



“Study of Synonyms of diseases in Ayurveda - A Literature Review”

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Abstract:

Synonyms- The term ‘Vyadhi’ literally means disease or ailment that causes grief or pain to the individual. In Ayurveda, the nomenclature of disease suggests pathogenic factors or the cardinal feature. The classification of diseases is based on their origin, lesion sites, prognosis, factors involved in pathogenesis. The word Vyadhi means sickness, disorder, disease, ailment, distress.

The vyadhi has mainly synonyms like, Vikar, roga, Amay, Gada, Atank, Yaksma, Jwara, Papma. So, study of importance of Vyadhi synonyms is necessary from rog nidan point of view.

Keywords: Vyadhi Paryay

Introduction:

The vyadhi has mainly synonyms like, Vikar, roga, Amay, Gada, Atank, Yaksma, Jwara, Papma.¹

- Vikara: The condition that causes deviation from the normal physiological state of health of an individual.
- Roga: Literally, it is the opposite of comfort. It suggests abnormal body function. An interruption, cessation, or disorder of functions at the level of psyche, mind, or body.
- Amaya: The word 'amaya' signifies the diseases originating due to disturbances of digestion and accumulation of metabolic toxins (ama).
- Gada: The term indicates a condition arose from toxins or multiple factors simultaneously.
- Atanka: The term indicated miserable condition causing fear, terror, or distress.
- Yakshma: The term implies diseases characterized by a constellation of symptoms that occur together.
- Jwara: The term implies the ability of a disease to cause anguish to the mind and body.
- Papma: The term signifies disease, originating from physical or mental sins of the individual in a present or past life.

Aims & Objectives:

To study of importance of vyadhi synonyms is necessary from rog nidan point of view.

Material & Methods:

Manual Searching & Collection.

Diseases & their synonyms:²

SN	DISEASE	SYNONYMS
1	Vyadhi	Amay, Gada, Antank, Yakshma, Jwara, Vikar, Roga
2	Jwara	Jwara, vicar, Roga, Antank,
3	Yakshma	Krodho, Yakshma, Jwara, Roga, Dukha.
4	Kushtha	Sparshgna, Paproga, Kashthatar roga
5	Arsha	Adhimasaj vikar, Gudaj, Durnam.
6	Hikka shwasa	Pram durjar Roga,
7	Atisar	Udaramay
8	Kadarma Visharp	Visarpa

9	Trushna	Ghor
10	Visha	Pawkopmam
11	Adhyaroga	Vatrakt, Khudvat, Vat balas
12	Ambhupurna	Ulbhaka
13	Ashmari	Yamraj Tulya

Discussion:

Knowing the origin (karana) of disease is crucial to eradicating it. If the root cause of the disease is treated, it helps to hasten recovery, prevent recurrence and preserve health. The origin of the disease is not limited to endogenous causes. Instead, various extrinsic factors like seasonal variations, an incompatible union of senses with objects, and the metaphysical causes can affect health status. The management of health and disease depends on knowledge of its causes and the factors influencing it.³

In the same way knowing the meaning of synonyms of the different diseases indicating different things like severity, dominant dosha, dominant dushya, Prognosis, dominant organ etc. Some synonyms may indicate the main causative factors. Some disease synonyms indicate the status of agni. Ghor synonyms of Trushna indicates the severity of the disease.

So it is important clues regarding the treatment plans of the disease. All the synonyms indicating information which is most useful in the treatment & management of the disease.

Conclusion:

1. Synonyms indicating information useful in the treatment & management of the disease.
2. Synonyms are important from Nidan panchak point of view.
3. Synonyms are for diagnosis & choosing appropriate principles of chikitsa.



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