



Isolation, Characterization And Evaluation Of Phytochemical Constituent Of C. Coromandeliane Plant

¹Sachin Kumar Yadav, ²Ketkee mandawar, ³Dr. OP Agrawal

¹Postgraduate Student, RKDF college of pharmacy Bhopal

²Associate Professor, RKDF college of pharmacy Bhopal

³Professor, RKDF college of pharmacy Bhopal

ABSTRACT

This research article aims to assess the medicinal significance of *Celsia coromandeliane* Vahl, a plant widely distributed in India, including the Chhattisgarh state. Through an extensive literature review, this study highlights various medicinal activities associated with *Celsia coromandeliane* Vahl, such as antibacterial, in vitro antioxidant, anthelmintic, and CNS depressant properties. Notably, the plant contains sigma steroidal derivatives that have an impact on puberty. The presence of secondary metabolites in the plant contributes to its CNS depressant and antibacterial effects. As herbal medicines are considered to be less toxic and have fewer side effects than synthetic drugs in many cases, *Celsia coromandeliane* Vahl holds promising potential as a valuable source of therapeutic agents for drug development. Further research and exploration of its bioactive compounds may lead to the discovery of new and effective pharmaceutical treatments with improved safety profiles.

Keywords: CNS Depressant effects, Antibacterial activities, Anthelmintic activity

Introduction:

Plant-derived medicines are a vital to supply of therapeutic agents, and currently days most of the medications are plant-derived medicine or their derivatives. In several cases, once a plant becomes commercialized as flavoring medication, or once one in each of its constituents starts obtaining used as a pharmaceutical drug. Its population becomes vulnerable thanks to intensive wildcrafting and unsustainable collecting technique. Beneficial plants play a vital role in supporting the health care system in India [1]. In keeping with the WHO (world health organization) planning 80% population of the developing countries depends on the ancient medication. Largely in India over seventy fifths of the population belong to rural areas and shut to the natural resources [2]. Chhattisgarh is one in

every of the youngest and fresh States of the Indian nation. Chhattisgarh is thought because of the “bowl of rice”. The north and south components of the state are craggy, whereas the central half may be a fertile plain. Forests cover roughly 44 % of the Chhattisgarh state. Sal, teak, bamboo, saga etc. are major woody perennial tree species found in sizable amounts during this state forest. Jashipur is one such place in Chhattisgarh, wherever social group individuals stick out nature in total harmony. They have recognized the importance of plants and forests for his or her survival, thence active property use of plant resources. The native plant resources are the most supply of medication and are employed by the standard flavoring healers, recognized the various plant components, the foundation and rhizomes are largely victimized for the treatment of diseases followed by leaves, whole plant components, barks, seeds, fruits, flowers, latex and stems etc. Healthful plants are more costeffective than the artificial medication and majority peoples in rural/backward space have blind religion on them [3]. They’re right as a result of they all treat any illness by victimization them with none deadly aspect effects. Homebrewed remedies aren't socially helpful for treatment of various diseases. On the opposite hand, artificial medications are synthesized by using totally different methodologies within the laboratory and these are the medicines that are not found in nature. However naturally occurring medicines are highly potent compared to artificial medication in some cases however still these are thought about less noxious or having less aspect result in distinction to synthetic drugs. The final word norm for any medication (humancreated or natural) is their nontoxicity, effectiveness, specificity, stability and efficiency. Naturally derived medication is helpful in deliberated holistic medical care for the cure of virtually all ailments. Keeping this insight, currently several chemists shift theirs field from artificial to natural aspect so as to explore nature a lot of and more. Artificial medication not solely cures illness however conjointly causes severe aspect result to body [4]. *Celsia coromandeliane* Vahl (Synonym: genus *Verbascum chinense* Common Name: velvet plant, Kukshima in Bengali, Gadartambaku in Hindi, Family: Scrophulariaceae) is common throughout India, found wide within the plains of Chhattisgarh [5-7]. Varied components of these plants are utilized in social group medication for diseases like sleep disorder, fever, diarrhea, infectious disease and syphilitic eruptions. The juice of the leaves is applied outwardly for relieving the burning sensation at the hands and feet and used as astringent, a plunge hemorrhage piles. The aerial components of *C. coromandeliane* Vahl on preliminary analysis are found to contain glycoside and steroids [8].

Geographical Distribution:

C. coromandeliane are grown-up all around the region for a diversity of explanations extending from agronomical functions. The major international makers of *C. coromandeliane* carries with USA, Canada, Mexico, India, and China [9].

3. Botanical Description:

C. coromandeliane Vahl is an annual herb, family Scrophulariaceae family with two hundred genera and 2500 species is one in every of the most important plant families. This family scattered in an exceedingly nice several of the globe, notably in cold and temperate regions. Plants within the family Scrophulariaceae are annual, biennial, or perennial herbs. The leaves are alternate, equitant or opposite, straightforward with toothed or entire margins [10]. The flowers

are solitary or organized in branched or un-branching inflorescences. The flowers have 4–5 sepals, petals, and stamens and one ovule. The fruit is generally capsule [11].



