JETIR.ORG

ISSN: 2349-5162 | ESTD Year : 2014 | Monthly Issue



JOURNAL OF EMERGING TECHNOLOGIES AND INNOVATIVE RESEARCH (JETIR)

An International Scholarly Open Access, Peer-reviewed, Refereed Journal

MICROBIOLOGICAL, PHARMACOGNOSTICAL AND PHARMACEUTICAL ANALYSIS OF BILVADI ASCHYOTANA YOGA – A COMPOUND AYURVEDIC FORMULATION

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ABSTRACT

Aim and Objective: Bilvadi Aschyotana Yogaⁱ is a choice of drug given in Chakradatta in the treatment of Vataja Abhishyandaⁱⁱ. Symptoms of the Simple Allergic Conjunctivitis can be compared with classical symptoms of Vataja Abhishyanda. In present study attempt has been made to evacuate microbiological and develop pharmacognostical and pharmaceutical standards as per Ayurvedic Pharmacopoeia of India (API) for *Bilvadi* Aschyotana Yoga. Methodology: Preliminary Microbiological studies, Pharmacognostical and Pharmaceutical parameters, High-Performance Thin Layer Chromatography has been performed as per Standard method. Result: Microbiological study for Bilvadi Aschyotana Yoga revealed absence of any microbial contamination under smear and culture study in aerobic atmosphere after 90 days of sample been prepared. The Pharmacognostical study of ingredients of Bilvadi Aschyotana Yoga shows the presence of the fibers of Bilva, Agnimantha, Gambhari, Patala, Lignified cork cells of Shyonaka, Gambhari, Patala, spiral vessels of Brihati, Tannin and Rhomboidal crystal of Patala etc. Pharmaceutical analysis of Bilvadi Aschyotana yoga showed that loss on drying 2.10%, water soluble extract 2.12% w/w, alcohol soluble extract 1.32% w/w, pH 7.5 etc. and HPTLC at 254 nm resulted into 6 spots and at 366 nm resulted into 8 spots respectively. Conclusion: Standard value from this study can be used for further researches and evaluation of Bilvadi Aschyotana Yoga helps in Quality control tool for its manufacturing or processing. Analysis through Pharmacognostical and Pharmaceutical shows suitability of drug for Aschyotana purpose.

Key words: Bilvadi Aschyotana Yoga, Microbiological, Pharmacognostical and Pharmaceutical, Vataja Abhishyanda.

INTRODUCTION

In this era people are more aware of diseases and expecting medical science to satisfying their needs on curative plus preventing aspect. Thus, Ayurvedic medicines are on great demand. As traditional science have vast variety and individualist concept there is a more need to research on *Ayurvedic* drugs to standardize so that all over the world medicine can be used with maximum safety.

As eye is an important sense organ in whole body and also more sensitive to external environment or pathogens. *Abhishyanda* is one of the common *Netra Roga* described in *Sushruta Samhita*. The symptoms like *Nistoda* (Pricking Pain), *Sangharsha* (Foreign body sensation), *Ragata* (Redness), *Vishushka Bhava* (Dryness - feeling), *Achchasruta* (Clean/ Watery discharge), *Alpa Shopha* (Mild Chemosis), *Kandu* (Itching), *Daha* (Burning Sensation) are given in *Vataja Abhishyanda*. Thus, from the clinical manifestation point of view, symptoms of the Simple Allergic Conjunctivitis can be compared with classical symptoms of *Vataja Abhishyanda*. First treatment protocol in Netra roga is *Ashchyotana*. Among all the *Kriyakalpas Ashchyotana* is one of the most important and primary procedures.

Here *Bilvadi Aschyotana Yoga* a compound Ayurvedic formulation has been studied with pharmacognostical and pharmaceutical parameters and also microbiological analysis done. *Bilvadi Aschyotana Yoga* is given in *Netra Rogadhikara in Chakradatta*. It is a herbal preparation containing *Kwatha* of *Bilva*, *Agnimantha*, *Shyonaka*, *Patala*, *Gambhari*, *Eranda*, *Brihati*, *Tarkari*, *Madhu Shigru*. *Bilvadi Aschyotana Yoga* indicated in *Chikitsa* of *Vataja Abhishyand* for *Aschyotana* purpose.

