



Applications of Nanotechnology in Cancer treatment

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ABSTRACT

Nanotechnology appears as a promising and innovative approach to cancer treatment and diagnosis. Nanotechnology has offered various methods to reduce deaths and improve the quality of life despite considerable progress in patient care still cancer remains the most destructive disease and the major cause of loss of life. cancer therapies have advanced substantially but there remains a shortfall in available therapies these diagnostic and therapeutic methods are not effective apart from the unproductive selection of cancerous cells and the toxicity of traditional chemotherapy remains the notable challenge. Early detection of cancer cells is among the leading steps toward ensuring the most desirable cancer treatment. In the battle against cancer, early detection of cancer cells is a crucial factor for a successful treatment early detection is important in improving patients' quality of life. Developing safer and more effective anti-cancer treatment approaches is of great interest. In recent decades nanotechnology has appeared as a promising and innovative approach for cancer treatment and diagnosis/ Nanotechnology has offered certain benefits in terms of cancer therapies by reducing chronic pain and its adverse effects and guiding the drugs to target cancer cells selectively and nanotechnology is being employed to improve diagnosis over the years. nanomaterials including carbon nanotubes and Quantum dots these nanomaterials have unique physical optical and electrical properties that are helpful in sensing cancerous cells. This review is focused on outlining the commonly used nanomaterials employed in cancer therapy and diagnosis and highlighting the potential applications of nanotechnology in oncology.

Keywords: Nanotechnology, cancer, Nanomaterials.

INTRODUCTION

Cancer is a main cause of death and a global health problem it remains the most destructive disease and a vital cause of mortality worldwide. Cancer is a disease characterized by uncontrolled growth of cells that spreads to other parts of the body to cause death. Cancer is a complicated disease that progresses through a series of stages. which includes resistance to cell death (apoptosis), uncontrolled cell growth, alterations in cellular signaling, tissue invasion, metastasis, and angiogenesis. Cancer continues to remain the most destructive disease and a vital cause of mortality worldwide. Cancer generally begins as a localized tumor and can spread (metastasize) to distant sites in the body, making management difficult.[1] According to the WHO International Agency of Resources on Cancer (GLOBOCAN) 2022 there are a total 1of 413316 new cases and 916822 deaths. In 2024 2001140 new cancer cases and 611720 cancer deaths are projected to occur in us[2]. Absolute numbers, Incidence, and Both sexes, in 2022 Continents are given below in a pie chart [3].

