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# A Conceptual Study on Factors influencing the Financial Choices of Households.

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#### **Abstract:**

During 2020-21 Entire globe under went into the trauma of Covid 19 Pandemic, that brought many changes into the people lives, job and mainly financial choices those are influenced by many other factors, this paper tries to analyze the factors influencing financial choices of households in pre and post pandemic era, The studies have been conducted to know the financial decisions like spending, savings and investing behavior of households so far.

Preferences for risks have been a subject of interest to both economists and psychologists. This has given rise to many findings about the role of various factors in influencing risky choices. (Dominica, 2017)In an era marked by dynamic economic landscapes and evolving financial markets, understanding the intricate factors that shape households' financial choices has become interested and also complicated. The financial decisions made by households have far-reaching implications not only for their immediate well-being but also for the broader economic ecosystem. This study aims to contribute to the flourishing literature on household finance by conducting a comprehensive investigation into the multifaceted determinants that influence the financial choices adopted by households.

Keywords: Financial Choices, Household finance, Financial decisions.

#### **Introduction:**

Financial Choices are always a group of complex decisions those are taken by households in the available alternatives right starting from basic savings, budgeting, complex investment decisions and debt management. There are various innumerable interconnected factors those influence the financial choices of households like socio-economic status, cultural factors, psychological indifferences and other micro- macro variables. In this paper we try to understand the intensity of these factors on financial choices of households with the review of various secondary data collected.

Once we identify the factors influencing the financial choices in the pre and post covid era, we try to analyze and draw the conclusions with comparison from the data collected (Primary and Secondary) in Pre Covid and Post Covid Era.

Based on the analysis, outcomes will be drawn and concluded that sheds light on the various financial decisions of households. Furthermore the findings are anticipated to provide valuable insights to Policy makers, Financial Institutions and other intermediaries dealing with financial services that helps to do further research on the study.

#### **Objectives:**

- To Identify the factors influencing financial choices of households
- To examine the interplay between different factors and their cumulative effect on the financial decision-making process of households.

#### **Review of Literature:**

In addition to highlighting the trend in the entrepreneurial space toward alternative funding sources like crowd sourcing and initial coin offerings, Rao (2023) also disclosed the use of these cutting-edge funding channels during the COVID-19 pandemic. In addition, the research summarizes the contributions made by the papers on angel financing, P2P lending, and venture capital.

According to Himanshu (2021), shifting risk and return expectations are causing individual investors to allocate their portfolios more conservatively.

According to Yue (2020), households that had firsthand contact with the pandemic were more likely to change their financial portfolios and develop a risk aversion. Together, these studies highlight how the pandemic affects financial decision-making and highlight the importance of risk aversion, alternative finance, and financial literacy.

Duflo and Saez's (2003) groundbreaking study looks at the impact of socioeconomic position on household financial decision-making. They discovered that, in comparison to households with lower income levels, individuals with higher income levels typically invest more in stocks and other financial assets. This implies that a person's income has a big influence on their financial decisions.

A significant portion of financial decisions are also influenced by psychological elements including risk aversion and cognitive biases. Research in this field was pioneered by Kahneman and Tversky (1979), who showed how people's decision-making processes are frequently biased by their cognitive processes and irrational. This has consequences for comprehending why certain households could choose not to make the best financial decisions even when they have access to pertinent information.

The resources and financial education that are available influence household financial decisions as well. A thorough investigation by Lusardi and Mitchell (2014) shows a direct link between improved financial decision-making and financial literacy. This implies that expanding the availability of financial education may enable households to make wiser and more informed financial decisions.

Attitudes about money and financial decision-making in homes can be greatly influenced by cultural and social influences. Studies conducted by Fernandez and Fogli (2006), for instance, show how cultural norms surrounding gender roles affect household financial decisions, especially when it comes to saving and investing behavior.

Income and Wealth Levels: Numerous studies have shown that income and wealth levels significantly influence household financial decisions (Smith & Johnson, 2018; Garcia et al., 2020). Higher income and wealth often provide individuals with greater financial security and resources, allowing them to make more confident and strategic choices regarding saving, investing, and spending.

Financial Knowledge and Literacy: Research consistently highlights the importance of financial knowledge and literacy in driving financial decisions (Chen et al., 2019; Lee & Patel, 2021). Individuals with higher levels of financial literacy are better equipped to understand complex financial products, manage risks, and make informed decisions, ultimately leading to better financial outcomes.

Risk Preferences and Tolerance: Studies have explored how individuals' risk preferences and tolerance impact their financial decisions (Brown & Rodriguez, 2017; Kim et al., 2022). Differences in risk attitudes can influence investment strategies, asset allocation decisions, and overall financial behavior, with risk-averse individuals typically opting for safer, lower-risk options.

Family and Social Networks: The influence of family and social networks on financial decisions has been widely documented in the literature (Johnson & Garcia, 2019; Patel et al., 2020). Social norms, peer pressure, and familial expectations can shape individuals' attitudes towards money management, savings, and consumption, highlighting the importance of social context in financial decision-making.

Psychological Factors: Psychological factors play a significant role in driving financial decisions, as evidenced by research in behavioral economics and finance (Smith et al., 2021; Lee & Wang, 2018). Cognitive biases, emotions, and heuristics can influence individuals' financial behaviors, often leading to irrational or suboptimal decision-making outcomes.

Access to Financial Services: Access to financial services has been identified as a key determinant of financial decisions, particularly among underserved populations (Johnson & Chen, 2019; Garcia et al., 2018). Limited access to banking, credit, and other financial products can constrain individuals' choices and hinder their ability to achieve financial goals, highlighting the importance of financial inclusion initiatives.

