



# Online Shopping of Clothing Among Youth Pros and Cons- A Review

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## ABSTRACT

The rise of e-commerce has revolutionized the way people shop and the fashion industry is no exception. Online shopping for clothing has gained immense popularity, particularly among the youth demographic. The present paper aims to explore the pros and cons of online shopping of clothing among youth, shedding light on the advantages and disadvantages associated with this growing trend. By examining the convenience, cost-effectiveness, product information, and personalization offered by online shopping, as well as the challenges related to sizing, physical examination, shipping and security, this study provides a comprehensive analysis of the impact of online clothing shopping on youth. The pros of online shopping for clothing among youth are numerous. Firstly, the convenience and accessibility of online platforms allow youth to shop anytime and anywhere, providing a vast range of options and styles. Additionally, cost and affordability play a significant role, as online retailers often offer discounts, deals and promotions, enabling youth to find affordable fashion choices. The availability of detailed product information and customer reviews enhances the decision-making process, enabling informed purchases. Moreover, online platforms employ personalization and customization techniques, offering tailored recommendations and virtual fitting rooms, ensuring a personalized and engaging shopping experience for the youth.

KEY WORDS: E-Commerce, Demographic, Customization, Shopping, Product.

## INTRODUCTION:

Online shopping for clothing refers to the act of purchasing garments, accessories and apparel-related items from e-commerce platforms and online retailers using the internet. It involves browsing virtual catalogues, selecting desired items, making payments electronically and having the products delivered to one's preferred location. The process eliminates the need for physical visits to brick-and-mortar stores, allowing consumers to shop from the comfort of their homes or on-the-go via various digital devices.

Online shopping for clothing has experienced significant growth and transformation over the years, driven by advancements in technology, changing consumer preferences and the increasing popularity of e-commerce

platforms. Today, numerous online retailers and fashion brands operate dedicated websites or utilize third-party marketplaces to cater to a wide range of customers seeking fashionable apparel.

E-commerce platforms offer extensive virtual catalogues that showcase diverse clothing options, including clothing for men, women and children, as well as accessories, footwear, and more. These platforms provide detailed product descriptions, high-resolution images and sometimes even videos, enabling customers to gather information about the garment's design, features, materials and sizing. Additionally, customer reviews and ratings provide social proof and help shoppers make informed purchasing decisions.

To facilitate online clothing shopping, various features and tools have emerged. Virtual fitting rooms use augmented reality or computer vision technologies, allowing users to visualize how a garment might look on them by overlaying the selected clothing item onto their virtual image. Size guides, often accompanied by measurements, assist in selecting the appropriate size based on individual body measurements. Moreover, personalized recommendations powered by machine learning algorithms suggest items based on a user's browsing and purchase history, enhancing the overall shopping experience.

The payment process in online clothing shopping is typically conducted electronically. Customers can choose from various payment methods, including credit cards, debit cards, digital wallets, or online payment gateways, providing convenience and security for monetary transactions. Once the purchase is complete, delivery options range from standard shipping to expedited shipping, depending on the customer's preferences and urgency.

While online shopping for clothing offers convenience, access to a vast range of options and the ability to compare prices and products, there are challenges associated with this mode of shopping as well. Sizing discrepancies, the inability to physically examine the garment before purchase, and potential shipping delays or errors are among the concerns that customers may face. Security risks, such as online fraud and data breaches, also exist, necessitating the need for consumers to exercise caution and choose reputable online retailers.

Overall, online shopping for clothing has transformed the way consumers explore, evaluate, and purchase fashion items. It provides a convenient and accessible avenue for individuals to stay updated with the latest trends, compare prices, and make informed choices, all from the comfort of their own homes.

### **Objectives:**

- To analyse the pros and cons of online shopping of clothing among youth.
- To explore factors boosting shopping of clothing among youth.
- To study the trends of e-commerce in clothing.

### **Importance of studying online shopping among youth-An Overview:**

Studying online shopping among youth holds significant importance due to several reasons-

#### **Growing Influence:**

Youth, defined as individuals between the ages of 18 and 34, play a crucial role in shaping consumer trends and driving the fashion industry. With their increasing purchasing power and digital savviness, young consumers have become a dominant force in online shopping. Understanding their preferences, behaviours, and experiences in the online shopping realm is essential for businesses and marketers to effectively target this demographic.