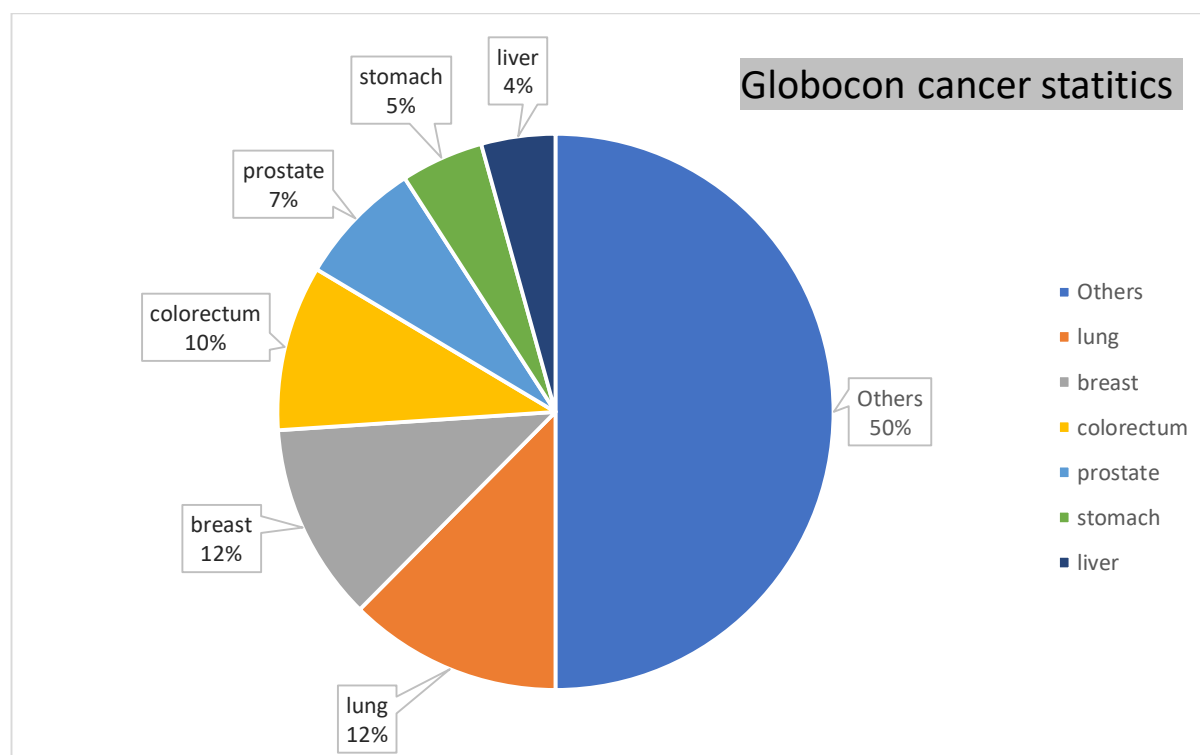


Fig.1. GLOBACAN 2022 CANCER STATICS [3]

The classic therapeutic options for cancer treatment are chemotherapy, radiotherapy, and surgery. The approach to treatment depends on different types of factors, including the stage and location of the cancer, as well as the patient's overall fitness, which is often compromised by the disease and further deteriorates with each long-term treatment intervention.[4] These treatments can lower cancer repetitiveness and mortality but have some main side effects that can lead to critical complications and to the risk of death from other diseases [5] For these reasons, it is key to make sure earlier detection and treatment of cancers to reduce disease spread and mortalities. Nanotechnology has led to some promising results with its applications in the diagnosis and treatment of cancer, which include drug delivery, gene therapy, detection and diagnosis, drug carriage, biomarker mapping, targeted therapy, and molecular imaging. Nanotechnology has been applied in the development of nanomaterials [6] such as gold nanoparticles, and quantum dots, are used for cancer diagnosis at the molecular level. The development of biomarkers enables the accurate and fast detection of cancers [7] additionally, nanotechnology-based carriers, due to their unique biological properties, effortlessly cross cellular barriers. [8] Nanoparticles are used in medical applications because of their unique properties such as quantum properties, a surface-to-mass ratio much larger as compared to other particles, and an ability to carry other substances like probes, proteins, and drugs. The composition of nanoparticles can be diverse just as starting materials can be biological lipids, dextran, lactic acid, phospholipids, chitosan, or chemicals such as silica, carbon, metals, and different polymers.[9-12] Radiotherapy has been for a long time an essential tool against cancer, providing a possible cure, symptom relief, and extended survival. Nevertheless, it is linked to important side effects. When a patient is exposed to radiotherapy, not only are the tumoral cells targeted but the normal tissue around the tumor is also damaged [13]. For chemotherapy, there are many pharmacological classes that can be used in the treatment of cancer, showing side effects such as autoimmune disorders and lethal adverse events caused by the reactivation of cellular immunity[14] These traditional diagnostic methods however are not very powerful methods when it comes to cancer detection at very early stages. Some of the screening methods are much costliest and not available for every people. The scientific community leans on the use of nanotechnology, as a strategy with great potential to overcome these challenges. Therefore, the development of technology that is specific and reliable for detecting cancers at early stages. Nanotechnology and biomarkers two major fields in the building of strong diagnosis techniques that are being highly studied.

NANOTECHNOLOGY FOR THE DETECTION OF CANCER BIOMARKERS

A biomarker is a sign of a biological state of disease it is characteristic of a specific state and therefore can be used as a marker for a target disease. Cancer biomarkers are biological features whose expression indicates the presence or state of a tumor. Such markers are used to study cellular processes and to monitor or identify changes in cancer cells, and these results could ultimately lead to a better understanding of tumors. The

potential of screening for any cancer is limited by the clinical biology of the particular disease. Biomarkers can be proteins, protein fragments, or DNA. From them, the tumor biomarkers, can be put to the test to verify the presence of specific tumors. Tumor biomarkers ideally should possess a high sensitivity (>75%) and specificity (99.6%)[15]. According to (NCI) National Cancer Institute biomarkers are biological molecules in blood, bodily fluids, or tissues that reveal a process, condition, or disease like cancer [16].

