

A Study on impact of struggle in human life and how it gives impact on our journey

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ABSTRACT

This paper presents how struggle gives impact on human life. A struggle can be in many forms like: Job struggle, any kind of disease, Love relationship, Poverty etc. This paper will get you to discuss about struggle. This topic is selected because it is related to every living body life and this is our personal experience also. Struggle is a utilization of our power of thinking and of our thoughts. Our life needs a considerable amount of physical and mental efforts. Some people having money from the beginning; they probably do not have to face so many problems as common as poor person. Some people's life is full of stress and problems from the beginning, but they face all the problems to become a successful person.

Keywords:

Job Struggle, Human, Life, Poverty, Struggle, Utilization, Physical, Mental, Efforts, Small shopkeepers, Knowledge.

INTRODUCTION

“The most beautiful people I’ve known are those who have known trials, have known struggles, have known loss, and have found their way out of the depths.” — Elisabeth Kübler-Ross.

As we know struggle is a part of our life, without Struggle we cannot see the truth of the world. Struggle is the real way we live. A person who has come forward by struggling and has reached a higher position today, he will never think ill of anyone and will never cheat in life. I believe your life is a sum of your thoughts, beliefs, values and norms. We learn a lot from Struggle like as the real way of living, how we understand peoples and how they treat us and how we treat them. Life is a beautiful journey by which you get to learn a lot of things.

The farmer splits the crop and then it is cut, it has become his little bit easy journey and if his crop is ruined then he feel very sad and depressed because it is his whole year hard work, for which he makes his day and night to do one. And if we talk about Love Relationship Struggle so many times it happens that a person needs a life partner who will support him in all his happiness and sadness. But this does not happen and he is unable to find a perfect life partner, due to which he is very sad and his trust in the world is lost. And if someone cheats him in love, he starts misunderstanding others. Then he takes it as a struggle to find a perfect life partner.

“Quietly endure, silently suffer and patiently wait.” — Martin Luther King Jr., Why We Can’t Wait

Sometimes people get such a disease which is very difficult to treat medicine is not available for it. Then neither have they lived nor are they able to live for example last stage of cancer, when there is no solution for brain tumor. Just take the example of Carona (Covid-19) situation. At this time it has become so difficult that work is getting stopped, there is a shortage of oxygen because of which people are dying. Patients struggle for oxygen. We need to pray for this difficult situation.

Both poverty and helplessness kill a person, both are very bad situations. Poverty teaches a person a lot of things, such as effective utilization of things and time.

“Anyone who has ever struggled with poverty knows how extremely expensive it is to be poor”. – James Baldwin

SIGNIFICANCE/IMPORATNCE OF STUDY

- From this study, you will get a new way to handle the situations and way of living.
- From this you will get a help how to set yourselves up to solve the problems.
- Struggle is a part of life; we should not be afraid of it but should face it.
- Life is full of problems, don't be afraid, face it and enjoy every single moment of your life.

OBJECTIVE OF STUDY

- Struggles are very common but very few people write about it so, through this study, change your life, one day may you become an example yourself for struggle and win.
- I have only one motive to write this paper as; I have struggled myself and achieved our own position.
- If we had lost our self confidence in our bad days, we might not be able to do anything.

DEFINATIONS OF TERMS:

Job Struggle: Question that arises as to what is a job struggle? Its answer is that a person completes his studies but he cannot get a job easily. Many times he goes here and there to find a job, which fulfill his/her requirement according to their qualifications.

Human: A human is a person who moves here and there to fulfill their needs or to find food. He is made up of five elements and two hundred six bones.

Life: Period of time from beginning to end is called life. If we talk about the life of a human being, since when he has been born and when he died, that period will be called as life.

Poverty: When a person has less money than required and cannot meet his basic needs, it is called as poverty.

Struggle: Trying to do something especially when it is difficult. Fulfill your dreams and fight all the troubles that come in your way also we called struggle.

Utilization: To do something at the right time at right place is called utilization.

Physical Efforts: When we complete a task through our body, whether it is done by walking or sitting on the seat, it is called physical effort.

Mental Efforts: There are a lot of difficult jobs that we have to complete through our brain like how to complete a difficult situation.

Small shopkeepers: A person who runs a small store is called a small shopkeeper, such as a karyana store, Small shoe store and small beauty parlor.

Knowledge: Information about something, understanding and skills that you have gained from learning and experience etc.

RESEARCH METHODOLOGY

In this paper, we have done both primary data and secondary data. Primary data may we have used our knowledge and secondary data may we have collected research paper from Google related to our topic.

LITERATURE REVIEW

Life is sum of your thoughts and beliefs about life. If you are taught that life is a struggle, then your experience will be within the scope of this thinking and you will live your life in exactly the same way, you will always expect something bad. But we can expect to change our thinking and hope that we can do this work. This is called self-fulfilling prophecy. Not many people think that their negative and positive thinking affects their lives. I am not saying that life is easy - life is a challenge and it leads to struggle. When we fight against the challenges of life, it is called the struggle "S Paradiso · 2012".

Life is a struggle or nothing. Do you want life to be without challenges and failures? So how will you realize your potential without struggling? Life is dull without growth. We try and struggle! From which we can get ahead. To

overcome all the problems and challenges, we realize our grandeur. More struggles strengthen you to grow and thrive and as you progress, your capacity starts becoming infinite. “Tony Fahkry (2018)”.

According to a research, it was found out that people who go ahead with a struggle are stronger than others and in second try they finish the problem. Human learn lots of things from struggle, so struggle is like a teacher who motivate us to move ahead with new hope. You probably hate it as much as others do but struggle is such a thing that shows us the real truth of the world. Struggle is a career change coach.

CONCEPTUAL FRAMEWORK

Never be afraid of facing any difficulty, nor think of yourself so little that someone should make fun of you. People always make fun of you and their only job is to demean you so don't vote under someone's pretext so make yourself so strong that you become an example for people who lose their self confidence. Some people are not able to handle the situation and get suicide. So what do they think the problem is over if they have committed suicide? No, problems are never end! Then they have to face our family. We can commit suicide but by trapping our family in that action, we go away. Struggle is a part of our life but suicide is not a solution for it. Struggle goes on teaching us something so doesn't be afraid, face it.

IMPORTANCE OF STRUGGLE IN OUR LIFE

- **If you struggle today, it will become your strong tomorrow:** It is clear that if you struggle today, then it will become your strong tomorrow because at the time of Struggle, you get to know what your strength is? And what the weakness is? When you come to know what your weakness is? And because of that you are not able to succeed then you do not repeat that mistake again.
- **Helps to know your self-confidence:** Struggle is such a period of time when you get to know how much self-confidence you have. When people are struggling, then some people cross the situation and some people committed the suicide gets suicide instead of facing the situation. This shows how much will power you have and how much you can handle any situation.
- **If there is no struggle, there is no progress:** If I did not face problems in your life, what did you do? It means to say that if there is no difficulty in life and it is simple, then that life is no fun. Till you does not struggle, what will you learn from life and how will you know what to do and how to do it? And how will your progress be until you learn something? For example if a farmer does not plowing up the field, how will the crop be harvested?
- **Help to motivate yourself:** Struggle is a way by which you motivate yourself. For example when an ant trying to tries to climb she falls down several times and then climbs up but still do not give up because she has self-confidence and she never gives up. She motivates herself to cross the rock on which she tries to climb. In the

same way, we should not lose our heart and make ourselves so thick and strong that you can face every difficulty.

- **Struggle always leads for a beautiful destination:** Yes, it's true; Struggle always leads you for a beautiful destination. For example when you go to break a rose, you also get thorns but still you break it! In the same way when you go to do some work, focus on it and face all the problems on the way. And just like you found a beautiful rose after your thorn, you will also find a beautiful destination in your life and you always remember it. Elderly people say that you never forget the things that have gone through their difficulties.

CONCLUSION

The main motive of this paper is to understand how we solve problems in difficult times. Difficult situation teaches us not to run away from them rather we should learn from them. Struggle leads us to a beautiful destination. The things that we have found with great difficulty, we appreciate it more because we know what difficulties we have faced for it. Only by stumbling, a person succeeds because by this he gets to know the reality of the world. If you understand all the importance of struggle which mentioned in this paper, then your life will be changed. We will gain lots of knowledge about struggle and also know how we have to face it. Life is also a struggle but we have to face all problems and one day we will definitely win.

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