Fig 1: Flower of coromandeliane Vahl

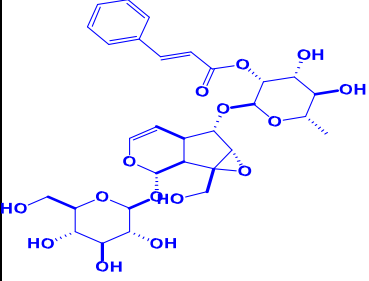
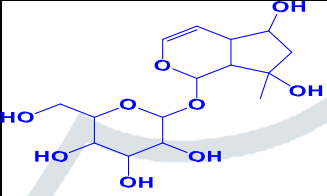
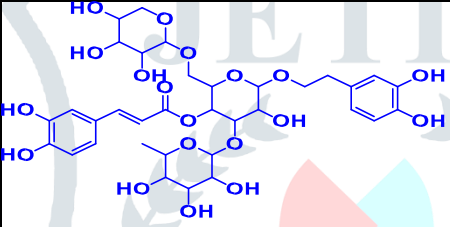
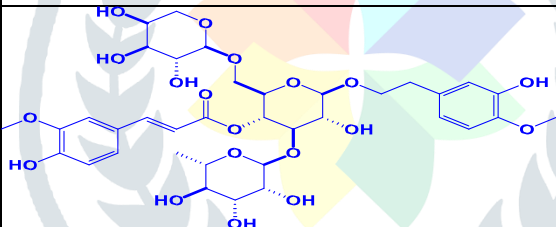
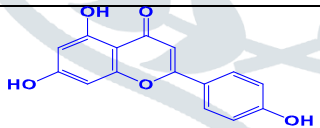
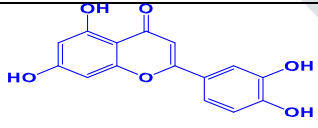
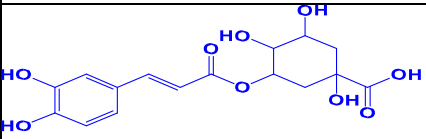
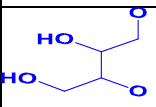


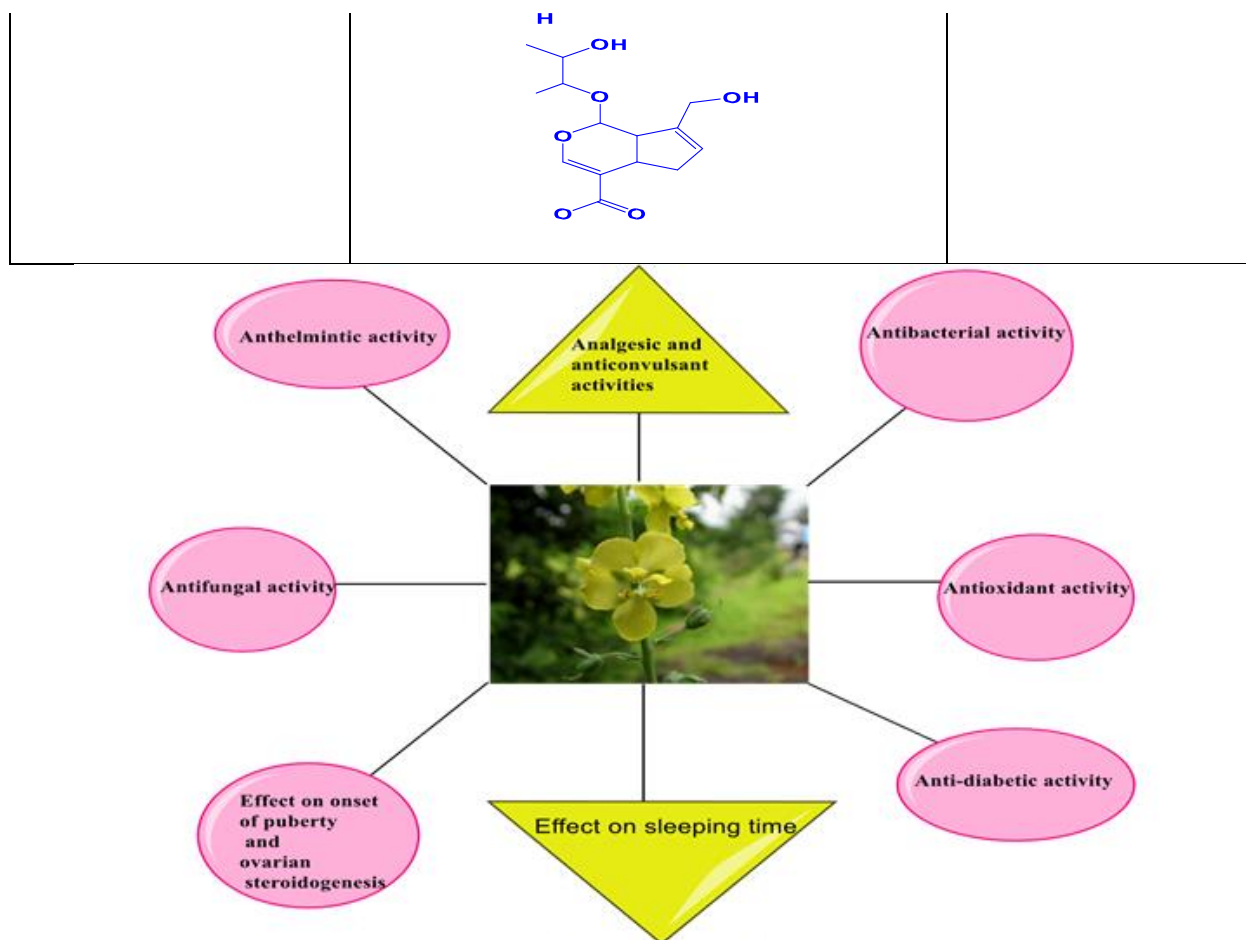
Fig 2: Areal Parts of C. coromandeliane Vahl

