



# A Hands-Free Gaming Experience through Hand Gesture Recognition: Review

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**Abstract :** This article investigates the application of hand gesture control in video games, conducting a comparative analysis between devices such as Leap Motion and alternatives. The study reveals the superior gaming performance of Leap Motion and similar devices, emphasizing the crucial role of device selection in optimizing user-friendly and precise game design. Additionally, the research explores object recognition in images without delving into technical intricacies, examining the integration of hand gestures in computer games, particularly in public spaces, and stressing the importance of efficient algorithms for accurate interpretation of hand movements. The study introduces a novel system for controlling shooting games while using an exercise bike, showcasing positive user experiences despite minor comfort concerns. Furthermore, the research explores user satisfaction levels in playing video games with hand gestures, reporting consistently high levels of contentment. An inclusive approach is highlighted, focusing on making video games accessible to individuals with disabilities, particularly those who are deaf or mute, through the implementation of simple technology for interpreting hand gestures. In conclusion, the study advocates for the development of adaptable and user-friendly gaming environments, offering insights into the potential of hand gesture control to enhance the overall gaming experience.

**IndexTerms :** Open CV, Human Computer Interaction, Microsoft Kinect, Motion Control, Gesture Control, Leap Motion

## I. INTRODUCTION

Computer Vision researchers have long been dedicated to refining object recognition algorithms, recognizing their relative primitiveness compared to mammalian vision. While not strictly adhering to biological characteristics, inspiration from biological vision systems has led to the development of improved techniques. Achieving high accuracy in image pattern recognition remains challenging due to the need for substantial training data and the time-consuming task of selecting defining features for the detected object. The current trend in object recognition involves leveraging AI for classifier training, emphasizing the critical influence of feature selection and training image set quality.

Gesture recognition technology has enabled novel interactions in gaming, allowing players to use different body parts as controllers for increased physical immersion. Hands, as expressive body parts, offer a rich source for interaction, leading to the development of various technologies for diverse applications. However, challenges in accuracy and performance persist, requiring careful consideration of how technologies are designed and used. While prior studies have compared gesture-based interaction with traditional approaches, the focus of this research is on vision-based gesture devices, specifically addressing their performance and usability in gaming scenarios.

In the realm of gesture-based interfaces for people with hearing/speaking difficulties, an innovative approach is explored without relying on specific hardware components. This paper investigates the use of gesture recognition capabilities to replace speech recognition in a Windows environment, aiming to motivate individuals with hearing disabilities to enhance communication skills and overall quality of life. The proposed system utilizes image processing technology to detect and map players' movements to text commands, offering an alternative approach to address the challenges faced by individuals with hearing impairments.

## II. EXISTING WORKS

### A. *Hand Mobility Recovery Through Game Controlled by Gestures [1]*

Regaining Hand Mobility using a Gesture-Controlled Game It's like teaching a computer to recognize hand movements when it comes to gesture recognition. Initially, when someone makes hand movements, a webcam records the image. Next, the images undergo processing to enhance their clarity. The computer locates the hand in the following step by analysing the colors in the images. Based on hue, a unique mask aids in highlighting the hand pixels. The hand's contour is established, and its largest portion is selected to symbolize the hand.

Next, the computer analyses unique aspects of the hand shape, such as size and outline. It also measures the separation between the hand's various points. This makes it possible for the computer to determine the hand's location regardless of how close or far it is from the camera. The computer determines the fingers and their angles before ensuring that they have a natural appearance. Lastly, the computer determines whether the hand motion corresponds to one of the nine preset gestures that it is aware of. In this manner, the computer can precisely interpret and react to various hand gestures.

### B. *A Case Study of User Experience on Hand-Gesture Video Game [2]*

Three parts to the game "Happy Ball"—winter, summer, and fall games—each lasting five minutes. The protagonist is a contented ball. The ball travels down lanes in the winter game, gathering objects and dodging obstacles. Similar to Red Light/Green Light, the summer game involves the ball receiving a gift and returning, stopping on red lights. You throw away bad balls and drop nice balls on the ball in the fall game. The game is controlled by six basic motions, such as swipe, stop, and others. A study involving fifteen players found that while certain motions, such as stopping the ball, were effective, others, like throwing objects, were a little more difficult. The study contributes to our understanding of how gamers use and enjoy gestures.

### C. *A Comparative Study of Hand-Gesture Recognition Devices for Games [3]*

Imagine playing games or using computer systems just by moving your hands in the air—like waving to scroll through a webpage or making a fist to select something. This is possible through gesture-recognition technology. There are different types of devices for this, like those based on vision (seeing your hand movements), sensors (detecting gestures), or a mix of both. Gestures can be either moving your hands around (dynamic) or holding them in a certain way (static). While these devices offer cool ways to interact, they also have challenges. Some studies compare them to traditional ways of doing things, and others explore how well they work for different age groups. In this research, the focus is on comparing vision-based hand-gesture devices specifically for games, aiming to help game designers understand how to use these technologies effectively.