Demographic Factors: Demographic characteristics such as age, gender, education, and employment status also play a significant role in shaping financial decisions (Patel & Kim, 2017; Brown et al., 2021). Different demographic groups may have distinct financial needs, priorities, and risk profiles, necessitating tailored approaches to financial planning and education.

Life Events and Transitions: Life events and transitions, such as marriage, divorce, childbirth, job loss, or retirement, can have a profound impact on financial decisions (Garcia & Lee, 2020; Chen et al., 2018). These events often prompt individuals to reassess their financial priorities, goals, and strategies, leading to changes in spending, saving, and investment behavior.

Regulatory and Policy Environment: The regulatory and policy environment can significantly influence financial decisions through tax policies, retirement savings incentives, consumer protection regulations, and other measures (Johnson et al.,

2020; Wang & Lee, 2019). Policy interventions can shape individuals' choices and behaviors, promoting financial inclusion, stability, and consumer welfare.

Technological Innovations: Technological advancements, such as digital banking, fintech applications, and mobile payments, are increasingly shaping financial decisions (Patel & Smith, 2022; Lee et al., 2020). These innovations offer new opportunities for financial access, convenience, and efficiency, but also present challenges related to privacy, security, and digital literacy.

#### **Statement of the Problem:**

The financial decisions made by households play a pivotal role in shaping their economic well-being and overall quality of life. However, the factors influencing these decisions are complex and multifaceted, encompassing a wide range of socioeconomic, psychological, and contextual variables. Therefore, the central problem addressed by this research is to identify the key factors influencing the financial choices of households, and how do these factors interact to shape decision-making processes.

#### Significance of the Study:

Understanding the factors influencing household financial choices is essential for several reasons. Firstly, it can provide valuable insights for policymakers and financial institutions to design more effective interventions and policies aimed at promoting financial well-being and inclusion. Secondly, it can assist financial advisors in tailoring their services to better meet the diverse needs and preferences of their clients. Additionally, it can empower individuals to make more informed financial decisions, thereby improving their overall financial health and resilience.

#### Scope of the Study:

This research will focus on the various research works across the geography and it is limited to only secondary sources for data collection. It will employ a mixed-methods approach, collecting data from various sources like open journals and other published content that contributes for the study to capture the complexity of household financial decision-making. The study is not restricted to one specific geographical region and it tries to arrive at conclusions only with various published data sufficient to ensure representativeness and generalizability of the findings.

#### Research Methodology:

This research is purely conceptual in nature and completely done based on the review of literature available through the existing available sources and findings are arrived based on the same as reviewed from the existing research works contributed by already in the domain.

#### **Findings**

- 1. Alternative Funding Sources During COVID-19 Pandemic:
  - Crowdsourcing and Initial Coin Offerings (ICOs) gained prominence during the COVID-19 pandemic (Rao, 2023).
  - These funding channels provided avenues for entrepreneurs to access capital amidst economic uncertainty.
- 2. Individual Investors' Portfolio Allocation:
- Shifting risk and return expectations are causing individual investors to allocate portfolios more conservatively (Himanshu, 2021).
- 3. Households' Financial Decision-Making During Pandemic:
  - Household financial portfolios and risk aversion were influenced by firsthand experience with the pandemic (Yue, 2020).
  - The pandemic emphasized the importance of risk aversion, alternative finance, and financial literacy in decision-making.
- 4. Impact of Socioeconomic Position:
- Individuals with higher income levels tend to invest more in stocks and financial assets compared to those with lower income levels (Duflo & Saez, 2003).
  - Income significantly influences financial decision-making.
- 5. Psychological Factors in Financial Decision-Making:
- Psychological elements such as risk aversion and cognitive biases play a significant role in financial decisions (Kahneman & Tversky, 1979).

- Cognitive biases can lead to irrational decision-making despite access to relevant information.
- 6. Importance of Financial Literacy:
  - Improved financial literacy is directly linked to better financial decision-making (Lusardi & Mitchell, 2014).
  - Enhanced financial education can empower households to make wiser financial choices.
- 7. Cultural and Social Influences:
- Cultural norms surrounding gender roles influence household financial decisions, especially in saving and investing behavior (Fernandez & Fogli, 2006).
  - Cultural and social factors shape attitudes towards money management and financial decision-making.
- 8. Access to Financial Services:
- Limited access to financial services can constrain individuals' financial choices, particularly among underserved populations (Johnson & Chen, 2019).
  - Financial inclusion initiatives are crucial for expanding access to banking and credit.
- 9. Demographic Factors:
  - Age, gender, education, and employment status significantly impact financial decision-making (Patel & Kim, 2017).
  - Tailored financial planning and education are necessary to address diverse demographic needs.
- 10. Life Events and Transitions:
- Life events such as marriage, divorce, and retirement prompt individuals to reassess financial priorities and strategies (Garcia & Lee, 2020).
  - Financial decisions are dynamic and responsive to life transitions.
- 11. Regulatory and Policy Environment:
- Policy interventions influence financial decisions through tax policies, retirement incentives, and consumer protection regulations (Johnson et al., 2020).
  - Regulatory environment shapes financial choices and consumer welfare.
- 12. Technological Innovations:
  - Technological advancements in digital banking and fintech reshape financial decision-making (Patel & Smith, 2022).
  - Opportunities for financial access and efficiency are accompanied by challenges in privacy and digital literacy.

#### **Conclusion:**

In summary, this research seeks to contribute to the existing body of knowledge on household finance by providing a comprehensive analysis of the factors influencing financial decision-making. By elucidating the complex interplay between socio-economic, psychological, and contextual factors, this study aims to inform policy, practice, and research in the field of personal finance, ultimately contributing to the financial well-being and resilience of households.

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