



## utility of agni karma

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### ABSTRACT

Ayurveda is the supreme science of medicine always because it deals with promotion of health and curing the diseases. The aim of Medical Science is to provide good health to every human being. To achieve this goal the medicine should be able to eliminate the disease and that to be without any side effects. Ayurveda have both shaman and shodhan chikitsa. Variety of medical procedure mentioned in Ayurved samhit as like Raktamokshana, ksharkarma, lepanam etc. AgniKarma is one of the important procedure described in Ayurveda. In this fast lifestyle patients need instant result on all pain. AgniKarma is one of the fast procedure to reduced vedana (pain) and aacharya's has explained Apunarudbhava chikitsa from agnikarma. Many samhitas have description of AgniKarma. From meaning to indication, contraindication, its superiority all information included in charak, sushrut, vagbhat, harita samhita. Acharya Dalhana have given explanation regarding the shapes of AgniKarma in his commentary. This AgniKarma is original idea of modern cauterization procedure. This review article will help to gain good knowledge about AgniKarma.

### INTRODUCTION.

#### Definition of AgniKarma:

The AgniKarma word is made up with combination of two words - Agni and Karma (i.e. fire and procedure). In short we can say as a procedure done by Agni for treating a disease. (1)

History of Agnikarma:

In charaka Samhita: Acharya Charaka give detail description of AgniKarma it comes under 36 Upakramas of Vrana in the chapter of "DwiVraniyaChikitsa". (2) Also AgniKarma used in

different disease as follow – in Gulmachikitsa; (3)in bhagandar-chikitsaas taidagdha; (4)in plihodar; (5)in arshachikitsa; (6)in visarpachikitsa; (7)in Arditchikitsa (8)

In Sushruta Samhita: Sushruta mentioned the AgniKarma as supreme in all the para surgical procedures

. A separate chapter in Sutra-Sthana with details about every aspect of AgniKarma, denotes its importance in the treatment, during those period. Sushruta has referred Agni in Agropaharaniya, (9)as Upayantra,

(10)Anushtra (11)Ashtang Samgraha:

Details Description of AgniKarma found in 40th chapter of Sutra Sthana of Ashtang Samgraha.

In Ashtang Hridaya: A detailed description of AgniKarmais described in 30th chapter of Sutra Sthana of Ashtang Hridaya.

In HaritaSamhita: Acharya Harita has mentioned AgniKarmaas one of the eight important types of treatment. (12) Beside this, he has also indicated AgniKarma in various diseases.

### Dahnopakarana used for Agnikarma:

In classics, there are different Dahnopakarana, have been described during the descriptions of disease cured by AgniKarma. Dahnopakarana means accessories like drugs, articles and substances used for AgniKarma. Each of them is having their own peculiarity in Dahnopakarana.

A list of Dahnopakarana has been given here as available in texts:

Pipali	Majja	Taila
Loha	Rajata	Suryakanta
Suchi	Godanta	Shalaka
Varti	Kshaudra	Jaggery
Tamra	Ghrita YastiMadhu	Vasa
Aja Shakrida	Kansya	Hema
Jambavastha	Shara	
Sneha	Madhuchhista	

Acharya Sushruta has indicated the materials by name according to the site of AgniKarma: (13)

1. Twakadagha - Pippali, Ajasakrida, Godanta, Shara, Shalaka.

2. Mamsadagha – Jambhavsta Shalakla and Other Metals.

3. Sira, Snayu, Sandhi and Asthidagha -Madhu, Jaggery and Sneha.

According to Acharya Vagbhata for Twakadah, Godanta and Suryakanta should be used.

Madhu, Sneha, Jambavastha and Jaggery should be employed for AgniKarma of Arsha, Bhagandara, Granthi, Nadivrana etc.

Diseases	Site
Trichiasis परमकोप	Agnikarma on inner side of lidintris भेदनोत्तर क्षार अथवा अग्निकर्म करें।
Chalazion & Meibomian. cyst लगण.	Agnikarma should be performed after Excision
Neck pain & stiffens. Brachial Neuritis मन्याशूल /मन्यास्तम्भ	Agnikarms on Trapezius, steronlodeidomasoid splenius capitis muscles & intervertebral space. मन्याक शेरूक के दोनों तरफ स्रायूँ के उभार पर अधिकर्म करें। स्कंध प्रदेश या भी अधिकर्म करें।
Scrofula cervical lymphadenitis मन्याग्रथी (अपची)	Agnikarma should be carried out 2 fingers below Indrabasti marma on forearm & leg. विध्द या अधिकर्म इंद्रबस्ती मर्म के निचे २ अंगुल पूर्व अथवा पाश्वतः करें: विलेखक प्रकारक अग्निकर्म करें।
Muscular wasting of shoulders, frozen shoulder बाहुशोष अवबाहुक	Viddha & agnikarma with Jaggery at center of anterior & posterior borders of shoulders joint. अंससंधीके मध्यपर व्यध तप्त गुडसे कंधेके मध्यभागपर दहन करने से कुछ हद तक उपराम मिलता है।
Corn कदर	Cauterize with red hot Loha shalska (Rods)
Madura foot वल्मिक	Nadi Vran should be excised & then cauterization carried out. नाडीव्रणको छेदन करके वह अग्नि कर्म करे:
Lipoma ग्रंथि अर्बुद मेदोर्वुद	In lipoma, after removing fat inside conterization done to prevent recurrence.
भगंदर ,नाडीव्रण, मूत्रवाही नाडीव्रण	Pratisaran agnikarma to be performed with hot shlaka to close the opening of nadivrana
Bleeding रक्तस्राव	Coagulation occurs when agnikarma performed on bleeding vessels
Renal Colic मूत्राशमरी शूल	Small superficial incision on thumb followed by agnikarma done, to be done on opposite side of Hernia. The incision extends from proximal outer corner of nail to proximal crease of thumb on

	dorsum.
क्षुद्ररोग न्यच्छ व्यंगं नीलिका पाददारी जतुमणी, मषक त्वकसुप्ती (Mole))	A deep viddha on skin gives relief On vrana due to chedan perform agnikarma.

## Discussion

The agni karma one of the procedure explained in Ayurveda to treat many condition it is the easy and safe procedure with best result and immediately give result so in present day many new advance technics and instruments are adopted to do again karma for better and easy handle and still many research is needed in the field of again karma to prove the results why particular sthan is mentioned how it help to relive the roga

## Conclusion

Agni karma is the best method for pain relief even it act more speed then the pain killer tablets so Ayurveda vaidya should work on it more try to use it all emergency pain management instead of saying we don't have emergency we have to work and take advantage of this type of karma without disturbing our sidhanthas in this article we given some example related to agni karma use in the same way we can use in many condition to give best result