### D. *Developing a Gesture based game for deaf/mute people using Microsoft Kinect [4]*

The goal of the article is to integrate the deaf/mute community, who is frequently left out of voice-command-based games, by investigating the use of Microsoft Kinect's gesture detection for interactive gaming. Through the use of the Kinect SDK, it translates sign language movements into text commands in the Microsoft Shape game, encouraging player participation for those who are deaf or hard of hearing. It highlights the difficulties facing society and how little technology is able to facilitate social interactions. The study promotes Kinect's ability to help with control and interaction in gaming contexts. It describes a Finite-State Automaton (FSA) approach utilizing Kinect's image processing for gesture identification. Overall, it emphasizes how Kinect might help deaf and silent people feel more empowered in social and gaming environments, and it raises the possibility that Hidden Markov Models (HMM) may be used in the future to anticipate sign language.

### E. *A Comparative Study of Hand Gesture Recognition Devices in the Context of Game Design [5]*

With the use of gesture-recognition technology, gamers can manipulate the game with their hands or other body parts. Our hands convey meaning and are necessary for communicating with the outside world. Hand movements can be detected by a variety of technologies, but their accuracy varies. While some studies compared these technologies, they did not specifically address how they function in games. This study examines the differences between the three widely used hand-gesture devices—Leap Motion, Microsoft Kinect, and Intel RealSense—in order to assist game designers in selecting the most appropriate device for their creations. It attempts to simplify the process for designers in selecting devices that perform well and provide enjoyable gameplay

*F. Human Computer Interaction using gestures for mobile devices and serious games [6]*

There's a trend in computer games toward more lifelike gameplay that emulates our natural movements. Large corporations such as Microsoft and Nintendo have released devices like the Wii and Kinect that allow you to manipulate the game with your body. These systems can be pricey, despite their coolness. Instead, this research recommends using more basic video cameras. The study introduces novel computer programs, or algorithms, for gestural game play, particularly in public areas. It addresses issues like ensuring that the game functions properly in various settings and with various player types. The main idea is to choose a suitable "playing area" (taking into account factors like lighting and location) where people can use gestures. These algorithms make games more versatile and effective without requiring expensive equipment because they are made to function in public spaces.

*G. Real-time hand tracking using a set of cooperative classifiers based on Haar-like features [7]*

The paper talks about picking the right features for recognizing things in pictures. It shows that certain features work well even if the picture changes a bit, like detecting hands using a specific method called Haar-like detectors.

*H. Playing into the wild: A gesture-based interface for gaming in public spaces [8]*

The paper explores using hand gestures for playing computer games, especially in public spaces. It describes creating a simple and effective interface, showcasing it through the example of the game "Tortellino X-Perience" at the 2010 Shanghai World Expo.

*I. Target-shooting exergame with a hand gesture control [9]*

This research proposes a hand gesture interface for an ergo-bike exercise game, tackling issues related to body movement. The system, utilizing Bag-of-features and SVM, achieves real-time, user-independent hand gesture recognition, with positive feedback indicating a favorable response to its natural interaction design.

*J. A review of hand gesture and sign language recognition techniques [10]*

The paper explores techniques in hand gesture and sign language recognition, comparing their strengths across different stages and addressing challenges. Its goal is to provide a comprehensive introduction for future research in this field.

Table 1 : Literature Survey of existing works

Sl.no	Authors , publishing year and publisher	Technology and Tools	Research findings	Result	Drawbacks
1	Oana Saman et al. [2]	Image Capture and Processing  Color Analysis for Hand Detection  Hand Shape Analysis and Recognition  Gesture Recognition Algorithm	Image Processing and Hand Shape Analysis Results  Gesture Recognition Accuracy	Effectiveness in Hand Mobility Recovery System  Performance Evaluation	Technical and User Adaptation Challenges
2	Chao Peng et al. [3]	Overview of "Happy Ball" Game  Gameplay Mechanics and Control Mechanism	Effectiveness of Basic Motions  User Preferences and Challenges	Effectiveness of Basic Motions  User Preferences and Challenges	Challenges in Motion Controls  Study Design Limitations
3	Ahmed S. Khalaf et al. [1]	Vision-Based  Open CV	Comparative Performance Metrics Accuracy and Responsiveness 8.2 User Preferences and Usability Dynamic and Static Gestures	Implications for Game Designers Effective Integration of Gesture Technologies	Technical and User Challenges
4	Fakhteh Soltani et al., [4]	Web camera.  Media Pipe  Microsoft Kinect and Gesture Detection  Kinect SDK for Sign Language Translation	Effectiveness of Kinect in Translating Sign Language  Player Participation and Empowerment  Facilitation of Control and Interaction in Gaming	Insights into Social Difficulties Faced by the Deaf/Mute Community	Technological Limitations  Societal and Social Challenges  User Experience Challenges
5	Ahmed S. Khalaf et al. [1]	Leap Motion  Microsoft Kinect  Intel RealSense	Comparative Analysis of Device Performance  Accuracy and Responsiveness	Device Selection Guidelines Facilitating Optimal and Enjoyable Gameplay	Challenges in Achieving Consistent Performance
6	Ahmed S. Khalaf et al. [1]	Basic Video Cameras  Algorithms for Gestural Gameplay	Versatility and Adaptability of Algorithmic Approaches Player Satisfaction and Engagement	Potential Cost Savings and Accessibility without use of hardware devices	Challenges in Algorithmic Approaches Considerations for Lighting and Environmental Factors

