



Sociological Study of Youth Moving Towards Drugs in Tehsil Rampur Bushahr of Himachal Pradesh

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Abstract: - The present time is passing through a phase of modernity. People are promoting modernity and encouraging many types of things. In this period, many types of evil have arisen in society. This is a big problem not only for one region but for the entire world. In this regard, drug addiction has emerged as the focal point of the young generation. Drug addiction has become such a problem in today's times that it is being discussed on every platform. Efforts are also being made to make the youth aware in various ways. But instead of decreasing, its cases are continuously increasing. With time, the form of drug consumption has also changed. Cheetah, heroine, etc. have taken such a form of addiction that it has become a difficult task to stop them. Due to this, an impact has been seen in social and family situations. The youth find themselves in a state of dilemma and confusion with society.

Keywords: Addiction, Youth, stress, Socio-Family Situation, Social Confusion

Introduction

The youth, called the future of India, have been so immersed in drug addiction. They don't know the value of their being. It has become a matter of concern for the country and society. One reason for this is the easy mixing of narcotics. Human beings are struggling between modernization and Indian culture. Modernization is setting up at such a rapid pace that man is not getting time to think and ponder over it. The socialization of man from 15 to 20 years ago has been adapted to an Indian culture. But at present, the socialization of the new generation is taking place according to the modern method in a big way. Due to which generation after generation is coming at him a lot of distance, he is feeling alone in society. From which it would not be wrong to say that modernization has become a double mixture with Indian culture, which is taking fatal forms at a rapid pace. In a society where youth are the main reason for addiction, the more a person feels alone, the more he will be in a state of stress.

The Ministry of Social Justice and Empowerment, Government of India, has conducted a survey on the status of drug addiction in India through the National Drug Dependent Treatment Centre of AIIMS. The centre submitted a report in January 2019. According to this report, about 28 crore people in India are consuming some or another drug substance, out of which 16 crores are consuming alcohol and 12 crores are consuming other drugs. According to this, about 7.5 million people have reached critical condition. A serious condition means that they are not able to control or stop their addiction. According to this report, about 6 crores of these people want to quit addiction, but they are not able to do so due to a lack of facilities. In India, every year, about 20 lakh people die due to diseases caused by tobacco, and about 5 lakh people die every year due to alcohol. Those people are not included in these 5-lakh people. Those who die indirectly due to alcohol, such as many women who commit suicide due to the torture of alcoholic husbands, many drunkards get drunk, and murders happen in small things, and when a drunkard drives drunk, he does not just hit the pole; rather, many people also die due to coming in front of him. Is alcohol not responsible for all these deaths too? In our society, when a person becomes addicted, he is first beaten to heal; when beating does not work, then efforts are made to cure him with worship and Baba Bhabhut; when all these methods fail, then in the end, it is said that marrying him will be fine after marriage. So far, no positive impact of all these has been seen in society. According to *Nahalia Lovely*, youth shattered by drug addiction (2017): The power of humans immersed in intoxication. Power drowned in the country. This slogan of writer Lovely Nihala seems to be proved true because of the way the foundation of the house rests on its foundation. In the same way, the foundation of the country also rests on its youth power. In order to transform from a developing country into a developed country, it is very important to pay attention to this thing, mainly because when neem is weak, then how can the house become strong, and when the country's heritage youth power is weak, then how can the country become all-powerful? While on the one hand, the country is skyrocketing at the level of education, on the other hand, the educated youth helpless from poverty are breaking from unemployment and drowning themselves in the swamp of drugs. A frightening situation seems to be emerging in a country.

