

# How movies trigger friendship Hormone?

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## Abstract

They make movies to entertain and amuse people. Movies are there to entertain the mass, but not all movies aim to just entertain some teaches life lessons. Cinema has become a platform to socially aware people of what is going around and to arouse the feeling of patriotism, secularism, brotherhood, fatherhood. Also, touches the dark sides of society by making movies on rapes, female foeticide, casteism. This list is unending. Most of the people are a fan of watching entertaining movies or romantic ones, So everyone tends to make such films. But the concept of friendship is no less popular. Time to time movies has been made to showcase different sides of friendship. This paper wants to touch, how movies are touching lives and triggering the loyalty hormones in friends? How friendship gets stronger when people watch movies based on friendships.

**Keywords:- Friendship, Movies, Forrest Gump, Emotions, F.R.I.E.N.D.S, Hollywood, Bollywood.**

Whether Hollywood or Bollywood, both has made great movies on the concept of friendship. Not only these movies were blockbusters, but also some of them were nominated for Oscar awards. One movie which made people rethink the importance of friendship was 'CASTAWAY'(2000), directed by Robert Zemeckis. This movie made us think of the old statement that 'human beings can not survive alone' hence man always tends to form society and live in it as an individual always surrounded by friends, family. In the movies, Chuck Noland (Tom Hanks) who works for a courier company and is an extremely loyal and dedicated employee. He is left isolated on an Island. To survive the protagonist had to deal with loneliness and hopelessness. The protagonist realized the utter of getting a mate, so he adopted volleyball(Wilson) as his friend. He would share all his ideas, happiness and grief with him. In his lonely world, he has brought the abstract ball into life which has

accompanied him throughout. He would draw many faces and treated the volleyball as his beloved girlfriend, dentist, and his friend.

The urge of finding a friend even drags him down from the cliff when he saw the corpse of his colleague within the water. He writes epitaph in his embrace and performs the funeral rituals. This shows the ethos of our society and its necessity. This movie opened a new sight for viewing friends and friendship.

Moving further, the highest-rated sitcom 'FRIENDS' aired from 1994-2004 that means it's been some 15 years from now has revolutionized the American television industry. This show has been the most favorite of all because of manifold reasons. It showcased enormous feelings and relationships. This show is about the friendship of six friends Chandler, Phoebe, Monica, Joey, Ross and Rachel.

The friends from Friends cause you to consider your friends. There's probably a Phoebe who is usually weird, a Chandler in your group who is usually sarcastic, a Monica who may be a compulsive, a Rachel who is well, and a Joey who is sweet with the women like Rachel. That's why it's very easy to relate with these characters and it becomes fun to observe them.

'FRIENDS' cured India of its colonial hangover (By [Shoaib Daniyal](#)) . Back then, not everyone had the privilege of watching this fantastic series but those who did were liberated and became the needy of free will, it brought a kind of cultural drift but specifically in friendship rituals. Now, youngsters wanted gatherings as they showed in it and since then people actually desire to make friends their family inspired by this Sitcom.

Friends trigger our empathy, this concept is well used by filmmakers. At the University of Virginia, a gathering contemplated cerebrum filters from 22 individuals, these individuals were under risk of accepting little electrical stuns to either themselves, a companion, or an outsider. It was found that the mind action of an individual at serious risk, versus that when a companion is, is really the equivalent.

Pushing toward the most fortunate kinships in Harry Potter. The Harry Potter arrangement is about fellowship – regardless, where might Harry be without Ron and Hermione? (Most likely despite everything attempting to disentangle Snape's mixture enigma ensuring the Philosopher's Stone in book one, that is the place.) But the celebrated trio isn't the sole companionship that we needed to take part in when perusing the books.

Hollywood or Bollywood trios of friends have been working out excellently. Moving toward Bollywood, a very famous movie-‘Dil Chahta Hai(2001) directed by Farhan Akhtar was a trendsetter. This movie won National Film Award for the best feature film in Hindi. After this movie, it was believed that your friendship with your close friends is not close enough if you haven’t visited Goa with them. Since this movie, Goa has become a yearly ritual for friends. The friendship was so cool and intense in this movie that it made people cry with happiness. It had a big impact on youth. Such movies make people respect their friendship even more.

Movies are responsible for arousing various emotions in us. Many Yash Raj movies introduced a different concept of friendship- MEN AND WOMEN CAN’T BE FRIENDS in films like ‘Kuch Kuch Hota Hai’, ‘Mujhse Dosti Karoge’. These movie topics have been a point of discussion and debate among youngsters; it has certainly given new dimensions to the way people would think about the friendship between a boy and girl. It did it partly in evoking emotions in teens.

Another type of friendship endorsed by movies is the animal's and humans friendship. There is something about these movies that make people emotional. Sometimes it gives a taste of sadness and sometimes joy. This effect is not only on the people who love animals until now I only talked about their effects on people who are not exactly you can call an animal lover and an animal owner. Cinema has helped in increasing the number of animal lovers. The film that made me love and appreciate our little friends more was A Dog’s Life. Chaplin directed this silent, black & white film in 1918 and in fact creations like these by a master don’t need any words, it’s pure cinema magic.

Among all types of friendships cinema also highlight mother-daughter, father-son, and sibling friendship. It is amazing to see how movies make people empathize with the scenes and dialogues. People come out of the cinema with more compassion and love for their friends and family.

Discussing the exceptional film composed by Winston Groom and coordinated by Robert Zemeckis, Forrest Gump is an American sentimental dramatization film, featuring Tom Hanks.

The film has its inceptions in the Groom's epic, yet various occasions and a portion of the's character qualities are depicted in an unexpected way. Forrest Gump's remarkable exhibitions stay scratched in cinematographic history.

Hard to accept that Forrest Gump was discharged in 1994 and still it can have the equivalent enthusiastic effect regardless of whether you watch it multiple times. Beside portraying regular show that such a large number of individuals can identify with, the film itself is a significant life exercise – we can generally succeed on the off chance that we have faith in ourselves, however, we additionally need somebody to support and not abandon us when we're in question.

In spite of the fact that Tom Hanks previously had an amazing profession as an entertainer, he undisputedly increased more acclaim by depicting Forrest – a sort hearted kid with minimal insight, regularly harassed due to his physical inability and low IQ. Energized by his mom, Forrest, in the long run, discovers his way throughout everyday life and demonstrates that regardless of what anybody says he is fit for making progress.

Individuals were heartless, however, Forrest continues being the acceptable man his mom instructed him to be, doesn't let anything meddle with his bliss, helps at whatever point conceivable and never stops to follow his fantasies. The film demonstrated an excellent fellowship with his mom. An exceptionally well-known expression that he discusses toward the start of this movie(By Flavia Medrut June 21, 2018)

‘My mama always said ‘Life is like a box of chocolate. You never know what you’re gonna get.’

This feels right to say that movies will never stop triggering the friendship hormone in people even if they wish or not.

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