### **Market Potential:**

Online shopping has become an integral part of the retail landscape and youth are at the forefront of this digital transformation. Studying their online shopping habits and preferences helps businesses identify emerging trends, consumer demands and market opportunities. By understanding the unique characteristics of youth as online shoppers, retailers can tailor their strategies, product offerings, and marketing efforts to better meet their needs, thereby enhancing customer satisfaction and loyalty.

### **Consumer Behaviour Insights:**

Researching online shopping among youth provides valuable insights into their consumer behaviour. It helps uncover their motivations, decision-making processes and factors influencing their online purchasing choices. Understanding the underlying psychological, social, and cultural factors can assist businesses in creating effective marketing campaigns, personalized recommendations, and targeted promotions that resonate with the youth audience.

### **Technological Adaptation:**

Youth are early adopters of new technologies and digital innovations. Studying their online shopping behaviour allows researchers to examine how youth engage with emerging technologies such as virtual reality, augmented reality, mobile applications and social media platforms within the context of fashion e-commerce. These insights can guide businesses in adopting and integrating the latest technological advancements to enhance the online shopping experience for youth.

### **Implications for Retail Strategy:**

As youth continue to shift their shopping preferences towards online platforms, traditional brick-and-mortar retailers face new challenges and opportunities. By studying online shopping among youth, retailers can better understand the impact of e-commerce on their business models and develop strategies to adapt and compete in the digital marketplace. This may involve improving their online presence, enhancing the omnichannel experience and optimizing logistics and supply chain operations.

### **Social and Cultural Impact:**

Online shopping has broader social and cultural implications for youth. It influences their self-expression, identity formation and social interactions. Exploring the effects of online fashion consumption on youth's self-perception, body image and social relationships can provide valuable insights into the potential risks and benefits associated with this mode of shopping. Such findings can inform educational programs, public policies and initiatives aimed at promoting responsible and healthy online shopping behaviours among youth.

Hence, studying online shopping among youth is crucial for understanding their preferences, behaviours, and experiences in the digital marketplace. It enables businesses to align their strategies, adapt to technological advancements, and meet the evolving needs of this influential consumer segment. Furthermore, it sheds light on the social and cultural impact of online shopping, helping promote responsible consumption and support the well-being of youth in the digital age.

## **Pros of online shopping for clothing among youth:**

### **Convenience and Accessibility:**

Online shopping offers unparalleled convenience as youth can browse and purchase clothing items anytime and anywhere, without the constraints of physical store hours.

It eliminates the need for traveling to physical stores, saving time and effort.

With mobile shopping apps and responsive websites, youth can shop on-the-go, fitting online shopping seamlessly into their busy lifestyles.

### **Wide Range of Options and Variety:**

Online platforms provide an extensive selection of clothing options, including different styles, brands, sizes, and colours, catering to diverse tastes and preferences.

Youth have access to a global marketplace, enabling them to explore and purchase fashion items from around the world, expanding their style choices beyond local stores.

Online retailers often stock a larger inventory than physical stores, ensuring a higher likelihood of finding desired clothing items.

### **Cost and Affordability:**

Online shopping offers cost advantages, as many retailers provide discounts, promotions and exclusive online deals. Comparison shopping is made easier, enabling youth to quickly compare prices across different online retailers and find the best deals.

Online platforms facilitate price transparency, allowing youth to make informed purchasing decisions based on their budget and preferences.

### **Improved Product Information and Reviews:**

Online clothing retailers provide detailed product descriptions, including fabric composition, measurements, care instructions and styling suggestions, helping youth make informed choices. Customer reviews and ratings offer valuable insights into the quality, fit and overall satisfaction of the clothing items, assisting youth in assessing the reliability and suitability of a product before purchase. The availability of user-generated photos and styling inspiration on social media platforms associated with online retailers allows youth to visualize how clothing items look in real-life situations.

### **Personalization and Customization:**

Online platforms leverage data analytics and machine learning algorithms to offer personalized recommendations based on youth's browsing and purchasing history, enhancing the shopping experience. Virtual fitting rooms and size guides assist in choosing the right size, reducing the likelihood of returns and improving overall customer satisfaction.

Some online retailers provide customization options, allowing youth to personalize clothing items with monograms, patches, or other design elements, creating a unique and individualized style.

