



A CASE REPORT OF RENAL CALCULI WITH IT'S HOMOEOPATHIC TREATMENT

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ABSTRACT- Renal calculi is the common complication of urological system. It is the crystal forming process in the urinary tract. Rajasthan is one of the “stone belt” zone of India.

This case reports is a case of right renal calculi, presented with complaints of acute pain in lower abdomen, with radiation from right loin to groin region. Pain aggravated in evening, after urination. After case taking with evident results on basis of totality of symptoms and repertorization *Lycopodium Clavatum* 200 was prescribed.

KEYWORDS- Homoeopathy, Renal calculi, *Lycopodium Clavatum*.

INTRODUCTION-

Nephrolithiasis is the term employed for kidney stones, also known as renal calculi, and they are crystal concretion formed in the kidneys and ideally leave the body via the urethra without pain.¹

Nephrolithiasis, is the most common condition affecting the urinary system, affecting about 12% of the world population, with a yearly incidence of 6,00,000 in America.²

In India nephrolithiasis presents with an expectance of 12% in total population. It is result of a crystal or crystalline concretion travelling from the kidney through the genitourinary system³ Kidney stones correlate with an increased risk of chronic kidney disease, end stage renal failure, cardiovascular disease, diabetes and hypertension.⁴

Various study demonstrated the beneficial effect of homoeopathic treatment in cases of urolithiasis, Homoeopathic approach of totality of symptoms has given significant result in this area. ⁴

CASE PROFILE:-

A 62 years old male attended outpatient (OPD) Of Girendra Pal Homoeopathic Hospital and Research Centre with the complaint of pain in abdomen with painful urination on 03.09.2020

PRESENTING COMPLAINTS

Patient is apparently well 20 days before and then suddenly presented with pain in right kidney region. Pain aggravate specially in evening between 4-6pm. Patient also having incontinence of urine, urine difficult to start with pain in back before urination. Patient took some pain killer etc without relief. He come for homoeopathic treatment on 03.09.2020 and immediately sent for USG whole abdomen.

PHYSICAL GENERAL-Thermal- Hot, Desire –sweets, Thirst- 2-3 lit/day(drinking less quantity of water), Urine- 8-10 times/day, pain in back before urination.

MENTAL GENERAL- Patient was finds that his memory is getting weak and he can't remember general things, he also reported that he is very dissatisfied with his family and friends. Feels a certain uneasiness. He is sensitive to music get likes music.

EXAMINATION- On palpation on P/A the abdomen tenderness found in rt. Hypochondaric, right flank and right renal angle. On back Costovertebral angle tenderness also present

INVESTIGATION- USG of whole Abdomen on 05.09.2020 reported.

- 7 MM calculus is rate in upper calyx right kidney
- Prostatomegaly Grade II

DIAGNOSIS- Right Renal calculi, Prostatomegaly.

ANALYSIS AND EVOLUTATION OF SYMPTOMS-

S.No	Type of symptoms	Symptoms	Intensity
1	Mental general	Weak memory	+++
2	Mental general	Dissatisfied	+++
3	Mental general	Sensitive to music	+++
4	Physical general	Urine- 8-10 times/ day	++
5.	Physicial general	Patient is hot	++
6.	Physicial general	Desire sweet	+++
7.	Particular	Pain in back before urination	++
8.	Particular	Pain in right kidney region <evening (4-6pm)	++
9.	Particular	Incontinence of urine	++
10.	Particular	Urine difficult to start with pain in back before urination	+++