Types of cancer biomarkers are as follows

1) Genetic Biomarkers:

a) DNA as a Cancer Biomarker

In DNA cancer biomarkers engaging. Every cancer genome by the somatic alterations that differentiate it from the genome of non-neoplastic cells [17,18] Cancer has been related to uplifted levels of where DNA biomarkers can include oncogene alterations mutations in mismatch repair genes and mutations in tumor suppressor genes. These can all be used as DNA biomarkers. Mutations in the tumor genes such as the P53 tumor suppressor gene are present in over 50% of sporadic cancers and mutation in the oncogene such as KRAS oncogenes indicate the metastatic spread [19,20,21] The initial markers that are tested for tumor staging were circulating DNA, as shown in figure 2 [22].

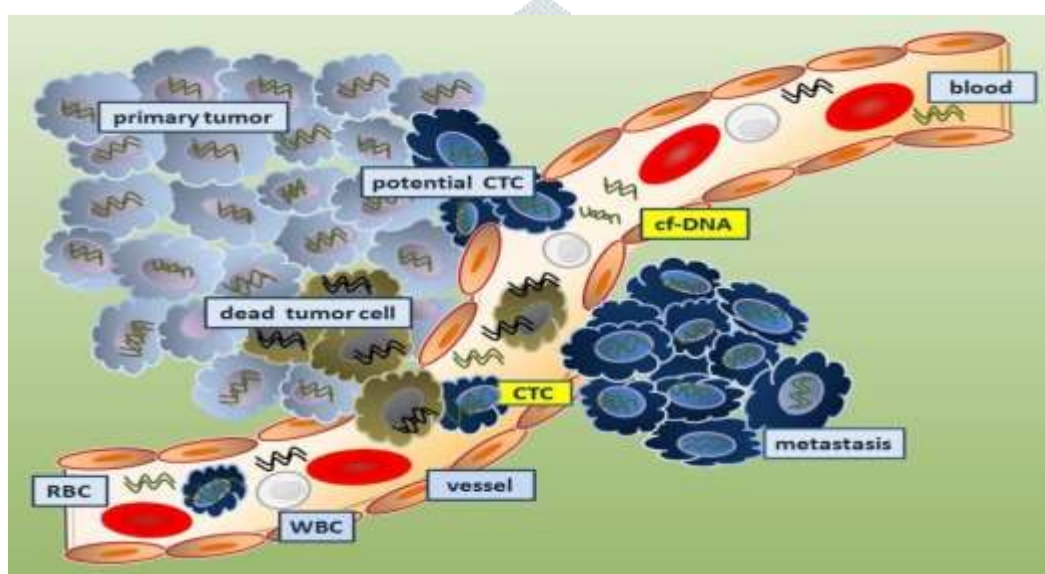


Fig. 2. The initial markers tested for tumor staging were circulating DNA

DNA from circulating malignant cells and free-floating cells can be found in the bloodstream. Circulating tumor cells (CTCs) gone through blood vessels after separate from their primary site, contributing to metastasis in distant organs. In addition cell-free DNA (cf-DNA) is released into the bloodstream by dying cancer cells or proliferating tumors. RBC stands for red blood cells, and WBC refers to white blood cell. [22]

b) Mutations and Gene Alterations

Mutations and gene alterations are major cancer biomarkers that can provide precious data about the basic genetic changes that are driving the growth and progression of cancer. Here are some examples of mutation- and gene alteration-based cancer biomarkers are as follows in the BRAF V600E mutation that starts cell growth and assist the intended therapy selection in melanoma patients [23].

2) Proteins as Cancer Biomarkers

Amongst diagnostics that used in cancer are protein biomarkers are the first. Most of these biomarkers are based on the cancer enzymes, antigens, and hormones, but also when there is any change in protein glycosylation profile, which is the characteristic attribute of cancer. Glycans are the polymers of monosaccharides able to conjugate with the proteins to form glycoproteins. These conversely indicate glycans or glycoproteins are beneficial cancer biomarkers in tumor tissue, also in blood [24]. Proteins of pancreatic cancer may be found in several body fluids it may involve bile, pancreatic juice, urine, and fluid from pancreatic cysts, as shown in figure 3 [25]. These proteins have a significant distribution of potential and may be rewarding biomarkers with a range of therapeutic applications, including early identification, illness staging, treatment prognosis, and in-flight patient monitoring.