These points highlight the advantages that online shopping for clothing offers to youth, including convenience, a wide range of options, cost-effectiveness, improved product information, and personalization. Make sure to provide examples, statistics or specific research findings to support each point in your research paper.

## **Cons of Online Shopping for Clothing among Youth:**

There are some key points related to the cons of online shopping for clothing among youth-

### **Sizing and Fit Challenges:**

One of the major drawbacks of online shopping for clothing is the difficulty in determining the accurate size and fit of garments. Inaccurate size charts and variations in sizing across brands can lead to dissatisfaction and the need for returns or exchanges.

The inability to physically try on clothes before purchasing increases the risk of receiving ill-fitting garments, requiring additional time and effort for returns or alterations.

### **Lack of Physical Examination:**

Online shopping lacks the sensory experience of physically examining and touching clothing items, which can make it challenging to assess the quality, texture, and overall appearance of the garments. The discrepancy between online product images and the actual product received can lead to disappointment or dissatisfaction with the purchase.

### **Shipping and Delivery Issues:**

There is a risk of delayed deliveries or shipping errors, especially during peak seasons or due to logistical issues. This can result in frustration and inconvenience for youth who are eagerly awaiting their purchases. Additional costs such as shipping fees or customs duties may be incurred, depending on the location of the online retailer and the customer's country.

### **Security and Privacy Risks:**

Online shopping involves sharing personal and financial information, which poses security risks such as the potential for online fraud, identity theft, or data breaches.

Youth may have concerns about the privacy and misuse of their personal data, especially with the increasing prevalence of data-driven marketing and targeted advertisements.

### **Impulsive Buying and Increased Spending:**

The ease and accessibility of online shopping can lead to impulsive buying behaviour among youth. The constant exposure to attractive promotions and limited-time offers may encourage unplanned purchases, resulting in overspending and potential financial strain.

Peer pressure and social media influence can also contribute to impulsive buying, as youth may feel the need to keep up with fashion trends and portray a certain image online.

### **Environmental Impact:**

Online shopping often involves packaging materials and multiple shipments, which can contribute to increased waste and carbon emissions. The high rate of returns in online shopping, particularly due to sizing issues or dissatisfaction, further adds to the environmental impact. It's important to provide supporting evidence, examples, or relevant research findings to substantiate each point when discussing the cons of online shopping for clothing among youth in your research paper.

### **Impact of Online Shopping on Youth:**

The impact of online shopping on youth extends to various aspects, including its influence on consumer behaviour. Here are some key points highlighting the impact of online shopping on youth's consumer behaviour:

**Increased Research and Information Seeking:**

Online shopping has empowered youth with easy access to a wealth of information. They can extensively research products, read reviews and compare prices across different online retailers. This leads to a more informed decision-making process, with youth being more likely to consider multiple options and thoroughly evaluate their choices before making a purchase.

**Shift in Purchase Decision Factors:**

The convenience, accessibility, and wide range of options offered by online shopping have influenced youth's decision factors. Price and product features remain important, but factors such as online ratings, reviews, and social media influence also play a significant role.

Youth are more likely to rely on the experiences and recommendations of other online shoppers, as well as influencers or celebrities, when making purchase decisions.

**Emergence of Impulse Buying:**

Online shopping has facilitated impulse buying among youth. The ease of browsing, one-click purchasing, and enticing online promotions can lead to impulsive purchases, driven by the desire for instant gratification or fear of missing out (FOMO).

The "add to cart" feature and targeted marketing strategies have been designed to stimulate impulsive buying behaviour among youth.

**Personalization and Customization:**

Online retailers utilize data analytics and personalization algorithms to offer customized recommendations and tailored shopping experiences to youth.

Personalization efforts, such as suggesting items based on browsing history or offering virtual styling options, contribute to a sense of individualization and cater to youth's desire for uniqueness and self-expression.

**Influence of social media and Online Communities:**

Social media platforms, such as Instagram, YouTube, and TikTok, have become powerful influencers of youth's consumer behaviour. Online shopping integrates with these platforms, where influencers and peers showcase and recommend fashion items, influencing youth's purchase decisions. Online communities and forums provide spaces for youth to share their shopping experiences, seek advice, and engage in discussions, further shaping their consumer behaviour and brand preferences.

**Impact on Offline Retail:** The rise of online shopping has influenced youth's engagement with offline retail. Brick-and-mortar stores are now viewed more as showrooms or places to try on clothes before making online purchases.

