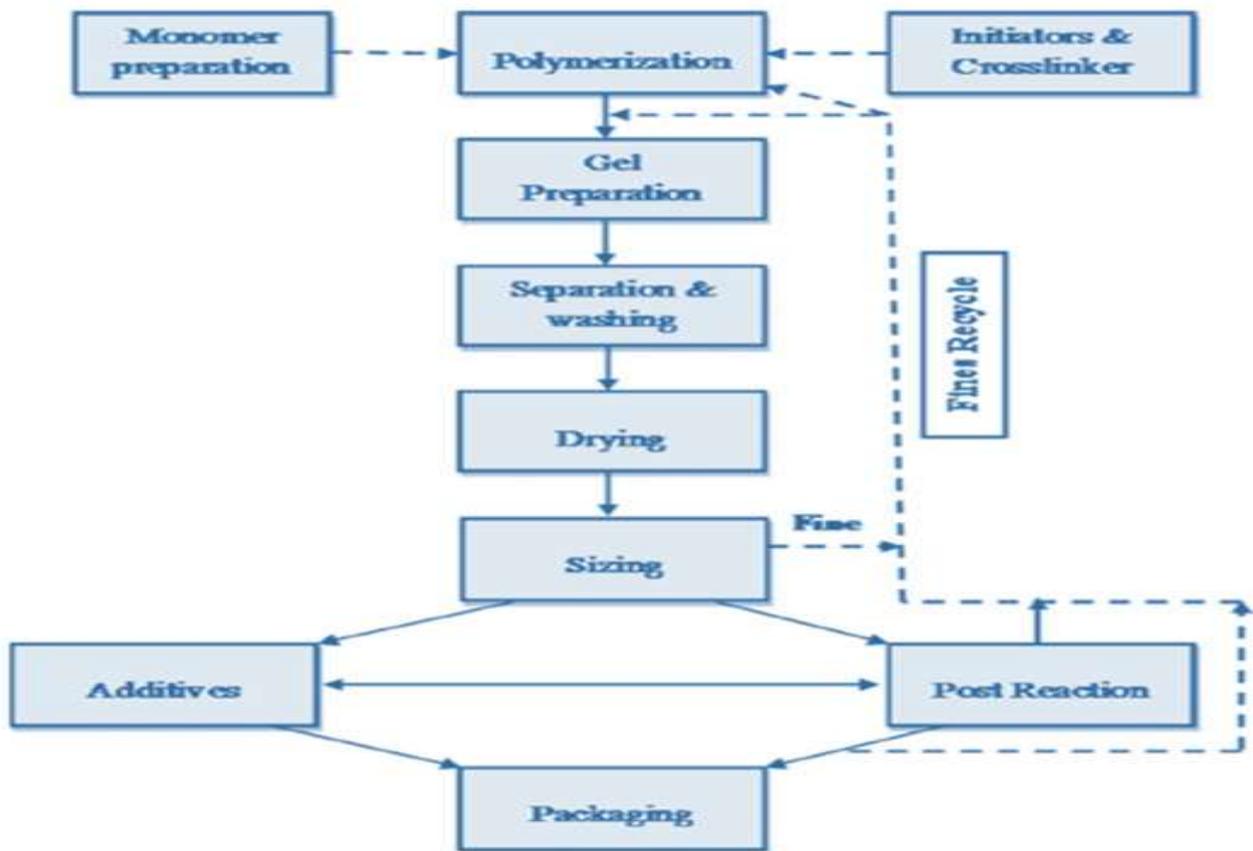


Fig. no. 2 - Hydrogel preparation block diagram (solution polymerization/ cross-linking procedure) [26], [27], [28], [29], [30], [31], [32], [33]

