



“Common number concept for Kashyap Samhita of Ayurved - A Literature Review.”

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Abstract:

The Common number concept is seen at different places for same or different purpose in Ayurveda samhita. This is important during remembering the things. This concept is useful to learn, to use and to teach to the students. So it is relevant to review the description available in the ayurvedic text books especially in Kashyap Samhita in relation to Common number concept. This concept is necessary to understand and easy to learn. Also it is useful in different kind of exams.

Key words: Common number concept.

Introduction:

In Ayurved samhita a lot of things are mentioned in numbers. The things in number are ranges from one to infinite. This is because of some reasons behind this. So it is necessary to find the reasons and learn this concept. Example of this is Acharya Kashyap described things of three i.e. Three sthun prakruti, three sama gutika, three chakra phakka ratha etc. So it is necessary to find them and collect them at one place. So it can be easy to understand and easy to learn and can be utilized easily. This article focusing the Common number concept mentioned in Kashyap Samhita and only 3 to 6 numbers are covered under this article. In this way it is necessary to study in detail on this concept. This article is focusing on it.

Objectives:

To understand the Common number concept mentioned in Ayurveda.

Methods:

Manual searching and collection.

SN	3
1	Tri chakra phakka ratha
2	Tri sama gutika
3	Tri sthun prakruti
4	Dristhi – 3 types of child
5	Dantodbhav avstha
6	Satva bhe
7	Mahamarma
8	Dhupa
9	Jatiharini types

SN	4
1	Danta utpatti prakar (Types)
2	Danta nishikita 4 th Mass (Month)
3	Hasta sweda in 4 th Mass (Month)
4	Ajirna types
5	Uroghata types
6	Shotha types

SN	5
1	Panch kosha hruday
2	Panchabhautik taila = panch guna taila
3	Ritu 5
4	Lasuna pancha rasatmak

SN	6
1	Shatkalpashya : 6 drugs explained
2	Shatkosha deha
3	Sutika jwara -6 types
4	Ritu 6
5	Karna veda in 6 th month.

Discussion:

In ayurved Kashyap samhita the things mentioned in numbers at different places for same or different purpose. So this different things are manually searched and collected at one place, to understand the things in very good manner. These things are remembered long time because of this Common number concept used here.

Conclusion:

The Common number concept is useful for learn and remember the things for long term.

This concept adding knowledge regarding the matter.

It is useful for multiple choice questions in different Ayurvedic competitive exams.

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