

ISSN: 2349-5162 | ESTD Year : 2014 | Monthly Issue

JETIR VICTORIAN CONTROL OF THE PROPERTY OF THE

JOURNAL OF EMERGING TECHNOLOGIES AND INNOVATIVE RESEARCH (JETIR)

An International Scholarly Open Access, Peer-reviewed, Refereed Journal

EVIDENCE BASED MEDICINE – THE NEED OF THE HOUR

AUTHOR DETAILS

DR. RAJ PARSOTTAMBHAI BHIMANI

M.D SCHOLAR PART 2 DEPT. OF CASE TAKING AND REPERTORY RAJKOT HOMOEOPATHIC MEDICAL COLLEGE, PARUL UNIVERSITY.

DR. VIJAYKUMAR KARSHANBHAI AMIPARA

M.D SCHOLAR PART 1
DEPT. OF ORGANON OF MEDICINE AND
HOMOEOPATHIC PHILOSOPHY
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE,
PARUL UNIVERSITY.

DR. VIJAYKUMAR LALJIBHAI PARMAR

M.D SCHOLAR PART 1
DEPT. OF CASE TAKING AND REPERTORY
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE,
PARUL UNIVERSITY.

DR. DHARMESH RAMJIBHAI SAVAJ

M.D SCHOLAR PART 1
DEPT. OF PRACTICE OF MEDICINE
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE,
PARUL UNIVERSITY.

ABSTRACT:

Many have claimed that homoeopathy is nothing but placebo effect. Despite of plethora of evidence suggesting the role of homoeopathic formulations in the management of a variety of diseases in clinical practice, its mode of action remains unclear. Therefore, the time has come to show to the scientific community the exact mechanism of action of homoeopathic medicines which should be supported by objective evidence to refute their claims that homoeopathy is the placebo effect. What Dr. Samuel Hahnemann wrote 200 years back is still being blindly followed even in the 21st century without any advancement being made. "Evidence based medicine is the need of the hour!!!" It is our moral responsibility as the torchbearers of homoeopathy to provide evidence-based homoeopathic case reports to show the effectiveness and precision of homoeopathic medicines with results.

KEYWORDS: Evidence based homoeopathy, clinical homoeopathy, evidence-based case series.

CASE 1:

> PRELIMINARY DATA

NAME: MR. K.AGE: 20/MALE

o QUALIFICATION: 10TH

o MARITAL STATUS: UNMARRIED

OCCUPATION: AS A HELPER IN L&T COMPANY

o DATE OF VISIT: 15/08/2022

➤ CHIEF COMPLAINT

- He has complaint of sticky urine for 6 months.
- o On investigations, he was found out to be presence of spermatozoa in urine.
- Also has complain of premature ejaculation he gets ejaculation as soon as erection is complete.

➤ ONSET, DURATION & PROGRESS

- It started all before 6 months.
- He first started complain of premature ejaculation during coition. And later, developed complain of sticky urine.

> PAST HISTORY

- o Recurrent respiratory illness in childhood.
- No major illness.
- o Once fall from bike injury to knee.

> PHYSICAL GENERALS

- o Appetite: 3 times/day --- can tolerate hunger.
- Thirst: can stay thirsty for more than 6 hours. He does not need water for whole day too if he is
 engrossing in his work. Thirstless.
- o Desire: fruit-juices.
- Aversion: milk.
- o Stool: once a day. Satisfactory stool.
- o Urine: 5-6 times/day. Sticky urine.
- o Perspiration: scanty, rarely occurs mostly generalized. No odor, no stain.
- Sleep: 7 hrs./night. Sound sleep.
- o Dreams: not any.
- Thermals: cannot tolerate cold. Wants warm water to bath in all seasons. →chilly.

> FAMILY HISTORY

- Mother- bronchial asthma
- o Father-hypertension
- o Brother diabetes.

