



# VIRTUAL REALITY AND ITS CONNECTION TO HUMAN PERCEPTION

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## ABSTRACT

*The necessary technology and equipment for virtual reality is becoming more widely accessible on the commercial market and simpler to obtain, an increasing number of psychologists are starting to include virtual reality (VR) into their methods. This approach offers major advantages in terms of experimental control, repeatability, and ecological validity; nevertheless, it also involves constraints and risks that are not immediately visible, which may cause an individual who is just beginning out with the method to get confused. This investigation's objective is to bring the discipline of psychology into the cutting-edge field of virtual reality (VR) by first conducting an analysis of the tools that are now at researchers' disposal and then outlining the landscape of possible application areas. In order to clarify issues that are now being resolved as a result of research, we make use of instances of research that is currently regarded to be cutting edge. Problems like as embodiment, the uncanny valley, simulation sickness, presence, ethics, and experimental design are among the issues that need to be addressed.*

**Keywords:** *Virtual reality; human perception.*

## INTRODUCTION

After many years of anticipation, virtual reality (VR) hardware and software are now becoming broadly accessible to the general public as well as academic institutions and commercial enterprises. The use of this technology has the potential to bring about a sea change not just in academic pursuits but also in clinical settings. It will make it possible for us to get an all-encompassing comprehension of human behaviour, and it may possibly make it feasible for us to provide counselling or therapy to every single person. The purpose of this paper is to provide a guide to the landscape of this new research field, enabling psychologists to explore it fully but also warning of the many pitfalls to this domain and giving glimpses of the peaks of achievement that have yet to be scaled. The paper will also provide glimpses of the peaks of achievement that have yet to be scaled. We take into account both the positive and negative aspects of virtual reality technology, both from a more pragmatic and theoretical point of view, in order to further the development of theory.

This article focuses mostly on the use of virtual reality (VR) for human social interactions. A human social interaction occurs when one person interacts with another person, regardless of whether the other person is real or virtual. Virtual reality (VR) has been used extensively in the past for research on spatial cognition and motor control, and these works have been reviewed elsewhere. Additionally, rather than utilising virtual reality for educational or therapeutic reasons, our major focus is on building VR for the goal of conducting psychological research. This is in contrast to the use of virtual reality for these objectives. Take notice that when we say "virtual reality," we mean "a world made by a computer," and not merely "things perceived via a head-mounted display,"

as the word is sometimes used to indicate. When we say "virtual reality," we mean "a world created by a computer." The latter group includes things like 360-degree video, but it does not include some augmented reality and computer-generated systems that are not completely immersive. This article covers each of those topics separately.

### **To Frame the Current Paper, A Vr Lab**

When we conceive of the world of virtual reality, we imagine it to be a whole new landscape, and the psychologist to be an explorer poised on the edge of the map, eager to find what is beyond. We like to imagine the challenges that this explorer will encounter as mountains that he or she will have to climb in order to successfully finish the research. After having a look at the lowlands, in which we will go over the fundamental equipment that our explorer will need, we will then proceed to map out the terrain that lies ahead in our examination of the logistical considerations that are required when establishing a VR lab. In this section, we will focus on the fundamental tools that our explorer will need. Second, as long as they have the appropriate equipment, a large number of individuals are capable of climbing the Munros of Scotland, which are mountains that are higher than 1000 metres. In a similar vein, we investigate the difficulties that may arise during the implementation of social VR scenarios and the outcomes that may be attainable with the technologies that are already on the market.

### **The Foothills – How to Use Vr**

Virtual reality (VR) is likely to be well-known to the majority of psychology professors; at the very least, they will have heard of it, and some of them may have already tried it out using a VR headset. A smaller percentage of individuals will have either developed a virtual reality lab or produced software for VR research. In this piece, we will provide a concise introduction to the methodologies and vocabularies that are used in the fields of computing and virtual reality. In this article, we focus largely on how computer systems may be able to solve the challenge of constructing virtual characters (VCs) whose behaviour is based on the actions done by the user. Specifically, we look at how this issue may be addressed.

