



Applying of Maslow's Hierarchy of Needs in Student's Achievement

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1. Abstract:

In student's life, any achievement is an important matter to student. It is very important matter in the academic life of student. For this, need has an important role in achieving anything. To achieve something a need creates motivation in the individual. The aim of this study is to see how Maslow's hierarchy of need helps the student to achieve his goals. The objective of this study is to find out the relationship between hierarchy of needs and student's achievement. The study adopts a systematic literature review methodology to analyze the existing study on Maslow's Hierarchy Needs in student's achievement. This method enables a structured and thorough examination of available literature. The study has revealed that, how the Maslow's hierarchy of needs helps to student's achievement. Maslow's hierarchy of needs of theory is very significant in student's academic life. In case of any learning or achieving something in life, motivation plays a pivotal role in student's progress. Without motivation, a person cannot satisfy his needs. It can be concluded that, every person wants the full development of his inner abilities and potentialities. Every person has a need for his self-development. If the person wants to develop his self but, he does not want then he will never achieve his self potential. If the motivation of self-development can be awakened in the students, then any student will strive for better self development.

2. Keywords: Self-actualization, Needs of Hierarchy, student's achievement, humanism, importance of human

3. Introduction:

Humanism is a philosophy which gives more important to human. In this philosophy, a concept is cleared that, people are inherently good. Then why people do the bad works. The main cause of this is that people's needs are not fulfilled. Humanism gives the people to human dignity and values. Everyone has worth. Moreover, it believes that, human has the abilities to control their atmosphere, shaping it as per their necessity. It further believes that an individual's ability for growth and development is unlimited. On the basis of humanism philosophy, Maslow's hierarchy of needs has established in the psychology. In the Maslow's theory, the emphasis is placed on learner. The student has freedom and autonomy or self-discipline. In this theory, it has been given importance that, what a person learns and how he learns.

According to hierarchy of needs, we all have an intrinsic desire to become our best selves; it means that, student's need to be engaged in the learning process. Eager to learn comes from the students. This means that, the teacher needs to create their curiosity and encourage them to run their interests. If students are motivated then they will become active participants in learning process and develop a love for learning. Like, Carl Roger, as humanist Abraham Maslow emphasizes on humans capacity for their growth and

development. He believed that, a person's behavior is associated with his inner feeling and self-image. Unlike the behaviorist, humanistic psychologists said that, humans are not only the product of their environment but rather they study human meaning, understanding, experiences which are associated with growing, teaching profession.

Humanistic theory is the student centered approach in education. This theory stresses to learner's freedom, student's autonomy and potential. This theory is established on the concept that learners are internally good and they will take better decisions when their needs are fulfilled. It has been considered that learning means not developing the intellect of the child but also educating the person as a whole.

Humanistic learning theory gives importance on the following points:

3.1. Student autonomy: Students can choose their own learning needs, materials and methods.

3.2. Engagement: In theory of learning, the person is engaged in learning from the perspective of cognitive, affective and psychomotor.

3.3. Intrinsic motivation: Here students feel motivated intrinsically. For this, motivational things of outside are not needed.

3.4. Self-assessment: Learners are learnt how to assess of work. It helps the students.

In student's life, any achievement is an important matter to student. It is very important matter in the academic life of student. For this, need has an important role in achieving anything. To achieve something a need creates motivation in the individual. The need is created from anything else and individual always tries to fulfill the need. In this case, the motivation helps to achieve the goal of individual. If the need is not created in the person then achieving something will not be possible for the individual. Actually, the need of the control the person and for fulfilling the needs of the individual, motivation is created in the individual. So, in achieving anything, the individual's need is very needed in life. The aim of this study is to see how Maslow's hierarchy of need helps the student to achieve his goals. The objective of this study is to find out the relationship between hierarchy of needs and student's achievement.

4. Objectives of the study:

The major objectives of this study are as below:

To study regarding student's achievement

To analysis the Maslow's hierarchy of needs from the perspective of student's fulfillment of the goals

To examine the impact of Maslow's hierarchy of needs on student's goal achievement

To find out the relation between hierarchy needs and student's achievement

5. Methodology:

The study adopts a systematic literature review methodology to analyze the existing study on Maslow's Hierarchy Needs in student's achievement. This method enables a structured and thorough examination of available literature. This method identifies the traits, strategies effectiveness. A systematic investigation has been conducted in academic databases including ERIC, PubMed, Shodhganga, Indian Times, Academia and Google scholar. The present study is mainly based on secondary data. The important information has been collected from the book; publish data of World Bank report, research paper and journals that provides an entire picture about the applying Maslow's hierarchy needs in student's achievement.