> MENTALS:

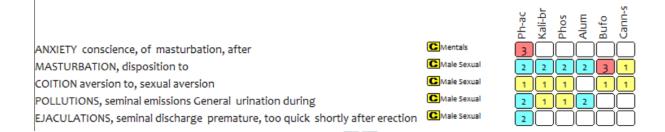
- o In childhood, there was 4 members in his family. Mother, father, brother & himself.
- He was good in studies. Always studies by himself. No need to force him to study ② diligent. He likes all the subjects.
- He was very well behaved in classroom. He was very timid and does not fight and retaliate to anyone in school. He just avoids the fights in school.
- Father was farmer and financial condition of home was very poor.
- o So, in search of job he came to Surat from Uttar Pradesh.
- Currently, he is working in L&T company as a helper.
- He never disrespect is superior and parents. He is an obedient boy.
- But, since childhood, he has habit to masturbation. He cannot give up his habit. After masturbation, he always feels that it is wrong and i will not do it again. But he cannot resist at all.

SEXUAL HISTORY

- He is having a girlfriend in Surat for the past 8 months.
- He is also having physical relation with her. So, he feels that there is complain of premature ejaculation and I cannot last for 30 seconds also.
- Due to this all complains, now, he does not like to have sexual relation with her too.

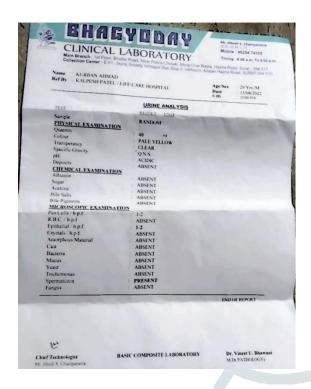
REPERTORIAL TOTALITY

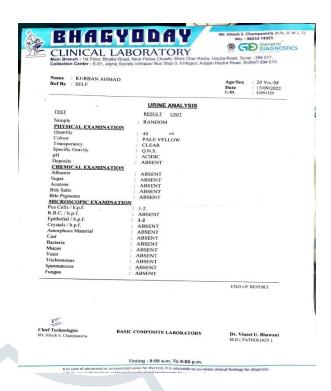
- Male Sexual Pollutions, Seminal Emissions General Urination During
- o Male Sexual Ejaculations, Seminal Discharge Premature, Too Quick Shortly After Erection
- Male Sexual Masturbation, Disposition To
- Male Sexual Coition Aversion To, Sexual Aversion
- Mentals Anxiety Conscience, Of Masturbation, After



Rx. PHOS-ACID 200 I DOSE. SL TDS FOR 1 MONTH.

REPORT BEFORE & AFTER:





CASE 2

- PRILIMINARY DATA:
- NAME: MR. D. G.
- AGE/ SEX: 25 YRS/ MALE
- o ADDRESS: SURAT.
- OCCUPATION: JOB IN PRIVATE COMPANY
- > CHIEF COMPLAINS:
- o K/c/o bilateral avascular necrosis of hip bone.
- C/o both hip pain < slight putting leg on ground.
- o C/o knee joint pain < night, < rising from sitting position, < squatting, < walking.
- > PAST HISTORY:
- Dengue once.
- No major illness.
- FAMILY HISTORY:
- o Father: Fibromyalgia
- Mother: Metrorrhagia with uterine fibroids.
- > PHYSICAL GENERALS:
- Appetite: good, can tolerate hunger
- o Thermal: cannot tolerate cold chilly
- o Thirst: wants water every hour thirsty.
- Desire: likes non-veg foods a lot.
- Aversion: not specific

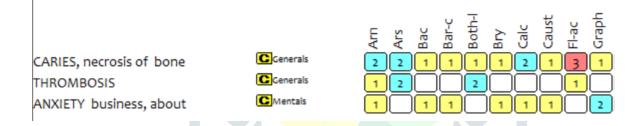
o Sleep: sound sleep. But sleep comes late due to thoughts of business affairs, job, etc.

> MENTALS:

- o Was born in low middle class family. Financial condition was weak.
- Has to do lot of hard work in childhood.
- o Studied till 12th. Was average in studies.
- Was angry in nature. If someone told him without his fault, then he gets angry on that person. If gets very much offended, then also does not talk to that person.
- o If there is mistake by himself, then he accepts his fault.
- Very much anxious nature. Anxious about future, will he get proper job or not??, will be able to perform or not???
- Constantly thinking about his business. How to improve the business and how to get more money out of it.

