



Marital Adjustment and Emotional Maturity among Literate and Illiterate woman.

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Abstract :- The purpose of the present study was to measure the different areas of emotional maturity and marital adjustment among Literate and illiterate women. For this purpose, marital Adjustment inventory and Emotional maturity scale (EMS) were administered on 50 women. The women were divided into two groups (25 Literate woman and 25 illiterate) woman. the finding reveals that literate woman have better marital adjustment than illiterate woman and Literate woman also have were emotional maturity comparison to illiterate woman.

Keywords:- Marital adjustment, Emotional Maturity Literate women, illiterate women.

Introduction:- Marriage is an institution from where family life commences of it is a social religious and legal permission to two individuals of opposite sex to enter in to family life. It is a socially approved union between men and woman in relationship of husband and wife. Marriage is considered an important factor in marital adjustment. Marital adjustment means husband and wife have good maintained happy life. Family and parental marital background: A number of investigators have found that both good and bad marital adjustment and happiness tend to run in families (Burgess, Locke & Thomas, 1963 et.al). Social class, religion and race in general, the slower and social class of the marital couples the less stable and happy the marriage is likely to by marital possibly reflecting in part the lack of economic and social stability in the environment on lower socio economic levels, class marriage-which typically involve a middle class husband and class wife – also show a higher incidence of mala adjustment and unhappiness than do middle class marriages but may be happier than lower class marriages (komarorsky 1964 udry 1966).

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Many factors undoubtedly affected to marital couples life and also its increase divorce rate in society that is:- Social change, urbanization, modernism, high expectations for life partner, financial condition etc. Now circumstances youth as well as women are facing difficulties in life. These difficulties are giving rise to many problems such as psychological, Social and behaviour etc. These rise to anxiety, tensions, stress and many emotional upsets in day-to-day life. Who one deals with these problems they need emotional maturity. Actually, emotional maturity is not only the effective determine of personality pattern but is also helps to control the growth of adolescent's development. The concept 'Mature' emotional behaviour at any level is that which reflects the fruits of normal emotional development, A person who is able to keep his emotions under control, who is able to broke delay and to suffer without self-pity, might still be emotionally stunned and childish. Morgan (1934). Some studies are related to present study: - cook, Diane brothers 1995 John 1997 Gubbins et.al 1999.

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Objective :- The main purpose of the study the marital Adjustment and Emotional maturity were measure in literate and illiterate women.

Hypotheses :-

- 1- There is no Significant difference between literate and illiterate woman in term of marital adjustment.
- 2- There is no Significant difference between Literate and Illiterate women in term of emotional maturity.

Sample:-

For this study 50, (25) literate ad (25) illiterate woman were selected through purposive sampling technique from urban residence in Lalitpur (U.P.) the sample were matched on socio-economic status. The age range of respondents was 28-45.

Tools :- The following scales were used in this study.

- 1- Marital Adjustment inventory

By

Dr. Taresh Bhatia and Dr. S.C. Sharma

2- Emotional Maturity scale

By

Dr. Yashvir Singh and Dr Mahesh Bhargave.

Design :- In present study survey research design were used.

Procedure :- The data were collected 50 woman (25 is literate, 25 illiterate) test were applied individually. First of all, personal detail sheet was applied then marital adjustment and emotional maturity scale were administered on woman. The respondents. were thanked for their Participation and also, they assured that the information they provide will be kept confidential and used only for research purpose.

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Statistics used :- Mean, S.D. and t-test were used for analysis of data.

Result and Discussion:- The marital adjustment and emotional maturity scores were analysed by mean of t-test. the findings have been presented in the tables: -

Table :-1 Mean, SD and t-value of literate and illiterate woman term of Marital Adjustment.

Type of women	N	Mean	S.D.	SED	t-value
Literate Women	25	21.56	1.35	1.41	5.16
illiterate women	25	14.28	6.81		

Table 2:- Mean, SD, and t-value of Literate and illiterate women in term of emotional Maturity.

Type of women	N	Mean	SD	SED	t-value
Literate women	25	68.32	10.73	4.90	8.71
illiterate women	25	111.04	21.50		

It is evident from table 1 the mean value of literate women is greater than illiterate women in term of marital adjustment (literate women $M = 21.56 >$ illiterate women $= 14.28$) This result shows that the difference between the groups is statistically significant $t = 5.16, P < .0.01$. It is apparent from table 2 the mean value of

literate women is greater than illiterate women So the value shows that the difference between the groups is statically significant ($t=8.71$) in terms of emotional maturity. Findings reveal that illiterate women are not matured than literate women. I think that reason illiterate women do not observe their emotion on particular situation one more thing is that they do not face any particular difficult situation and also, they do not understand how to adjust in different situation so that they have feeble emotional watering.

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