STUDY OF KINESTHETIC PERCEPTION CONCERNING WICKET-KEEPER, BOWLER AND BATSMAN

Ms. Neeru Manhas

Sports Coach, Kendriya Vidyalaya CRPF (GC) Bantalab Jammu (J&K)

Abstract

Purpose of this study was to find out the difference of Kinesthetic perception between Wicket-Keeper, Bowler and Batsman. The sample (viz., N=36) for the current study is branded into the succeeding groups: Group-A: Wicket-Keeper ($n_1=12$); Group-B: Bowler ($n_2=12$) and Group-C: Batsman ($n_3=12$). The Nelson Kinesthetic Perception Test was used to measure Kinesthetic perception. Convenience sampling were utilized for the purpose of this study. To compare the sample on the basis of "Kinesthetic perception", Analysis of Variance (ANOVA) was employed. The results states that the f-ratio value is 11.94876. The p-value is 0.000125. The result is significant at p < .05.

Keywords: Wicket-Keeper, Bowler, Batsman, Kinesthetic perception.

INTRODUCTION

Cricket is an intermittent sport, characterized by prolonged low-intensity activity, interspersed by periods of high-intensity movements such as bowling and batting [1, 2]. The physical demands of cricket depend on the match format (i.e., T20, one-day or multi-day cricket) and players on field position (i.e., bowler or batter) [3, 4]. Successful performance in cricket requires a variety of physical and technical abilities [5, 6, 7, 8, 9]. There are similar traits between bowlers and batters, such as performing maximal sprints whilst approaching a bowling delivery and sprinting between the wickets to score runs [10].

Sample:

The sample (viz., N=36) for the current study is branded into the subsequent groups:

- Group-A: Wicket-Keeper (n₁=12)
- Group-B: Bowler $(n_2=12)$
- Group-C: Batsman $(n_3=12)$

MATERIAL AND METHODS

Kinesthetic perception (Horizontal Space Test)

The yard stick placed on the wall so that it will approximately at eye level while the subjects were in the sitting position. The subject was asked to sit on the chair facing the yard stick and attempted to establish in the mid a sense of its position. Then while blindfolded and without a practice trail, pointed the Index finger of the right hand to the point indicated by the tester. The score was the deviation from the desired mark measured to the nearest centimeters. The final score was the total of the deviation on the three trails.

STATISTICS

To compare the sample (viz., N=36; Group-A: Wicket-Keeper ($n_1=12$); Group-B: Bowler ($n_2=12$) and Group-C: Batsman ($n_3=12$) on the basis of "Kinesthetic perception", Analysis of Variance (ANOVA) was employed.

RESULTS

Table-1: Summary of Data and Result Details of One-Way ANOVA with respect to factor "Kinesthetic Perception" between "Wicket-Keeper", "Bowler" and "Batsman".

	WICKET-KEEPER		BOWLER		BATSMAN		TOTAL		
N	12		12		12		36		
$\sum X$	231		236		152.6		619.6		
Mean	19.25		19.6667		12.7167		17.211		
$\sum X^2$	4583		4666		2283.18		11532.18		
Std. Dev.	3.5194		1.4975		5.5809		4.9805		
Source		SS		df	M	S			
Between-treatments		364.6422		2	18	182.3211		F = 11.94876	
Within-treatments		503.5333		33	15	15.2586			
Total		868.1756	•	35			·	_	

The Summary of Data and Result Details of One-Way ANOVA with respect to factor "Kinesthetic Perception" Wicket-Keeper", "Bowler" and "Batsman" are cited above. Further, the results states that the fratio value is 11.94876. The p-value is 0.000125. The result is significant at p < .05.

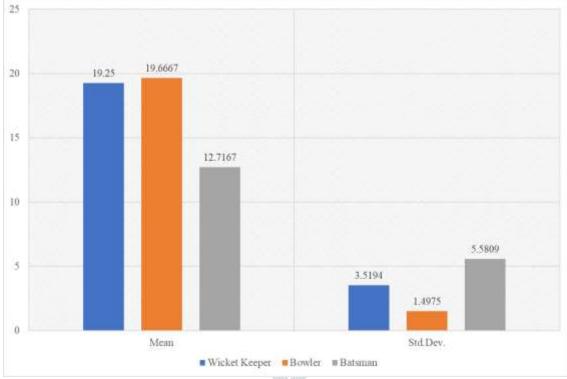


Figure-1: The comparison of "Wicket-Keeper", "Bowler" and "Batsman" with respect to factor "Kinesthetic Perception".

Table-2: Summary of Data and Result Details of The Tukey's HSD (honestly significant difference) with respect to factor "Kinesthetic Perception" between "Wicket-Keeper", "Bowler" and "Batsman".

PAIRWISE COMPARISONS		$HSD_{.05} = 3.9131$ $HSD_{.01} = 4.9872$	Q.05 = 3.4702 Q.01 = 4.4227
T ₁ :T ₂	$M_1 = 19.25$ $M_2 = 19.67$	0.42	T ₁ :T ₂
T ₁ :T ₃	$M_1 = 19.25$ $M_3 = 12.72$	6.53	T ₁ :T ₃
T2:T3	$M_2 = 19.67$ $M_3 = 12.72$	6.95	T2:T3

CONCLUSIONS

• **Kinesthetic Perception:** The f-ratio value is 11.94876. The p-value is 0.000125. The result is significant at p < .05.

References:

- [1]. Jeffreys I, Moody J. Strength and conditioning for sports performance. Oxon, UK: Routledge; 2016.
- [2]. Stretch R, Bartlett R, Davids K. A review of batting in men's cricket. J Sport Sci. 2000; 18:931–49.
- [3]. Petersen C, Pyne D, Dawson B, et al. Movement patterns in cricket vary by both position and game format. J Sport Sci. 2010; 28:45–52.
- [4]. Petersen C, Pyne D, Portus M, et al. Comparison of player movement patterns between 1-day and test cricket. J Strength Cond Res. 2011; 25:1368–73.
- [5]. Noakes T, Durandt J. Physiological requirements of cricket. J Sport Sci. 2000; 18:919–29.
- [6]. Carr C, McMahon J, Comfort P. Changes in strength, power and speed across a season in English county cricketers.
- [7]. Christie C, Sheppard B, Goble D, et al. Strength and sprint time changes in response to repeated shuttles between the wickets during batting in cricket. J Strength Cond Res. 2019; 33:3056–64.
- [8]. Johnstone J, Ford P. Physiologic prole of professional cricketers. J Strength Cond Res. 2010;24: 2900–7.
- [9]. Carr C, McMahon J, Comfort P. Relationships between jump and sprint performance in first-class county cricketers. J Trainology. 2015; 4:1–5.
- [10]. Portus M, Mason B, Elliot B, et al. Technique factors related to ball release speed and trunk injuries in high performance cricket fast bowlers. Sport Biomech. 2004; 3:263–84.