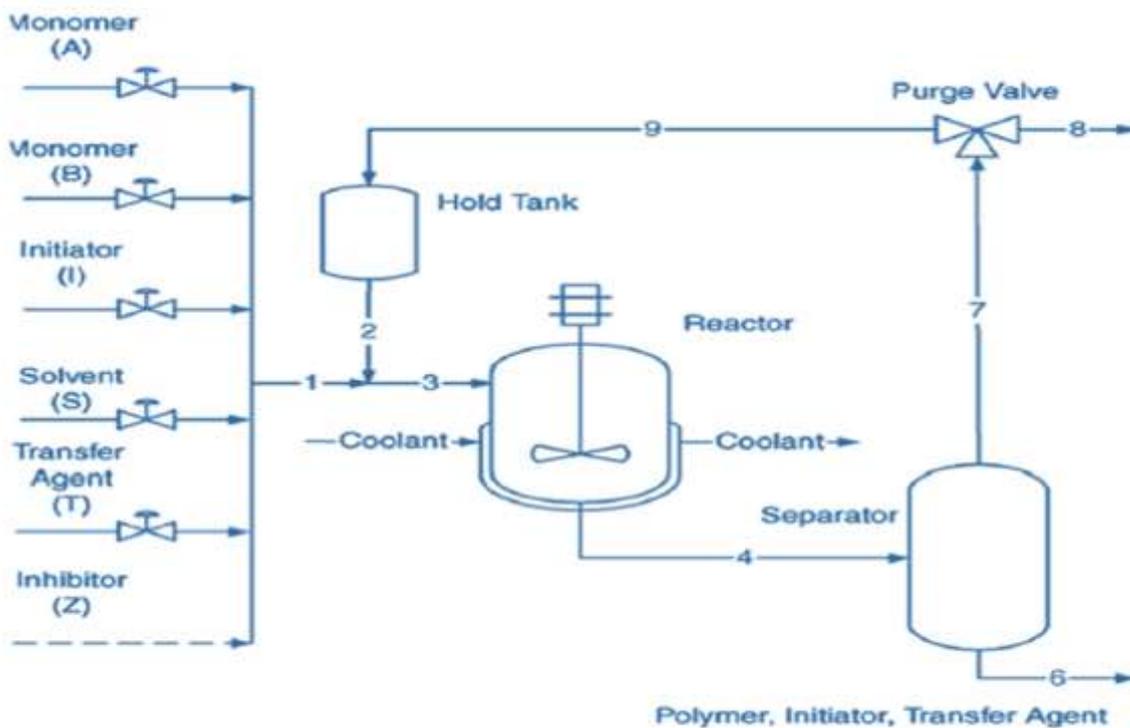


Fig. no. 3 - Solution polymerization with recycle loop [26]

II. Preparation and process optimization of hydrogel beads using a suspension polymerization technique:

The process is as per shown in figures which are made by completion of data provided by many research papers.