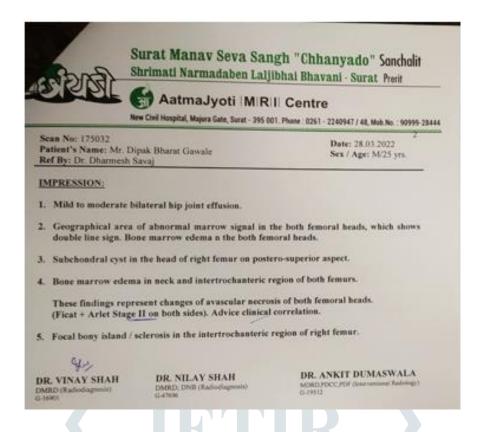
> TOTALITY OF SYMPTOMS:

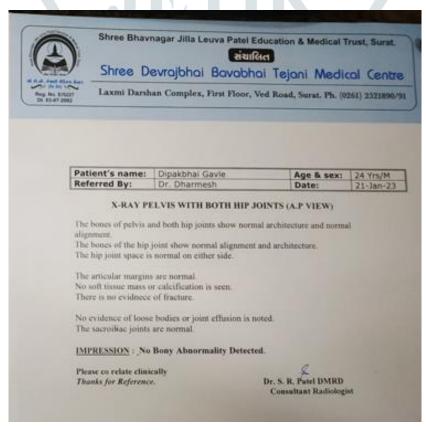
- Generals Caries, Necrosis of Bone
- o Generals Thrombosis
- o Mind Anxiety, Business, About



Rx. ARNICA 200 I DOSE. SL TDS FOR 1 MONTH.

BEFORE & AFTER REPORTS:





CASE 3:

➤ PRILIMINARY DATA

o NAME: BHARATBHAI AMIPARA

AGE/SEX: 49/MALEADDRESS: SURAT

o OCCUPATION: BUSINESS OF DIAMOND.

> CHIEF COMPLAINTS:

- o C/o joint pain in left ankle and wrist. He has swelling in both joints.
- o Pain < slightest motion and >by rest. When resting, he feels that there is no pain at all.
- o It started before 3 days on right side and then appeared on left side.

➤ ONSET, DURATION & PROGRESS:

- o 10 days before, he suffered from fever and took some anti-pyretic for it. Then he suffered from vomiting with fever and got admitted in hospital. After discharge from the hospital, then after he developed this complain of joint pain.
- Asked about some exciting mental cause before 10 days.
- He said that i will tell you the complaint in alone only and not in front of anyone.
- He said that he has clash with wife. He said that i have bought new car and wife told to keep that car in front of our house. But, in our society, the car should be parked in a common plot only. Due to this, we had a fight and i got angry on her. I shouted on wife due to this.

PHYSICAL GENERAL

- Activity: dull due to pain.
- o Appetite: normal appetite.
- o Thirst: need water at short intervals. Hence thirsty.
- o Stool: unsatisfactory stool.
- o Thermals: cannot tolerate heat at all. Hence, hot patient.
- > REPERTORIAL TOTALITY:
- COMPLAINTS SIDE, RIGHT: THEN LEFT:
- COMPLAINTS ARTHRITIC PAINS
- MIND MISTRUST SUSPICION, DOUBT
- MIND: ANGER, CROSSNESS, EFFECTS OF

SIDE, RIGHT: THEN LEFT:

ARTHRITIC PAINS:

MISTRUST SUSPICION, DOUBT:

ANGER, CROSSNESS, EFFECTS OF:

BHComplaints

1 3 1 2 2 3 3 2 2

BHMind

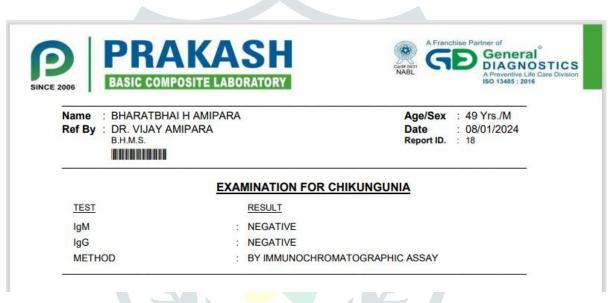
1 3 2 1 1 1 3 2

1 1 3 2 1 1 1 1 3 2

Rx. BRYONIA 50M I DOSE. SL TDS FOR 10 DAYS.

