



# Sleepy Head - Drowsy Driver Detection System

Mrs. Kavyashree G.M

Department of Information Science and  
Engineering Dayananda Sagar Academy Of  
Technology And Management  
Bengaluru, India n

Aman Gupta

Department of Information Science and  
Engineering Dayananda Sagar Academy Of  
Technology And Management  
Bengaluru, India

Rakshitha R

Department of Information Science and Engineering  
Dayananda Sagar Academy Of Technology And  
Management  
Bengaluru, India

Ravi Raj

Department of Information Science and Engineering  
Dayananda Sagar Academy Of Technology And  
Management  
Bengaluru, India

**Abstract** — Road safety is seriously threatened by the possibility of driver weariness and drowsiness in this fast-paced world. A technological tool known as the "Sleepy Head-Drowsy Detection System" invention meant to combat driver fatigue and improve traffic safety. In order to identify indicators of sleepiness, this project blends computer vision techniques with Python programming. Its main objective is to employ an external camera to record the driver's face features and eye movements. When the system notices signs of sleepiness, including closed eyes or changed facial expressions, it triggers an Arduino-based IOT (Internet of Things) mechanism. An Arduino board that is interfaced with Python causes a vibration band to be worn on the driver's wrist, acting as a tactile alarm to prevent potential occurrences of sleepy driving. The technology seeks to provide a proactive yet unobtrusive and non-intrusive solution. It is done by alerting drivers about their drowsy state and promoting increased vigilance on the road, ultimately contributing to safer driving experiences.

**Keywords** – IOT(Internet of Things), External camera, Python programming, Arduino-based mechanism.

## I. INTRODUCTION

In the contemporary landscape of rapid technological advancements, the escalating risks associated with driver fatigue and drowsiness pose substantial threats to road safety. Recognizing the imperative need for innovative solutions, this literature survey delves into the realm of the "Drowsy Detection System." Engineered to mitigate the dangers of drowsy driving, this technological innovation seamlessly amalgamates Python programming and cutting-edge computer vision techniques.

The core objective of the Drowsy Detection System is to monitor and analyze crucial indicators of driver drowsiness, with a particular emphasis on facial features and eye behavior. Employing an external camera, the system continuously observes and interprets the driver's physiological cues. Instances of closed eyes or altered facial expressions trigger a response mechanism orchestrated through Python, interfacing with an Arduino-based system.

An Arduino board, seamlessly integrated with the Python programming, orchestrates a tangible alert mechanism—a vibration band worn on the driver's wrist. This proactive approach aims to provide a non-intrusive, real-time solution, alerting drivers to their drowsy state and fostering heightened vigilance during critical moments of road navigation.

As we navigate through the existing literature, this survey will explore the foundational research, methodologies, and technological advancements that underpin the Drowsy Detection System. By critically examining prior works in the field, we aim to contextualize and contribute to the ongoing discourse surrounding driver safety, paving the way for a safer and more secure driving experience.

## II. LITERATURE SURVEY

### A. Driver Drowsiness Detection System using Embedded System

When operating in an appropriate real-time driving environment, this system will be able to identify tiredness. The caliber of the camera being utilized will determine the performance. Drivers can utilize the suggested system day or night because of its well-designed and user-friendly interface. Users are able to follow the interface step-by-step to accomplish their goals. If the user's system satisfies the necessary standards, the suggested system should be accessible for usage whenever and whenever needed. In the event that an application crashes unexpectedly, the suggested system must be able to recover and resume operation. The Raspberry Pi board will host the drowsiness detection system in addition to the required peripheral devices, and Python3 will be used to implement the software functionality of fatigue detection. Through research presented in this paper, a new system is designed to decrease the rate of accidents and to contribute to the technology with the goal to prevent fatalities caused due to road accidents.

