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SATELLITE REMEDIES: GOOD HELPERS IN HOMOEOPATHIC CASE MANAGEMENT

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ABSTRACT:

Case management in Homoeopathy differs from person to person and depends upon the knowledge and experience of physician. Homoeopathy is known for its holistic treatment of disease conditions but this holistic way of treatment demands for much efforts in part of physician. Due to evolution of complex pathology day by day and marked diminution in immunity of patients, it is imperative to accept and learn new ways of manage cases and achieve the highest aim of our life i.e., Holistic cure. In this management of cases, satellite remedies play an important role with their supportive role in clearing the path for cure of sick.

KEYWORDS: Homoeopathy, Satellite remedies, Case Management

INTRODUCTION:

The bible of Homoeopathy named Organon of medicine; the book contains guidelines for practical Homoeopathy. In this book, Hahnemann mentioned about the various types of disease condition and their respective treatment.

He mentioned in aphorism 171^[1], "In non-venereal chronic diseases, those, therefore, that arise from psora, we often require, in order to effect a cure, to give several Antipsoric remedies in succession, every successive one being Homoeopathically chosen in consonance with the group of symptoms remaining after ["completion of the action of the previous remedy" in the Sixth Edition] the expiry of the action of the previous remedy (which may have been employed in a single dose or in several successive doses)". Here, he gave guidelines about management of case with the help of more than one remedy.

In this modern era, many patients present with deep seated pathology and disturbed susceptibility. In clinical practice, we have to deal with not only acute cases but chronic cases with miasmatic blocks. Here for management of cases, we have to learn a perfect plan of management for curing patient with homoeopathic medicines.

Sometimes, the remedy suited for chronic case may cause aggravation during treatment and if patient is unable to bear the homoeopathic aggravation will leave the further treatment. For management of chronic disease.

Bouko levy mentioned following order of prescriptions,

- 1. First, use drainage techniques on the affected organs with phytotherapy, Phyto-gemmotherapy, organotherapy, and trace elements.
- 2. Second, use satellite remedies that act on precise organs and functions. They will treat the acute attacks, facilitate the action of the polychrest, and help to prevent aggravations.
- 3. Third, use polychrest or general remedies which contain the totality of the patient's physical, emotional, and mental symptoms.
- 4. Fourth, use nosodes and blockage remedies promptly, to unblock a pathological evolution when the previous treatments do not lead to the patient's improvement. These may differ from case to case but a general guideline for management of chronic case effectively.

Here, the use of satellite remedies will help our polychrest medicines for curing the sick. They will help to prevent the aggravations which are produced by deep acting remedies and permit the stabilization of a chronic disease.

Satellite remedies facilitate the action of polychrest remediest by improving the function of the affected emunctories. (Emunctories - organ or ducts with the physiological function that involves draining or removing waste material from the body.)

In acute and chronic pathologies, they aid in the drainage of the patient. **Examples**: Some have very sharp action such as Lemna minor, the satellite of Thuya and Calcarea carbonica, acting on the nose mucosa. Others have a wide emunctorial field of action such as Chelidonium Majus, the satellite of several polychrest, acting on many emunctories.

Dose and repetition:

They should be used before the polychrest or nosodes and during the entire chronic treatment, in 4C to 7C potencies, 1 to 6 times a day or less, or as needed.^[2]

Dr. T. P. Chatterjee mentioned about the satellite remedies and their concept with the help of repertorization. He mentioned, "In the course of repertorisation, a few other remedies besides the principal remedy are usually available in the repertorisation chart. These are called the Satellite remedies. They are not so important as the principal remedy but sometimes they are related to the principal remedy and are also significant enough from the coverage point of view to be considered as alternative remedies in case of need". [3]

He mentioned about the satellite remedies in repertorization in following way, if they are also significant from the weightage point of view, their importance is strengthened. It is difficult to lay down any hard and fast rule for the determination of significance of a satellite remedy. But for all practical purposes, 60 percent test may be considered as significant from the coverage point of view provided the number of individualizing symptoms is not less than five. It will have added importance, if the weightage of the symptoms considered is also 60 percent and above.

The greater the numbers of symptoms in the repertorisation chart the more reliable are the satellite remedies. For calculating the percentage, the total number of symptoms are taken as 100, while it is the number of symptoms covered by each remedy multiplied by the maximum repertorial value of the remedy that is taken as 100 for weightage and percentages are calculated on these bases.

Drugs	Coverage (Total no. of symptoms:	Weightage (Total maximum repertorial
	7 =100 (percent)	Value = 100) (percent)
Ars.	90 (6/7)	88 (21/24)
Puls.	70 (5/7)	65 (13/20)
Sulph.	60 (4/7)	69 (11/16)
Rhus-t.	60 (4/7)	75 (12/16)
Sil.	60 (4/7)	69 (11/26)

Ars. comes out as the principal remedy with Puls. as the close second. Rhus-t., Sulph. and Sil. are all important satellite remedies satisfying the conditions laid down above.

Satellite remedies serve another useful purpose. They help us to understand the nature and character of the disease. The usual sources of medicine are mineral, animal and vegetable. When the satellite remedies including the principal are distributed over the three sources, the disease is considered as profoundly deep-rooted and will take a long time to get eradicated.

Dr. Schmidt P. mentioned about it further that when you study your cases, you come up with one principal remedy and several satellites: look for the miasm which corresponds to these remedies. If these remedies belong to the three kingdoms, mineral, animal, and vegetable, this means that the case is profoundly deep rooted. If there are only mineral remedies, this means that it will be a long chronic case and will be difficult to cure. If there are only animal remedies, you can expect complications and difficulties of every kind: this case will be troublesome because of the patient's reactions. and if you have only vegetable remedies, it means that the cure will be easy. Find out also if these remedies are exclusively sycotic or psoric or syphilitic. [5]

Dr. Clarke mentioned about satellite remedies in his materia medica that Rhus. Tox. may be regarded as the acute satellites of Calc. carb. [4]

Conclusion:

Satellite remedies are helper in case management and it also elaborates the concept of remedy relationship. Knowledge of satellites will also help you to study materia medica as it will help you to get idea about organ specifics and pathogenesis of medicines. Application of rational and scientific methods for case management in Homoeopathy will make this science more acceptable and popular in medical field.

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