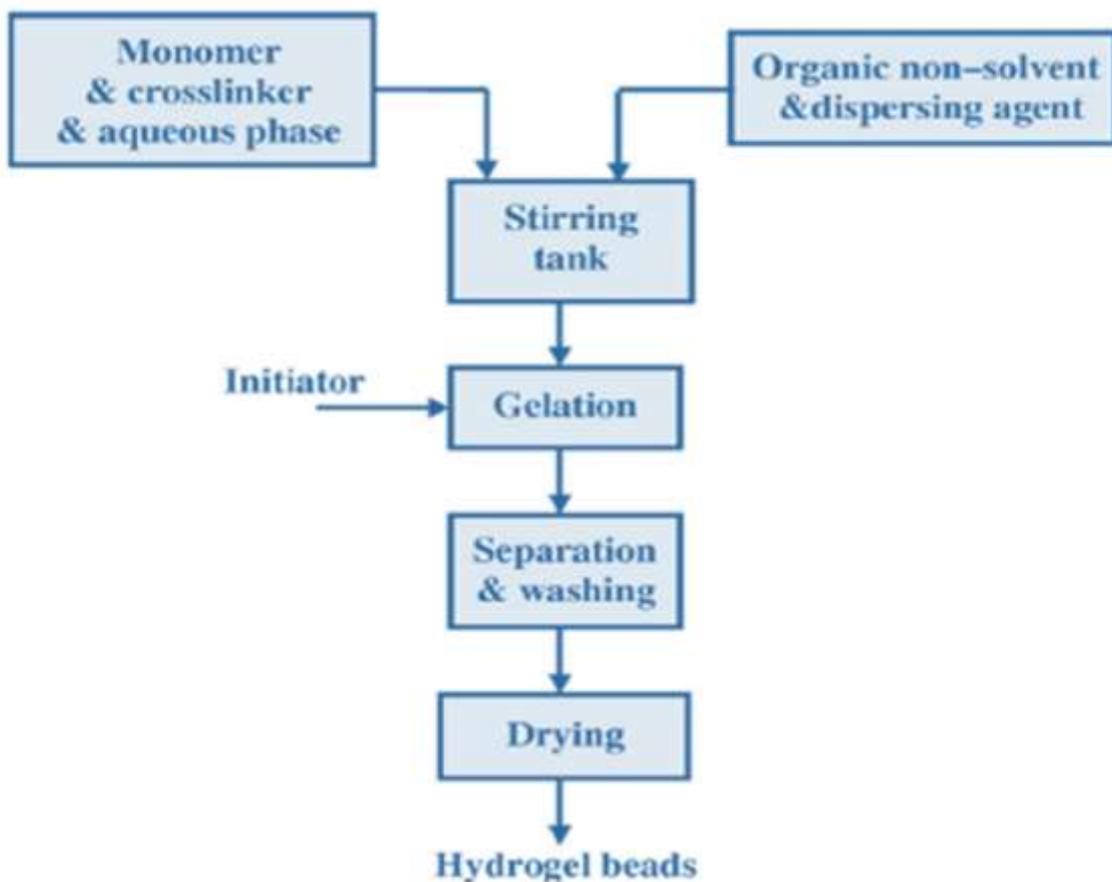


Fig. no. 4 - Block diagram of suspension polymerization process [27],[34],[35],[36]

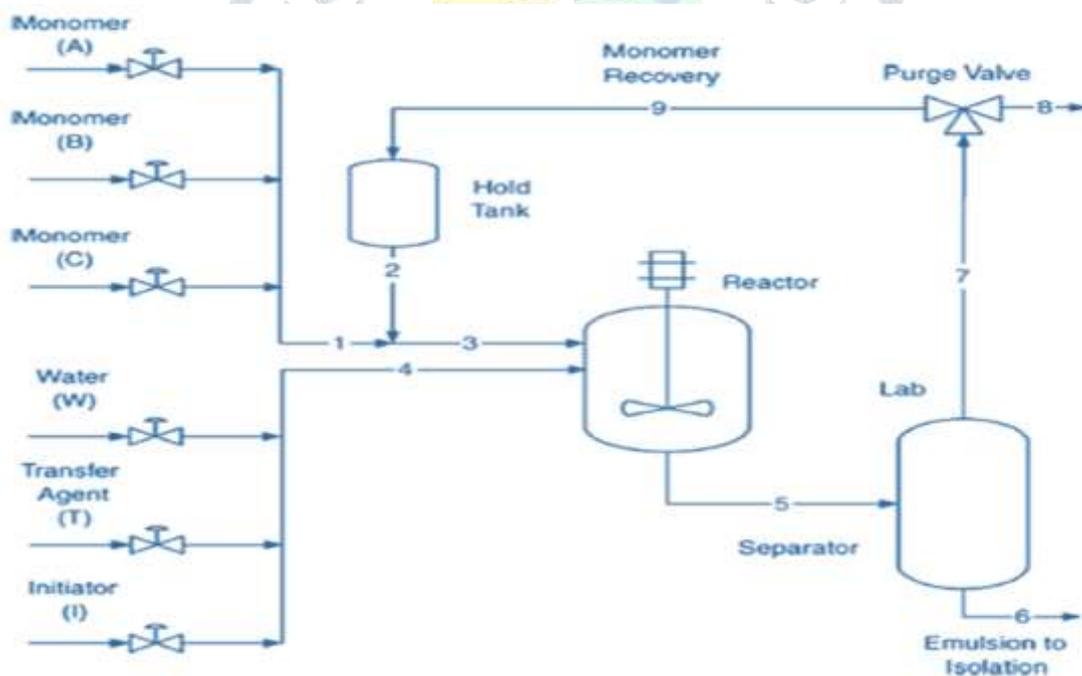


Fig. no. 5 - Suspension Ter-polymerization process with recycle loop [26]

III. Preparation and process optimization of hydrogel based on grafted starch

This is as per illustration of figures which are made by completion of data provided by many research papers.