6. Student's achievement:

Student achievement refers to academic improvement and performance of student in their educational setting. It includes the level of knowledge, skills and understanding that students have to acquire due to their learning experience. It is measured with the help of different types of test, assessment, exam, projects and assignments. It projects the extent to which students have to net specific learning objectives and educational standards.

Educators and educational institutions use the student improvement to evaluate the effectiveness of educational learning, identifying the areas for development, teaching methods to met personal learning needs. Generally, student achievement is affected by the integrating factors, including effective teaching, engagement, learning environment, student's supportive services, student's personal effort and motivation.

Student's achievement means an achievement in which a student can do that work which he has learnt through classroom or through working process. It represents the overall activities of the student. Here, student's achievement refers to a student can show his learning things of what he has learnt in educational setting. Evaluating achievement is essential because, it represents a student's growth from academics to sports to public behaviors. It develops the student's surrounding and it makes the students to be more helpful, kind, generous.

One's educational achievement can never to be same from each others. Always student's achievement varies in the same field of subject. For example, if a learner performs really well in the study then his achievement would be high. Similarly, if a student performs well in the field of co-curricular activities such as sports, art, dance and songs etc then his achievement would be high. Student's achievement varies in different fields such as classroom activities, creative thinking, class work, home, classroom projects etc. of a particular subject. Some specific goals are there through a student achievement can be evaluated. This includes class test, extra-curriculum activities and overall activities etc.

Student's achievement is a one kind of development of abilities of the child where the child can acquire abilities, through acquiring abilities; a student can do certain work. Acquiring this ability depends on many things/ factors such as teaching methodology, learning materials, learning environments, student's intelligence, and family environment so on. Student's achievement may be in various fields like, in the field of art, sports, academic field, engineering field so on. Apart from this, the achievement of the student depends on the heredity and environment of student.

Besides, healthy foods and proper physical exercise helps in the development of student's achievement. Learning is also an important factor that improves the achievement of the student. Despite of learning of student, intelligence of the student helps in the achievement of the student. Practicing of any subject helps the student to achieve in his goal or objective. So, the practice in any subject is very important. Without practice a person cannot gain anything else. So, the practice is required in acquiring something. The will power of the student is significant because, student cannot achieve something without willpower of student. So, it is also an important factor in case of obtaining knowledge, skill, to learn something, experience.

7. Maslow's hierarchy of needs from the perspective of student's achievement:

Abraham Maslow was mentioned a theory that is one of the best theory in motivation. His theory is known as Maslow's hierarchy of needs. He said that human behaviors are conducted by the motivation. In this case, some certain needs like, physiological needs lead the person from basic behavior to complex behavior. Abraham Maslow was the first introducer exponent of the concept of hierarchy of needs. His paper published in 1943, titled as 'A Theory of Human Motivation'. Maslow as a humanist believes that, everyone has an inborn desire to fulfill their self-actualized. He says that to achieve any goal, a number of basic needs need to be fulfilled. This includes the need for food, safety, love and self-esteem. Apart from this, these needs are same to instincts and play an important role in motivating behavior. According to Maslow, there

are five kinds of needs in human life. It starts from basic needs to self-actualized needs. Let's see, what are those needs that Maslow has stressed in his theory?

7.1. Basic or physiological needs: These needs are those that are very much important to survive. This includes food, water, breathing, sex, shelter, and clothing. Later, Maslow included one need that is sexual reproduction in this hierarchy. Since, it is important to propagate the species.

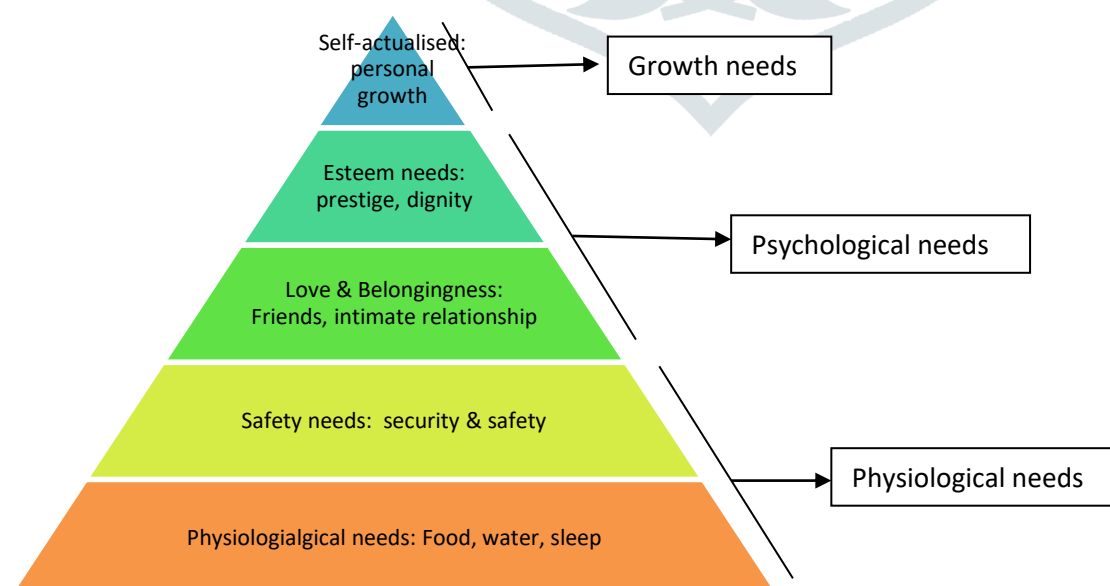
7.2. Security and safety needs: At this level, the needs become a bit more complex. This includes finding a job, obtaining health insurance, saving money to a account, moving a safe environment. All these are the example of Security and safety needs. If these needs are not satisfied then he cannot go next level.

