



# HYDROGEN: BEING ONE AND DESIRE TO BE ONE

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**ABSTRACT:** Hydrogen is first element of periodic table, which is placed in Row one and column one. Symbolised by 'H'. Under normal conditions Hydrogen is a gas, (so we will also see some aspects like weightlessness, feeling as thin as air, freedom, light, and dispersion coming up in this remedy). Hydrogen's most common isotope has one proton and one neutron in the nucleus and one electron in orbit, so there is a balance. In Homoeopathy Proving of Hydrogen conducted by **Dr. Jeremy Sherr** in 1992.

**KEYWORDS:** Hydrogen, Repertory, Mineral Kingdom, Homoeopathy.

## INTRODUCTION

Hydrogen, the simplest of the elements and chief constituent of most stars, furnishes the fuel for stars like the Sun. Because the core of a typical star is so violent and hot, Hydrogen nuclei are separated from their electrons. In the star's core under the great pressure of overlying material forces the protons collide so violently that the nuclei of four Hydrogen atoms fuse together to form a Helium nucleus, liberating energy in the process and producing a star's light and heat. In this fashion, more than four million tons of the Sun's mass is destroyed and turned into energy every second.

## UNDERSTANDING OF HYDROGEN:

Hydrogen exists at the meeting point of row 1 and column 1 where **the structure of existence has not started to form**. It is at a point between energy and matter ('Am I energy or matter?'). It is the stage before one is born. So, the question is, **"Do I exist or don't I exist?"**

There is also a feeling of isolation, separation and no connection with the form, with self or with anyone and hence they look for a connection to make them feel that they exist. Without this connection they feel disconnected, empty and a sense of void.

Dr Rajan Sankaran have often observed Hydrogen patients saying, "I feel extremely neglected, unnoticed as if I don't exist for them." In such a situation their ego compensates for this and they seek attention and recognition.

Also stated by Dr. Jeremy Sherr in his proving... "Hydrogen was the first element to be formed in the universe. It is a link with 'the time that was before' (a phrase from the Kalahare Bushmen). It is the 'first born element' being both positive and negative and possessing pattern, or structure. It makes all things possible, it is the source, and it is the beginning of energy and matter."

## Some Expressions in Patients:

- You are just the essence
- You are just the energy
- Ethereal

- Like a baby without a body

- Issues related to consciousness and material form: which is explained by Rubric... Mind: Conflict between higher consciousness and worldly existence.

### Fears understanding by Rubrics:

MIND: FEAR: [accidents, of.] [animals, of.] [death, of.] [dogs, of.] [happen: something will.] [heart: disease, of.] [insanity, of losing his reason.] [panic attacks, overpowering.] [poverty, of.] [tremulous.]

### Dreams understanding by Rubrics:

MIND: DREAMS: [accusations.; crime, of wrongful.] [acrobats, swinging from trapezes.] [amorous.] [animals, of.; eating live.; suffering.] [ascending a height.] [boats.; wartime, in.] [boyfriend, of.; old.] [busy, being.] [catarrh, of, profuse, yellow, flaky, pouring from nose.] [Child, Children.; rescuing them.; something had happened to.] [circus, of.] [cleaning.] [clothes, clothing.; wearing many layers of.] [colorful.] [confused.] [crime.; committed, he had.] [danger.] [dead: people, of.] [death, of.] [eating.; animals, alive.] [electrocution, of.] [emotions: suppressing.] [enemies.] [escape, of.] [exciting.] [excrements.; large amounts.; youths defecating enormous amounts of.] [fantastic.] [flying.; airplane, in.; people.] [frightful, nightmare.] [helpless, feeling.; world, as of the end of the.] [high places.] [money.] [mother, of.; flying around the world.; swinging on a pendulum, with.] [murder.] [parents, of.] [people, of.; assembled.; crowd.] [religious.] [robbers.] [robbery, of.] [shameful.] [suffering.] [suicide.] [swinging.] [unpleasant.] [vexatious.] [vivid.]

