

A COMPARATIVE STUDY OF SOCIAL ADJUSTMENT AMONG MARRIED AND UNMARRIED WOMEN OF RURAL AREA

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Abstract:

The aim of the present investigation is to find out the difference in the adjustment of married & unmarried rural women. The sample consisted of 120 women. Out of which 60 were married women and 60 were unmarried women. For this purpose of study “SOCIAL ADJUSTMENT INVENTORY” (SAI) by Dr. R.C. Deva was used. The obtain data was analyzed through ‘t’ test to know the mean difference between married and unmarried women. The results show that there is significance difference in social adjustment level of married and unmarried women and there is no significance difference in social maturity and emotional adjustment level of the married and unmarried women.

Key word : Social adjustment, Married & unmarried women and Rural area

INTRODUCTION

Status of women in the society has been changing fast due to multiple factors such as, increased level of education, urbanization, awareness of right, industrialization, etc. Social changes have also improved the status of women. Education has brought revolutionary changes among women.

Day by day modern social life is becoming complex. Woman always tries to adjust herself in the structure of social life. Woman has to adjust herself within geographical and social conditions; she has also got to adjust herself with different aspects of life, family, school, friends and married life.

Every one’s life is subject to time, circumstances and conditions, for maintaining her survival woman has to adjust herself to her conditions and for that she makes a conscious attempt. How will woman adjust to environment depends on the psychological system by and largely depends on the nature and characteristics of her emotional make-up. It continues from birth to death. Whether a woman’s life will be good or bad, or her personality will be co-operative or non co-operative, whether she will be successful or unsuccessful depends on her adjustability.

Generally the social life of a person is reflected in his speech, behavior and disposition; social adjustment reflects a person’s shyness and its intensity, self-dedication, introversion or extroversion. To what extent a person is deviated is reflected in his emotional adjustment, frustration. The present study is done with a view to finding out the social adjustment of married as well as unmarried women in the rural area of Dabhoi.

Objectives:

The purpose of the present investigation was to compare the social and emotional adjustment and social maturity of married and unmarried women.

Hypothesis:

1. There is no significant difference in the social adjustment of married and unmarried women.
2. There is no significant difference in the social maturity of married and unmarried women.
3. There is no significant difference in the emotional of married and unmarried women.

Method:**(A) SAMPLE:**

The sample of the present study consisted of 120 women, married and unmarried both living in rural area of Dabhoi.

(B) TOOL:

The present study measure social adjustment. "Social Adjustment Inventory" by Dr. R.C. Deva was used which is a very reliable tool in this inventory.

Statistical Strategy:

't' test was applied to know the significant differences between social adjustment level of married and unmarried women.

Table no. 1 shows the social adjustment of married and unmarried women. For married women mean is 89.55 for the unmarried women the mean is 83.07 and S.D is 26.95 and 31.70 for both group 't' level value is 1.22 and its level is not significant.

Table no.2 shows the social maturity of married and unmarried women. For the married women the mean is 40.24 and for the unmarried women the mean is 36.11 and S.D. is 15.74 and 17.88 for both groups. 't' level value is 1.34 and its level is not significant.

Table no.3 shows emotional adjustment of married and unmarried women. For the married women the mean is 34.73 and unmarried women the mean is 34.58 and S.D. is 14.96 and 17.35. For both groups 't' level value is 0.05 and its levels of no significant.

RESULTS & DISCUSSION**TABLE-1****MARRIED AND UNMARRIED WOMEN'S SOCIAL ADJUSTMENT**

GROUP	N	MEAN	S.D	't' Value	Level of sign
MARRIED WOMEN	60	89.55	26.95	1.22	NS
UNMARRIED WOMEN	60	83.07	31.70		

TABLE -2
MARRIED AND UNMARRIED WOMEN'S SOCIAL MATURITY

GROUP	N	MEAN	S.D	't' Value	Level of sign
MARRIED WOMEN	60	40.24	15.74	1.34	NS
UNMARRIED WOMEN	60	36.11	17.88		

TABLE-3
MARRIED AND UNMARRIED WOMEN'S EMOTIONAL ADJUSTMENT

GROUP	N	MEAN	S.D	't' Value	Level of sign
MARRIED WOMEN	60	34.73	14.96	0.05	NS
UNMARRIED WOMEN	60	34.58	17.35		

CONCLUSION:

1. There was no significant difference between married and unmarried women regarding social adjustment.
2. There was no significant difference between married and unmarried women regarding social maturity.
3. There was no significant difference between married and unmarried women regarding emotional adjustment.

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