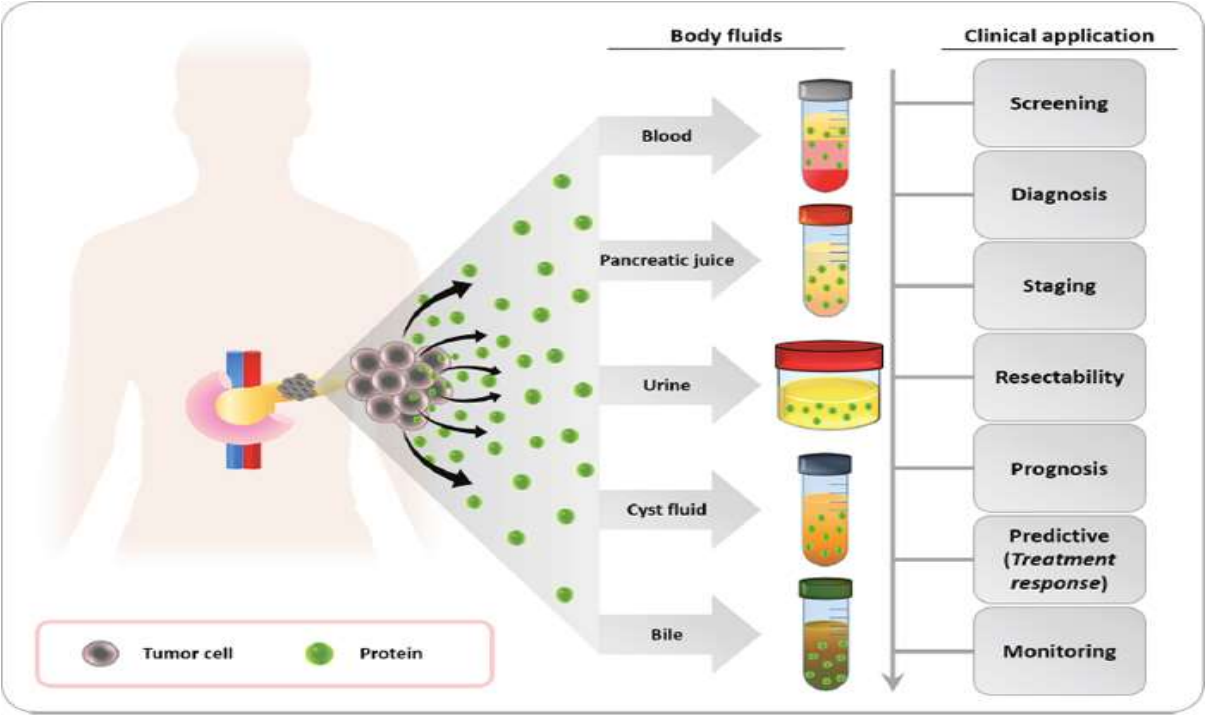


Fig.3. Body fluids for the identification of potential protein biomarkers for pancreatic cancer. [25]

Body fluids like pancreatic juice,blood, urine, pancreatic cyst fluid, and bile contain proteins derived from cancer cells. These proteins hold notable potential as tumor biomarkers and have various clinical applications in controlling pancreatic cancer patients. They can be used for screening individuals at high risk for pancreatic cancer, early diagnosis, determining disease stage, , predicting patient prognosis, guiding treatment decisions by estimate therapy response, and continuously monitoring patients in real-time. [25]

Some of the currently used biomarkers are listed below (table 1)

