



PATHOLOGICAL AND MIASMATIC APPROACH IN SELECTING THE SIMILIMUM OF COVID-19 CASES

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Abstract – Practice of Homoeopathic Medicine is governed by fixed principles as mentioned in Organon of Medicine. Aphorism 3 advises the physician to perceive the disease in its whole extent in order to cure it judicially and rationally and it requires not only obtaining the totality of symptoms of an individual but understanding the pathology of the case as well. By knowing the pathology, we get to know the nature of disease, its progression and complications which helps us in selecting a medicine that covers individual symptoms along with symptoms of pathology. Homoeopathic miasms further helps us in selecting a similimum.

Keywords – Covid-19 cases, Homoeopathic medicines, Miasm, Pathology, Pneumonia, Similimum, Viral infections.

Introduction – The world is witnessing a new emerging trends in communicable diseases esp. Covid-19. This devastating pandemic that led to worldwide lockdown has put a question mark on the availability and efficacy of existing systems of medicine. Higher mortality rate of patients suffering from corona inspite of best availability of medicines and care is compelling us to think of exploring more in the field of homoeopathic therapeutics including miasms, pathology and indicated medicines.

Homoeopathy describes miasms as fundamental cause of all types of diseases – Acute and Chronic including Communicable and Non communicable diseases. Dr. Hahnemann writes in Aphorism 73 of Organon of Medicine that acute diseases of types Individual, Sporadic, Epidemic, Contagious and Infections occur due to transient explosion of latent psora- a miasm. He further writes in the same aphorism that “thence arise fevers, in each instance of a peculiar nature and because the cases of disease have an identical origin, they set in all those they affect an identical morbid

process, which one left to itself, terminates in a moderate period of time in death or recovery. (We have witnessed this during this pandemic of Covid-19 also i.e either recovery or death.)

In aphorism 73, Hahnemann clearly points out that these diseases if left to itself may turn in death or recovery means we can save the precious life of patients by giving indicated medicine as clearly indicated by Dr Stuart Close in his genius of homoeopathy, 'Scope of Homoeopathy'. Dr Stuart Close writes, Homoeopathy successfully treats bacterial or zymotic diseases such as cholera, yellow fever, typhus and typhoid fever, malarial fever, diphtheria, T.B and pneumonia by Internal Homoeopathic Medicines.

As per Stuart Close, Homoeopathic medicines are capable of cure because of dynamic nature of similar medicine as our medicines exercise a favorable influence upon vital functions of body and increase the resistance of body and may retard or remove the whole of the disease process.

Modern day medical science provides us complete insight in the pathology which needs to be combined with the principles of Homeopathy so that a similimum medicine can be explored which not only covers the individual symptoms but of miasm as well as pathology.

Discussion – As our concern is mainly with the corona virus, let's understand its structure and other peculiar features along with pathology and miasms.

Covid-19 is caused by Sars Cov- 2 which belongs to family of Coronaviridae. Corona virus is a RNA virus and it causes mild to severe respiratory tract infections in human beings.

Structure – Corona virus portrays helical symmetry of nucleocapsid enclosing a single strand of RNA genome. On their surface, they possess very characteristic club shaped spikes projecting outwards giving resemblance to solar corona as seen in electron micrography. Hence, the name of the virus is corona.

Mode of Infection – Mode of infection in humans is through aerosole route.

Pathogenesis- Corona virus is highly virulent because of presence of some structural proteins and its ability to mutate quickly. Presence of lipid bilayer envelope enhances its virulence.

It interacts with host epithelial cells through S proteins which causes membrane fusion after mediating the receptor binding site. M proteins facilitates binding of virus with the host cell and E proteins helps in producing new generation.

Activation of Protease Cathepsin and Transmembrane Protease (serine 2TmPress2) in our body helps in receiving the virus.

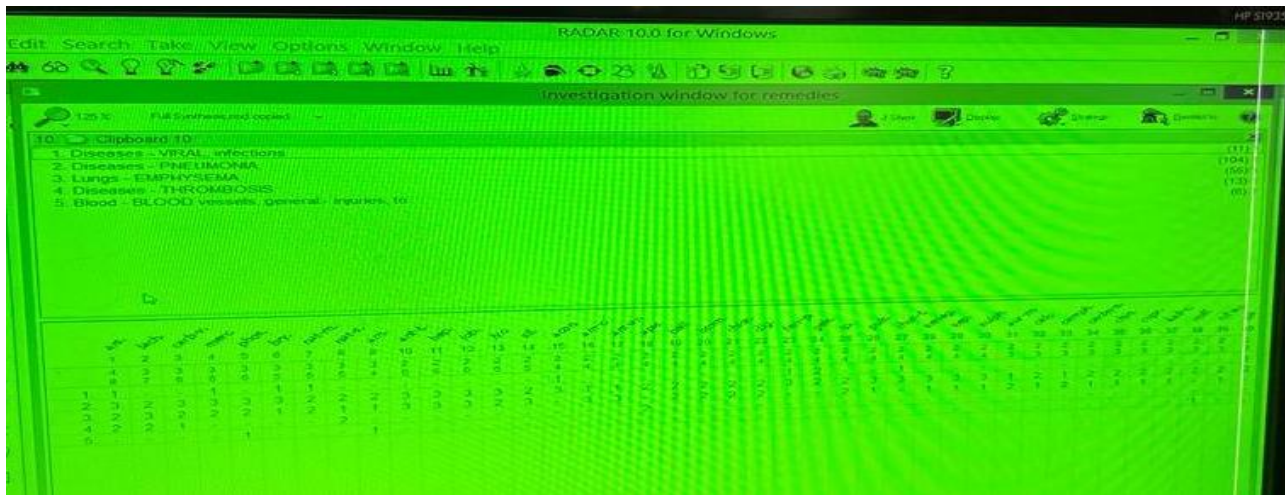
Peculiar features – The viral spike proteins possess sugar components, which is a key feature present in them to make themselves escape from phagocytosis.

