



## Infertility-PCO as burning cause Solution with Homoeopathy

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**Abstract** – God’s Greatest gift to mankind is power to regenerate a new life but many of the couples remain unified from this blessings of the God, Which is medical We called as Infertility.

### Introduction; -

In world in current Era Infertility has become a leading Gynaecological Complain of Young couples, due to irregular altered lifestyle habits of eating of living, overambitions for career growth, etc, and for that haphazard use of medicines esp. Hormones.

As such many causes that explains male or female infertility, like, In case of male;

1. Oligozoospermia, Azoospermia, defective Spermatogenesis due to Congenital cause, Thermal Factor as raising of temperature of scrotal region, Infections.

2. Obstructum to efferent duct, due to infection or trauma

3. Hypospadias or ejaculatory defect

4. Low fructose level or High Pg level in seminal fluid. Where as in case of female;

1. Oligoovulation or Anovulation, CL Insufficiency, Ovarian Tumours esp polycystic ovarian affection

2. Absence of Gonads, uterinetubes or Mullerian agenesis or Dysgenesis

3. Chronic Pelvis Infections resulting to adhesions in uterus (Asherman’s Syndrome), Blockage in Fallopian tubes,

4. Luteal phase defect, genital prolapse, cervical Incompetency etc.

Among all of above “PCO” is the burning problem of today’s Youth which is not just resulting in to irregular abnormal menstrual cycle but finally leading to reproductive failure i. e. Infertility

It is major endocrine related disorder resulting out of Hyperandrogenism , clinically May represent as "PCOD" ( Polycystic ovarian Disease) OR "PCOS" (Polycystic ovarian Syndrome).

"In early Phase "PCO" gives picture of just polycystic Ovaries, may have anovulation represented with regulation of menstruation , But later with PCOS represents not just irregularities of menstruation but have Obesity, Dark Deep skin Pigmentations (Acanthosis Nigricans) Hirsutism, Metabolic Disorders like Hyperinsulinamia, Reproductive failure or loss of pregnancies, Gestational & Mental Disturbance, as well Endometrial carcinoma in future.

Not Just this Causes Physiological disturbances , but affecting feminine Identity also .Thus treatment to be design for better quality of life of patient

Again it has no any constant treatment due to its multifaceted features, But lifestyle management as well dieteric modifications have got many benefits over it.

Modern medicine help with hormones, metformin, spironoctone, Letrozole, clomiphene citrate etc. to ameliorate PCOS symptoms.

Where as Homoeopathy having lot of scope in treatment of PCO without any hazards . Homeopathic medicines like;

Thuja, Graphitis, puls, Sepia, Apis mel, Lach, Nat mur, Calc. Calb, kali. Carb, Senecio aures, Oleum Jecoris Aselli, Suph., Silicea. , kali. brom, Amm. Carb Bella, ,Lyco etc on the basis of symptoms as well Constitution gives marvellous results in maximum cases of polycystic affections....

\*Pulsatilla, senecio aures, Nat mur ,Sepia, kali. Carb, can be use For Suppress Menses with PCOD/PCOS. These medicines also helps in Oligomenorrhoea Or hypomenorrhoea

\*To Regularize Menses Nat mur, Lach, sepia, Puls, calc carb can be selected

\*Sepia , Thuja, Oleum Jecoris Aselli, Graphitis, can be medicine For Abnormal Hair growth ( Hirsutism) with PCOS

\* For Pigmentation Kali brom, Lach,

\*For Obesity Calc carb, Ammon. Carb, Lyco, can be selection

\*Kali brom, silicea, Graphitis ,Sulphur, can be prescribed For Acne due to hyperandrogenism

\*Sepia, Thuja, Apis mel, Lach ,Lyco, Bella, can be prescription for simply cystic ovaries

\*Sepia, Puls also can be given for pelvic pain in Polycystic ovarian affections

\*Nat. Mur to be prescribed when conception is desirable in PCOD/PCOS pt.

\*Sepia is also very helpful where infertility due to PCOS

\*Calc carb to be selected when Profuse protracted menses with Infertility , Polycystic ovarian affections & Obesity

### Conclusion:

So at the end it can be concluded that, though Infertility & PCO thought to be greatest burning problem of current youth, Having it's best solution with Properly selected homeopathic medicine, which results in to reproductive outcome.

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