Chemical Constituents:

The plants are made in flavonoids, saponins, and polysaccharides. The herbaceous species contain ingredients like Phenylethanoids Glycosides, monoterpene glycosides, neolignan glycosides, flavonoids, steroids, spermine alkaloids, phenoplast acids, and fatty acids. In alternative studies, the existence of assorted phytochemical ingredients like mucilage, carotenoids also as iroide glycosides, phenyl echinoid, and vitamin C terpenoids are reported. It contains alkaloids, glycosides, saponins, flavonoids, terpenoids, amino acids, and phenoplast compounds. It additionally contains alphabetic character steroidal derivatives like Δ^5 -3 β hydroxy steroid dehydrogenase and aldohexose 6phosphate dehydrogenase. Verbaspinoside, ajugol, acteside, angorosideA, C, apigenin, Luteolin, chrysoeinol-7 organic compound, chlorogenic acid, geniposidic acid, catalpol, ilwensisaponina, sinuatol [12-17].

Table.1: Chemical constituents of *Celsia coromandeliane*

Name	Structure	Chemical nature
Verbaspinoside		Iridoid glycoside
ajugol		Glycoside
angorosideA		Glycoside
angorosideC		Glycoside
apigenin		Flavones
Luteolin		Flavonoids
chlorogenic acid		Cinnamate ester
geniposidic acid		Iridoid glycoside



(a) Use of ancient medicine system: The individuals from some lands use Celsia plant as the anti-coughing agent. The flowers of this plant are mentioned as having medicative properties within the majority of the authentic ayurvedic books. The leaves from this plant also are used as a medicine [18]. The active ingredients existent within the flowers of the plant feature anti-coughing characteristics and are medicament and it's applied for the treatment of some pneumonic discomforts like respiratory disorder and infectious disease [19]. Celsia plant's flowers also are prescribed for inflammatory diseases, respiratory disorder coughs, spasm, diarrhea, headache, and headache. Throughout the course of history, some species of plants are widely applied in treating the interior and external infections for hundreds of years [20]. Publically drugs, the plant's flowers are used as medicament and for natural action dyspnea, loss of appetite, and therefore the lowering of voiding volume [21-23]. Physicians from the recent days counseled the plant because of the best chemical and regarded it as being effective within the natural action of acute GI tract diseases, urinary tracts ailments also as on mere looseness of the bowels. The foundation and therefore the leaves of the plant possess softening effects. The flower brews are helpful for comorbidities like looseness of the bowels amid bellyache [24-25]. The leaves and therefore the flowers from the plant possess medicament traits and that they are used for treating metabolism disorders like respiratory disorder, dry coughs, and asthma. The roots and therefore the aerial organs of Celsia are applied for a natural action skin disorder, earache, rheumatism, and hemorrhoids [26-27]. The flowers from the species Celsia species are often applied for the treatment of replica organ's itchiness that is typically consumed within the type of flower components brewed in milk [28]

