



WARTS & ITS HOMEOPATHIC REMDIES

Dr. D. N. Mishra¹, Dr. Ritu Mishra²

1. Shivang Homeopathic Medical College and Hospital, Bhopal

2. Government Homeopathy College, Bhopal

dr.dnmishra17@gmail.com

Abstract:

Warts are small, grainy skin growths that occur most often on fingers or hands. Warts are bumpy to the touch; common warts often show a pattern of small black dots. Although warts generally aren't dangerous, they are unattractive, potentially awkward, and transmissible. Children and young adults are more likely to develop common warts. Common warts normally vanish on their own. It is triggered by some types of the virus called the human papillomavirus (HPV).

In this paper we have discussed about warts and its homeopathic remedies.

KEYWORDS: WARTS, HUMAN PAPILLOMAVIRUS, HOMEOPATHY, CONTAGIOUS ETC...

Introduction:

Few people are more prone to develop warts than others, it is same like certain individuals catch cold more easily than others. This is due to Weakened immune systems, lack of sufficient rest, poor diet, increased stress, and close dwelling contribute to contacting wart virus.

Mainly warts are of three types:

- Common warts
- Planter warts
- Genital/anal warts.

Warts can also arise by coming in contact with an object that is infected with the human papillomavirus. Among the various types of warts, the major ones are flat warts, filiform warts, and common warts. Flat warts have smooth flat surface arising mainly on face, neck, hands, and knees. Filiform warts are thread like warts arising near the eyelids or lips. Common warts are rough, raised skin-coloured warts that arise on hand. Common warts are also known as verruca vulgaris. Warts that arise on soles of feet are known as plantar warts. Warts arising around the nails are known as periungual warts.

Warts come in all shapes and sizes and can happen to any individual, irrespective of age or sex. Sometimes they disappear on their own in a few months and at other times, they can last for years. They are generally harmless but become a reason of worry due to their unattractive appearance.

Warts are very common – an estimated 7-10 per cent of the population are affected by them. Although warts can have variable morphologies, clinical diagnosis is usually straightforward. A skin biopsy is seldom necessary.

There are ways to prevent warts and keep them from spreading to other parts of your body if you already have one. Follow these simple guidelines:

- Wash your hands regularly, especially if you've been in contact with someone with warts.
- Don't pick at your warts.
- Cover warts with a bandage.
- Keep your hands and feet dry.
- Wear shower shoes (flip-flops) when in a locker room or communal bathing facility.

Homeopathic management of warts:

Homeopathic treatment in warts is basically oriented according to their locations and morphological characteristics other than few individual characters. Different individuals respond differently to homeopathic treatments. It is important to take a holistic approach to the case in point and start treatment accordingly.

In our Shivang Homeopathic Medical College and Hospital, Bhopal, we have conducted the studies on following number of patients in different age groups:

Sr. No.	Age Group	Number of Patients
1	1 to 10 years	22
2	11 to 50 years	43
3	Above 50 years	29

As per the types of wart we have prescribed following medicines to the patients at different age group and where closely monitored for their symptoms:

Sr. No.	Name of Medicine	Purpose
1	NITRIC ACID	Warts that Bleed Easily.
2	CAUSTICUM	Warts on Eyelid and skin tags.

3	SEPIA	Warts on Head.
4	DULCAMARA	Warts on Finger.
5	LYCOPODIUM CLAVATUM	Warts on Face.
6	THUJA OCCIDENTALIS	Wart arising on any body part.
7	ANTIMONIUM CRUDUM	Warts on Soles of Feet.
8	SILICEA	Warts on Soles of Feet.
9	CALCAREA CARBONICA	Warts which may be fleshy, horny, painful, and offensive
10	NATRUM MURIATICUM	Warts on palms and fingers
11	GRAPHITES	Warts that are periungual or corn-like in appearance.

Conclusion:

Different individuals respond differently to homeopathic treatments. It is important to take a holistic approach to the case in point and start treatment accordingly. In our hospital we have cured around 94 patients and found that they got relief from wart.

References:

1. Harrison's, Principal of Internal Medicines 17th Edition
2. Davidsons, Principal & practice of Medicines
3. J.T. KENT, REPERTORY Of Homoeopathic M.M.
4. Dr. S. K. Dubey, Text Book Of Material Medica
5. DR. N.M. CHOUDHARI, A Study On Materia Medica
6. DR. WILLIAM BOERICKE, Pocket Manual Of Homoeopathic Materia Medica & Repertory.
7. DR. H.C. ALLEN, Keynotes & Characteristics With Comparisons Of Some Leading Remedies of The Materia Medica With Bowel Nosodes, 8th Edition.
8. DR. PAMEETA UNİYAL, Materia Medica For Students.
9. Allen JH. The Chronic Miasms. Vol. 2. New Delhi: B. Jain Publishers; 2007. p. 65.