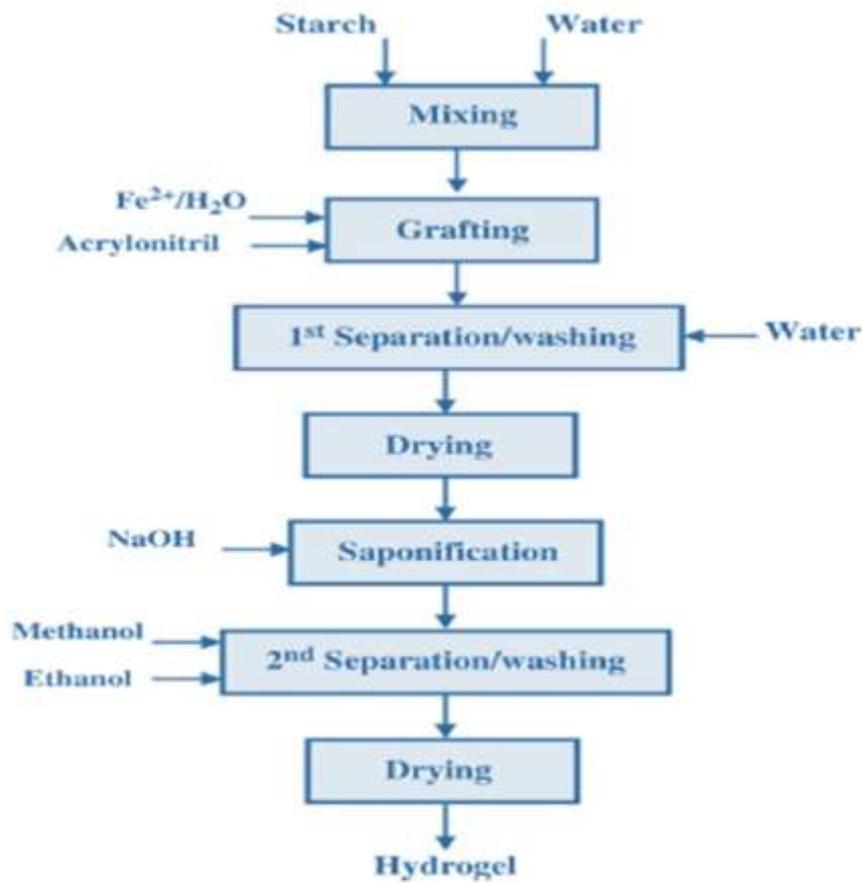


Fig. No. 6 - block diagram for the preparation of the high swelling hydrogel [27], [37], [38], [39], [40], [41]

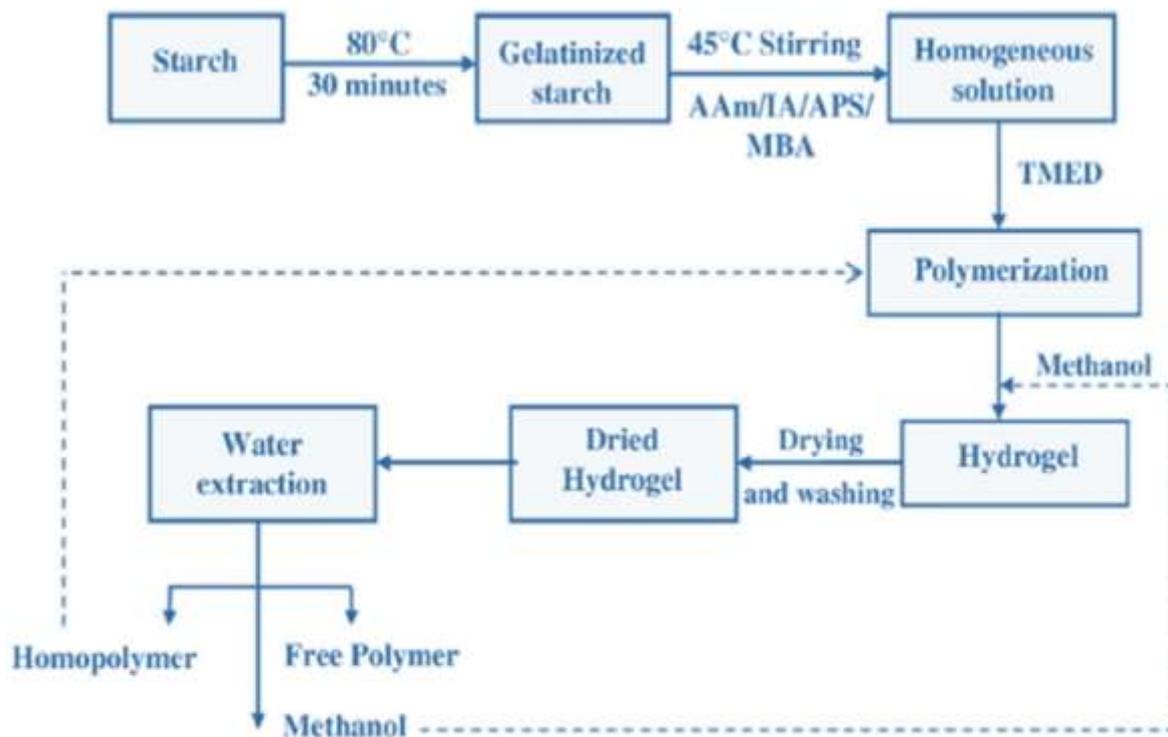


Fig. no. 7 - Preparative flowchart for grafted starch and P(AM-co-IA) hydrogel [26]

## IV. Preparation of super-absorbent and super-porous hydrogels

The process is as per shown in the fig. which is made by completion of data provided by many research papers.

