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READING HABIT AMONG POST GRAUGATE FEMALE STUDENTS AND ITS EFFECT ON **ACADEMIC PERFORMANCE: A CASE STUDY** ON GOVT DEGREE COLLEGE SINDHANUR

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Abstract

The paper was to examine reading habit among post graduate female students and its effect on academic performance Government degree college Sindhanur: A case study. A questionnaire was employed for data gathering and to analyze the collected data. The findings of the study revealed that respondents recognized the importance of reading in their studies. The study revealed further that reading habits have affected the majority of female students in their learning. The findings reported that the lack of conducive home environment hinders their reading habit t when they are at home. Based on the findings it has been recommended that the College Library should design a timetable for library hours to allow students to go to the library at least one and half hours in each day. Parents should help their children to have a serene reading environment when they are at home.

Keywords: Academic Performance, College students, Home environment, Reading habits. Post graduate, Female.

1.INTRODUCTION

Reading proficiency is the key to knowledge. In modern life, reading depends on the individual's capacity to interpret printed or electronic page fully and accurately. Reading has personal values; it is the door to almost all knowledge and vocations, such that the mechanical worker on the factory floor needs to read some basic material like rules and regulations governing operations on the factory floor. "Reading habit is best formed at a young impressionable age in post graduate once formed it can last one's lifetime, Failure to read paves the way for all kinds of catastrophes in the society. It is, therefore, important that students should be encouraged to inculcate the spirit of reading right from advanced the level the post graduate to empower them to have considerable reading skills. Academic accomplishment implies how much information the individual has obtained from the College library. Reading is primarily an intellectual activity and reading habit is a sort of attribute of a human being like other habits, the habit of reading in an individual develops during the course of time psychologically, habits is a product of learning, However reading is an act of interpreting the printed tools and written words It is important for the female students of a library to know about the reading habits and information needs of the clientele being served

2. NEED OF THE STUDY

It is essential to conduct such studies to know the reading habits of the female students this study helps to know different reading materials needed by female students or users for imparting knowledge to the female students where as library with its books acts as repositories of information on knowledge such studies helps the librarian to keep ready the required information with a result there is oblivious need to conduct intensive investigation to indentify the reading motivation that needed at different levels for promoting the reading habit of the female students. Need for study create reading awareness in the female students the study on reading habits of female students by the librarian is one of the effective methods of understanding the information requirements

3. SCOPE AND LIMITATION OF THE STUDY

This study is based on the data collection from the female students of the College. Reading habit among post graduate Female students and Its effect on Academic Performance; A case Study on Government degree College Sindhanur.

4. OBJECTIVE OF THE STUDY

The objectives of the study are:

- a) To examine the influence of reading habits among femalestudents
- b) To find out the importance of reading to female students
- c) To assess the type of materials students read when they visit the library
- d) To find out time spent in reading by female students
- e) To discover the effect of reading habits on female students' performance
- f) To ascertain factors hindering reading among female students
- g) The time prefer to by the female students
- h) To reveals how far the library helps in the effective use of the library
- i) To ascertain the role played by the college library in promoting and improving reading habits by providing proper facilities.

5. REVIEW OF LITERATURE.

The related literature is reviewed based on the searches carried out on LISA and emerald insight.com

- 1.Gjengset-Gumar, describes a survey of children reading habits recently undertaken by the child research centre of the Norwegian research Council for science and the Humanities in order to determine what and how much children read, the role of the book in children's leisure activities and what and who influences children's reading habits
- 2. Kolodziejska and Luckhan, Reports the results of questionnaire sent in 1988 to several dozen countries with known research into reading habits of children and youth.
- 3. Sharma-Savitri, Describes background and reading habits of users as well as their views regarding collection, timing, rules and regulation and services provided by the library

6. METHODOLGY AND DATA ANALYSIS

Every systematic investigation has to follow well recognized methods in order to arrive at reliable conclusion ,there are various methods of systematic investigation such as historical methods, case study method and questionnaire method, interview method, survey method, and field method etc. The most commonly and popularly known questionnaire methods is employed in this study of collecting the required data

The Research tool especially questionnaire methods is subject to criticism for revealing the socially behaviorally accepted results by concealing the actual facts As a systematic weapon to overcome the limitation of the research tool, investigation adopted interview method as sophisticated means to supplement questionnaire to for collecting data pertaining to reading in College. Reading habit among post graduate Female students and Its effect on Academic Performance; A case Study on Government degree College Sindhanur, questionnaire has been distributed to all the female students of Government degree College the investigator has distributed 100 questionnaire to female students the investigator succeeded in obtaining 76 questionnaires from the respondents.