An attempt has been made to study *Bilvadi Aschyotana Yoga* by pharmacognostical, pharmaceutical, physiochemical parameters and develop HPTLC fingerprints of the compound formulation.

MATERIALS AND METHOD

Collection of Raw drug:

Raw drug materials were collected from raw drug store of pharmacy of I.T.R.A., Jamnagar. After obtaining raw drug proper drying and grinding done to make *Yavkuta* form of all the ingredients of *Bilvadi Aschyotana Yoga*. The ingredients and part used are given below. (Table 1)

Table 1: Ingredients of Bilvadi Aschyotana Yoga

No.	Name of Drug	Latin/English name	Part used	Proprortion
1.	Bilva	Aegle marmelos Corr.	Root bark	1 Part
2.	Agnimantha	Clerodendrum phlomidis Linn.	Root bark	1 Part
3.	Shyonaka	Ailanthus excels Roxb.	Root bark	1 Part
4.	Patala	Stereospermum suaveolens DC.	Root bark	1 Part
5.	Gambhari	Gmelina arborea Linn.	Root bark	1 Part
6.	Eranda	Ricinus communis Linn.	Root bark	1 Part

7.	Brihati	Solanum indicum Linn.	Root bark	1 Part
8.	Tarkari	Premna integrifolia Linn.	Root bark	1 Part
9.	Madhu Shigru	Moringa oleifera Lam.	Stem bark	1 Part

Method of preparation of Bilvadi Aschyotana Yoga

After making *Yavakuta* of each drug i.e. *Bilva*, *Agnimantha*, *Shyonaka*, *Patala*, *Gambhari*, *Eranda*, *Brihati*, *Tarkari* and *Madhu Shigru/Shigru* next step is *Kwatha* preparation. For that in one part of *Bilvadi Yavakuta* eight times of water will be added and boil it upto ¼th quantity remains. After preparation of *Kwatha*, it will be filter by using clean cotton cloth. Final preparation will be filled into clean container to avoid any contamination.

MICROBIOLOGICAL EVALUATION:

Microbiological investigation has been carried out of *Bilvadi Aschyotana Yoga* after 90 days from day of preparation at Microbiological laboratory of I.T.R.A., Jamnagar. Smear examination and Aerobic as well as fungal culture study has been carried out for *Bilvadi Aschyotana Yoga* under microscope. Smear examination: Gram's Stain and 10% KOH Preparation *Bilvadi Aschyotana Yoga* has been done. A sterile sample smear collected under aseptic condition. Culture study: Aerobic and Fungal culture has been assessed for the sample of *Bilvadi Aschyotana Yoga*. **iv

PHARMACOGNOSTICAL EVALUATION:

A. MICROSCOPIC STUDY: Individual raw drugs identified and verified with API, Finished drug was identified and authenticated by the Pharmacognosy lab, I.T.R.A., Jamnagar. The identification was carried out based on organoleptic features and microscopy of the prepared drug. For pharmacognostical evaluation, drugs studied under the Corl zeiss Trinocular microscope with staining and without staining. The microphotographs were also taken under the microscope. ^v

B. ORGANOLEPTIC STUDY: *Bilvadi Aschyotana Yoga* was evaluated for organoleptic characters ie. colour, odour, touch and taste.

PHARMACEUTICAL EVALUATION:

- **A.** Physico-chemical analysis: Physico-chemical Parameters of *Bilvadi Aschyotana Yoga* like loss on drying, water soluble extract and many more were determined as per the API guideline. *Bilvadi Aschyotana Yoga* was further subjected to High Performance Thin Layer Chromatography (HPTLC) study. vi
- **B. HPTLC:** Thin layer chromatography (HPTLC) study was carried out with dry methanol (MeOH) extract on pre-coated silica gel GF 6254 aluminium backed plate as 6mm bands, 8mm apart and 15cm from the edge of the plates, by means of a Camag Linomate V sample applicator fitted with a 100 μL Hamilton syringe. The mobile phase used was Toluene: Ethyl acetate (9:1v/v). The plates were developed in Camag twin trough chamber (20 x

10 cm²) and spots were detected in short U.V. (254 nm), Long U.V. (366nm). Video Densitometry rTLC shiny app was used for documentation.vii

RESULTS AND DISCUSSION:

Study of Bilvadi Aschyotana Yoga has been done to standardize the drug. For that Microbiological, Pharmacognostical and Pharmaceutical parameters were assessed.