According to *Mohan*, *Youth and Drugs* (2004), India is a country that is a neighbour of both Golden Crescent and Golden Triangle countries and is notorious for drug trafficking all over the world. Everyone knows that various routes of drug smuggling pass through India, and the availability of drugs for consumption in India is easy. Youth are the wealth of the nation, and often they are addicted to drugs. They have many reasons to become addicts. The pressure of peers frustrated with life is good enough to lead them to the world of addiction to rebellious gestures towards civil society norms just for fun. As *Sheetal Kanwar* has said in *Drug Addiction, Criminal Justice, and Human Rights* (2022), drug addiction has serious consequences. Some signs include anxiety, paranoia, and red eyes. They are drunk, unable to demonstrate proper coordination, and have difficulty remembering things. A person who is addicted cannot stop himself from using them and becomes unable to function correctly without consuming them. This brain damages their personal and professional relationships. It affects mental cognition. He is unable to make proper decisions. I am unable to retain information and make poor decisions. Right now, indulge in reckless activities such as stealing or driving drunk. He also ensures that the supply is constant, and he is willing to pay a lot of money. Even if he is unable to afford this. *Meena Sehgal* has explained that drug abuse among child workers (2004) The biggest expectation in a world of inequality is the survival of marginalized children. Those who are forced to work for economic reasons and are pushed into drug abuse due to criminalization in sensitive social systems. This book attempts to draw attention to the problem of drug abuse among social scientists, social workers, politicians, and the administration. The problem is complex due to its nature and determinants. Bringing back smiles on the faces of innocent children is a wake-up call to join everyone in the effort of virtuously building a social order by uniting them.

MacIver and Page (1959) defined society as "a system of rights and mutual aid, divisions of human behaviour, and freedoms." We call this ever-changing, complex system a society. It is a web of social relationships, and it is always changing.

Problem Statement

The problem of drug abuse has emerged as a major problem globally. To prevent this, Prohibition Day is celebrated on June 26 every year, yet there is no restriction in society. Due to which everyone is getting access to it very easily. It is having an impact on the family. Those who consume drugs reach this extent. If they do not get the drugs in time, then they commit suicide. An attempt has been made to know the reasons behind all this.

Objectives

Drugs are being exploited in society and by the young generation. Due to this, every element of society is affected. An attempt was made to know all these, for which some questions were constructed, which are as follows:

- What are the reasons why youth are attracted to drugs and are in a state of stress?
- What kind of social and family environment has been created due to addiction?
- Whether positive efforts are being made to prevent drugs under the law and rules.

Methodology

Through a research design, a researcher decides how he will collect data or information from his respondents. Efforts are made to know how it will be analysed. A qualitative and quantitative effort has been made by the researcher to know the reason for the increase in drug addiction in the younger generation. How it is hollowing out one society and the youth participating in building a nation are running in a different way. The effort to know all these has been mainly achieved by going to the field, where questionnaire methods, interview methods, and non-participant methods have been used. Snowballs and a purposeful sampling met

Study of Area

Bushehr was eighty-four miles long, sixty-two miles wide on the eastern side, and twelve miles wide on the western side, and had an area of 3,820 square miles, including the Sair. Most of Bushehr was located in the drainage area of the Sutlej, which extended from northwest to southwest. It was one of the oldest hill states in the western Himalayas, after Kashmir. According to legend, the Bushehr dynasty was founded by Pradyumna, the son of Lord Krishna. To marry the daughter of Banasura, the local chief of Sonitpur (Saraha). Pradyumna is said to hod have been used in this study so that the drug addict can be reached. Information was collected from 25 people to complete this study.

Study of Area have come to that place after the death of Banasura; after an encounter with him, he became the chief of the Bushehr and Kinnaur regions, as Bushehr had no successor. Another legend talks about Pradyumna, the youngest of two brothers, who came on a pilgrimage to the "Bhimakali" temple in Saraha from "Kanchanapuri" in the south. (<https://en.wikipedia.org/wiki/Bushahr>) In the present era, the speed at which development is taking place is double, and there is an increase in anti-social acts. In the last few decades, drug use and abuse have increased rapidly. In Rampur Bushehr, in Himachal Pradesh, drug addiction is spreading in this way. In which teens and youth have been hit by it.



Rampur Bushahr Area of District Shimla

Rampur Bushahr falls in the Shimla district of Himachal Pradesh, along with Kinnaur district and the last area of Kullu district. Rampur Bushahr has a population of 5,655. The Sutlej River originated in the former Bushehr princely state. It was bounded on the west by Kullu, Lahaul, and Spiti, and on the east by Tehri Garhwal. It had an area of 8,907 square kilometres (3,439 sq mi). Rampur came to be known as Uda Rampur, which was earlier called Punjab. The main reason for this is the drunken youth here, who is not taking the name of stopping. In Himachal, most of the intoxicants, such as chita, bhang, charas, etc., have been caught smuggling, so the Rampur area has been taken to know the effects and causes of intoxication. The main reason for taking this area is that every single day theft, suicide, etc. are not taking the name of stopping. Families have ended due to addiction.