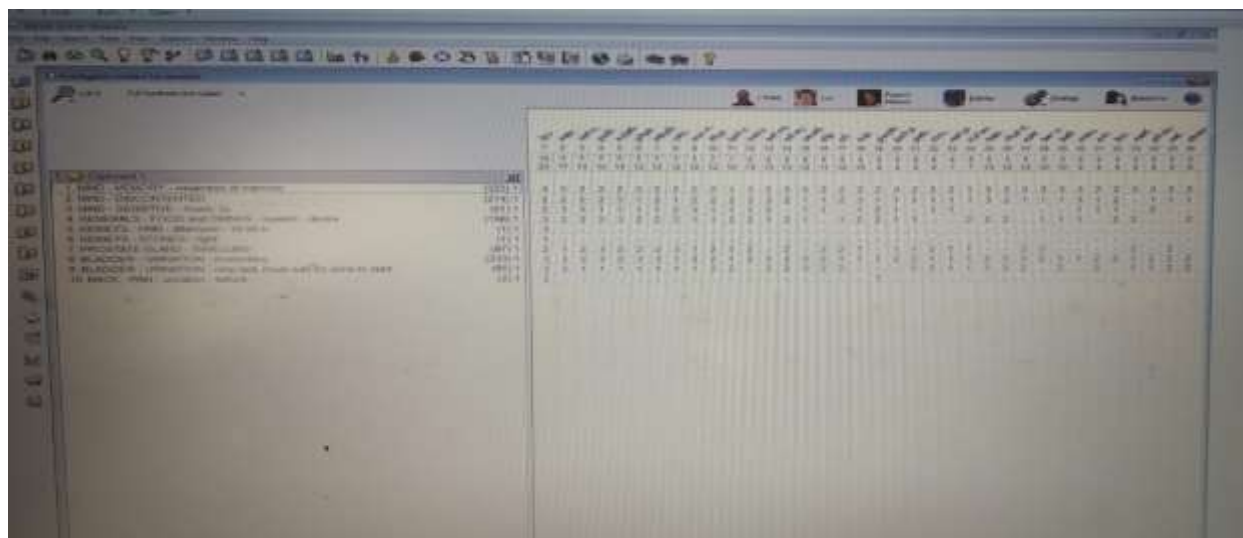


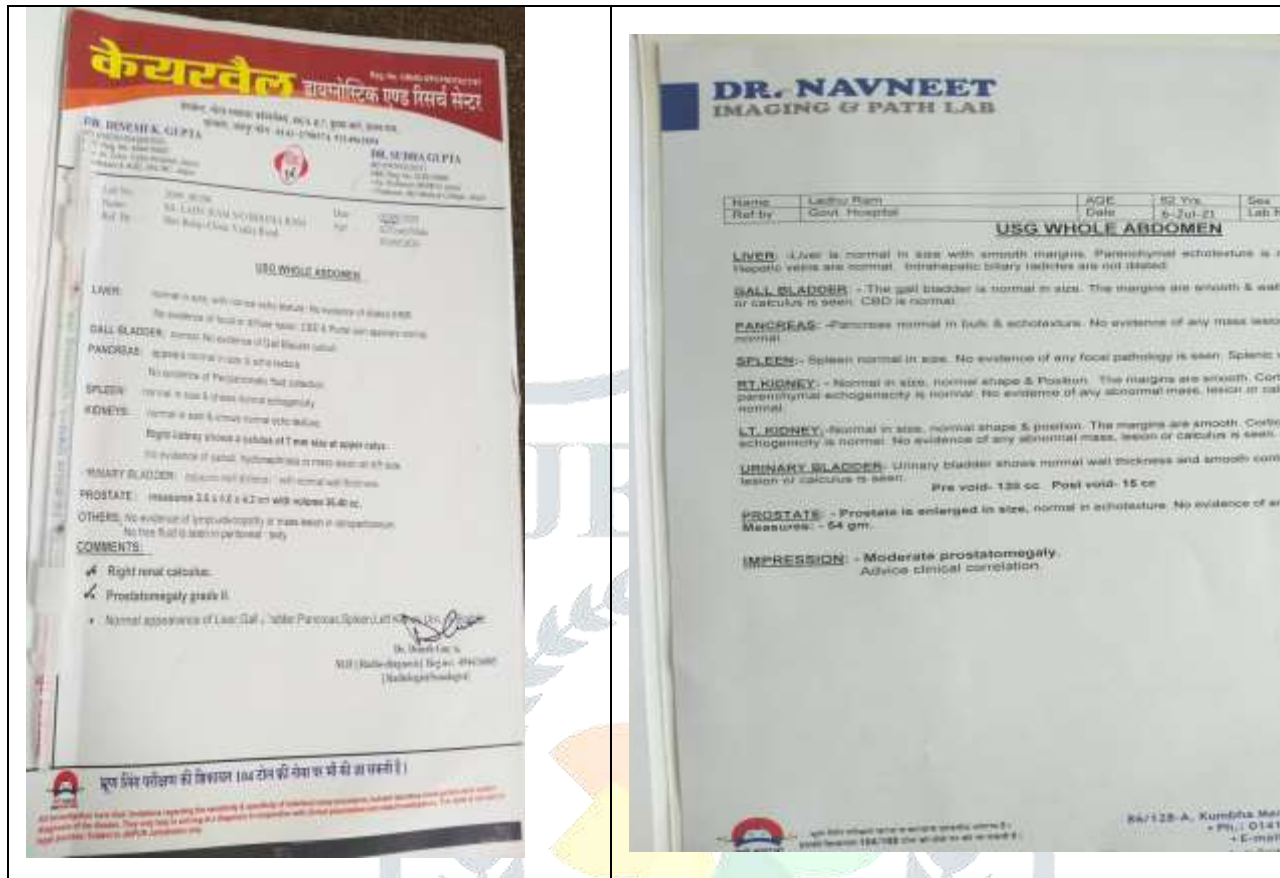
Figure -1: Repertorisation of case from Synthesis repertory using RADAR⁵.

FIRST PRESCRIPTION- Patient was given Lycopodium 200 one dose, placebo 30/BD for 1month on 03/09/2020 as it was covering maximum symptoms with high grading and patient is hot and desire for sweet.

Follow ups:

Date	Main symptoms/findings	Prescription with justification from materia medica
06/10/ 2020	Slight Relief in Pain in back before urination and Pain in right kidney region. Incontinence of urine and urine difficult to start-SQ	Placebo 30c/BD for 30 days
09/11/ 2020	Relief in Pain in back before urination and slight Pain in right kidney region. Incontinence of urine and urine difficult to start-Slight relief.	Lycopodium 200/1 dose stat Placebo 30c/BD for 30 days
08/12/ 2020	Slight relief in all complaints	Placebo 30C/BD for 30 days
06/01/ 2021	Slight relief in all complaints	Lycopodium 1M/ 1 Dose Placebo 30c/ BD for 30 days As relieve in symptoms next high potency was given.
10 /02/ 2020	Slight relief in all complaints	Placebo 30C/BD for 30 days
13/03/ 2021	Relief in all complaints	Placebo 30c/ BD for 30 days
08/ 04/ 2021	Incontinence of urine and urine difficult to start with pain in back before urination reappear	Lycopodium 1M/ 1Dose Placebo 30/BD for 30 days Advice: USG whole abdomen
10-05-21	Slight relief in above complaints	Placebo 30/BD for 30 days
07-06-21	Slight relief in above complaints	Placebo 30/BD for 30 days
06-07-21	USG finding: Renal calculi not present and moderate	Lycopodium 1M/ Dose Placebo 30/BD for 30 days

prostatomegaly



Before Treatment

After Treatment

DISCUSSION AND CONCLUSION – *Lycopodium* was selected on the basis of totality. In reportorial totality *Lycopodium* scored highest marks and highest number of symptoms which shows the most similitum with the patient's complaints and considering thermal reaction of patient and with consultation from material medica^{7,8} *Lycopodium* was prescribed..

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