1. MICROBIOLOGICAL EVALUATION: Microbiological study under microscopic examination till 90 days. it shows absence of any microorganisms on gram's stain and no organisms isolated after 48 hours of incubation at 37 degree Celsius under Aerobic Atmosphere. Similarly, for fungal culture, reveals absence of fungal filaments in 10% K.O.H preparation and on culture. No fungal pathogens found as shown in (Plate no. 1).

2. PHARMACOGNOSTICAL EVALUATION

- 2.1. MICROSCOPIC STUDY: Diagnostic microscopic characters of ingredients of Bilvadi Aschyotana Yoga showed the crystal fibers of Bilva, Fibers, Microsphenoidal crystals and calcium oxalate crystals of Agnimantha, Stone cells, lignified cork cells, rosette and prismatic crystals of calcium oxalate of Shyonaka, Fibers, lignified cork cells, tannin and rhomboid crystals of *Patala*, Fibers, lignified cork cells, stone cells and lysigenous cavities of Gambhari, Calcium oxalate crystals, starch grain, resin and tannin of Eranda, Fibers, spiral vessels, Stellate trichome and starch grains of *Brihati*, Fibers and calcium oxalate crystals of *Tarkari*, Sphaerocrystals, prism and fibers of *Madhu Shigru*. (Plate no. 2).
- **2.2.** ORGANOLEPTIC STUDY: Bilvadi Aschyotana Yoga was evaluated for organoleptic characters ie. colour, odour, touch and taste as shown in (Table 2).

3. PHARMACEUTICAL EVALUATION:

- **3.1. PHYSICOCHEMICAL TESTS**: Pharmaceutical analysis of *Bilvadi Aschyotana Yoga* showed that loss on drying 2.10% w/w, ash value 1.63% w/w, water soluble extract 2.12% w/w, alcohol soluble extract 1.32% w/w, pH 7.5, specific gravity 1.0031 and refractive index 1.2997 (at room temp.). (Table 3).
- 3.2. HPTLC STUDY RESULTS: Chromatographic study (HPTLC) was carried out under 254 and 366 nm UV to establish fingerprinting profile of which showed 6 spots at 254 nm and 8 spots at 366nm with Rf values were recorded which may be responsible for expression of Bilvadi Aschyotana Yoga pharmacological and clinical actions. (Table 4) (Plate no. 3).

Table 2: Organoleptic characters of Bilvadi Aschyotana Yoga

Color	Light brown
Taste	Bitter
Odour	Characteristic
Texture/ consistency	Watery/liquid

Table 3: Physio-chemical analysis of Bilvadi Aschyotana Yoga

Loss on drying	2.10%
Ash value	1.63%
Water soluble extract	2.12% w/w
Alcohol soluble extract	1.32% w/w
pH value	7.5
Specific gravity	1.0031
Refractive index	1.2997(at room temperature)

Table 4: High performance thin Layer Chromatography (HPTLC)

Sample	No. of spots	observation	Max. R _f value
Bilvadi Aschyotana Yoga	6	Observed under short U.V.	0.01, 0.19, 0.41, 0.52, 0.71,
		Light (254 nm)	0.77
Bilvadi Aschyotana Yoga	8	Observed under Long U.V.	-0.05, 0.01, 0.08, 0.28, 0.51,
		Light (366 nm)	0.57, 0.81, 0.99