Table 1. Current cancer biomarkers in use

Cancer	Markers	Characterstics	Typical sample
prostate	PSA (Prostate specific antigen), total and free	High sensitivity in all stages; also elevated from some non-cancer causes	Blood [26, 27]
	PSMA (Prostate specific membrane antigen)	Levels tend to increase with age	Blood [28]
Breast	CA 15-3, 27, 29 (Cancer antigen 15-3, 27, 29)	Elevated in benign breast conditions. Either CA 15-3 or CA 27, 29 could be used as marker	Blood [26]
	Estrogen receptors	Overexpressed in hormone-dependent cancer	Tissue [29]
	Progesterone receptors		Tissue [29]
Lung (non-small cell)	CEA (Carcinoembryonic antigen)	Used in combination with NSA to increase specificity, used also for colon cancer detection	Blood [30]
Lung (small cell)	NSE (Neuron-specific enolase)	Better sensitivity towards specific types of lung caner	Blood [30]
Bladder	NMP22 (Matritech's nuclear matrix protein), BTA (Bladder tumor antigen)	NMP-22 assays tend to have greater sensitivity than BTA assays	Urine[26,31]
Multiple myeloma and lymphomas	B2M (Beta-2 microglobulin)	Present in many other conditions, including prostate cancer and renal cell carcinoma	Blood [32]
	Monoclonal immunoglobulins	Overproduction of an immunoglobulin or antibody, usually detected by protein electrophoresis	Blood, urine [33]
Thyroid	Thyroglobulin	Principal iodoprotein of the thyroid gland	Serum, tissue [34]
Testicular	hCG (Human chorionic gonadotropin)	May regulate vascular neoformation through vascular endothelial growth factor (VEGF)	Serum[26,35]

APPLICATIONS OF NANOTECHNOLOGY IN CANCER DIAGNOSIS

Gold nanoparticles

Gold nanoparticles (GNPs) existed in the bio-imaging spotlight owing to their unique optical attributes. GNPs with powerful surface-plasmon-enhanced absorption and scattering have authorized them to appear as powerful imaging labels and contrast agents. GNPs possess advanced absorption and scattering bands than conventional organic dyes, the cross-section of the bands extending to four to five orders of magnitude higher [36]. In addition, GNPs have been authenticated to be more biocompatible, less cytotoxic, and resistant to photobleaching corresponding to human cell experiments [37]. A supplementary unique property of the GNPs is the size-tunable optical properties. As intended to their size and shape, GNPs may absorb and scatter light amid the visible towards near-infrared (NIR) region [38]. The key advantage of AuNPs is that they aim at certain mechanisms for the transport of drugs. The AuNP aiming strategy is dependent on two non-identical mechanisms: passive targeting, in which the body pivots on inert nanoparticles, and active targeting, in which the surface of AuNPs is transformed to upgrade the preciseness toward the target molecule [39].

a) PASSIVE TARGETING

Passive targeting brings in the accumulation of nanoparticles, drugs, or antibiotics at judicious sites in tissues or cells grounded in their size and molecular weight. Colloidal nanoparticle technology has been employed in the treatment of liver cancer in a few studies and was map out in this manner that these nanoparticles are capable of passing through body organs but were possessed in the kidney [40].

Nanoparticles of size 150 nm can infiltrate easily into the sinus endothelium while particles greater than 250 nm it may be separated out by the spleen [41]. Tumor vasculature are usually revealed more toward nanoparticles as correlates with normal tissues [42].

Gold nanoshells of size in the range of 130 nm can navigate through vessel walls but are retained within the tumor [40].

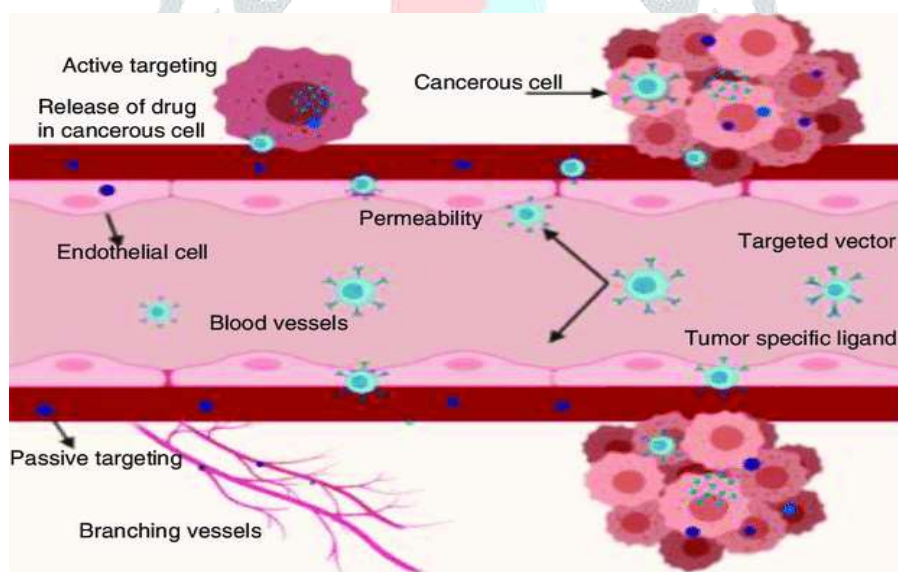


Fig. 4. Active and passive targeting of gold nanoparticles. Source [43].