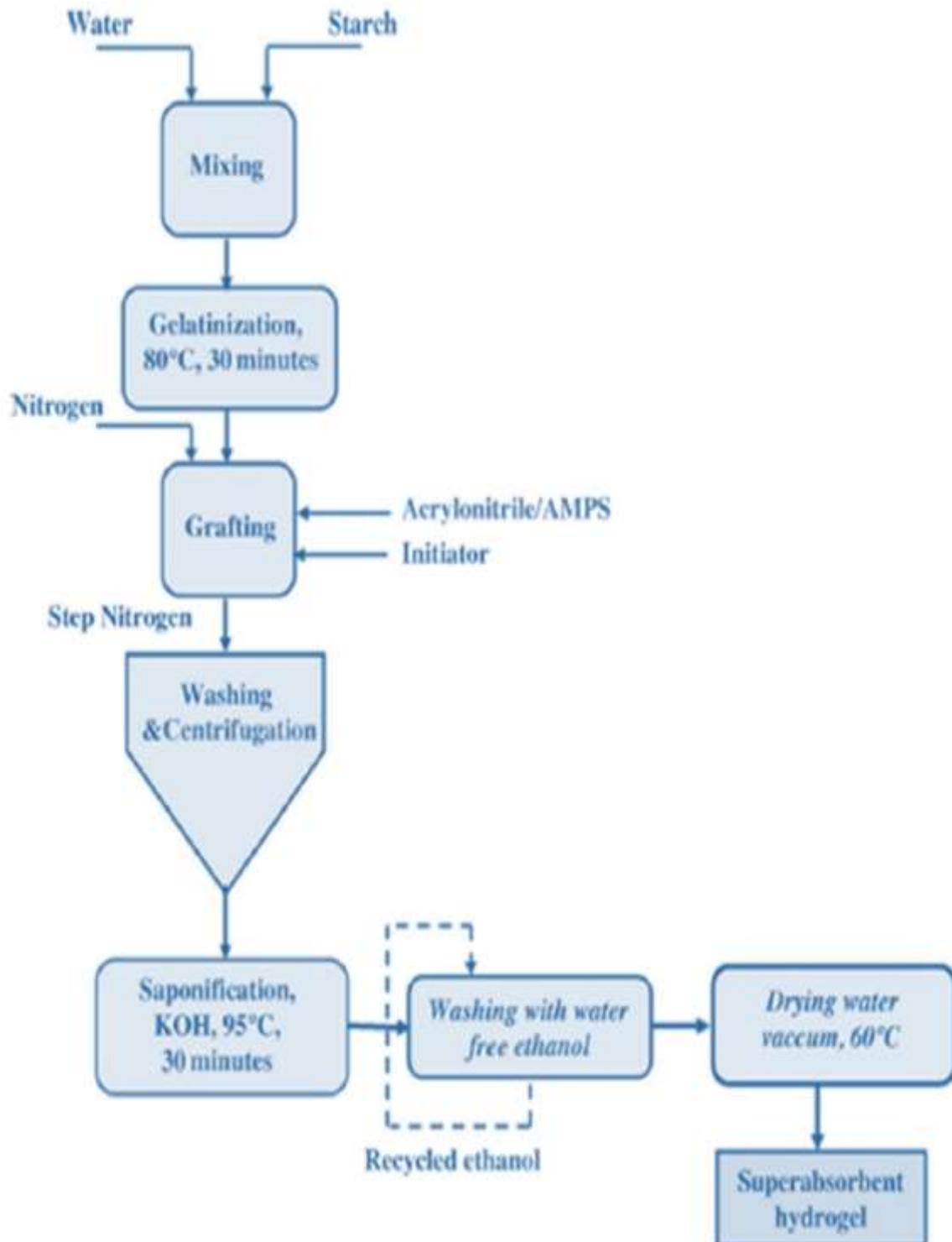


Fig. no. 8 - Block diagram of the rapid preparation process of superabsorbent hydrogel [27],[42],[43],[44]

General Features of SAPS and SPHS are given in table below;

Table No. 1: GENERAL FEATURES OF SUPERABSORBENT (SAPS) AND SUPER-POROUS (SPHS) HYDROGELS <sup>[26], [45]</sup>.