Major causes of intoxication

A. *Fashion, Hobbies and Accompaniments*

The youth is consuming drugs as a hobby, and he is also being wrapped up in this addiction as a bad company. A youth is afraid to live alone, so he joins all the youth who are in the grip of drugs. Gradually, he also gets wrapped up in all these things. And he gets used to it. As a hobby or fashion, it can be said that he connects himself with the world of modernity to such an extent that he starts connecting himself by imitating advertising, parties, etc., and this hobby leads him to addiction. In which intoxicating content is advertised by famous people. So that more and more people consume it. So that more profit can be made.

The youth want to associate themselves with modernity, he believes. Only if it is modern will it have value in the society. Somewhere while doing research, it was seen that in the race for modernity he was drunkenly lifting. Now, there is a continuous change in his way of consuming drugs and the substance consumed, which he associates with modernity.

B. *Mental stress: -*

In the era of modernity, man is suffering from stress. The society in which man is born. He adapts himself to that situation. He is socialized in that manner. Whatever the situation, the values and norms of society and the family's interest in seeing the person that way. Like, they're hoping. If he goes on doing his work against this expectation, the attitude of society towards him will be different. From there, he moves to a single position. He doesn't have any allies. If he goes through this mentality, he moves towards addiction. He thinks this will reduce his stress. And he starts consuming it. This can be the main reason. where unemployment is at its peak. The youth sitting idle is suffering from mental stress. In the name of emerging from this, he embraces the drug addict.

C. *Taking intoxication from religious rites, etc.*

Drug addicts do not consider it wrong to take drugs. They associate intoxication with religious rites. They say that whatever we are doing is done by God's will. We can't do anything ourselves. More often, the youth say that Bholenath's grace is upon us. To make them happy, we consume bhang, etc. And that's nothing wrong. Even it was found that during the Shivaratri festival, all the members of the house consume a portion of the food to worship Shiva, i.e., to please him. But it was found that children and youth in the house are attracted to it due to this wave. After that, their habit gradually becomes intoxicating. Which later takes a terrible form.

Social and family effects of addiction:

Drug problems have a profound impact on families. Mother and fathers, brothers, sisters and children are frequently caught in the maelstrom that drug problems almost inevitably create. Addiction is a form of social disintegration. Drugs are found in some form or another in every society. Nowadays, drug addiction is ruining the youth of the country. Due to this, the morality inside them is ending. The lamp of many families has been burned in the fire of drugs. To eliminate it from the root, the youth do not understand that drugs are eating them and the country like a termite. It was seen that most of the crimes in society are due to drugs. They lead the family and society towards decline. Some of the youth could take their society, family, etc. to heights with their ideological work. That too makes the youth hollow and weak by becoming a burden on society due to addiction. At present, the person is coming out of the village in the competition to earn money. That is, he is migrating more towards the cities, due to which he is coming directly into contact with the city and learning about different ways of life, etc. there. He is getting away from his roots, and when he is away from the family, he develops a feeling of loneliness. There are times in life when people need themselves very much.

An addict can never create his family situation. All the money he earns, he squanders in this intoxication. If the money is not available, then the person suffers from many things like irritability, loneliness, etc. He completely spoils the family atmosphere of the house. In excessive time, the person suffering from addiction spends more time outside the house. He does not pay attention to his family, children, etc. He simply collects substances related to his addiction all the time. He keeps thinking about the cost involved in it, etc. Drug abuse becomes a major cause of crime, poverty, and the breakdown of families in society. A man walks with a goal. Adjustment is the adaptation of circumstances or adaptation to the circumstances to achieve the goal. This adjustment is made by the person according to his ability. This can be further clarified with the help of the following example: For example, a student makes it his goal to get the first position in his class in the examination, but due to the competition of other students and his low qualification, he fails to achieve his goal. This makes him experience frustration, contentment, and mental stress. Even in such a situation, he goes into a single position, due to which he gets attracted to intoxication.