In order to accomplish this goal, it is necessary for information to flow in both directions: first, from the participant to the computer system, and then, from the computer system, back to the participant. In order, we shall investigate the many technical components that are required for each.

### **The Visual Representation of a Computer-Generated**

world can be presented to users in a variety of different ways, such as through the use of head-mounted displays (HMDs), CAVE systems, augmented reality systems that can range from smartphones to headsets, and finally, through the use of projectors or desktop screens. All of these methods are examples of how users can view the visual representation of a computer-generated world.

Wearing a head-mounted display, also known as an HMD, isolates the user from their surroundings in the real world and is required in order to participate in immersive virtual reality, which will be covered in further depth in the next section. On the other hand, augmented reality integrates computer-generated content into the actual world, sometimes even granting the computer-generated content the ability to interact with the real world. Mixed reality, on the other hand, may include aspects of both augmented and virtual worlds. All of these technologies have the capability of facilitating social connections, and in the next part, we will investigate some of the most often used approaches to putting these capabilities into practice.

### **Immersive Virtual Reality (IVR)**

Displays of immersive virtual reality may have a high "wow factor," but this does not mean that they are devoid of any potential downsides. To begin, the resolution of such devices is still rather low in compared to that of a standard computer display; for this reason, it is not appropriate for research projects that need high-fidelity

graphics (for instance, emotion reaction to subtle changes on the face). Second, since viewers are so interested in these virtual reality displays, as a consequence they become "disconnected" from the real world around them. As a result of this, it is challenging to carry out experiments that include interactions with real-world objects. Because we do not have access to generalised haptic devices, it is not feasible for us to completely replace actual things with virtual ones in the study that we are doing. However, we could utilise virtual reality (VR) to replicate the movement of the object. When doing research in the subject of social neuroscience, it may be challenging to successfully combine the use of neuroimaging methods with immersive displays.

It's possible that CAVE virtual reality systems may one day prove to be a superior option than head-mounted displays (HMDs). A virtual reality chamber, also known as a VR CAVE, typically has three or more walls, each of which is capable of having images projected onto it to provide an immersive environment (Cruz-Neira, Sandin, & DeFanti, 1993). It is necessary for the user to put on a pair of shutter glasses that are synchronised with the projector in order to experience true 3D stereovision. The glasses, which are very similar to HMDs, incorporate tracking with six degrees of freedom (DoF), which allows the displays to update in real time and provides the user with a vision that is correct from a perspective point of view. However, in contrast to HMDs, users of the CAVE are able to gaze through the glasses at any genuine objects that are in the surrounding area in order to do research (including their own body).

Because the glasses do not "shut out" the outside world entirely, this might be a problem for some applications (i.e., one cannot completely inhabit the body of another person while within the CAVE). On the other hand, it could be beneficial for applications in which the user can see and interact with real objects (such a real steering wheel in a driving simulation), and in which the user can get accurate visual feedback on the results of their own actions (e.g. hand actions in an imitation tasks). Because it is difficult to create virtual items that may respond to the activities that are carried out by a user, it may be much simpler to provide participants access to genuine things while they are within a CAVE (and it is practically impossible to provide haptic feedback of objects in VR).

## OBJECTIVES

1. To study of the Immersive Virtual Reality (IVR).
2. To study of the challenge of the uncanny valley, and imagining a VR Turing test.

## The Challenge of the Uncanny Valley

Mori is the one who first proposed the idea that there is a non-linear connection between the degree to which a robot or a virtual character resembles a person and the degree to which people perceive it to be human. He did so in the context of his research with colleagues MacDorman and Kageki. The term "uncanny valley" refers to this mental state. In particular, he stated that people have a negative response to figures that have an appearance that is nearly human but not quite human. He was referring to figures who have a human-like look but are not quite human. The uncanny valley phenomena does not always occur when figures are animated; nevertheless, more thorough study reveals that an uncanny valley does exist for still photos that have been distorted between a human and mechanical aspect and feel. According to Saygin, Chaminade, Ishiguro, Driver, and Frith (2012), uncanniness may occur when there is a disparity between the appearance of a character and the way in which it moves. This discrepancy may result in the character appearing or acting in a manner that is inconsistent with its appearance. As a consequence of this, a very lifelike humanoid figure that moves in a jerky way will be seen as being more unsettling than a cartoon-like character that moves in the same manner.