(b) Anti-bacterial activity: The individuals from some lands use *Celsia* plant as the anti-coughing agent. The flowers of this plant are mentioned as having medicative properties within the majority of the authentic ayurvedic books. The leaves from this plant also are used as a medicine. The active ingredients existent within the flowers of the plant feature anti-coughing characteristics and are medicament and it's applied for the treatment of some pneumonic discomforts like respiratory disorder and infectious disease. *Celsia* plant's flowers also are prescribed for inflammatory diseases, respiratory disorder coughs, spasm, diarrhea, headache, and headache. Throughout the course of history, some species of plants are widely applied in treating the interior and external infections for a hundred. *C. coromandeliana* possess medicinal activity. Agar-well diffusion methodology is employed to work out the antibacterial activity of the extract of *C. coromandeliana*. The result showed that the extracts contained glycosides, flavonoids, saponins, and phenoplast compounds which can be chargeable for anti-bacterial activity. The medicinal activity of the extracts was examined by Pal et al, against gram-positive and gram-negative bacterium exploitation different concentrations of the extracts. The broad spectrum of antimicrobial activity was shown by chloroform extract. Except for *Pseudomonas aeruginosa*, all microorganism strain was active in chloroform extracts at a different concentration. Enterobacteria respiratory disease, *Salmonella typhimurium*, and *B. subtilis* showed most zone of inhibition through chloroform extract. All microorganism strain was active against the ethanol extract of the plant. Only *P. aeruginosa* showed the concentration-dependent repressing impact. Chloroform extract showed the most antibacterial activity. Petroleum ether extract showed the least antibacterial activity. Ethanol extract showed lower activity than chloroform extract however more than pet ether extract. All microorganism strains were active against the oil ether extract of the plant. Except for *Bacillus pumilus*, all microorganism stain was active in pet ether extract at different concentrations. *E.coli* and *S.aureus* show most zone of inhibition in pet ether extract [29-38].

(C) (Antifungal activity): The antifungal activity of the ethanol and pet ether extract was examined by Sachin yadav, against *Aspergillus niger*, *Penicillium notatum* and *Penicillium funiculosum* exploitation different concentration of the extract that 50, 100, 200, 400, 800, 1000, 1500, and 2000 µg/ml. All strains were active in ethanol extract of the plant at totally different concentrations [45]. The Best activity was shown by *P. notatum* shows the most zone of inhibition in the ethanol extract. All strains were active against the petroleum ether extract of the plant at totally different concentrations. *Penicillium notatum* shows the most zone of inhibition in petroleum ether extract [39-42].

(D) Anthelmintic activity: Anthelmintic activity was performed on adult Indian oligochaete worm by Sachin yadav, The activity was tested with chloroform, petroleum ether and ethanol extract of *C. coromandeliana* at the concentration of 5 and 10 metric weight unit per cc. The activity was checked once the animal was paralytic so died, the time was noted for the dysfunction impact and death severally. Chloroform extract showed the best result at a concentration of 10 metric weight units per cc. The animal was paralytic also as died in the least time as compared to alternative extracts. The ethanol alcohol extract at a concentration of 5 metric weight unit per cc showed the smallest amount of time of dysfunction and death of animals [43-46].

(E) Impact on sleeping time: It possesses central nervous system activity in mice. 5 teams of mice were selected by pal et al research team containing ten mice of either sex in every cluster. Extracts at totally different concentration

got to cluster three to five and different tests were done. With treatment by the extract sleeping time in mice was multiplied, spontaneous motor activity, awareness, and application, bit response, pain response, righting reflex, pinna reflex, and tissue layer reflex were reduced[47-50].

(F) Impact on onset of pubescence and female internal reproductive organ Steroidogenesis: Sachin Yadav et.al, described that the compound isolated from petroleum ether extract of *C. coromandeliana* is stigmaterol. It is clear that pet ether extract treatment considerably delayed the onset of procreative maturity (low dose of 13.27% and 18.56%, respectively) in 40 days recent immature feminine mice as proven by the times at channel gap and onset of 1st run as compared to regulate teams. The weights of ovary, womb and pituitary were faded considerably (low dose by 45.6%, 50.0% and 46.7%, respectively) beside elevation of level of steroid alcohol and vitamin C (low dose by 49.3% and 424.6%, respectively) in Pet ether extract treated animals in an exceedingly dose dependent manner. The activities of G 6-PDH and $\Delta 5$ - 3β -hydroxy steroid dehydrogenase (HSD) were faded significantly. This observation is additionally connected with the rise level of steroid alcohol that acts as a precursor for the biogenesis of steroid hormones in ovaries and will indicate that steroid alcohol wasn't utilized during this case. The rise level of vitamin C in pet ether extract treated mice additionally counsel depressed female internal reproductive organ steroidogenic activity and hypo functioning of ovary. To obviously perceive these facts, G 6-PDH and $\Delta 5$ - 3β -hydroxy steroid dehydrogenase, are two key enzymes concerned female internal reproductive organsteroidogenic activity. These two enzymes are directly connected with the synthesis of female internal reproductive organ steroidal hormones. Any alteration within the activity of G 6-PDH and $\Delta 5$ - 3β -HSD causes abnormalities in secretion production in ovaries. The role of G 6-PDH of monosaccharide phosphate pathway within the synthesis of sex hormone. Therefore, with in the investigation, a depression of G 6-PDH and $\Delta 5$ - 3β -HSD activity once treatment with petroleum ether extract suggests that a diminution of female internal reproductive organ Steroidogenesis in an exceedingly dose-dependent manner. It's additionally established that gonadotropins accelerates the speed of production of NADPH essential for hydroxylation reaction within the formation of steroid hormones from steroid alcohol through the activation of G6PDH metabolism in monosaccharide phosphate pathway. Therefore, it should be set supported to the experimental knowledge of pal et al, and his research team that the delay on the onset of sexual maturity once treatment with pet ether extract is presumable because of the suppression and inhibition of steroidogenic activity in ovary. The rise in chemical element anhydrase activity in womb of treated animals (Pet ether extract and customary marker compound) is presumably because of the increase level of progesterin. The elevated level of progesterin inhibits the secretion of gonadotropin and so prevents biological process and it additionally makes the cervical mucous secretion less appropriate for the passage of sperm cell. Phytochemical tests by Pal et al, also as characterization of fractionated compound indicate the presence of stigmaterol in pet ether extract. It's already reported that numerous sterols have the property to exhibit contraceptive activities. Hence, it should be thought of in regard to earlier reports that stigmaterol, the foremost part in petroleum ether extract is also chargeable for the delayed look of pubescence and suppression of female internal reproductive organ Steroidogenesis by pet ether extract of *C. coromandeliana* which might account for the standard uses of it in contraception.