Sr. No.	Point of comparison	SAPs	SPHs
1.	Commonly used monomer	Acrylamide, acrylic acid, salts of acrylic acid including sodium and potassium acrylates	Acrylamide, acrylic acid, salts of acrylic acid including sodium and sulfopropyl acrylates, 2-hydroxyethyl methacrylate
2.	Method of synthesis	Bulk, solution, inverse-suspension	Mostly aqueous solution
3.	Initiating system	Thermal, redox	Mostly redox
	Porous structure	Random closed to semi open cells	Interconnected open cells
4.	Final product	Particles	Any shape including particles, sheet, film, rod.
5.	Applications	Where high swelling, fast-medium rate of swelling is required	Where size-independent high and very fast swelling is required

Aspects of designing batch polymerization reactor:

It is shown as per figures which are made by completion of data provided by many research papers.

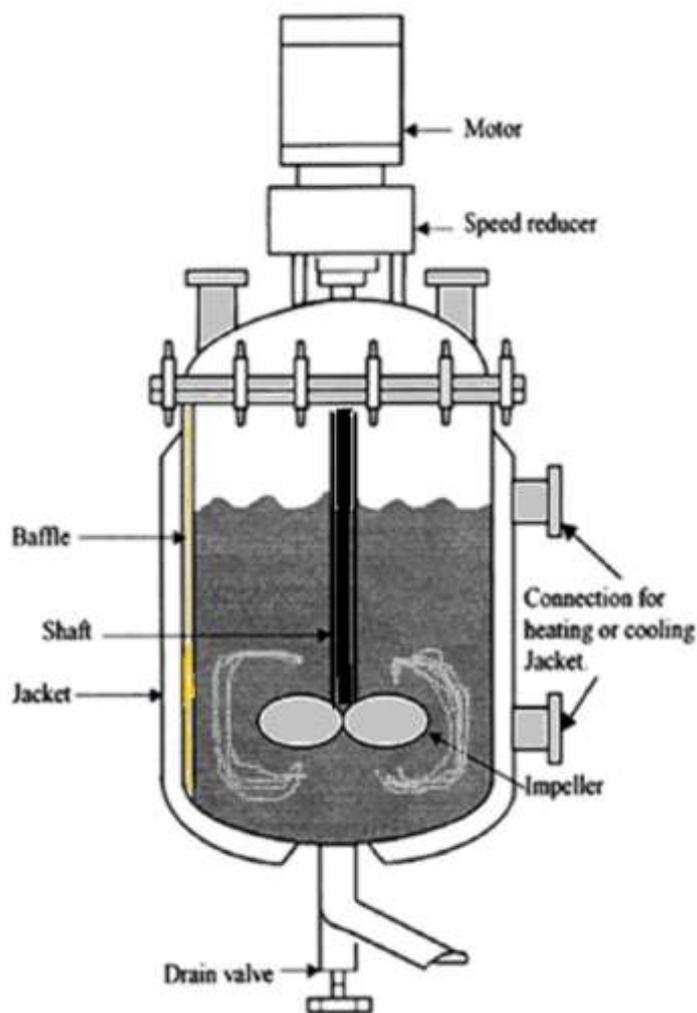


Fig. no. 9 - Schematic diagram of batch reactor [27],[46],[47],[48]

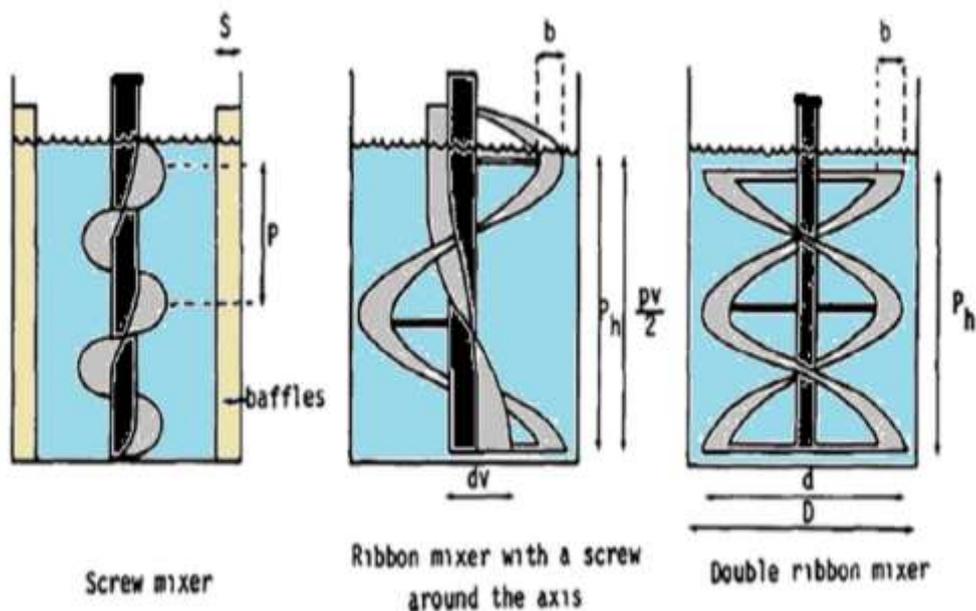


Fig. no. 10 - Schematic diagram of impellers used in high viscosity range [26],[49]

## Evaluation Parameters

### I. Homogeneity

The gels were examined for their physical properties like color, clarity and phase separation by visual inspection. They are tested for the presence of any aggregates.