b) ACTIVE TARGETING

In active targeting, the nanoparticle surface can be reformed by attachment using biomolecules such as the attachment of antibodies and ligands. The most main drawbacks of active targeting are the activation of the immune system of bacteria, which bin off the drugs, or reduce their insertion into the cell. PEG-coated nanoparticles are called as stealth particles that are invisible to the immune system of bacteria [40, 44, 45]. PEG-coated AuNPs have high inclination toward porous membranes and their insertion power is higher than that of nonmodified AuNPs [46, 47].

APPLICATIONS OF NANOTECHNOLOGY IN CANCER DIAGNOSIS

NANOSHELLS

Nanoshells are round-shaped nanoparticles synthesized harnessing amphiphilic tercopolymeropholy and they are pH-sensitive doxorubicin encapsulated shell, which are coated with thin metallic shells to revamped biocompatibility and optical absorption. Hirsch et al. [48] have demonstrated that the surface of the nanoshells can be effortlessly operationalized for targeting applications. These nanoshells work by transforming plasma-mediated electrical energy into light energy and may be elastically twirled optically through UV-infrared emission/absorption arrays. Nanoshells are captative because their imaging is lacking the heavy metal toxicity [49] still their uses are restricted by their large sizes.

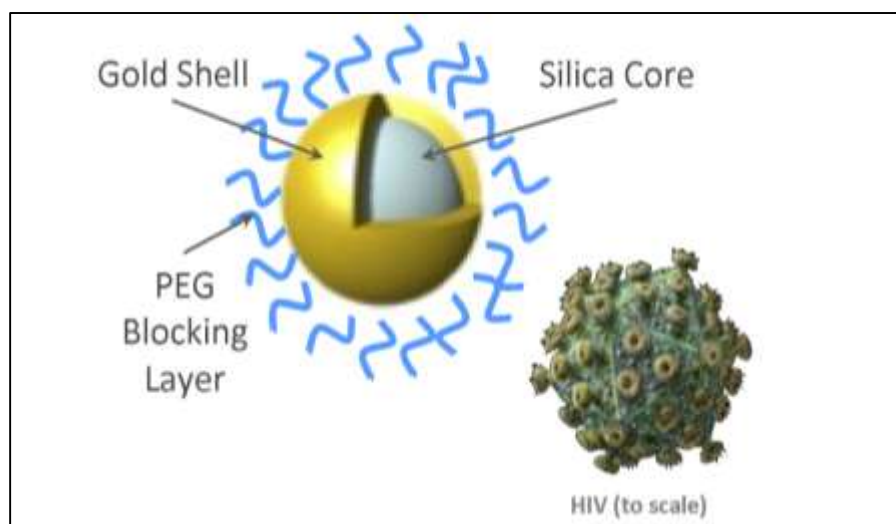


Fig.5 .Gold Nanoshell structure: Pic Courtesy Nanospectra Biosciences sources [50]

APPLICATIONS OF NANOTECHNOLOGY IN CANCER THERAPY

Table 2. Currently Approved Cancer Drug Therapies Based on Nanotechnology [51]

Product name	Nanoparticle material	indication	Approval year
vyxeos	Liposome	Acute myeloid leukemia	FDA (2017) EMA (2018)
onivyde	Liposome	Pancreatic cancer, colorectal cancer	FDA (2015)
Mepact	Liposome	Osteosarcoma	EMA (2009)
hensify	Hafnium oxide nanoparticle	Locally advanced soft tissue sarcoma (STS)	EMA (2019)
Genexol-PM	PEG-PLA polymeric micelle	Breast, lung, ovarian cancer	South Korea (2007)
Oncaspar	Polymer protein conjugate	Acute lymphoblastic leukemia	FDA (1994, 2006)
Abraxane	Nanoparticle-bound albumin	Breast and pancreatic cancer, non-small-cell lung cancer	FDA (2005)