### III. PROBLEMS IDENTIFIED

Traditional gaming setups often present obstacles for those with physical limitations or hearing impairments, mainly due to the expense of specialized hardware and controllers, restricting access for many individuals. Games heavily reliant on auditory cues

further exclude those with hearing impairments from enjoying the complete gaming experience. In response to these challenges, a hand-gesture-controlled gaming system emerges as a solution, eliminating the need for costly equipment and specialized controllers. This innovation aims to democratize gaming access by utilizing hand gestures as a universal interface, creating a more inclusive gaming environment for individuals with physical disabilities or auditory impairments. This technology endeavors to ensure gaming is enjoyable for everyone, regardless of physical ability or financial constraints.

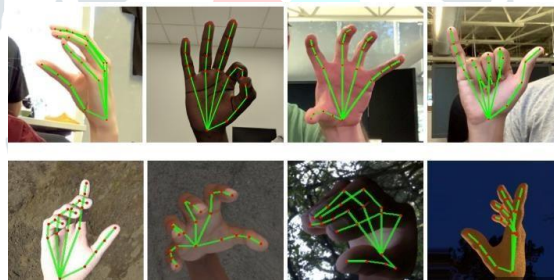
The objective is to craft a gaming system independent of costly hardware, allowing intuitive engagement through hand gestures. By removing barriers like specialized controllers and auditory cues, this technology broadens participation in gaming. Its inclusive design enables diverse audiences to fully immerse themselves in gaming experiences. Moreover, this innovation champions inclusivity, making gaming universally accessible and enjoyable.

Furthermore, this technology accommodates players of all ages, dismantling barriers to gaming enjoyment. Ensuring that any age group can participate, this system embraces inclusivity, establishing gaming as a universally appealing pastime. Additionally, the implementation of multiple games utilizing the same gesture recognition further enhances accessibility, offering varied gaming experiences through a unified interface.

#### IV. PROPOSED SYSTEM

This study explores the possibilities for computer vision and manipulation of hand gestures. We are referring to activities such as engaging in games like Fruit Ninja, climbing hills, steering wheels (even controlling virtual wheels with your hands). Providing a broad overview of this technology's capabilities and obstacles is the aim of this article.

Put more simply, the computer "sees" and understands your hand movements as you wave them. This can enhance the fun and engaging aspects of controlling objects or playing games, which is why we are interested in it. Just visualize being able to use your hands like you would a genuine steering wheel to drive an automobile on your computer screen. That's the type of thing we are investigating. We also explore the many approaches used to train computers to recognize these hand gestures. It's similar to teaching a computer a new language so that it can precisely interpret your hand signals. We discuss the various approaches that have been taken, such as the use of sophisticated algorithms and specialized computer networks, to achieve this.



*Fig 1 : Examples of Hand Gesture*

The applications of this hand-waving technology are then examined in detail. We start by examining how it enhances and adds enjoyment to games of hill climbing. Next, we move on to games like Fruit Ninja, in which you use your hands to slice virtual fruits. Finally, we discuss its potential applications in steering, including virtual and possibly even real-world cars in the future. Of course, there are difficulties. We talk about the issues that arise when computers attempt to interpret our hand signals. We discuss the ways in which scholars are working to improve it because it's not always ideal. "Hey, we've learned a lot, but there's still a ton more to explore," we say as we tie it up. Let's continue to improve hand-waving technology!"








Gesture	Action	Image
Raise Right Hand	Jump or ascend in the game	
Raise Left Hand	Activate a special power or perform a unique action	
Both Hands Raised	Pause the game or access the game menu	
Lower Right Hand	Activate a shield or defensive mechanism	
Lower Left Hand	Crouch or descend within the game	
Move Right Hand Rightward	Navigate or move the character to the right	
Move Left Hand Leftward	Navigate or move the character to the left	

Table.2 : Simplified Hand Gestures for Game Controls

## V. DISCUSSION AND CONCLUSION

We explored different aspects of technology and human interaction, with a primary focus on hand-gesture video games. Our findings indicate that utilizing natural gestures significantly enhances the gaming experience, prompting us to investigate whether gesture-based games can enhance efficiency in achieving game goals. This has led to an expanded study encompassing a broader range of devices to better understand their impact on players.

Another facet of our research delves into hand recovery through exercise using a simple game. The objective is to assess the potential benefits for real patients undergoing hand recovery exercises within a gaming context. Lastly, our ongoing efforts include the development of a system that empowers deaf and mute individuals to control games through gestures, thereby enhancing their interactions in public spaces.

In conclusion, our multifaceted exploration underscores the potential of natural gestures in gaming experiences, paving the way for improved interactions and potential therapeutic applications. As we continue to expand our research, we anticipate contributing valuable insights to the intersection of technology, human interaction, and gaming.

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