### Delusions understanding by Rubrics:

MIND: DELUSIONS, IMAGINATIONS: [body, body parts: enlarged.] [animals, of.] [beautiful, wonderful.; things look.] [betrayed, being.] [criticized, that she is.] [despised, is.] [diminished.] [dirt, dirty: he is, she is.] [division between himself and others.] [downward, he is pulled.] [energy, of: powerful: moving around in the air.] [enlarged.] [friend, beloved one: affection of, has lost the.] [god, deities: presence of God, that he is in.] [God, deities: sees: Meeting] [heaven, is in.] [hell: in, is.] [images, phantoms, sees.; Black; Frightful] [insane: become, that one will.] [murdered: will be.; conspiring to murder him, others are.] [old: he is.; crippled, and.] [persecuted, that he is.] [poisoned: has been, he.] [possessed, he or she is.] [pregnant, is.] [religious.] [repudiated, is.; society, by.] [separated: soul, spirit and body are.] [separated: world, from, one is.] [smaller: he is.] [soul, souls: body is too small for, or that it is separated from.] [strange: everything is.] [tall, taller: he is.] [time: exaggeration of.] [unreal: everything is.]

### Mental Rubrics related to mood and emotions:

MIND: [Adventurous.] [Anticipation.] [Anxiety: fear, with.; trifles, about.] [Bed: remain in, desires to] [Benevolence.] [Biting] [Boaster, braggart.] [Brooding.] [Cheerfulness.] [Company: aversion to.] [Company: desire for.] [Contented.] [Death: desires.; presentiment of.] [Death: thoughts of.] [Delirium: frightful.] [Despair] [Discouraged.] [Dullness.] [Dwells: events, on past disagreeable.] [Egotism, self-esteem.] [Embarrassment.] [Euphoria, elation.] [Excitement, excitable.] [Exhilaration.] [Forsaken feeling: isolation, sensation of.] [Handle things anymore, cannot, overwhelmed by stress.] [Helplessness.] [Horrible things, sad stories affect profoundly, agg.] [Impressionable, susceptible.] [Indecision, irresolution.] [Indifference, apathy.] [Irritability: alone: desires to be.] [Lasciviousness.] [Laughing: serious matters, over.; hysterical.; sardonic.] [Love: humanity, for.] [Morose, sulky.] [Obstinate, headstrong.] [Quiet: disposition.] [Reserved.] [Sing, desires to: cheerful, joyously.] [Suicidal disposition: throwing oneself from: height, a.] [Sympathetic, compassionate, too.] [Vulnerable, emotionally.]

### Mental Rubrics related to Anger and irritability:

Mind: Censorious, critical.; find fault or is silent, disposed to.

Mind: Quarrelsomeness, scolding.

Mind: Anger: [ailments from, agg.: mental and emotional consequences of.] [red face, with.] [taciturn, with.] [throws things away.] [trembling, with.] [waking, on.] [stomach, felt in.] [causeless.] [violent.]

### Rubrics related to Confused Mind:

MIND: [Absent-mindedness.] [Absorbed, buried in thought.] [Abstraction of mind.] [Concentration: difficult: attempting to, on: vacant feeling, has a.] [Confidence: want of self.] [Confusion.] [Emptiness of mind, sensation of.] [Ennui, boredom.] [Escape, desire to.] [Estranged.; family, from her.; friends, from.] [Express oneself: difficult.] [Forgetfulness.] [Hurry, haste.] [Ideas: deficiency of.] [Ideas: ridiculous.] [Impatience.] [Theorizing: philosophic, mind dwells on.] [Thoughts: disconnected.]

PICTURE OF HYDROGEN BY JAN SCHOLTEN:

From the understanding of these rubrics and the experiences of different patients, a clear picture of hydrogen can be understood.