(g)Anti-oxidant activity: The in vitro antioxidant activity was performed by Sachin yadav et.al, from the non-enzymatic haemo glycosylation methodology. This methodology is an oxidization reaction. Colorimetric methodology is employed to live the degree of haemo glycosylation of the extracts having totally different concentration by in vitro method at 520 nm. The inhibitor activity was performed in chloroform, petroleum ether, ethyl acetate, ethanol extracts. The chloroform extract showed the very best inhibitor activity. Ethanol extract showed the smallest amount inhibitor activity [51-52] pet ether and ethyl acetate extracts showed inhibitor activity lesser than chloroform however more than ethanol extract [53].

(h)Anti-diabetic activity: It possessed anti-diabetic activity. This plant contained several Phytoconstituents that showed anti-hyperglycemic, hypoglycemic, and aldohexose restrictive activities. 5 teams of rats were indiscriminately selected for take a look at. Every cluster contains six rats in it of each the sex. Exploitation antibiotic drug, polygenic disease was evoked in every cluster. Eighteen hour fast was given to diabetic rat. Injection of antibiotic drug polygenic disease was evoked by following customary methodology. 200 aldohexose was provided to rats for next 34 hours, once 6 hours of antibiotic drug injection. Once 72 hours fast blood sugar level (FBGL) of the rat was measured. For experiment rats were selected whose FBGL was quite 200mg/dl. Blood was collected on first, 7th, 14th, and twenty first day through perforate tail vein and by exploitation glucose oxidase-peroxidase reactive strips and Glucometer blood sugar level were analyzed. The ethanol extract shows sensible anti-diabetic activity [54-59].

(h) Analgesic and antiepileptic activities: Pal et al., found that analgesic activity of *C. coromandeliana* is maybe mediate by inhibition of a post colligation specific sensitive mechanism either by depleting endogenous levels of catecholamine via dopamine- β -hydroxylase inhibition or by interference vasoconstrictor effects at the receptor level. Analgesic and antiepileptic drug activities may be mediate by alternative mechanisms. The rise of brain monoamine neurotransmitter and aminoalkanoic acid level is chargeable for analgesic activities. It had been found that ethyl acetate extract multiplied the brain monoamine neurotransmitter and amino alkanolic acid level in mice (unpublished data) [60-64].

(I) Behavioral effects researcher established that, the effects of ethyl acetate extract (40, 60, and 80 mg/kg,.) on righting reflex, pinna reflex, corneal reflex, awareness, grip strength, touch and pain responses on mice were observed by conventional methods. Chlorpromazine (5 mg/kg,.) was used as a reference drug [65]. It is noted that EA extract depressed awareness and alertness, touch and pain responses, grip strength, altered righting, pinna and corneal reflexes when compared to the control (normal saline 0.9% w/v, 5 mL/kg). However, chlorpromazine hydrochloride (standard) produced a significant depression of these responses in comparison with EA extract.

(II) Interference of the plant with medicine:

There are not reported any drug interactions reported for the extracts obtained from the plants belonging to this genus in conducted evaluations via such search engines as Scopus, Google Scholar, and PubMed.