Developing of Reading Habits

Reading Habit	No.of	Respondents	Percentage
Self	15	1.6	19.74
Parents	07		9.21
Library	11		14.47
Lecturer	34		44.74
Friends	9		11.84
Total	76	RA	100.00

The above table shows that, majority were influenced by more than one one person in developing reading habits. Most of the Female students have developed the through their lecturer 34(44.74%). some of are also influenced by self reading 15 (19.74%) and 11 (14.47%) Female Students are influenced by their parents 07(9.21%) female students are influenced by library 11(14.47%) female students influenced by friends, 9 (11.84) developing there reading habits or developing the intellectual skills, interpersonal skills plays a very important role in the present era. The present era is information and communication technology, improves the range of information services available to libraries as well as to the public domains, this information service full fills all the desires in order to improve the skills and techniques.

The Preferred Time for Reading

Reading Time	No. of respondents	Percentage
Morning	25	32.89
Afternoon	1	1.32
Evening	9	11.84
Night	41	53.95
total	76	100.00

The above table shows that majority of its students 41(53.95%) prefer for reading at Night and 25 (32.89%) female students prefer to read during Morning. 9 (11.84) female students prefer to reading in the evening and 1(1.32%) female student prefer at afternoon. The nature and efficiency of the information services provided by

libraries change from one to another, owing to awhole range female students service offered to user community. Most of the female students they prefer to read in the night hours, similarly some female students they prefer to update their knowledge by reading in the morning hours, not only for the point of the examination. In order to improve the general knowledge in current happening, very much essential to survive in this world

Prefer Place for Reading Newspapers

Reading	No. of respondents	Percentage
Home	42	56.76
Hostel	1	1.35
College library	24	32.43
Public library	5	6.76
Other specify	2	2.70
Total	74	100.00

The above table shows that 42 students (56.76%) read newspapers at home,24(32.43%) students read in college library, 5(6.67%) students read in public library and 1(1.35%) student read in hostel.

Frequency of reading Magazine

Frequency	No. of Respondents	Percentage
Regularly	38	51.88
occasionally	16	23.53
Rarely	14	20.59
total	68	100.00

The table shows that the maximum number of female students 38 (55.88%) read Magazines Regularly, 16 Female students (23.53%) read occasionally and 14 Female students (20.50%) read magazines rarely.

Effect of reading among female students

Response	No of Respondents	Percentage
Express myself well in class	23	22.12
Support my studies	51	49.02
Makes me feel prooud	19	18.27
Makes me feel bore	11	10.58
total	76	100.00

As show table out of 104 respondents (49.03%) indicated that reading helps them in their studies while (22.12%) reported that reading helps them to express well in class (18.27%) indicted that reading makes them feel proud.

7. FINDING AND RECOMMENDATIONS

Based on the finding of the study the following recommendation are made Lecturer should encourage female students to college library and read any academic materialthat will helps them in their reading habits and not limited to teaching notes. Female students should beencourage to borrow books from college Library Sincethis can help them to inculcate reading habits there should be a policy in the college to award female students who can read and express themselves better. The college should stock the library with interesting competition book that will attract female students come to college library. Parents should persuade their children to engage inconstant reading both at home and college to acquire the spirit of reading habit. Parents should provide their wards relevant reading material that helps them to develop their reading habits. Parents should allow their daughter to view only beducation television programs that will equip and empower them to engage in contact reading. The college should design a time table forlibrary hour to allow female students go to library at least one and half hours in each day finally principal and Librarian should helps female students to have a serene reading environment when they are in college.

8. CONCLUSION:

The study examined RE. Reading habit among post graduate Female students and Its effect on Academic Performance; A case Study on Government degree College Sindhanur. the study discovered that is 5.19% of the respondents recognized the importance of reading and indicated that reading helps them too broaden their knowledge. the majority of respondents admitted that theyspent 2-3 (47.12%0 hours on reading than any other activities.the also reported that majority of the respondents did indicate that reading habits have aneffect on them and stressed that reading has supported their studies the study further discovered that lack of conducive college environment is one of the hindrance that encourage them to read when they are at college.

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