## The Challenge of Simulation Sickness

It is normal for first-time users of virtual reality (VR) to experience motion sickness, especially when utilising head-mounted display (HMD) VR devices. Nevertheless, not all users experience the simulated illness to the

same degree, and certain applications induce nausea that is far more severe than that of other programmes. The fundamental contributor to simulated sickness is a conflict that arises between the visual and vestibular systems in the human body. Because of this conflict, the user will have the illusion that they are moving with their eyes but not with the rest of their body.

The size of the room that is made available to the researchers is the key component that defines how well it may be used in study. This kind of virtual reality technology is sometimes referred to as "room-scale VR." Other factors that contribute to simulation sickness in virtual reality head-mounted displays include eye strain (induced by the displays being very close to your eyes), latency (caused by a delay in the picture updating anytime you tilt your head), and high contrast visuals (HMDs). Altering the structure of the environment in which virtual reality is being experienced might help lessen the impact of these factors. For example, the user's motion speed may be limited, and the intensity of the visual flow that the user feels while moving can be toned down. Both of these options are available.

Because of the many factors, both hardware and software-related, that contribute to the disease, it is impossible to determine what percentage of participants are affected by simulated sickness. This is because there are several factors that contribute to the condition. Participants in a recent study (Hale et al., 2017; study 2) wore a head-mounted display (HMD) device as they navigated their way around a digital maze. Because they were suffering simulated sickness, three of the total 24 participants left the activity before it was over and quit before it was over. This is a dropout rate of 12.5%. The researchers found that the dropout rate for the HMD experience was 6.3% for the first 15 minutes and 45.8% for the first 60 minutes when it was given to 1102 persons who were taking part in a large-scale study.

### **The human-virtual agent loop**

The use of colour coding illustrates the ways in which human cognitive processes are similar to those required to govern virtual entities. The difficulties (and opportunities) that theory presents The formulation of hypotheses and the meticulous validation of those hypotheses via experimentation are often the driving forces behind progressions in the field of psychology. Virtual reality (VR) presents an opportunity here for both improvement and difficulty. Virtual reality (VR) presents a challenge to our ideas since it calls for a theory that is accurate, well-specified, and can be included into an artificial system. For instance, a theory may propose that imitation results in prosocial behaviour (Lakin, Jefferis, Cheng, & Chartrand, 2003), but in order to implement mimicry into a VR system, we need answers to much more specific concerns, such as how quickly does mimicry take place. Which behaviours are being imitated? how precisely, and so forth We can get a head start on answering these problems and putting the idea to the test if we construct a virtual reality system that supports mimicking (Hale & Hamilton, 2016). Similarly, some theories may propose that joint attention is implemented in particular brain systems; however, in order to test this hypothesis, a virtual reality (VR) implementation of joint attention was required (Schilbach et al., 2010). This requires us to specify the duration of mutual gaze between the participant and the VC, the timing of the looks to the object, and the contingencies between these behaviours. Therefore, virtual reality demands a theory of the psychological processes that are being investigated that is accurate and comprehensive.

### **CONCLUSIONS**

In this article, we have taken the reader on a journey across the terrain of potential experiments, beginning with a fundamental overview of the hardware that is required for VR and ending with a glimpse into the future of virtual people. This journey began with a fundamental overview of the hardware that is required for VR and ended with a glimpse into the future of virtual people. We have great expectations that this target article will both serve as a primer for scholars who are interested in researching this interesting new topic as well as spark debate on the use of virtual reality (VR) in psychology research and practise. We place a particular emphasis on the use of virtual reality (VR) in the context of human social interactions. This refers to the process whereby one person interacts with another person, regardless of whether or not the latter is genuine.

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