



Clinical Study -A cases of Rheumatoid Arthritis in Response to Homoeopathic Treatment

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ABSTRACT- Rheumatoid Arthritis is a chronic immune-inflammatory systemic disease Diagnosis by investigation followed by treatment with homoeopathic medicines showed excellent response in large number of cases. Homoeopathy is a system of medical treatment promulgated by Dr.Christian Friedrich Samuel Hahnemann,a German physician and as a science of medical treatment has a philosophy of its own and its therapeutics is based on certain fundamental principles. An in depth case taking was done in each and every case on holistic principle giving more emphasis to causations and mental symptoms.

KEY WORDS- Rheumatoid arthritis,Case taking,holistic principles,investigation.

INTRODUCTION Rheumatoid Arthritis is a chronic immune-inflammatory systemic disease that affects synovial joints with extra-articular manifestations. Bilateral peripheral symmetrical joint involvement with early morning stiffness is the characteristic features of rheumatoid arthritis. The rheumatoid factor is present in sera of approximately in 75% patients.

OBJECTIVE

- To develop investigation based data in good sample size of rheumatoid arthritis cases in response to homoeopathic medicines.
- To save patients from surgery.

MATERIALS AND METHODS: Remedy profile was formed and result were obtained in following manner.

Criteria for improvement-Pain,Swelling,Stiffness,deformities.

PATIENT Profile:

Pain and Swelling around the knee joint,swelling on the fingers,intensity of pain,swelling over the joint,stiffness of the joints. Complain aggravate in winter,rainy season,in cold,at night and early morning,gripping capacity is weak,difficult to house hold activity.

INVESTIGATION: Investigation was the main parameter to confirm the diagnosis and to assess the response of treatment.Advice for CBC,Uric acid,RA factor.

Homoeopathic remedies : The main remedies Calcarea Flourica in the present study are mentioned with individual cases.

RESULTS Rheumatoid arthritis was mostly commonly observed in middle age group. The age group between 51 to 60 and female had been found to be more prone to it. This strongly proves the effectiveness of homoeopathic medicine in rheumatoid arthritis. Significance improvement, Moderate improvement, Mild improvement.

DISCUSSION- Present study was conducted on the patient attending the out patient department of unity general hospital. Rheumatoid arthritis is the disease which affects the joints of the upper and lower limbs, spine being last to be affected, the observation during the study confirms this.

TABLE-1

RHEUMATOID ARTHRITIS CASES ACCORDING TO SEX.

S.N	SEX	NO.OF CASES	PERCENTAGE
1	MALE	09	18%
2	FEMALE	41	82%
	TOTAL	50	100

TABLE-2

RHEUMATOID ARTHRITIS CASES ACCORDING TO AGE.

S.N	AGE GROUP (in year)	NO.OF CASES	PERCENTAGE
1	30-40	3	6%
2	41-50	8	16%
3	51-60	23	46%
4	61-70	10	20%
5	71-80	5	10%
6	81-90	1	2%
	TOTAL	50	100%

CONCLUSION:

Goals of treatment of rheumatoid arthritis –

- Relief of pain.
- Reduction of inflammation.
- Preservation of function. Prevention of structural damage and deformity.
- Control of systemic involvement.
- Swelling of finger joint, elbow joint, shoulder joint, ankle joint.
- Pain and swelling of meta-tarsal joints.

Table-3

Result	Significance improvement	Moderate improvement	Mild improvement
C.F 6X	2	5	8
C.F.12X	9	7	6
30	0	2	5
200	0	0	3

Calcarea Flour was strongly proves the effectiveness and improve maximum number of cases of Rheumatoid Arthritis.

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