APPLICATION OF NANOTECHNOLOGY IN CANCER THERAPY

LIPOSOMES

Liposomes were first discovered by Alec D. Bangham in the 1960s Liposomes made up of non-toxic and biocompatible lipid bilayers, can serve as pharmaceutical carriers[52] .Liposomes are one of the utmost studied nanomaterials, which are nanoscale spheres composed of natural or synthesized phospholipid bilayer membrane and water phase nuclei [53]. heir core is aqueous, their head is hydrophilic, and the tails are hydrophobic, which means they are oriented away from the intercellular fluid. The conventional nanoparticle size is up to 100 nm and liposomes fluctuate between 90 and 150 nm. Liposomes are used to deliver the drug to the outer membrane of targeted tumor cells and, meanwhile, the fatty layer protects the enclosed drug [54] Liposomes can be incorporated from cholesterol and phospholipids and they have one distinct characteristic, which is their amphipathic nature, that empower them to stick to both hydrophilic and hydrophobic compounds. Specifically, they can summarize water-soluble drugs in their core and non-polar compounds in their bilayer membrane concurrently [55] Liposomes have other advantageous characteristics, like biocompatibility and biodegradability, and they absent toxicity or immunogenicity [56,57]. Moreover, the Food and Drug Administration (FDA) has already approved drug delivery systems based on liposomes like MyocetTM [58]. Liposomal drug delivery system source [59].

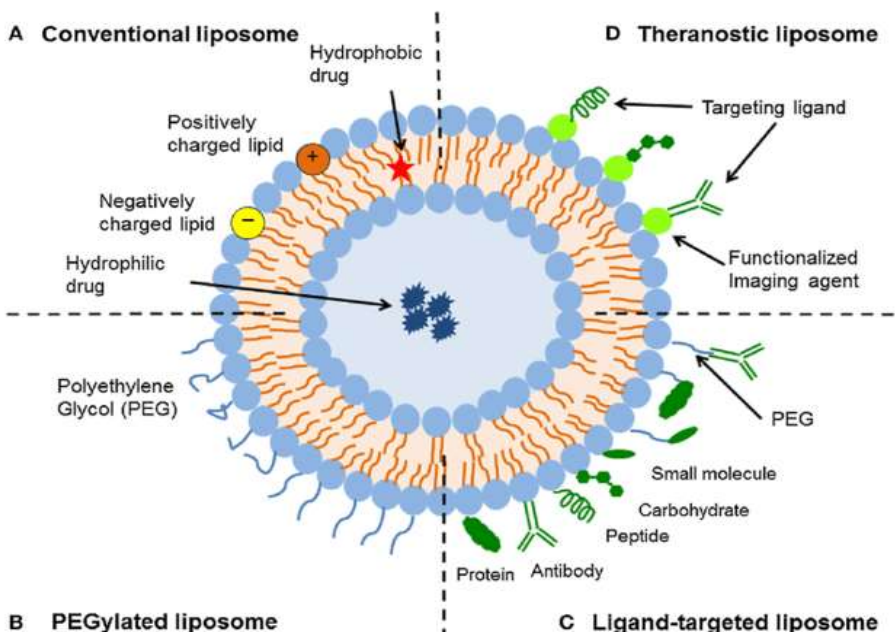


Fig.6. Liposomal drug delivery system source [59].

Liposomes have a role in portage to a peculiar target spot, decreasing biodistribution toxicity because of the surface-modifiable lipid composition, and have a configuration related to cell membranes. Liposome-grounded theranostics (particles constructed for the all together delivery of therapeutic and diagnostic moieties) have the benefit of marking certain cancer cells. Liposomes are more stable in the bloodstream and enlarge the solubility of the drug. They also serve as sustained-release composing and safeguard the drug from demeaning and pH changes, hence increasing the drug's circulating half-life. Liposomes help to conquer multidrug resistance. Drugs like doxorubicin, daunorubicin, mitoxantrone, paclitaxel, cytarabine, and irinotecan are used with liposome delivery [60-62].

Table 3. Liposome-based therapies for breast cancer currently in clinical use.