**Being one: unity consciousness**

These people can experience the world as one total unity. Or they may have a strong desire to experience the world as such. Just like a foetus that experiences the world as a whole, there are no divisions and distinctions yet. They are one with the world and with all living beings. This feeling is expressed as a great love for everything and everybody. They may also have a feeling of being able to merge with others. They can be quite erotic, or they may live in real symbiotic style with another being.

The desire for unity can also be expressed as strong religious feelings. They want to experience themselves and the world they live in as one whole and they will search for a religion that might fulfil this desire. They might feel very drawn to mysticism and to Buddhism. They can feel the presence of God and the unity through higher states of consciousness. These states will make them feel very happy, they are in ecstasy, everything looks beautiful and wonderful.

**Desire to be one: now and forever totally and completely**

Forever, totally, completely, they are concepts that relate to this desire for unity. They are all expressions of a feeling of oneness.

**One truth: absolute truth**

They search for truth; they want to know why things are the way they are. We can see this same desire in the world of science. Scientists are forever trying to combine their theories into one, all-encompassing theory. Trying to find a universal theory of physics, trying to relate everything that happens in the world to one theoretical model.

These people might also display a tremendous curiosity, a wish to investigate everything and to participate in everything. That way they can try and find out how all phenomena might be related to each other. They are convinced that eventually it will be shown that everything is interconnected and they will do everything to prove it to themselves and to the world.

**Simplicity: spaceless**

Their experience is one of simplicity, nothing has been put into a fixed space yet. They are here and that is all. They are still in touch with the universe. They often feel as if they are outside of their bodies, as if they are in space with the energies swirling around them. They find it difficult to judge distances, often make mistakes in size and distance. They like to be on top of a mountain to be at one with the space above. They can appear to be quite naive. Others often think of them as being rather simple, or vague and idealistic.

**Simplicity: timeless**

To them time does not exist. Everything just is. There is just the present, which is the same as eternity. They can just as easily get in touch with the distant past as with the distant future, to them it is all the same. They don't easily distinguish between past, present and future, so they are quite likely to make mistakes in timing things. Time often moves too slowly according to them.

**Not being one: isolation**

After a while they start to experience separation. They feel separated from the world, estranged from their family. This can go so far that they feel that these gaps cannot be closed anymore and then they feel terribly lost and alone. It is as if their world is collapsing and they are going through hell. They can develop all sorts of fears, particularly the fear that they will never be able to feel this unity with others, with the world and with God anymore.

It is as if they have just left paradise to incarnate into this world and suddenly, they find themselves totally isolated from the universe. It is as if body and soul are separated, no longer belonging together. They often dream of halves. This separation can express itself many ways. They may feel betrayed, rejected or abandoned. They dream about death, enemies and crimes.

**Desire to be one: exhaustion**

The desire of having a total experience of oneness can bring them very close to a state of exhaustion. They want to exhaust something, to get everything out of it that they can in order to experience it as fully as possible. Or they might exhaust themselves in repeatedly trying to regain a once held feeling of unity. This can result in feelings of hurry, restlessness, enthusiasm or fanaticism. Another area where exhaustion can manifest itself is in the object of the desire. Once this has been emptied or exhausted the person will feel that he is separated from what was once there.

**Not true: psychosis**

Their inability to orientate leads to feelings of confusion and dizziness. They don't know where they are anymore. They can't seem to achieve anything anymore and they desperately start to look for something to hold on to. In extreme situations they can even become psychotic, where they don't know the difference between their own Self and other people anymore.

**Initiative to exist: conception**

This phase corresponds to that of conception. It is the beginning in the development of life, the union between ovum and sperm. But they aren't aware of what is coming. One could say: 'they have no idea what they are letting themselves in for, poor things'. They often give you the feeling that they haven't been born properly yet, that they are not really there.

**CONCLUSION:**

In this way, with the help of the repertory, the picture of many medicines can be easily understood. And a path of hope can be opened for homeopath by understanding the essence of many other less proven medicines, which is very important for achieving maximum curative results in the world of homeopathy.

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