### B. Design and Analysis of Fast Driver's Fatigue Estimation and Drowsiness Detection System

Using Eclipse Juno and the OpenCV library, this

application for estimating fatigue and detecting sleepiness is developed for the Android operating system. An image has been captured with the smartphone's front camera. Because of its high accuracy rate in detecting sleepiness, this application may be used in real time to lower the number of traffic accidents caused by intoxicated drivers. It can also assist drivers in maintaining alertness while driving by alerting them when they are becoming sleepy. The direction and distance from the camera to the eyes are two factors that will impact the acquisition of images. The application barely notices eyes when they are too close or too far away. Around 50 centimeters is the ideal distance for the application to function. The direction from below the eyes is the best because the light comes from back. This application supports the theory that average eye closure time of sleepy person is more than 400ms. While the eye closure time of normal person is below 400ms.

#### C. Driver's Drowsiness Detection And Alerting System

In this venture if the eye won't squint 10-12 seconds continuously the eye flicker sensor will receive the infrared from the eye and transmit the infrared to the eye so by this sign it will give an alarm sound and it will back off the vehicle it will likewise show the vehicle will's identity returning at the of the vehicle. This task speaks to a case of methodical way to deal with the appraisal of wearable sensors for physiological parameter estimation. In the event that it is settled in vehicles and utilized as an open source. By this undertaking driver's laziness is checked persistently. In a bad position, they will be frightened and display effortlessly. The framework utilizes a blend of layout based coordinating so as to restrict the eyes. Amid following, framework will have the capacity to choose if the eyes are open or shut and whether the driver is looking in front. At the point when the will be shut for a really long time, a notice flag will be given as bell or caution pack message. In future, this venture will be improved in flying machine framework for quick and precise execution.

#### D. The Design and Development of Drowsiness

A low-cost blinking detection system is built with a simple modules and acceptable performance by measuring the EOG signal from one low-pass filter. Results from the preliminary experiments suggest that the blinking detection system can work just fine under controlled conditions such as in a laboratory. However, this blinking detection system has some technical issues that need to be resolved (ie, an automatic blinking detection system, the instability of the signal, the use of electrodes, etc). For the future research on road safety improvement, the new design on blinking detection system should be developed for the ease of use, installation in a driving simulator and/or a real vehicle, and testing as an in-vehicle warning system to protect drowsy drivers. The purpose was to design and build a low-cost blinking detection system by measuring the resting potential of the retina or electrooculography (EOG) signal. A new design of a blinking detection system was tested with participants in laboratory settings. Findings indicated that the blinking detection system worked under controlled conditions.

#### E. Detection System for Road Safety Improvement A Review on Driver Drowsiness Detection System in Android

In this system, driver drowsiness detection has been analyzed based on the ECG signal obtained from a sensor. It

is characterized by maintaining simplicity, low cost and non-obstructive real time monitoring of drowsiness. The reliability and accuracy of driver drowsiness detection by using physiological signals is relatively very high compared to other methods. The intrusive nature of measuring the physiological signals is an issue to be addressed while driving. Wireless device is used to measure the ECG signal in a less intrusive manner and obtaining the signals using Bluetooth has been implemented. Various modules to detect the heart beat also been implemented. The application is successfully able to detect the heart beat accurately and it also displays the heart rate variability and the ECG signals in the android devices, respectively.

#### F. Driver Drowsiness Detection System – An Approach By Machine Learning Application

The primary method for identifying any image is to extract facial landmarks. Because they can be used to localize any area of interest, such as the mouth, nose, and eyes, in addition to the subject's form, facial landmarks are frequently referred to as the subset of the shape predictor issue. A facial-landmark detector in the dlib package is utilized to find coordinates. With very little restriction, the detecting system can repeatedly identify the same driving force's drowsiness. Additionally, the alarm is functioning correctly and may sound a legitimate alarm to notify the motorist. However, because each person has a unique Eye Aspect Ratio (EAR), the threshold frames that set off the alarm may change. A number of suggestions are made for upcoming projects in this area. First, after multiple tests, the system ought to be able to recognize when an individual is feeling sleepy and automatically decide the eye aspect ratio threshold without having to configure it for each individual. This is a result of the fact that some people desire a more frequent and sensitive alarm alert system due to their heightened knowledge of road safety and tendency to take greater measures.

