



## If sweet pills can do miracle, why go for knife ?

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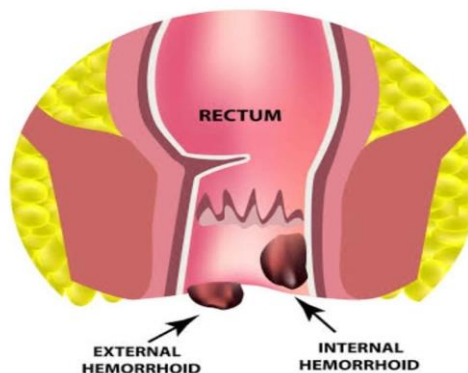
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### Abstract

Now a days there are many misconceptions about homoeopathy like homoeopathy removes symptoms but disease remains . All this is not true at all. Homeopathic treatment is highly individualized. “The most important duty of the physician is to determine the nature of the disease and the specific remedy.” For recurrent diseases, this involves understanding why the disease is recurring and finding a remedy that fits the totality of the patient's symptoms and underlying predispositions according to aphorism 6<sup>th</sup>.<sup>4</sup>

**Key words :** Hemorrhoid, Sycosis , Homoeopathy , Medicines

**Introduction :** Hemorrhoid



Hemorrhoids (or haemorrhoids), also known as piles. Hemorrhoids arise from congestion of the internal and/or external venous plexuses around the anal canal. They are very common in adults<sup>[4]</sup> There are three types of hemorrhoids. Internal ,External and Interoexternal.<sup>1</sup>

**Pathogenesis : <sup>2</sup>**

Hemorrhoids develop due to increased pressure in the veins of the rectal and anal area. This pressure can cause the veins to swell and become inflamed. Factors contributing to this pressure include:

1. **Straining During Bowel Movements:** Often from constipation or diarrhea.
2. **Pregnancy:** Increased blood volume and pressure from the growing uterus.
3. **Prolonged Sitting:** Especially on the toilet.
4. **Chronic Diarrhea:** Irritation and inflammation from frequent bowel movements.
5. **Obesity:** Increased abdominal pressure.
6. **Heavy Lifting:** Repeatedly lifting heavy objects can increase intra-abdominal pressure.

**Clinical features : <sup>3</sup>****Internal Hemorrhoids:**

- **Painless Bleeding:** Bright red blood on toilet paper or in the stool.
- **Prolapse:** May protrude through the anus during bowel movements, sometimes requiring manual reduction.
- **Mucous Discharge:** Often accompanied by a mucus discharge, leading to itching or irritation.

**External Hemorrhoids:**

- **Pain:** Can be quite painful, especially during and after bowel movements.
- **Itching or Irritation:** Around the anal area.
- **Swelling:** A lump or swelling near the anus that may be sensitive or tender.
- **Bleeding:** Similar to internal hemorrhoids, but usually less common.

**Investigations: <sup>3</sup>**

- 1) Inspection
- 2) Digital examination
- 3) Proctoscopy
- 4) Sigmoidoscopy

**Case study : On 20<sup>th</sup> September 2022**

A 50 yrs hindu married male has complaint of constipation since 4 – 5 yrs. Has to strain a lot for passing the stool, large, dry painful stool . Stool passes better while standing position. Known case of hemorrhoid. Has operated for internal hemorrhoid 1 year back but again having the same complaint . Patient is very much stubborn, anger easily. Anxious , quarrels easily. Likes cloudy weather.

**ASSOCIATED COMPLAINTS :** Respiratory complaints on and off because of smoking.

**PAST HISTORY :** Dengue – at the age of 10 – taken allopathic medicine

Operated for hemorrhoid just 1 yr back.