Conclusion:

All the impact shown by the extracts of *C. coromandeliana* is because of the presence of secondary metabolites (i.e., Steroids, Saponins, Alkaloids, Glycoside, Flavonoids and phenoplast compounds) within the plant. It will be complete that because of phytochemical, medical specialty effects of *C. coromandeliana* its earned high importance throughout the globe. The out there analysis knowledge on *C. coromandeliana* indicate its medicative worth used globally for particularly for anti-bacterial, antifungal, anti-oxidant, anti-diabetic. The medicative properties of *C. coromandeliana* are because of the presence of various phyto chemicals like glycosides, steroids. So, increasing medicative worth of *C. coromandeliana* is rigorous for the invention of a lot of potential phytochemical which might result in the development in drug formulation system that are used for the advantages of masses. Medical specialty studies confirmed the medicine, anti-oxidant, anti-diabetic and antifungal activity that has scientific basis to the utilization of *C. coromandeliana* in ancient medicines however there's no report in formulation development. Additional phytochemical investigation, and isolation also are required. This plant is incredible abundant vital and conservation is additionally required. This plant is new platform for brand new drug discovery in future. An enormous range of staff consider the purpose that sexual maturity is closely connected with female internal reproductive organ Steroidogenesis. Therefore, it should be set supported our experimental knowledge that the delay on the onset of sexual maturity once treatment with petroleum ether extract is presumably because of the suppression and inhibition of steroidogenic activity in ovary. Additional studies and clarification are needed to search out the attainable web site of action of PEE either directly on the ovary or via gonadotropin secretion. The rise in chemical element anhydrase activity in womb of treated animals (PEE and customary marker compound) is presumably because of the increase level of progestin. The elevated level of progestin inhibits the secretion of gonadotropin and so prevents biological process and it additionally makes the cervical mucous secretion less appropriate for the passage of sperm cell. It additionally changes the mucosa in such the simplest way on discourage implantation and so prevents fertilization. Phytochemical tests also as characterization of fractionated compound indicate the presence of stigmasterol in PEE. It's already reported that numerous sterols have the property to exhibit contraceptive activities. Hence, it should be thought of in regard to earlier reports that stigmasterol, the foremost part in PEE is also chargeable for the delayed look of pubescence and suppression of female internal reproductive organ Steroidogenesis by oil ether extract of *C. coromandeliana* which might account for the standard uses of it in contraception. Benzodiazepines are believed to act at specific binding sites that are closely coupled to gamma amino butyric acid (GABA) receptors, the binding of benzodiazepines enhances GABAergic transmission. Though the explanation for prolongation of Valium evoked sleeping time isn't noted, the sweetening of GABAergic transmission may well be associated with its sedative activity. MEE potentiated considerably the period of diazepam-pentobarbitone and meprobamate-induced sleep in mice, The experimental results indicate that the MEE influences general activity profiles, as proven within the spontaneous motility, bit and pain responses, awareness, righting, pinna and tissue layer reflexes. The profound physiological state created by PECC is maybe mediate by inhibition of a post colligation specific sensitive mechanisms either by depleting endogenous levels via dopamine- β -hydroxylase inhibition or by interference its

effects at the receptor level. Analgesic and antiepileptic drug activities may be mediated by alternative mechanisms. The rise of brain monoamine neurotransmitter and aminoalkanoic acid level may additionally be chargeable for analgesic and antiepileptic drug activities. Since numerous steroids are reported to possess analgesic and anxiolytic activities, the analgesic effects of PEE in mice may well be because of the presence of such compounds. Similarly, the sedative activities of MEE may well be because of the presence of saponins.

CONFLICT OF INTEREST

The authors declare that there is not any conflict of interests.

AUTHORS FUNDING

No funding is required for the manuscript.

REFERENCE

1. Kaur V, Pande M, Upadhyaya K. Isolation and Characterization of Anti-Diabetic Components (Bioactivity Guided Fractionation) from *Verbascum chinense* (Scrophulariaceae) Leaves. *Research Journal of Pharmaceutical Biological and Chemical Sciences*. 2018 Mar 1;9(2):144-55.
2. Kaur V, Upadhyaya K. Antibacterial Activity of *Verbascum chinense* Extracts, *International Journal of Current Microbiology and Applied Science*, 2016;578-584.
3. Pal D, Mazumdar UK, Gupta M. Fractionation of stigmasterol derivative and study of the effects of *Celsia coromandeliana* aerial parts petroleum ether extract on appearance of puberty and ovarian Steroidogenesis in immature mice. *Pharmaceutical biology*. 2012 Jun 1;50(6):747-53.
4. Pal DK, Halder P, Bhuniya A. A study on the in-vitro antioxidant activity of aerial parts of *Celsia coromandeliana* Vahl and bark of *Mesua ferrea* Linn. *Pharmacologyonline*. 2009;3:200-3.
5. Pal DK, Majumder A, Bandyopadhyay PK, Jena A, Panday R. Evaluation of anthelmintic activities of aerial parts of *Celsia coromandeliana* Vahl and *Mollugo pentaphylla* Linn. *Ancient science of life*. 2006 Jan;25(3-4):28.
6. Kokate CK, Purohit AP, Gokhale SB. *Pharmacognosy*. Pune: Nirali Prakashan; 2005:67.
7. Pal DK, Nandi M. CNS activities of *Celsia coromandeliana* Vahl in mice. *Acta Pol Pharm Drug Res*. 2005;62:355-361.
8. Pal DK, Pal PP. Drug metabolism review. In: Hinson JA, eds. Marcel Dekker Inc., New York; 2004:151.
9. Ali M. *Textbook of Pharmacognosy*. Delhi: CBS Publisher and Distributors; 2003:283.
10. Kirtikar KR, Basu BD. *Indian Medicinal Plants*. Vol 8. Uttarakhand: Oriental Enterprises; 2001:1650.
11. Chopra RN, Chopra IC, Handa KL, Kapur LD. *Indigenous Drugs of India*. Kolkata: Academic Publishers; 2000.
12. Kokate CK. *Practical Pharmacognosy*. Delhi: Vallabh Prakashan; 1999:179-180.
13. Chatterjee TK. *Herbal Options*. Kolkata: Eastern Traders; 1996:87.
14. Nadkarni KM. *The Indian Materia Medica*. Vol 1. Mumbai: Popular Prakashan; 1976:805.
15. Altan CK. The pharmacology of diabetic complications. *Current Med Chem*. 2003;10:17-27.