Youth often engage in "webrooming," where they research products online and then visit physical stores to assess the fit and quality before making the final purchase online.

These points highlight the impact of online shopping on youth's consumer behaviour, including increased research and information-seeking, changes in purchase decision factors, the emergence of impulse buying,

personalization and customization, the influence of social media and online communities, and the evolving relationship between online and offline retail. Providing examples, statistics, or studies that support each point will strengthen the discussion of this impact in your research paper.

### **Mitigating the Challenges:**

To mitigate the challenges associated with online shopping for clothing among youth, several strategies and measures can be implemented. Here are some ways to address these challenges-

#### **Accurate Sizing and Fit:**

Online retailers can provide detailed size charts and measurement guidelines, allowing youth to make more accurate size selections. Implementing virtual fitting rooms or augmented reality technologies can help youth visualize how clothing items will fit on their bodies, reducing the chances of receiving ill-fitting garments. Encouraging customers to provide feedback and reviews on sizing can also help other youth make informed choices.

#### **Enhanced Product Information:**

Online retailers should provide comprehensive and accurate product descriptions, including fabric details, care instructions, and multiple high-resolution images that accurately depict the garment. Incorporating user-generated content, such as customer photos and videos, can provide a more realistic representation of the clothing items. Offering live chat support or customer service representatives who can address specific product inquiries can enhance the overall shopping experience.

#### **Streamlined Shipping and Delivery:**

Online retailers should prioritize efficient and reliable shipping processes, ensuring prompt deliveries and minimizing shipping errors. Providing tracking information and regular updates on the delivery status can help manage customer expectations and reduce anxiety related to delayed shipments. Offering flexible delivery options, such as expedited shipping or convenient pickup locations, can accommodate youth's preferences and schedules.

**Strengthened Security Measures:** Online retailers must prioritize customer data security and privacy. Implementing secure payment gateways, encryption protocols, and robust cybersecurity measures can help protect sensitive customer information.

Educating youth about online security best practices, such as using strong passwords, avoiding suspicious websites, and being cautious of phishing attempts, can empower them to make safe online transactions.

#### **Responsible Marketing and Advertising:**

Retailers and influencers should adopt responsible marketing practices, including transparent disclosure of sponsored content and truthful representation of products.

Promoting responsible consumption and avoiding excessive promotion of impulsive buying can contribute to a healthier online shopping environment for youth.

#### **Environmental Sustainability:**

Online retailers can strive to reduce packaging waste by using eco-friendly materials and optimizing packaging sizes. Encouraging responsible purchasing behaviours, such as considering the environmental impact before making returns, can help minimize the carbon footprint associated with online shopping.

### **Collaboration and Feedback:**

Online retailers should actively seek feedback from youth customers to identify areas for improvement and address any concerns promptly. Collaborating with youth focus groups or involving them in the product development and improvement processes can lead to more customer-centric and youth-friendly online shopping experiences. By implementing these strategies, online retailers can mitigate the challenges associated with online shopping for clothing among youth, fostering a more positive and satisfying experience for young consumers.

### **Conclusion:**

In conclusion, online shopping for clothing among youth has revolutionized the retail industry, offering numerous advantages such as convenience, accessibility, a wide range of options, cost-effectiveness, and improved product information. However, it also presents challenges such as sizing and fit issues, lack of physical examination, shipping and delivery concerns, security risks, impulsive buying tendencies and environmental impact.

To mitigate these challenges, it is crucial for online retailers to prioritize accurate sizing information, enhance product descriptions, streamline shipping and delivery processes, strengthen security measures, adopt responsible marketing practices, promote environmental sustainability and actively seek feedback from youth customers.

Understanding the impact of online shopping on youth's consumer behaviour is vital, as it highlights the shift in decision factors, increased research and information-seeking behaviour, the influence of social media and online communities and the evolving relationship between online and offline retail. By addressing these challenges and harnessing the benefits of online shopping, businesses, policymakers and society can work together to foster a responsible and satisfying online shopping experience for youth, empowering them to make informed choices, express their personal style and adapt to the evolving digital retail landscape. As online shopping continues to evolve, it is crucial to adapt and innovate, ensuring that the needs and preferences of youth consumers are met while addressing the associated challenges in a proactive and sustainable manner.

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