**FAMILY HISTORY :** Mother -Dead – Natural death

Father –Dead– Cardiac failure

**PERSONAL HISTORY :****Addiction : Smoking 10-12 cigaratte/day****Habits and hobbies : NS****Medicine being taken regularly ( if any) : NS****History of vaccination : As per the schedule****PHYSICAL GENERAL****Appetite : NS****Thirst : small quantity fr cold water****Desires : NS****Aversion : NS****Intolerance : NS****Taste : Bitter taste****Bowel movement : Consipated , dry hrd stool ,passes with difficulty ,painful .****Urine : 5 - 6/day, 1/night****Perspiration : mild****Sleep : Disturbed due to heaviness of abdomen****Dream :NS****THERMAL REACTION :-**

	<b>WINTER</b>	<b>SUMMER</b>	<b>MONSOON</b>
<b>Bath</b>	<b>cold</b>	<b>cold</b>	<b>cold</b>
<b>Fan / AC</b>	<b>-</b>	<b>++</b>	<b>+</b>
<b>Coverings</b>	<b>-</b>	<b>---</b>	<b>---</b>
<b>Clothings</b>	<b>cotton</b>	<b>cotton</b>	<b>regular</b>

**MENTAL GENERALS :****Anxious, stubborn, quarrelsome person.****PHYSICAL EXAMINATION: GENERALEXAMINATION :****Appearance : Cachactic look with firm muscle fibers.****Built & Nutrition :****Anaemia: NS****Skin : Dark ,wrinkled .****Tongue : light pink ,large****Obesity & Emaciation : NS****Pulse : 78/min.****Blood pressure : 130/76 mmhg.**

Temperature : 92° F

Respiration : 17/min

**SYSTEMIC EXAMINATION:**

**GIT:-** P/A hard , non tender

**P/R examination –** painful ,small growth at 7 o'clock position. Spasm of sphincter.

• **ANALYSIS AND EVALUATION OF SYMPTOMS:**

- **Mental generals**

Anxious +3

Stubborn +3

Querrlesome +3

- **Physical generals**

Stool dry, hard passes+3

Hot patient +2

- **Physical perticulars**

Internal hemorrhoid +3

Chronic constipation +3

Stool passes better while standing +3

Heaviness of abdomen +2

• **TOTALITY OF SYMPTOMS :**

Anxious

Obstinate

Quarrelsome

Hemorrhoids with constipation

Stool hard

Stool passes better while standing

Cloudy weather amel.