16. The Wealth of India, A Dictionary of Indian Raw Material and Industrial Products. Vol 6. New Delhi: Publication and Information Directorate, CSIR; 1999:349.
17. Vaidyaratnam PVS, Arya Vaidya Sala, Kottakkal. Vol 6. Chennai: Orient Longham; 2003:27.
18. Rang HP, Dale MM, Ritter JM. Pharmacology. New York: Churchill Livingstone; 2000:479.
19. Kako M, et al. Hypoglycemic activity of some triterpenoid glycoside. Journal of Natural Product. 1997;60:604-605.
20. Li-juan HA. Overview of Pharmaceutical Research on *Verbascum* spp. Journal of Anhui Agricultural Sciences. 2010;26.
21. Changcheng Z, Degang W, Jingping W. Studies on the Chemical Constituents of Flannel Mullein (*Verbascum thapsus*). Chin Tradit Herb Drugs. 1996;30(5):288-90.
22. Gross KL, Werner PA. *Verbascum thapsus* L. and *V. blattaria*. Can J Plant Sci. 1978 Apr;58(2):401-13.
23. Ghosh T, Maity TK, Bose A, Dash GK. Anthelmintic activity of *Bacopa monnieri*. Indian J Nat Prod. 2003;19(2):15-16.
24. Chatterjee TK. Medicinal Plants with Antifertility Properties. Herbal Options. Kolkata: M/S Eastern Traders; 1996. p. 87.
25. Mukherjee PK. Quality Control of Herbal Drugs (An approach to Evaluation of Botanicals). New Delhi: Business Horizons; 2002. p. 562.
26. Avinash P, Idress H, Attitalla M, Ramgopal CH, Santhosh, Balaji M. In vitro antimicrobial and antioxidant activities of bark extracts of *Bauhinia purpurea*. Afr J Biotechnol. 2011;10(47):9660-9664.
27. Cowan MM. Plant products as antimicrobial agents. Clin Microbiol Rev. 1999;12(4):564-582.
28. Medicinal Plants of South Western Maharashtra. Biodiversity in India, Vol. 4: 326–29.
29. Pal DK, Kumar S, Chakraborty P, Kumar M. A study on the antioxidant activity of *Semecarpus anacardium* L.f. nuts. J Nat Remedies. 2008;8(1):160-163.
30. Pal DK, Kumar M, Chakraborty P, Kumar S. Evaluation of antioxidant activity of aerial parts of *Cynodon dactylon*. Asian J Chem. 2008;20(3):2479-2481.
31. Uniyal GC, Agrawal PK, Thakur RS, Sati OP. Phytochemistry. 1990;29:937.
32. Mandal SC, Dhara AK, Ashok Kumar CK, Maity BC. J Herbs, Spices & Med Plants. 2001;8:69.
33. Sharma VK, Kumar S, Patel HJ, Hugar S. Hypoglycemic activity of *Ficus glomerata* in alloxan-induced diabetic rats. Int J Pharm Sci Rev Res. 2010;4(3):18-22.
34. Altan VM. The pharmacology of diabetic complications. Curr Med Chem. 2003;10(1):17-27.
35. Strojek K. Features of macrovascular complications in type 2 diabetic patients. Acta Diabetol. 2003;40(2):69-77.
36. Shim U, Lee H, Oh JY, Sung YA. Sleep disorder and cardiovascular risk factors among patients with type 2 diabetes mellitus. Korean J Int Med. 2011;26(1):77-84.
37. Chopra RN, Nayar SL, Chopra IC. Glossary of Indian Medicinal Plants. New Delhi, India: Council of Scientific and Industrial Research; 1956. pp. 197-201.
38. Lai PK, Roy J. Antimicrobial and chemo-preventive properties of herbs and spices. Curr Med Chem. 2004;11(11):1451-1460.