Legal Efforts and Reforms

The Ministry of Social Justice and Empowerment has been mandated to reduce drug demand. It coordinates and oversees all aspects of drug abuse prevention including assessment of the extent of the problem, preventive action, treatment and rehabilitation of addicts, dissemination of information, and public awareness and is mandated to run de-addiction centre. *Nasha Mukta Bharat Abhiyaan* is operational with the involvement of more than 500 voluntary organizations across the country, which are assisted financially under the National Action Plan for Drug Demand Reduction (NAPDDR) scheme of the Ministry of Social Justice & Empowerment. These NGOs have been actively involved in the implementation of Drug-Free India campaign. Nearly 8000 youth volunteers and outreach workers of these institutions/organizations have gone from door to door, village to village and nearby localities, etc. to educate the people about the ill effects of drug abuse and have assisted in the rehabilitation of victims of substance abuse. The *Nasha Mukta Bharat Abhiyaan* website provides detailed information about the Abhiyaan and its activities, gives glimpses through the Photo & video gallery, provides IEC resource material and information on the institutions set up by the Ministry with the aim of Drug Demand reduction.

In Rampur, it was found that many people have made drugs a business. It is also making a very good profit from them. Therefore, in many households, emphasis has been laid on the cultivation of only cannabis, opium, etc. And to reach the people, it is adopting many tactics. It was highly evident that women were being brought forward for its spread so that these materials could be spread easily. And they have become used to it; legal prevention is fully handling its work, but it has been relaxed by some officials to make profits, due to which the spread of drug content is increasing. It is traded more at night. The main reason for its spread is also the lack of proper attendance by the administration, where the higher officials work to prevent drugs with their full devotion. He is transferred to some other place. From where it is easy to understand all this, the involvement of political power is also seen somewhere. Apart from this, the material from which Charas, Ganja, etc. is obtained is sent behind bars, but it does not take much time to come out of it. Even after getting out, he does not improve. Many people know from where these substances are spreading inside society, yet they are sitting in silence. They know that there is a hand of very big people behind this, which is difficult to stop.

Conclusion and Suggestions

Teenagers and youth are increasingly coming under the grip of drugs. In the era of modernity, man is running with his eyes closed. With the help of this research, it was seen that more youth started taking drugs from school. At the same time, it was also found that youth who leave their teenage period are less attracted to drugs. Apart from this, a man is ready to do anything to create his position. He gets caught doing the wrong things to earn more and more profit, in which case he starts doing drug business to earn financial gain, and his habit has started to earn more profit quickly and without hard work. Due to this, narcotics are being transported to even the smallest villages. It has been seen more in uneducated people suffering from addiction. Due to a lack of education, people start taking drugs at an early age. By the way, talking about government efforts to prevent drugs, the government is doing a lot in this direction, such as the drug de-addiction campaign that has also been started in 272 districts. Poppy cultivation is also destroyed from time to time. But still, it has been seen that, due to the greed of some money, some selected officers relax the spread of narcotics. Due to this, it is spreading at a rapid pace instead of stopping. The use of mobile devices, etc., in Hindi cinema and modern society is largely responsible for promoting this. Seeing the smoke ring of the film hero flying, the youth also have a desire to become a hero. In the beginning, it is due to incomprehension, which takes a habit. The second main reason is that society and family have more expectations from the citizens that

he will become a successful person by doing a good job, etc. When he is unable to adapt to this hope. Then he finds himself isolated, i.e., away from society. At that time, he thinks of taking the path of intoxication. He goes into this accompaniment. Sometimes he reaches a single state of his own. He commits suicide.

Addiction is a recurring disease that we should treat just like other diseases. We do not expect that the hearts of patients with heart failure will behave normally. We understand that their function has changed due to illness. Why, then, do we expect that the brains of substance abusers will behave normally when we know that their function has also changed due to illness? We understand how genetic polymorphisms can make cancer resistant to treatment. We show immediate compassion to such cancer patients. Why, then, can we not show the same understanding and compassion to those whose genetic polymorphism makes them resistant to stopping smoking, abusing alcohol, or injecting narcotics? We should deal with those who are suffering from drugs. And they can be brought down the right path with good behaviour and treatment.

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