#### G. Driver Drowsiness Detection

Intelligent sleepiness detection and the utilization of several metrics over an extended period of time and while driving are benefits of the drowsiness detection approach. This benefit makes it possible to identify sleepiness early on and sound the alert before a motor catastrophe happens. This paper proposes a real-time system that watches and detects drivers of automobiles losing their concentration. The motorist receives a warning to prevent mishaps in real time after it detects the presence of eyeballs. A real-time driving surveillance video approach for image-based sleepiness detection is suggested. The driver's face is initially identified in the image from a list of many faces that have been spotted using a four-step process. Furthermore, it removes the eyes from the detected faces. In the third phase, a modified Sobel operator is used to detect the curvature of the eyelids. Lastly, the curvature of the eyelids determines whether the eyes are open or closed. This is helpful in circumstances where the drivers are accustomed to long stretches of continuous driving at high speeds. The suggested system operates under various circumstances using the gathered data sets. We have developed a drowsy driver alarm system in this Python project, which you may use in a variety of ways. We employed a CNN model to predict the status after utilizing OpenCV to identify faces and eyes using a haar cascade classifier.

### H. Advantages

- The Drowsy Detection System offers a proactive approach to mitigating the risks of drowsy driving by identifying early signs of fatigue.
- Utilizing Python programming and computer vision techniques, the system enables real-time monitoring of facial features and eye behavior, allowing for timely intervention
- The integration of an Arduino-based system triggering a vibration band on the driver's wrist provides a non-intrusive tactile alert, avoiding distractions while effectively communicating the need for increased vigilance.
- The system allows for customizable sensitivity settings, accommodating variations in individual driver behaviors and ensuring accurate detection tailored to specific driving conditions.
- Leveraging wearable technology, the Drowsy Detection System seamlessly integrates into the driver's routine without requiring extensive modifications to the vehicle or discomfort to the driver
- By focusing on external cues such as facial expressions and eye movements, the system enhances safety without compromising the driver's privacy, addressing concerns associated with intrusive monitoring systems
- The ultimate goal of the Drowsy Detection System is to contribute to safer driving experiences by preventing potential accidents related to driver fatigue, promoting increased alertness, and reducing the likelihood of road incidents
- The integration of Python programming, computer vision, and Arduino-based mechanisms represents a significant technological innovation in the domain of road safety, showcasing the potential of interdisciplinary approaches to address complex challenges.
- The modular design and scalability of the system make it adaptable to a wide range of vehicles, promoting accessibility and potential widespread adoption in the automotive industry.

### I. Disadvantages

- One notable challenge in drowsy detection systems is the potential for false positives, where the system may erroneously interpret normal driver behaviors as signs of drowsiness, leading to unnecessary alerts and potential driver distraction.
- Drowsy detection systems may face difficulties in accounting for individual variability in baseline behaviors, making it challenging to establish universal thresholds for drowsiness detection that apply to all drivers.
- The effectiveness of the system may be influenced by environmental factors such as varying lighting

conditions, weather, and road terrain, posing challenges to consistent and reliable detection.

- The reliance on computer vision and facial recognition technologies may face limitations in accurately capturing subtle cues, especially in conditions where the driver's face is partially obscured, leading to potential gaps in detection.
- The cost associated with implementing and integrating drowsy detection systems into existing vehicles may pose a barrier to widespread adoption, especially in the case of retrofitting older vehicles.
- Drowsy detection systems that involve continuous monitoring raise ethical considerations related to privacy, and concerns may arise regarding the collection, storage, and potential misuse of sensitive driver data
- Drowsy detection systems may encounter challenges in adapting to diverse driving contexts, including urban, rural, or highway driving, where the patterns of drowsiness may manifest differently
- The absence of clear regulatory frameworks and legal standards for drowsy detection systems could hinder their widespread adoption, as uncertainties around liability and compliance may arise.
- The reliability of sensors, particularly in maintaining accuracy over time and under varying conditions, represents a potential limitation that needs to be addressed for the sustained effectiveness of the system.