39. Kamboj VC. Current Science. Lucknow: Centrl Drug Research Institute; 2000. pp. 1-10.
40. Pal DK, Nimse SB. Screening of antioxidant activity of *Hydrilla verticillata* plant. Asian J Chem. 2006;18(5):3004-3008.
41. Pal DK, Banerjee S, Ghosh A. Dietary-induced cancer prevention: An expanding research arena of emerging diet related to the health care system. J Adv Pharm Technol Res. 2012;3(1):16-24.
42. Shakeri AR, Farokh A. Phytochemical evaluation and antioxidant activity of *Verbascum sublobatum* Murb. leaves. Res J Pharmacogn. 2015;2(1):43-47.
43. Patel Rakesh J, Patel Kiran. Experimental Microbiology. Gujarat, India: Aditya Publication; 2004;1(3).
44. Trease EG, Evans WC. Pharmacognosy. 11th Edition. London: Balliere Tindall; 1978. pp. 115–222.
45. Gupta A, Pandey VN. Herbal Remedies of Aquatic Macrophytes. Int J Pharm Bio Sci. 2014;5(2):300-308.
46. Ghani A. Medicinal Plants of Bangladesh. 2nd Revised Edition. Dhaka, Bangladesh: The Asiatic Society of Bangladesh; 2003.
47. El-Halawany AM, Chung MH, Abdallah HM, Nishihara T, Hattori M. Estrogenic activity of a naringinase-treated extract of *Sophora japonica* cultivated in Egypt. Pharm Biol. 2010;48(2):177-181.
48. Al-Hamood MH, Elbetieha A, Alkofahi A, Bataineh H. Reproductive toxicity potentials of *Salvia fruticosa* (Labiatae) in rats. J Ethnopharmacol. 1998;61(1):67-74.
49. Dryer JR. Applications of Absorption Spectroscopy of Organic Compounds. 9th Edn. New Delhi, India: Prentice-Hall of India Pvt. Ltd.
50. Dhanju CK, Sangha GK, Sekhon PK. Biochemical status of ovaries after induction of superovulation on different days of the estrus cycle in mice. Indian J Exp Biol. 2001;39:777-780.
51. Deane HW. Histochemical observations on the ovary and oviduct of the albino rat during the estrous cycle. Am J Anat. 1995;117:291-413.
52. Crossland J. The sex hormones. In: Lewis's Pharmacology. New York: Churchill Livingstone; 1994. pp. 732-752.
53. Chatterjee TK. The plants having antifertility activities. In: Herbal Options. Kolkata, India: Eastern Traders; 1996. pp. 80-94.
54. Remington: The Science and Practice of Pharmacy, Vol. 2. Easton, PA: Mack Publishing Co.; 1980. pp. 113-114.
55. Armstrong DG. 3 beta-hydroxy-delta 5-steroid dehydrogenase activity in the rapidly growing ovarian follicles of the domestic fowl (*Gallus domesticus*). J Endocrinol. 1975;67(3):415-421. Hiremath SP, Rudresh K
56. Badami S, Patil SB, Patil SR. Postcoital antifertility activity of *Acalypha indica* L. J Ethnopharmacol. 2000;70(3):253-258.
57. Iyare EE, Adegoke OA, Nwagha UI. Mechanism of delayed puberty in rats whose mothers consumed *Hibiscus sabdariffa* during lactation. Pharm Biol. 2010;48(10):1170-1176.
58. Kalantaridou SN, Chrousos GP. Monogenic disorders of puberty. J Clin Endocrinol Metab. 2002;87(6):2481-2494.
59. Kirtikar KR, Basu BD. Indian Medicinal Plants. 3rd Edn. Vol. 8. New Delhi, India: Sri Satguru Publications; 2001.
60. Knorr DW, Vanha-Perittula T, Lipsett MB. Structure and function of rat testis through pubescence. Endocrinology. 1970;86(6):1298-1304.

61. Krum AA, Morris MD, Bennett LL. Role of cholesterol in the in vivo biosynthesis of adrenal steroids by the dog. *Endocrinology*. 1964;74:543-547.
62. Lohr GW, Waller HD. Glucose-6-phosphate dehydrogenase. *Methods of Enzymatic Analysis*, 1964, Vol. 2. Florida: Verlag Chemie, pp. 636-643.
63. Lersten NR, Curtis JD. Anatomy and distribution of foliar idioblasts in *Scrophularia* and *Verbascum* (*Scrophulariaceae*). *Am J Bot*. 1997;84(12):1638-1645.
64. Marcus R, Coulston AM. Antifertility activity of *Drosera burmannii*. *Pharm Biol*. 1996;34(2):128-131.
65. Goodman & Gilman's *The Pharmacological Basis of Therapeutics*. New York: McGraw-Hill Health Professions Divisions; 2006. pp. 1547-1572.