7.3. Love and Belongingness: Maslow said that this level is called as social needs. Social refers to love, acceptance and belonging. He says that, emotional relationship drives the human behavior. Some of the things that satisfy this need such as friendship, family attachment, social group, community groups etc. In case of avoiding loneliness, deprivation and anxiety, it is so important to love others and accepts others.

7.4. Esteem needs: At this level, Maslow has given importance to appreciation and respects. If at the bottom level, needs have been fulfilled then the esteem needs begin to play a prominent role in motivating the individuals behavior. In this stage, people want to gain the respect and appreciation of others. In this regard, the person needs to sense that they are valuable they can contribute to world. For satisfying such need, person can participate in professional activities, academic accomplishment, athletic or group performance and hobbies. This all can play an important role in fulfilling the esteem needs. In the oppositely, those who has lack of self-esteem and respect of other, they can feel infuriate.

7.5. Self-actualization needs: It is the highest stage of hierarchy needs. At this peak stage, the person achieves highest level of achievement in his life. It is called self-actualization needs. At this level, the person is very much self-aware and very much concerned in the matter of his personal growth. He is very much less concerned with the others opinions and he is very much interested in satisfying his personal potentials.

Maslow has said that, a man can do of what he wants to do. He believes that, if a man wants to be then he can be. He said that, it is possible to achieve of what an individual wants to achieve. According to Maslow, self-actualization means to full use of talents, potentialities and capabilities of the individual. Such people seem the fulfill themselves and doing the best that they are capable of doing.



Maslow's Hierarchy Needs

Maslow separated the needs into two categories such as deficiency needs and growth needs.

- **Deficiency needs:** It refers to physiological needs such as water, food, sleep, psychological needs such as security and esteem needs. If these needs are not fulfilled or deprived then the person cannot achieve anything. Satisfying these needs is very much important to avoid unpleasant feelings.
- **Growth needs:** Maslow says that, the need which is the top of the pyramid that is the growth need. He called this need as growth need. If the need that is below of pyramid are not satisfied then he can't grow in his achievement.

From the perspective of student's achievement, Maslow wants to say that the person fixes a goal in his life, then physiological needs come first to the person. If his needs are not satisfied then he cannot move towards the self-actualized or achievement. The person can move to self-actualization if his all the needs are fulfilled.

8. Impact of Maslow's hierarchy needs in student's goal achievement:

Maslow's hierarchy needs is very significant in student's achievement. It gives a valuable understanding and comprehensiveness about student's self-actualization. Maslow said that, student's needs greatly influenced in motivation of student as well as overall health system of the students.

Effect of physiological needs: In case of student's achievement, the basis of hierarchy of needs is satisfying physiological needs like, food water sleep and physical well being. But, in case of achieving any position in any work so that, his physiological needs are met. If his basic needs are fulfilled then he will be motivated and go to the next level. So, there is a relation between physiological needs and safety needs.

So, it can be said that, there is an impact of physiological needs in student's achievement. As a result, he can adjust with different types of environment such as home environment as well as school environment and he feels very happy to survive. He can survive with joy. He can do the freely. He does not feel any inferiority.

Effect of safety needs: When a person goes to the next level then he feels more motivated to achieve that he wants to fulfill his needs. In the second level, a person is motivated to satisfy his needs. In the hierarchy of needs, safety needs include safe in physically, social safety, emotional and secure environment where a person can feel safe from undesired situation and having trust in their school environment. If we fulfill the safety needs of the students. He gains joyful life.

Effect of love and belongingness: In the previous level, he feels safe and secure. At this level, he motivates to satisfy the love and belongingness by other. It refers to the desire the social connection and positive relationship. For this, we can foster a supportive inclusive classroom that helps the person in getting values, accept and connection. For this, we can arrange collaborative work, team work and peer relation. As a result, the person feels very much love and belongingness with other people. After that, he goes to the next level.