### II. Grittiness

Presence of any particulate matter in the formulations was observed microscopically.

### III. pH measurement

The pH of gel formulations was determined by using digital pH meter. 1 gram of gel was dissolved in 100 ml distilled water and stored for two hours. The measurement of pH of each formulation is done in triplicate and average values are calculated and reported.

### IV. Swelling study

This study is done by using phosphate buffer pH 7.4. A known quantity (~0.2 g) of hydrogel films were immersed in the swelling medium (10 ml) at room temperature. The swollen samples were removed at predetermined time intervals for 24 h, excess medium was blotted using tissue paper and the swollen hydrogel were weighed. The swelling index was calculated using the following

$$\text{Eqn., swelling ratio (g/g)} = (WT - W_0) / W_0,$$

where, WT is the weight of swollen hydrogel at time T, and W<sub>0</sub> is the weight of dry hydrogel films before start of the study. All measurements are done in triplicate<sup>[50],[51]</sup>.

### V. Spreadability

Concentric circles of different radius were drawn on graph paper and a glass plate were fixed onto it. 5gms of gel was placed on the center of the lower plate. Another glass plate of 100±5 gm was placed gently on the gel and the spread diameter was recorded after 1 minute of each addition.

### VI. Extrudability

The gel formulations were filled in collapsible tubes. After being set in the containers, the extrudability of gel formulations was determined in terms of weight required in grams to extrude 0.5 cm.

### VII. Drug content

Gel is to be dissolved in 100 ml of phosphate buffer pH5.8. Suitable dilutions were made using phosphate buffer pH5.8. Absorbance was measured at 282 λ-max nm using UV spectrophotometer.

### VIII. Viscosity and Rheological properties:

The rheological analysis of the experimental gels or hydrogel was performed using a Brookfield viscometer pro D II + apparatus<sup>[52]</sup>.

### IX. In-vitro - drug diffusion study

In-vitro drug release studies were carried out using Franz diffusion cell. 0.5 g of gel was applied on cellophane membrane as donor compartment. Phosphate buffer pH 5.8 was placed in the receptor compartment as the dissolution medium. The whole assembly was place on magnetic stirrer with thermostat maintained at 37° C. samples were collected regular time interval and sink conditions were maintained by replacing with new buffer solution. Collected samples are analyzed at 282 λ-max nm using UV spectrophotometer.

### X. Skin adhesion test

The modified Patel et al (2007) method can be used to measure the bio-adhesive strength of prepared hydrogel with excised pig ear skin<sup>[53]</sup>.

Bio-adhesive Strength = Weight required (in g) / Area (cm<sup>2</sup>)

### XI. In-vivo - Skin irritation test

Skin irritation test was conducted on ten healthy male and female volunteers. 100 mg of gel was applied on area of 2 cm and observed for any lesions or irritation/redness<sup>[54]</sup>

OR

The irritation potential of gel or hydrogel in comparison with gel or hydrogel can be evaluated by carrying out the Draize patch test on rabbits<sup>[55]</sup>.

Illustration is shown in fig. given below;

