

# A COMPARATIVE STUDY OF THE EMOTION MATURITY AMONG HOME RESIDENTIAL AND HOSTEL COLLEGE STUDENTS

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**Abstracts :** *Aim of this research is to find out Emotional maturity among students so investigator selected two groups, one is, Home Residential student and other is Hostel College students, both groups have 140 students. In each group has 70 students from hostel college students. Data were collected from V.V. Nagar. Emotional maturity scale by Roma pal (1988) was used for data collection. 2×2 factorial design was used and data were analysed by ANOVA test. Results show, that there is no significant difference in Home Residential and Hostel college students. There is no significant interaction effect in Emotional maturity between residence and sex in college students. The boy's are more mature than the girls's.*

**Keywords:** Emotional Maturity, Taxonomy, Relationship, Personality  
Instinctual emotions, etc.

## 1. Introduction

Emotion is the complex psychological experience of an individual's state of mind as interacting with biochemical (internal) and environmental (external) influences. In humans emotion fundamentally involves psychological arousal, expressive behavior and conscious experience. Emotion is associated with mood, temperament, personality and disposition and motivation. "Emotion is a stirred up state of the individual" Woodworth year? The English word 'Emotion' is derived from the French word 'emouvoir' this is based on the Latin emovere where e-(variant of ex) means 'out' and mover means 'move'. A related distinction is between the emotion and the result of the emotion principally behaviours and emotional expression People often behave in certain ways as a direct result of their emotional state, such as, crying, fighting or fleeing. If one can have the emotion without the corresponding behaviour, then we may consider the behaviour not to be essential to the emotion. The James-Lange theory posits emotional experience is largely due to the experience of bodily changes the functionalist approach to emotions (for, ex, Nico Frijda and Freitas Mangal hase) holds that emotions have evolved for a particular function, such as to keep the subject safe. No definitive taxonomy of emotions exists, though numerous taxonomies have been proposed some categorizations include :

- \* 'Cognitive' versus 'non-cognitive' emotion
- \* Instinctual emotions (from the amygdala), versus cognitive emotions (from the prefrontal cortex)
- \* Categorization based on duration some emotions occur over a period of seconds (for ex-surprise), whereas others can last years (for ex-love)

The ability to access a relationship or situation and to act according to what is best for oneself and for the other person in the relationship. Maturity is not only physical development but it is also connected with other factors like mental age, social behavior, sexual behavior, personality, emotion, etc, when all the factors are connected each other, it makes a perfect mature person. Emotional maturity is very important in individual's life but the research of past presents the difference between boys and girls. The boy's are

more mature than the girls. When we try to find out the reasons it is socialization, type of family, support of family, the place of education, group of friends etc. play an important role in maturity of emotions.

## 2. Aims of the Study:

1. To study of the emotional maturity among home residential and hostel college students.
2. To study of the emotional maturity among the male and female students.
3. To study of the effect of interaction on emotional maturity among the residence and sex.

## 3. Hypothesis :

1. There is no difference between the emotional maturity of the home emotional maturity of the home residential and hostel college students.
2. There is no difference between the emotional maturity of the male and female students.
3. There is no interaction effect of the emotional maturity in the types of residence and sex.

## 4. Method & Sample:

Sample in this study consisted of 140 subjects. The samples were selected from different colleges in V.V. Nagar. While survey of V.V. Nagar information is obtained of the boys and girls staying in hostel and residency the students were randomly selected and out of which 70 were staying in hostel and 70 were staying with their family, and 35 girls used to study by staying with their family and other 35 boys and 35 girls used to study by staying in hostel.

## 5. Tools Used

The following tools were used in the present study:

1. **Personal Data Sheet :**  
A personal data sheet developed by the investigator was used to collect information about types of residence and sex.
2. **Emotion Maturity Scale:**  
Emotional Maturity Scale developed by Rompal (1998) was used to measure emotional maturity the scale contains 40 items with totally agree, generally agree, neutral, generally disagree and totally disagree response alternatives the responses were marked 5, 4, 3, 2 and 1 respectively and from the responses we had to select only one responses in every sentences. The maximum possible score is two hundred (200) and minimum is forty (4). The retest reliability coefficient is 0.78 and internal consistency is 0.84. the author has reported satisfactory validity of the scale.

## 6. Statistical Analysis :

In this study 'F' test was used for statistical analysis.

## 7. Results and Discussion :

Summary of the 2x2 analysis of variance based on Emotional maturity of the college students with respect to residency and sex.

**Table No. 1****(N = 140)**

Source of variance	Sum of square	Df	Mean sum of square	F
A (Aria)	194.46	1	194.46	0.56 NS
B (sex)	3390.86	1	3390.86	9.79**
AxB	42.35	1	42.35	0.12 NS
SSW (error)	47124.86	136	136	346.51
SS (er. total)	50752.53	139		

**Table No. 2**

Mean scores and difference of mean of Emotional maturity of college student with respect to types of residency and sex.

Independent variable	N	Mean	Difference of mean
A <sub>1</sub> (Home residential)	70	134.00	2.36
A <sub>2</sub> (hostel)	70	131.64	
B <sub>1</sub> (boys)	70	127.90	4.84
B <sub>2</sub> (girls)	70	137.74	

According to Table No 1 it is observed that 'f' value of Emotional maturity of college student staying in residence and hostel is 0.56 which does not shows any significant difference even to a level of 0.05.

According to Table No 2 it can be seen mean score of Emotional maturity of home residential and hostel student are 134.00 and 131.64 the difference between them is 2.36 from the hypothesis the obtained value is not accept. The difference can be seen in the mean value is due to uncertainty situation but there is no significant difference between means. The null hypothesis is accept. So, it can said that there is no difference in emotional maturity between home residential and hostel college students.

According to Table 1 it is observed that 'F' value of Emotional maturity of the girls and boys students is 9.79 which does show significant difference at a level of 0.01, from the hypothesis the obtained value is rejected. The results showed significant difference.

According to the Table 2 it is observed that score of Emotional maturity of girls and boys students are 127.90 and 137.74. The difference is 9.84 so, there is effective difference between boys and girls on emotional maturity This show that the boys are more Emotionally mature than the girls.

According to the Table 1 it is observed that 'F' value of Emotional maturity of residence and sex is 0.12 which does not show any significant difference at the level of 0.05. of significance. There is no interaction effect between residence and sex on Emotional maturity. The difference can be seen in the mean value is due to uncertainty situation and it shows minimum of size. There is no significant effect between students' residency and sex on each other. So, null hypothesis is accepted.

### **Conclusion :**

1. There is no significant difference between the emotional maturity among the home residential and hostel student.
2. The boys emotional maturity is better than the girls.
3. There is no significant interaction effect between the residence and sex on emotional maturity.

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