



A CASE STUDY TO KNOW THE UTILITY OF HOMEOPATHIC SYSTEM OF MEDICINES IN MANAGEMENT OF CASES OF LEUCODERMA

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Abstract : Vitiligo is an acquired autoimmune condition that is characterized by the destruction of epidermal melanocytes causing loss of skin pigment. Vitiligo may progress to involve the dermal follicular reserve and to destroy melanocyte stem cells. Although the global prevalence of vitiligo is less than 1%, in some populations, it may be as high as 3% of the population. Classically, vitiligo has been classified into segmental and non-segmental variants, depending on the distribution of skin depigmentation. Vitiligo can cause psychological stress, especially in dark-skinned individuals for whom it causes concerning cosmetic skin changes. Currently, the available treatment options for patients with vitiligo have limited effectiveness, particularly for patients with vitiligo of the acral areas, which are resistant to treatment due to the lack of hair follicles that can serve as reservoirs for melanocytes. The criteria for assessing the response to the treatment of vitiligo include: cessation of spread; the appearance of skin re-pigmentation; and overall quality of life during treatment. However, no therapeutic study has yet shown long-term benefits using these criteria, and further research is required to establish evidence for the effective treatment of vitiligo. There has been at least one prospective observational clinical study that has investigated the effectiveness of classical homeopathic treatment of vitiligo, with a further prospective observational clinical study involving homeopathic treatments given based on characteristic individualized patient symptoms.

IndexTerms – Homoeopathy, Leucoderma, Vitiligo, Individualised treatment.

INTRODUCTION :-

Leucoderma is a disorder where the skin loses its color in patches of irregular shapes and sizes. This is a pigmentation disorder which means that melanocytes (the pigment-producing cells) in the skin get destroyed. This results in the development of white patches on the skin. Leucoderma is an idiopathic depigmentary disorder which is wide spread in our country, the percentage of people suffering from this disease in India is higher than in western countries, because of its disfiguring presentation it gives rise to severe psychological strain (also social stigma by many), it is characterized by progressive well circumscribed cutaneous white macules and patches of varying sizes and shapes. They are whitish almost milky in appearance and uniform in color with well demarcated edges because of peripheral hyperchromia. It is common to find over the patch depigmented, graying of hair is noticed before the appearance of the vitiligo patch. A single white strand of hair could be the first sign of Leucoderma of the scalp. The lesions are found mainly on the face, neck, forearms, the dorsum of the hands or soles of the feet besides loss of pigmentation no other structural change is seen but other disorders like diabetes, hyperthyroidism, pernicious anaemia, carcinoma of stomach etc, may be associated, the peak incidence of the disease is between 10-30 years.

Homeopathy is able to give wonderful and miraculous cures in many cases of Leucoderma. This is due to the fact that the treatment enhances the natural production of pigments. According to philosophy Leucoderma is not a disease in itself but an expression of an inner disturbed state of the body. Thus, the cure should occur at a level where things have gone wrong. In order to archive this, the patient is analyzed on various aspects of mental and physical and familial attributes and also a complete study is done on the psychological-environment that the patient has gone through in his life.

Let us see an evidence based case study to see efficacy of homoeopathy in Leucoderma

Date of case taking : 2nd dec.2021

➤ Preliminary Data:

- NAME: Hridhan S. Osawala
- AGE : 11 years
- SEX : Male

➤ CHIEF COMPLAIN(S):

Patient has complain of white spot (leucoderma)

▪ Location:

White patches over leg and face, around nails , around toes.

- Duration: since when he was 1 year old.

➤ PAST HISTORY:

Nothing specific

➤ FAMILY HISTORY:

PATERNAL FAMILY	MATERNAL FAMILY
Grand father(leucoderma)	Mother's uncle(leucoderma)

➤ PHYSICAL GENERALS:

- THIRST : 900 ml/day , thirst for pot water
- APPETITE: Satisfied , nothing change , patient eats everything according to it's time table.
- THERMAL:(Relation with cold and heat)

BATHING	COVERING / FAN
Hot water	Want fan or A.C. is nothing specific

He didn't care about all these climacteric affections.

➤ HISTORY OF MOTHER DURING PREGNANCY:

- Full term delivery. Patient was born with normal delivery.
- No any complications during pregnancy.
- Through out the pregnancy mother was happy.

➤ OBSERVATIONS:

- Child was extremely restless (+3)
(During case –taking almost 30- 40 min. He didn't sits for a second.)
- He constantly touched all the decorative items of clinic.
- Even he spoke with his parents little but loudly.

➤ MENTAL GENERAL(s):

(by mother)

- Ma'am he couldn't sit silently for a moment.
- All day he goes here and there.
- He constantly moves his legs when he sits.
- He constantly keeps his fingers in mouth.
- He likes dance (+2)
- He is extroverted
- He has lots of friends
- He likes to go out.
- He is good in drawing as well as in sports.
- He likes to wear beautiful clothes and like to go in party.
- He likes to travel, going to park and doesn't prefer close room.

➤ PRESCRIPTION:

RX

TARENTULA HISP. 30 (4 doses,6 pills, every Saturday , stats orally)

SAC LAC (5 – 0 – 5) 2 dram

FOLLOW UP :-

DATE	OUTCOME	PRESCRIPTION
30 TH Jan 2022	He is improved for 15 – 20%	Sac lac 2 dram(5-0-5)
1 ST FEB. 2022	Again improved 5%	TARENTULA H.30 (Every 15 day)
1 ST MAR. 2022	Again improved 5-10%	Sac lac 2 dram(5-0-5)
3 RD APR.2022	Again 5% improved	Sac lac (5-0-5)
2 ND MAY.2022	(for clearing miasmatic block)	TUBERCULINUM 1M (1 dose)
1 ST JUN.2022	He improved 5%	TARENTULA H. 200(1 Dose) Sac lac 2 dram(5-0-5)
2 ND JULY.2022	Improved	TARENTULA H. 200 (1 Dose) Sac lac 2 dram(5-0-5)

CONCLUSION :-

Homeopathic medicine includes a holistic approach to the understanding of the patient and integrates this approach to provide individualized patient treatment . Certain diseases may manifest when genetic predisposition combines with stress, and homeopathy recognizes these factors. Homeopathy considers the patient's susceptibility to certain kind of stress, which means that homeopathy can be more successful during the early development of a disease, even before conventional medicine usually begins. The range of action of homeopathic medicine aims to strengthen the action of the immune system through the primary understanding that symptoms are an attempt by the immune system to achieve balance. 'Through the application of the principle of resonance, the basis of homeopathic medicine is that if a substance is capable of producing a similar symptom profile in a healthy organism, then the likelihood of its strengthening of the body's defense mechanisms in a diseased body with the same symptoms is great .