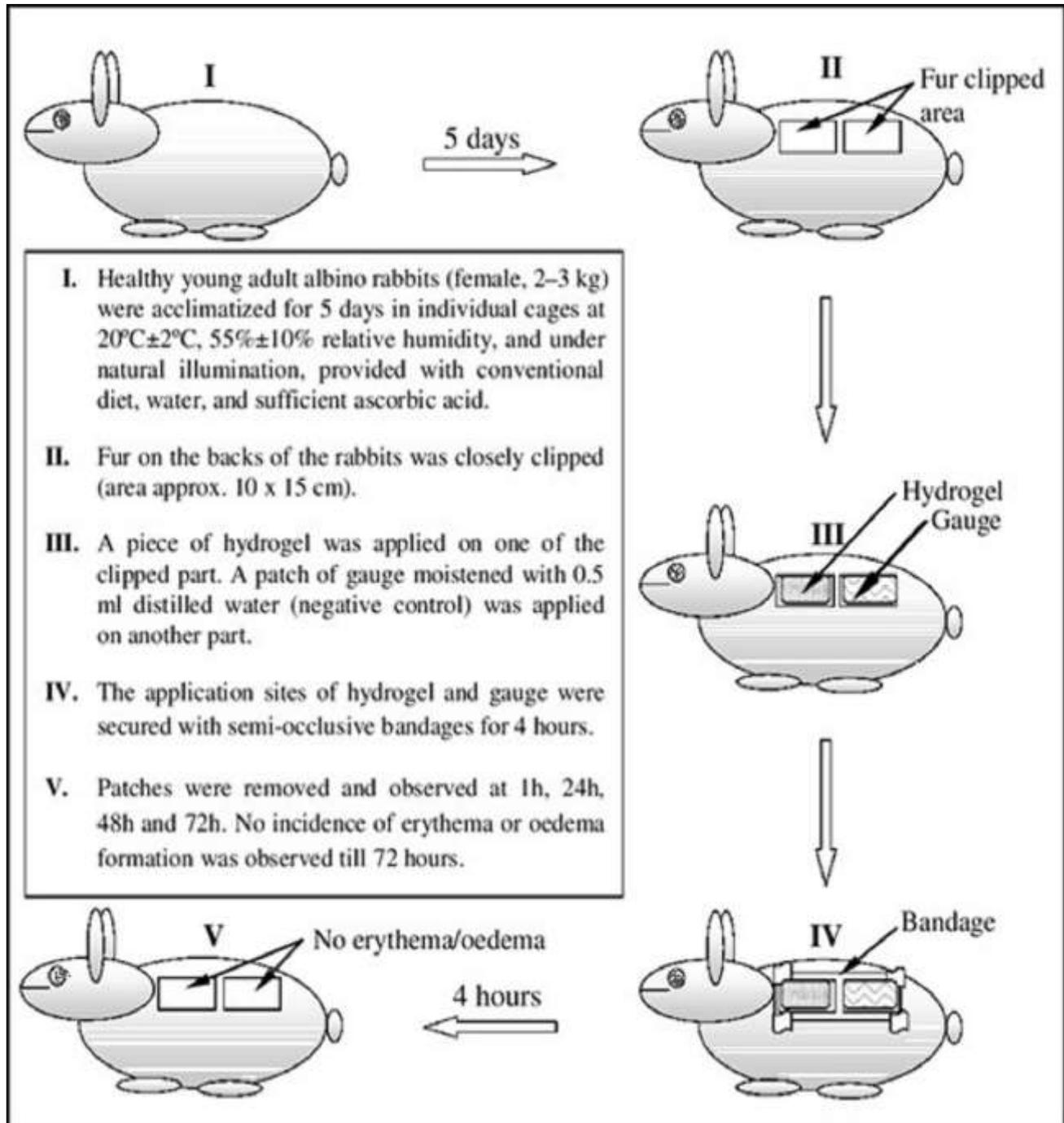


Fig. no. 11: In-vivo process for testing of irritability of hydrogel<sup>[56]</sup>

**Examples of Stimulus Responsive Hydrogels in research paper:**

These are given in table given below;

Table no. 2: Examples of stimulus responsive hydrogel in research papers.

Sr. No.	Name of Research paper/ Formulation	Reference no.
1.	Stimulus Responsive Ocular Gentamycin-Ferrying Chitosan Nanoparticles Hydrogel	[57]
2.	Thermosensitive hydrogels for sustained-release of sorafenib and selenium nanoparticles for localized synergistic chemoradiotherapy	[58]
3.	A stimulus-responsive, in situ-forming, nanoparticle-laden hydrogel for ocular drug delivery	[59]
4.	pH-responsive hydrogel loaded with insulin as a bioactive dressing for enhancing diabetic wound healing	[60]
5.	pH and glucose dual-responsive injectable hydrogels with insulin and fibroblasts as bioactive dressings for diabetic wound healing	[61]
6.	Hydrogel Dressings for Chronic Wound Healing in Diabetes: Beyond Hydration	[62]
7.	Thermosensitive Chitosan-Based Injectable Hydrogel as an Efficient Anticancer Drug Carrier	[63]
8.	Formulation of Thermosensitive Hydrogel Containing Cyclodextrin for Controlled Drug Delivery of Camptothecin	[64]
9.	A Near-Infrared Light-Responsive Hybrid Hydrogel Based on UCST Triblock Copolymer and Gold Nanorods	[65]
10.	Synthesis and Analysis of Electrically Sensitive Hydrogels Incorporated with Cancer Drugs	[66]

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