• **REPERTORIAL TOTALITY:**

**MIND -** Cautious - anxious

**MIND -** Stubborn – obstinate

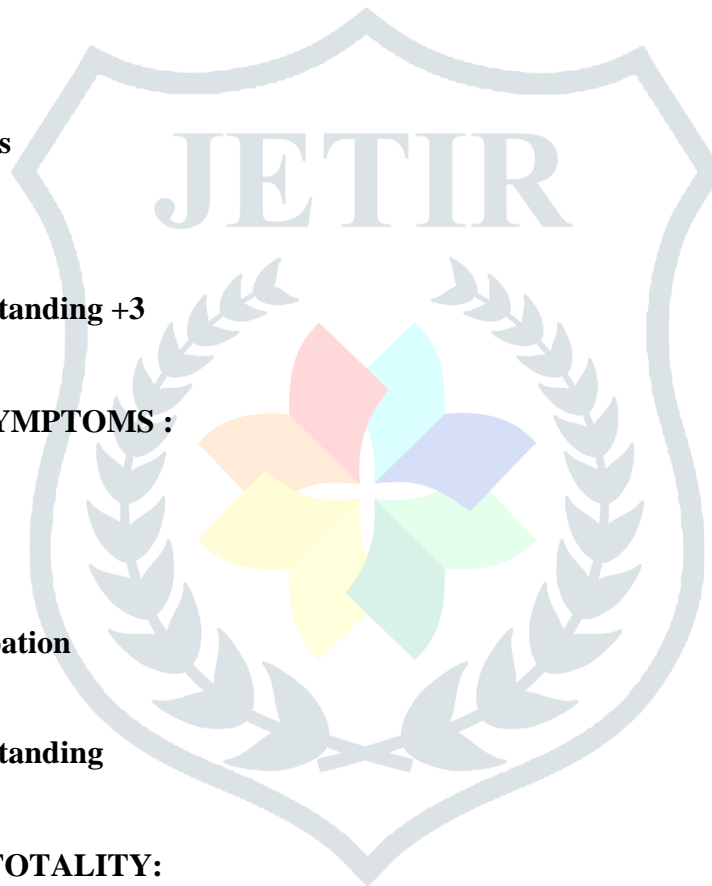
**MIND -** Quarrelsome

**RECTUM – HEMORRHOID –** Constipation with

**STOOL –** Standing amel.

**STOOL -** Hard

**GENERALITIES –** Weather – cloudy – amel.



• **REPERTORIAL APPROACH (FROM SYNTHESIS REPRTORY) :**

Dr. Dhara (21)  
 untitled  
 This analysis contains 445 remedies and 7 symptoms.  
 Intensity is considered

		caust.	lyc.	sulph.	sil.	nat-m.	puls.	arn-c.	bar-c.
		1	2	3	4	5	6	7	8
Sum of symptoms (sort:deg)		6	4	4	4	4	4	4	4
		9	10	9	8	7	7	6	5
01. MIND - CAUTIOUS - anxious	1	9	■	■	■	-	■	■	■
02. MIND - OBSTINATE	1	152	■	■	■	■	■	■	■
03. MIND - QUARRELSOME	1	218	■	■	■	■	■	■	■
04. RECTUM - CONSTIPATION - accompanied by - hemorrhoids	1	3	-	-	-	■	-	-	-
05. STOOL - STANDING - amel.	1	2	■	-	-	-	-	-	-
06. STOOL - HARD	1	338	■	■	■	■	■	■	■
07. GENERALS - WEATHER - cloudy weather - amel.	1	1	■	-	-	-	-	-	-

**BRIEF ABOUT CAUSTICUM: 5,6**

Causticum is one of the great polychrest medicine of the chronic diseases. Acts on muscular and fibrous tissues. Voluntary and involuntary muscles. Broken down seniles. Mental state is timid, nervous and anxious. Obstinate constipation, piles unbearable by walking, by thinking of them, by touch. Hard tough stool passes with much straining. Expelled with too much strain or only on standing position is a characteristic of causticum. < with cloudy weather.

**PRESCRIPTION : CAUSTICUM 1 M single dose ,sac lac for 7 days T.D.S.**

**AUXILLARY MEASURES :**

**Avoid smoking as much as possible , take plenty of fluid.**

**Do mild exercise.**

**FOLLOW-UP SHEET**

RESPONSE	CHANGE IN SYMPTOMS	PRESCRIPTION
27/9/2022	Soft stool passes with much strain in compaire to earlier Increases fluid intake Anxiety level decreases	Sac lac 4×3×15 days
11/10/2022	Soft stool passes without strain Stool passes everyday No anxiety Nothing interferes passage of stool	Sac lac 4×3×7 days



**Conclusion :**

As we all know that according to Dr. Hahnemann surgical diseases are those whose cause is from outside the body<sup>4</sup>. In this case of hemorrhoid we know the patient was already operated once then disease re –appear. If surgery is the solution of such disease then why it reappears?

Can find answer in homoeopathy. Dr B.K. Sarkar in Organon of medicine wrote that “ What comes from within must be treated from within and what comes from without must be treated from without.” “Homoeopathy is not against surgery, but anti- unnecessary surgery.” After understanding etiology behind the hemorrhoid we can say that it is caused by rise in intra abdominal pressure but until our body is not susceptible to it symptoms will not appear of that particular suffering. Here the cause is internal so the disease must be treated with internal medicine as it is produced by weakened vital force.(Aph. – 186)<sup>4</sup>.

Apart from this after giving only single dose of similimum in very small period of time chief complain relieved which justified the 2<sup>nd</sup> aph. of organon of medicine i.g. rapid , gentle and permanent cure<sup>4</sup> . So if small pills can do miracle ,why go for surgery .

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