Pathology – Pulmonary pathological findings indicate –

- 1) Pneumonia with damaged alveoli.
- 2) Diffuse alveolar damage leading to pulmonary fibrosis along with exudative phase.
- 3) Focal pneumocytic hyperplasia.

Repertorisation based on Pathological symptoms in Radar 10.0 –

- 1) Diseases – viral infections
- 2) Diseases – Pneumonia
- 3) Lungs – Emphysema
- 4) Diseases- Thrombosis
- 5) Blood – Blood Vessels , general – injuries to



Repertorial analysis using Software Radar 10.0

Symptoms	Medicines									
	Ars.	lach	Carbo veg	Merc	Phos	Bry	Nat mur	Am.	Ant. tart	Hepar sulph
Diseases – viral infections	1	-	-	1	-	1	1	-	-	-
Diseases- pneumonia	3	2	3	3	3	3	2	2	3	3
Lungs – emphysema	2	3	2	2	2	1	2	1	3	3
Diseases – thrombosis	2	2	1	-	-	-	-	-	-	-
Blood – blood vessels, general – injuries to	-	-	-	-	1	-	-	1	-	-

Repertorial analysis for medicines based on Pathological changes and extra rubrics covered by some medicines appropriate for covid 19 pathology is as follows;

(Chosen indicated medicine as per pathology shall match with individual symptoms as per case)

Medicine	Symptoms covered	Extra rubric covered
Arsenic album	4/5	
Lachesis	3/5	
Carbo veg	3/5	
Merc	3/5	Chest – Influenza
Phosphorus	3/5	
Bryonia	3/5	Inflammation fibrinous – chest
Nat. mur	3/5	
Nat sulph	3/5	
Ammonium	3/5	
Ant tart	2/5	
Hepar sulph	2/5	

List of other medicines covering some other important symptoms which may be used as per the state of the patient during treatment–

Influenza, tendency to get influenza –	Carcinosin
Pulmonary fibrosis –	Medorrhinum
Inflammation of lungs accompanied by breathlessness –	Benzoic acid
Chest – influenza –	Bapt., Ferr. Phos, Gels, Glyc, Merc.
Chest inflammation – Fibrinous –	Brom , Calc acetica, Kali bi., Phos
Haemorrhage lungs, Pneumonia result of –	Calc. sulph, Sul, ac.
Weakness remaining after influenza –	Abrot., Con, Kali phos, Nat. sal.
Thrombosis with Pneumonia –	Ammonium carb

Miasmatic analysis based on pathology –

Symptom	Miasm
Covid-19 pandemic-	Transient explosion of psora
High rate of infection	Psora
Pneumonia with consolidation of lungs	Sycosis
Fibrosis pulmonary	Sycosis
Exudation	Sycosis
Thrombosis	Sycosis
Alveolar damage	Syphilitic
Death	Syphilitic

It is very clear from the above that this pandemic of covid-19 involves all the miasms starting from Psora followed by Sycosis and ending at Syphilis. Thus, the aim of the homoeopathic treatment is to control the advancement of disease pathologically as well as miasmatically. This is done by prescribing the indicated medicine chosen on the basis of totality of the individual patient and combining the symptoms with the medicines that covers pathology also.

Conclusion – By understanding the progress of the disease from pathological point of view, We can plan whole treatment in such a way that progression of disease from pneumonia to emphysema and other complications be prevented. This is to be done by planning the whole treatment by understanding the stages of advancement of the disease and choosing appropriate intercurrent medicine in between, our aim shall be to resolve the pneumonia and prevent fibrosis and thrombosis.

Treatment plan – The treatment is based on arriving at the totality of the symptoms by combining the subjective, objective, peculiar and pathological symptoms as per the present state of the patient.

Suggestive medicines-

- Preventive – Ars. Alb
Carcinosin. – Tendency to get influenza, Chapter- fever. (Murphy repertory)
- As per clinical presentation and stage of the disease, recommended medicines are –
Arsenic Album, Bryonia, Merc, Natrum mur, Natrum sulph, Ammonium, Antimonium tart, Hepar sulph.
- Single medicine indicated for some pathological findings, may be used as per the case.
 - Thrombosis with Pneumonia – Ammonium carb
 - Pulmonary fibrosis – Medorrhinum
- Weakness remaining after Influenza – Abrotanum, Conium, Kali phos, Natrum.sal.

As the Covid-19 portrays mixed miasmatic state, the medicines came out after repertorisation above are also covering all the 3 miasms i.e Psora, Sycosis, Syphilis.

Dynamic medicines if chosen accurately after perceiving the disease in an individual as well as knowing what is curative in our Homoeopathic medicines can prove to be wonderful remedies for treatment of Covid-19 disease.

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