Effect of esteem needs: When the esteem needs are created in the individual then he tries until he can fulfill. It includes sense of worth, self esteem, recognition. If we give more opportunities for the students then they gain recognition for their achievement and get constructive feedback. If they involve in activity then improve their self-confidence.

Effect of self-actualization: It refers to desire to personal growth, feelings of one's potential, gain of self-achievement. In the relevance of education, if we provide supporting student's actualization, giving opportunities for creativity, critical thinking, personal development

9. Relation between hierarchy of needs and student's goal achievement:

It is evident that, there is a relation between hierarchy of needs and student's goal achievement. There are many points, some of them are:

- **Physiological needs and student's fulfillment:** We all know very well that, these needs are very important for human survival. These include air, food, drink, shelter, warmth, sex, sleep etc. According to Maslow, if these needs are not fulfilled, student's body will not function optimally or properly. He considered that, these basic needs are important like other needs become secondary until these needs are met.
- **Safety needs and student's achievement:** Like physiological or basic needs, safety needs are also important. If the student feels safe in his life then he will motivate to go to the next level. Maslow said that, safety needs like, protection from element, stability, freedom fear are also important. If there is no fear then a student is motivated to his goal. Therefore, it is seen that there is a relation of safety need and achievement.
- **Love and belongingness and achievement:** Maslow said that, after satisfying the basic or safety needs, the third level of human need is social need which is involved with the feeling belongingness. Interpersonal relation among the people motivates the behavior. Some examples can be said such as friends, intimacy, trust, acceptance, taking and giving affection and love etc. In this stage, Maslow says that, if a person feels the lack of love belongingness from other person or any group of people like, family, friends, co-worker in any working environment, then he will be depressed in his life.
- **Esteem need and achievement:** Maslow classified this need into two categories such as esteem for one's life, dignity, achievement, mastery, independent and other is reputation from others. Maslow has indicated that need of respect is most important for children and young generation. If his self respect is hampered in a working place then he will not go that place. He will avoid as much as possible social gathering. Maslow mentioned that, if self-respect of the student is met then individual or student will be motivated to work. In case of students, this motivation helps them to achieve success in life and can progress towards fulfilling higher needs.
- **Self actualization and achievement:** It is the highest level of Maslow hierarchy of need. There is a strong relation of self-actualization with student's self establishment. The motivation which is associated with this need is called self expression motivation. Every person wants to full development of his inherent physical and mental abilities. So there is a relation with each other of the needs of Maslow hierarchy of needs. From the perspective of Maslow Pyramidal hierarchy of need, it can be said that, if one of needs is not properly satisfied, then student's education will be disrupted. A person cannot reach his proper goal. In this regard, we should create a learning environment in which student's level based needs are met and motivation are activated.

10. Findings of the study:

The study has revealed that, how the Maslow's hierarchy of needs helps to student's achievement. Maslow's hierarchy of needs of theory is very significant in student's academic life. In case of any learning or achieving something in life, motivation plays a pivotal role in student's progress. Without motivation, person cannot satisfy his needs. Besides, a person cannot achieve his self actualization. The study shows that, human has superior powers by which he can do everything. Before this, the person has to feel the need of doing something. Maslow has given more importance to the basic needs or physiological needs rather other needs. Because, if the basic needs of the person are fulfilled then he cannot go to another level. Maslow wants to say that, like basic need such as food, water, sleep etc. safety needs, love & belongingness, esteem and finally self-actualization needs are also same important in student's life.

Study also proved that, it is true that that there is a relation among the needs of hierarchy of Maslow theory and student's goal achievement. Maslow says that student cannot achieve the goal till his needs are met and motivation of the person continue until his needs are not fulfilled. Study found that, student's achievement

refers to the ability by which student can do in his subject or a person is skilled in his field. Apart from this, in the context of achieving student's achievement, Maslow's hierarchy of needs of theory is very significant theory. This humanistic theory of learning helps to develop student's abilities and potentialities.

11. Conclusion:

From the study and findings of the study, it can be concluded that, in the field of learning, humanistic theory has played an important role in student's achievement. Humanist Abraham Maslow has introduced a theory which is known as Maslow's hierarchy needs of learning. The study also has proved that, Maslow's hierarchy of need of learning is really significant. Every person wants the full development of his inner abilities and potentialities. Every person has a need for his self-development. If the person wants to develop his self but, he does not want then he will never achieve his self potential. If the motivation of self-development can be awakened in the students, then good student will strive for better self development. In this regard, the role of teacher is to understand the student's need and encourage them to help in their self-development or self-actualization. From Maslow's pyramidal hierarchy of needs, it can be said that, if one of the needs is not satisfied properly, then the education of student will be hampered. Apart from this, a student would not reach his proper goal.

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