BEFORE & AFTER REPORTS:





CASE 4:

PRILIMINARY DATA

NAME: MRS. K.P.

AGE: 22YEARS/FEMALE

o QUALIFICATION: M.COM, B.ED.

MARITAL STATUS: MARRIED

o OCCUPATION: PRIMARY SCHOOL TEACHER

DATE OF VISIT: 22/02/2023

> CHIEF COMPLAINT

○ Thyroid dysfunction. → patient is on Thyronorm 50mg since 2 months. Latest report is as follow.

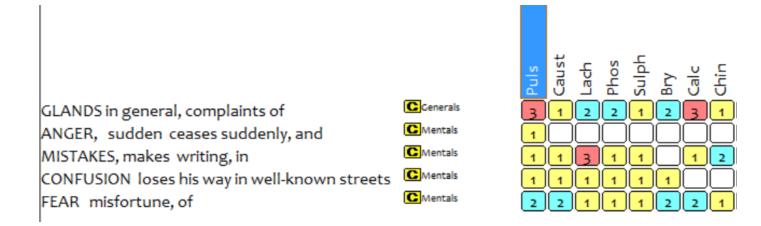
- o C/o hair fall and fatigue after physical exertion.
- > PAST HISTORY
- o Epistaxis 2-3 times
- Mouth apathe recurrent.
- Recurrent boil on extremities.
- PHYSICAL GENERALS
- o Appetite: 3 times/day --- can tolerate hunger.
- o Thirst: thirstless.
- Desire: dry chicken+++, roasted food+
- Aversion: fish causes
- o Stool: once a day. Satisfactory stool.
- o Urine: 5-6 times/day.
- o Perspiration: scanty, rarely occurs mostly generalized. No odor, no stain.
- o Sleep: 7 hrs./night. Sound sleep.
- o Dreams: not any.
- \circ Thermals: cannot tolerate heat. Wants cold water to bath in all seasons. \rightarrow hot.

> MENSTRUAL HISTORY: NAD

> MENTALS

- Anger easily. Husband says that her anger is also for short time only. Which comes and goes suddenly.
- She is very shy in nature since childhood.
- She cannot tolerate anyone who talks loudly to her. She starts weeping after it.
- She is very emotional in nature. I weep at very trivial matter.
- o If i gets angry, then also I start weeping. I weep in front of all.
- o I cannot see anyone in pain. I get affected by it.
- o I was not so good in studies. I do not like to study much.
- o I make mistake in writing. I write wrong spelling.
- o I do not remember roads. I get confused in remembering roads.
- She is very pampered child of the family.
- She is very much attached to their parents. She cannot see anything bad happening to their parents.
- o I have only fear that what will happen to my parents when they get old.
- o If my husband is out of home, until he does not come to home, i get constantly worried that will he met with an accident or what.
- ➤ ANALYSIS & SELECTION OF RUBRIC
- AFFECTION OF THYROID GLAND.
- o ANGER WHICH IS FOR TRANSIENT TIME ONLY.
- \circ IF ANYONE IS OUT, SHE ONLY THINKS NEGATIVE. \rightarrow FEAR OF MISFORTUNE.
- \circ SHE WRITES WRONG SPELLING. \rightarrow MAKES MISATKES IN WRITING.

○ SHE DOESNOT REMEMBER ROADS. → CONFUSION, LOSES WAY IN WELL KNOWN STREET.



Rx. PULSATILLA 10M I DOSE. SL TDS FOR 1 MONTH.

BEFORE & AFTER REPORTS:

