



## “A STUDY OF ADJUSTMENT OF ADOLESCENT STUDENTS IN RELATION TO THEIR SOCIO-ECONOMIC STATUS ”

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### ABSTRACT-

Adolescence is the most important period of human life. A major part of a country's population ranges between the age 13 to 18 years. The country's success in various field of life depends on proper adjustment of adolescent students. In present study the findings are--I. There is highly positive relationship between adjustment of female and male adolescent students and their socio-economic status. II. There is highly positive relationship between adjustment and socio-economic status of adolescent students. III. There is no significant difference between adjustment of male and female adolescent students. IV. There exists significant difference between socio-economic status of male and female students.

**Key words--** Adolescent students, socio-economic status

The adjustment in psychology like adaptation in biology referred to an individual's relationship with his environment. The term adjustment referred to the degree of capacity by which an individual tries to copy with inner tensions, needs, conflicts, frustrations and in simultaneously able to bring a coordination between his inner demand and those imposed by the outer world.

In education psychology it has interpreted adjustment from two important point of views. First adjustment as an “achievement” and other adjustment as a "process". Adjustment as an achievement means how efficiently an individual can perform his duties in different circumstances and other need efficient and well-adjusted man for the progress of the nation. Adjustment as a process to analyse the process of the study the development of an individual longitudinally from the birth onwards.

The process of adjustment starts from the birth of a child and continues till his death. When we observe the life of a child, he adjusts himself easily. But with the development of the child till adolescence his internal and external demands is increasing and become more complex.

These two types of demands sometimes come into conflict with each other and resultantly make the adjustment a complicated process for the individual. The need which is not gratified, will produce frustration and leads to abnormal behavior.

Adolescence is a period of great stress and storm. it has been called as terrible teens. During this stage the individual has to face adjustment problem with one's own self family and society besides being imposed to new social interacting skills other than those required in early childhood interactions. In this period a person cannot adjust his life in his living environment, he will be maladjusted and he cannot achieve his

goal. So, for a successful life, adjustment is essential and no one can deny the importance of adjustment in every stage of life.

### **JUSTIFICATION OF THE STUDY:**

Adolescence is the most important period of human life. A major part of a country's population ranges between the age 13 to 18 years. The country's success in various fields of the life depends on the proper adjustment of adolescent students.

But in recent times, newspapers reported at least 1 to 2 adolescent student's suicides which may be mainly due to lack of adjustment of the inability to solve the problem, they are faced with. It also was observed by WHO in 1993 that at least one in 10 may have serious emotional disturbance and adjustment problem. SCAHEFER & BAYLEY (1963) Also studied the effect of home environment of child's adjustment and obtained high correlation between maternal love hostility and his/her adjustment. VERMA's (1974) study revolved the membership over the socio-economic status together with under achievement and failure in the school were factor influencing the adjustment of adolescent.

So, at present problem of adjustment is becoming a major challenge to the parents, teachers, administrators, psychologist etc. Once the problems of the adolescents are known, they can be eliminated or at least minimized.

Hence the present study is designed to find out the adjustment problem of adolescent students in relation to certain variables.

### **STATEMENT OF THE PROBLEM:**

"A Study of adjustment of adolescent students in relation to their socio- economic status"

### **KEY-TERMS DEFINE**

#### **ADOLESCENT STUDENT**

All the students who are coming in the age group between 12 to 18. It means all the secondary and higher secondary male and female students are included.

#### **SOCIO-ECONOMIC STATUS**

Socio status means students social environment where he lives. Students economic status means the economical condition of the family which day belongs.

### **OBJECTIVES**

1. To study the adjustment of adolescent female students in relation to their socio-economic status.
2. To study the adjustment of adolescent male students in relation to their socio-economic status.
3. To study the overall adjustment of adolescent students in relation to their socio-economic status in general.
4. To study the difference between adjustment of male and female adolescent students.
5. To study the difference between socio-economic status of male and female adolescent students.
6. To find out the difference between socio-economic status of male and female adolescent students on their adjustment in general.

### **HYPOTHESIS**

1. There exist a significant positive relationship between adjustment of female adolescent students and their socio -economic status.
2. There exists a significant positive relationship between Adjustment of adolescent male students and their socio-economic status
3. There exists a significant positive relationship between adjustment of adolescent students and their socio-economic status in general.
4. There exists a significant difference between adjustment of male and female adolescent students.
5. There exist a significant difference between socio -economic status of male and female adolescent students.
6. There exists a significant difference between the socio-economic status of male and female adolescent students on their adjustment in general.

## DELIMITATIONS OF THE STUDY

1. The sample was restricted to 200 adolescent students of Ghaziabad districts of Uttar Pradesh of 'Pilakhuwa' block. 2. The present study delimited with only adolescent male and female students, of only four senior secondary schools, affiliated to U P Board Allahabad.

## RESEARCH METHODOLOGY:

This study is based on "Descriptive or Normative Survey Method"

Socio-economic status scale constructed and standardized by Dr. Meenakshi, Head and Dean of faculty of Education, Patiala, Punjab University.

An Adjustment Inventory for School Students (AISS) constructed and standardized by Dr. A. K. P. Sinha Ex Professor and Head Department of Psychology "Pt. Ravi Shankar Shukla University, Raipur and R. P. Singh Ex- professor and Head Department of Education Patna University.

## COLLECTION OF DATA

The investigator used simple random sampling method of data collection.

## STATISTICAL TECHNIQUES:

"Correlation" was used to see the relationship between variables and T-test statistical techniques was used to see the difference between variables.

## ANALYSIS AND INTERPRETATION OF DATA

**TABLE—1**

THE RELATIONSHIP BETWEEN ADJUSTMENT OF FEMALE ADOLESCENT STUDENTS AND THEIR SOCIO-ECONOMIC STATUS.

Variable	N	Coefficient of Correlation 'r'
Adjustment of female students	100	0.95
Socio-Economics status of female students		

Table 1. Shows that the coefficient of correlation between two variables is 0.97. It means that adjustment of female students have positive correlation-ship between their socio-economic status. Show it may be concluded that female adolescent students having good socio-economic status, they have well-adjusted in their environment.

**TABLE—2**

THE RELATIONSHIP BETWEEN ADJUSTMENT OF MALE ADOLESCENT STUDENTS AND THEIR SOCIO-ECONOMIC STATUS.

Variable	N	Coefficient of Correlation 'r'
Adjustment of male students	100	0.99
Socio-Economics status of male students		

It can be observed from the above table that the coefficient of correlation between two variables is it 0.95. It means that adjustment of male adolescent students have positive correlation -ship with their socio-economic status. So, it may be concluded that male adolescent students having good socio-economic status, they have well adjusted in their environment.

**TABLE-3**

THE RELATIONSHIP BETWEEN OVERALL ADJUSTMENT OF ALL ADOLESCENT STUDENTS AND THEIR SOCIO- ECONOMIC STATUS.

Variable	N	Coefficient of Correlation 'r'
Adjustment of adolescent students	200	0.99
Socio-Economics status of adolescent students		

It can be observed from the above table that the coefficient of correlation between two variables is 0.99 . It means that adjustment of adolescent students have positive correlation-ship between their socio-economic status. So, it may be concluded male adolescent students having good socio-economic status, they have well adjusted in their environment.

**TABLE 4**

THE DIFFERENCE BETWEEN ADJUSTMENT OF MALE AND FEMALE ADOLESCENT STUDENTS

Variable	N	Mean	S.D.	SED	't'	Significant level
Adjustment of male students	100	12.4	5.00	12.47	1.05	N.S.
Adjustment of male students	100	15.0	6.00			

N.S — Not Significant

d.f. — 1.96 at 0.05 level and 2.58 at 0.01 level

It can be observed from the above table that the critical ratio or mean difference between adjustment of male and female adolescent students was found to be 1.05. It means there is no significant difference between the adjustment of male and female students. So hence the hypothesis stated earlier rejected.

**TABLE -5**

THE DIFFERENCE BETWEEN SOCIO-ECONOMIC STATUS OF MALE AND FEMALE ADOLESCENT STUDENTS Variable

Variable	N	Mean	S.D.	SED	't'	Significant level
Socio-economic status of male students	100	79.8	9.10	1.12	2.75	sign at. .01 level
Socio-economic status of female students	100	76.5	6.60			

It can be observed from the above table that the critical ratio or mean difference between socio-economic status of male and female adolescents students was found to be 2.75. It means that there is significant difference between socio-economic status of male and female adolescent students.



**TABLE- 6**

THE DIFFERENCE BETWEEN SOCIO-ECONOMIC STATUS OF MALE AND FEMALE ADOLESCENT STUDENTS ON THEIR ADJUSTMENT.

Variable	N	Mean	S.D.	SED	't'	Significant level
SES of male students on their adjustment	100	11.81	5.19	.74	3.82	sign at. .01 level
SES of female students on their adjustment	100	14.64	5.26			

It can be observed from the above table that the critical ratio or mean difference between socio-economic status of male and female adolescent students was found to be 3.82.

In other words, there exists significant difference between socio-economic status of male and female adolescent students on their adjustment. It may be concluded that male adolescent students more satisfied in their adjustment with their socio-economic status rather than female.

### FINDINGS

1. There is highly positive relationship between adjustment of female adolescent students and their socio-economic status. This shows that female adolescent students having good socio-economic status, they have well adjusted in their environment.
2. There is highly positive relationship between adjustment of male adolescent students and their socio-economic status. This shows that male adolescent students having good socio-economic status, they have well adjusted in their environment.
3. There is highly positive relationship between adjustment and socio-economic status of adolescent students. This shows that adolescent students having good socio-economic status, they have well adjusted in their environment.
4. There is no significant difference between adjustment of male and female adolescents students.
5. There exists significant difference between socio-economic status of male and female students.
6. There exists significant difference between socio-economic status male and female adolescent students on their adjustment.

### EDUCATION IMPLICATION

The present study has its implication on their adolescent. Adolescent is the storming age. It can change the situation and the future of the nation relay on their shoulders. If they are not properly grown they become a male adjusted and so efforts must be to develop them into well adjusted and irradiate the frustration.

The socio-economic status of a person also plays a vital role in the adjustment of the adolescent. The male or female adjustment is a psychological process or achievement or how he/her will handle his conflicts and overcome the resulting tension.

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