### III. PROBLEMS IDENTIFIED

One significant concern lies in the system's susceptibility to false positives, where normal variations in driver behavior may be inaccurately interpreted as signs of drowsiness, leading to unwarranted alerts. Individual variability poses another challenge, as drivers exhibit unique patterns of behavior, making it difficult to establish universal thresholds for drowsiness detection. Additionally, environmental factors such as varying lighting conditions and adverse weather could impact the system's reliability, introducing a level of unpredictability to its performance. User acceptance and compliance may also present hurdles, as drivers may resist the adoption of wearable technology or find the alert mechanism intrusive, potentially affecting the overall effectiveness of the system. Furthermore, the ethical dimensions surrounding continuous monitoring, including concerns related to privacy and data security, need careful consideration. Balancing the need for effective drowsy detection with these potential challenges is crucial to the success and widespread acceptance of the project. Addressing these identified issues will be pivotal in ensuring the system's practicality, accuracy, and overall positive impact on road safety.

### IV. PROPOSED SYSTEM

The envisioned "Drowsy Detection System" intricately weaves cutting-edge technologies to elevate its



effectiveness. Through the utilization of Python programming and sophisticated computer vision techniques, the system intricately scrutinizes crucial facial features and eye behaviors with the aid of an external camera. Noteworthy in its design is the incorporation of customizable sensitivity settings, allowing users to fine-tune the system according to their unique driving nuances and thereby minimizing the occurrence of false positives. A pioneering feature lies in the integration of an Arduino-based mechanism, which, prompted by the Python program, activates a discreet tactile alert system. This novel system takes the form of a vibration band worn on the driver's wrist, ensuring not only unobtrusiveness but also providing a personalized and instantaneous response to potential drowsiness.

The system's modular architecture enhances scalability, fostering effortless integration into a myriad of vehicle types. Furthermore, a key emphasis is placed on energy efficiency, mitigating concerns about power consumption through the implementation of optimized algorithms and low-power modes. In addressing ethical considerations, paramount attention will be given to data privacy and security, guaranteeing the meticulous handling of sensitive information. By adeptly surmounting these challenges and implementing these groundbreaking innovations, the proposed system aims to deliver a comprehensive and pragmatic remedy to the pervasive issue of drowsy driving, thereby contributing unequivocally to the creation of safer road environments.

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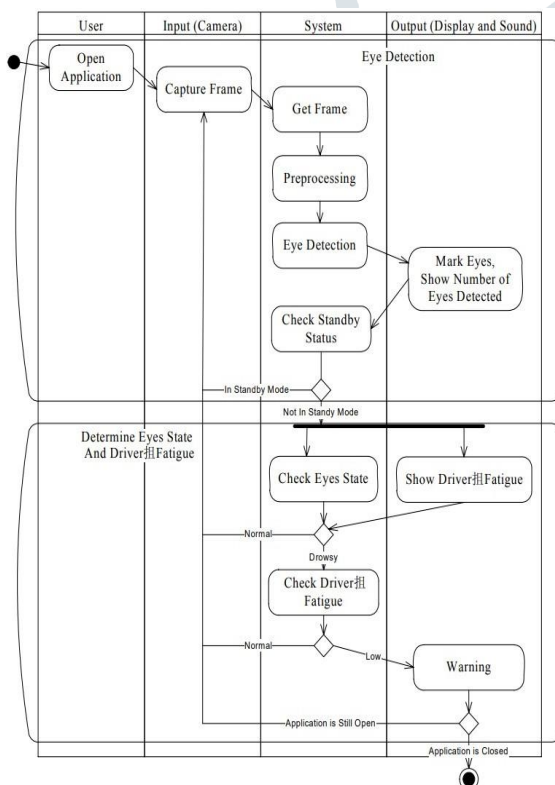


Figure i: Block Diagram which represents the schematic flow of process.