PLATE 1: MICROBIOLOGICAL INVESTIGATIONS OF BILVADI ASCHYOTANA YOGA

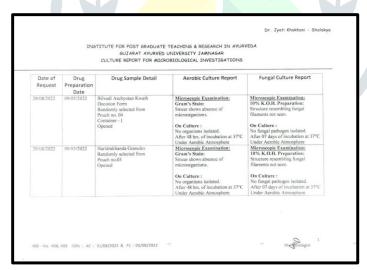


PLATE 2: MICROSCOPIC STUDY OF BILVADI ASCHYOTANA YOGA

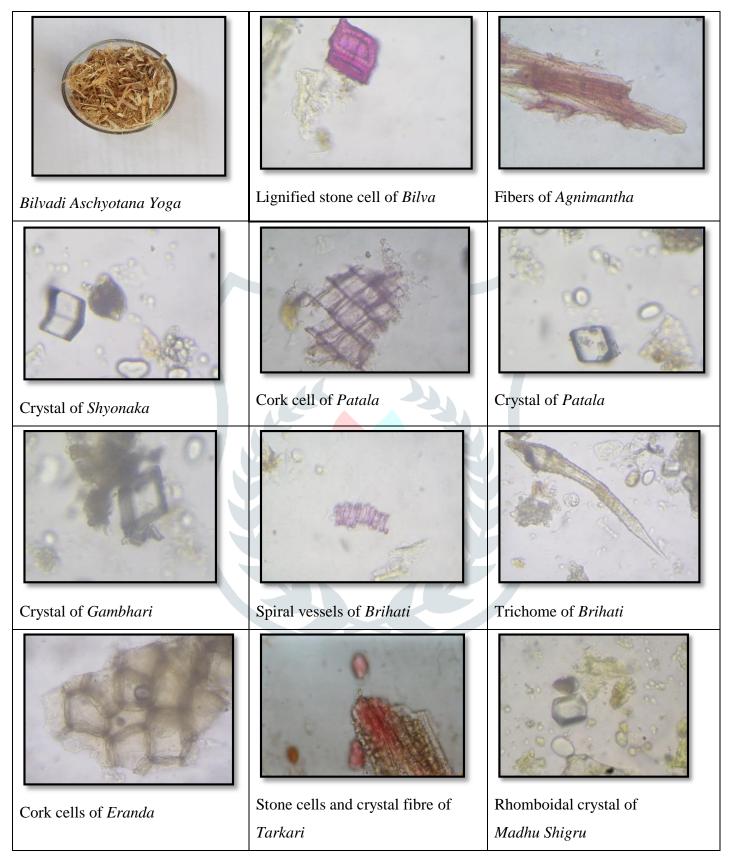
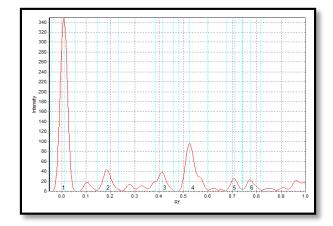
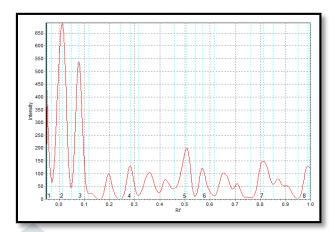


PLATE 3: HPTLC STUDY: HIGH PERFORMANCE THIN LAYER CHROMATOGRAPHIC STUDY (HPTLC)





Observed under short U.V. light (254nm) Bilvadi Aschyotana Yoga

Observed under kong U.V. light (366nm) Bilvadi Aschyotana Yoga

DISCUSSION:

Study of Bilvadi Aschyotana Yoga has been done to standardize the drug formulation. Pharmacognostical study reveals the fibers of Bilva, Agnimantha, Gambhari, Patala, Lignified cork cells of Shyonaka, Gambhari, Patala, spiral vessels of *Brihati*, Tannin and Rhomboidal crystal of *Patala* etc. The presence of all contents of raw drugs shows the purity of final product. Pharmaceutical analysis of *Bilvadi Aschyotana Yoga* showed pH, water soluble extract, alcohol soluble extract etc. suitable for *Achyotana*. No any microbial growth found in final preparation till 90 days of preparation. The HPTLC is one of the advanced instrumental techniques for quantitative and qualitative analysis of herbal drugs. Study of this compound reveals the components are more sensitive to long U.V. light than short U.V. light. Further the HPTLC results can also be compared with standard of individual raw drug for obtaining and concluding standards for Bilvadi Aschyotana Yoga.

CONCLUSION:

Microscopic evaluation is mandatory to avoid adulteration and contamination in *Bilvadi Achyotana Yoga*. Analysis through Pharmacognostical and Pharmaceutical shows suitability of drug for Aschyotana purpose.

The results of these studies can be used for the reference standard, authentication and further researches.

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