Product name	Active agen	Approval year	Indication	Description of liposome	Composition	References
Lipodox® ^a	DOX HCl	2012, USA ^b	Breast cancer	PEGylated stealth liposomes, ~100 nm	DSPC, CHOL, DSPE-PEG (2000)	63
Lipusu®	PTX	2003, China	HER2-metastatic breast cancer	Non-PEGylated, ~400 nm	Not available	64,65

APPLICATION OF NANOTECHNOLOGY IN CANCER THERAPY

QUANTUM DOTS

Quantum dots (QDs) are small particles or nanocrystals of semiconductor materials between 2 and 10 nanometers in size[66] these are semiconducting, light-emitting nanocrystals that have come out as a dominant molecular imaging agent since their exploration. QDs are a thrilling material to work with due to their unique optical characteristics compared to conventional organic fluorescent labels [67] In years, several QDs-based techniques like modification of QD conjugates and QD immunostaining have evolved. With the upgradation of multiplexing capability, QD conjugation to a great extent exceeds the monochromatic experiment in both time and cost-effectiveness [68] Besides, at low protein expression levels and in a low context, QD immunostaining is more accurate than traditional immunochemical methods. In cancer diagnosis, QD immunostaining is a potential tool for the recognition of different tumor biomarkers, like as a cell protein or other components of a heterogeneous tumor sample[69] Organic fluorescent dyes have various drawbacks that have bound their effectiveness as molecular imaging tags. Their low photobleaching threshold and broad absorption/emission peak width have obstructed their use in long-term imaging and multiplexing (detecting multiple labels simultaneously) [70] The recent advancement in surface changes of QDs, which combine with biomolecules, comprising peptides and antibodies, in vivo, can be utilized to target tumors and make possible their potential applications in cancer imaging and treatment. few studies combine QDs with prostate-specific antigens to label cancer, although others use QDs to make biomarkers that speed up the process with such immune creators having a more stable light intensity than traditional fluorescent immunomarkers..[71] Some applications of quantum dots are given below in the diagram [72].

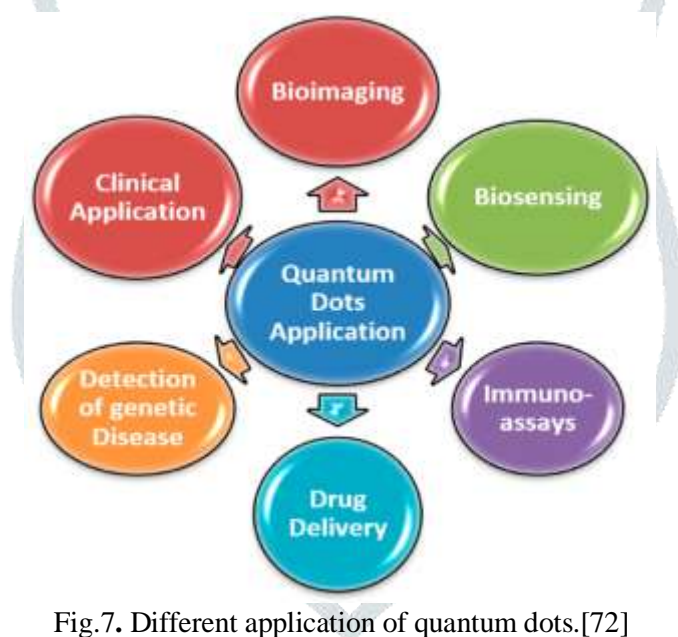


Fig.7. Different application of quantum dots.[72]

CONCLUSION

Nanotechnology has revolutionized the field of oncology by providing innovative solutions for both the diagnosis and treatment of cancer. Some key applications in cancer diagnosis and cancer therapies have been summarize in this review. In diagnostics, advancements such as nanoshells and gold nanoparticles have significantly improved the specificity of biomarker detection, enabling earlier identification of cancer.

In cancer therapy, nanotechnology-based approaches, including liposomes and quantum dots have shown exceptional potential in delivering targeted treatments and lowering toxicity. Quantum dots offer precise imaging capabilities for tumors. liposomes improve drug delivery, ensuring that therapeutic agents are successfully directed to cancerous tissues.

Overall, the applications of nanotechnology in cancer represent a standard shift in how we approach the most complex diseases of our time. By uniting nanotechnology with existing and emerging biomedical technologies, we can develop more effective diagnostic tools and therapeutic strategies.

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