



# Virtual And Augmented Reality In Pharmacology Education: A Review

<sup>1</sup>Leena Gharat, <sup>2</sup>Swati M Wakchoure, <sup>3</sup>Nikita Pagare, <sup>4</sup>Tejal Dingore

<sup>1</sup>Student of Shivajirao S. Jondhle College of Pharmacy, Asangaon, Thane, India

<sup>2</sup>Assistant Professor Department of Pharmacognosy, <sup>3</sup>Assistant Professor Department of Pharmaceutics, <sup>4</sup>Student of Shivajirao S. Jondhle College of Pharmacy

## Abstract

In recent decades, educational technology has evolved significantly, moving from introductory tools like chalkboards to advanced digital results similar as computer- grounded slideshows. Still, drugstore education has been slower to borrow these advancements, frequently counting on traditional lecture- grounded formats. This traditional approach, combined with the adding vacuity of lecture content through digital means, has led to declining classroom attendance. As active literacy has proven to be more effective than unresistant literacy, preceptors are now seeking indispensable styles to engage scholars. These styles include task- grounded literacy and the integration of educational technology to more feed to the preferences of 21<sup>st</sup>- century scholars.

Exercise gests are pivotal for preparing scholars for their careers, but these gests come with challenges similar as limited point vacuity and icing uniformity in pupil gests. Simulations, ranging from actor- led scripts to the use of dummies, offer a result by furnishing controlled practice surroundings. While salutary, these simulations can be resource- ferocious. Digital strategies like Virtual Reality (VR) and Augmented Reality (AR) are transubstantiating healthcare education by creating safe and immersive literacy surroundings.

VR provides complete virtual gests through headsets, whereas AR overlays digital information onto the real world. Both technologies are anticipated to disrupt traditional educational styles, offering new ways to enhance medical training and patient care education.

**Keywords:** Virtual reality, Augmented reality, immersive technology,

## Introduction

Over the once many decades, educational technology has progressed from chalkboards to computer- grounded slideshows and beyond; still the format of drugstore classes has been slower to evolve. No matter what technology has been available, drugstore education generally involves an educator standing at the front of a large classroom, delivering content, hoping to conduct knowledge. Low classroom attendance is likely multifactorial; still, there is some validation to suggest that increasingly poor attendance is supported by lecture and lecture content being accessible through digital means. [2,3,4]

As qualitative and quantitative validation has proven that active knowledge is more effective than unresistant knowledge, instructors are now seeking necessary pedagogies to lectures. Furnishing druthers to lectures appears to be particularly important for 21<sup>st</sup> century scholars, who prefer more independent, task- predicated knowledge strategies and the integration of technology. To address the knowledge conditions of moment's pupil, instructors have begun to adapt their training styles to engage learners through the use of active- knowledge and through incorporation of educational technology. In everyday practice, apothecaries use problem- working chops to address

numerous case care issues. The Accreditation Council for Pharmacy Education (ACPE) emphasizes that apothecary programs give scholars with the knowledge, chops, and capacities to give case- centered care and break problems. Therefore, apothecary scholars must be handed ample openings to hone their chops. Exercise exploits are arguably the swish way to prepare scholars for a career in apothecary. Still, practice exploits involve challenges analogous as securing enough spots for all scholars and icing that all scholars have original exploits. One medium developed to give scholars with mock exploits are simulations incorporated into the homiletic class. Simulations may involve anything from a set script with actors to using simulation dummies. Active knowledge simulations are salutary to knowledge, and can indeed increase scholars' empathy for cases. Still, simulations generally bear extensive planning and tend to be resource ferocious, with mannequins being precious and script simulations taking a high rate of instructors to scholars. [1]

The integration of digital strategies has brought healthcare education to a paradigm shift, now reflected in multitudinous educational classes. Modern training classes end to educate trainees efficiently in safe surroundings to establish transfer capability into the clinical terrain. Compared with studies of more mature educational technologies, multitudinous empirical studies upon the goods of AR. [33] Augmented reality (AR) and mixed reality (MR) have long been anticipated to be disruptive technologies, with implicit uses in medical education, training, surgical planning and to guide complex procedures. While virtual reality (VR) has mainly led the way for the performance of the display technologies. [6] While VR simulators give enhanced neurosurgical resident training, simulations also produce large data sets. [32]

The description of VR has evolved over time, performing in some confusion in the literature. The current description of VR is understood as "an artificial terrain which is endured through sensitive instigations (analogous as sights and sounds) handed by a computer and in which one's conduct partly determine what happens in the terrain." This description can be applied to multitudinous different types of exertion, but modern VR generally refers to exploits that take place while wearing head mounted displays or headsets. The terms augmented reality (AR) and "mixed reality" (MR) are both principally varying degrees of VR. Virtual reality can be defined as any immersive simulated reality, and utmost constantly refers to a "complete" virtual experience

Augmented reality (AR) is a new technology with multitudinous operations in medical education. Perhaps one of the most salutary implicit operations is to enable better clinical access for scholars; still, there is limited disquisition into this use. The purpose of this mixed- styles feasibility study was to estimate the connection and adequacy of AR in undergraduate and early postgraduate medical education. [5]

### Applications

GoogleCardboard (Google LLC, MountainView, CA), GoogleDaydream (Google LLC, Mountain View, CA), Oculus Rift (Facebook Technologies, LLC, Menlo Park, CA), and HTC Vive (HTC, Bellevue, WA) are headsets that are used primarily for VR. Augmented reality and mixed reality are constantly confused and affected interchangeably. While AR generally refers to a computer- generated overlay on the real world, the overlay doesn't inevitably interact with the real world. Google Glass (Google LLC, Mountain View, CA) is an early illustration of AR. The Microsoft HoloLens (Microsoft, Redmond, WA) is a promising illustration of MR, although it's not yet considerably available. The subtle differences between VR, AR, and MR are epitomized in Table 1. Virtual reality is far more advanced in its development than AR and MR, but all three have the eventuality to positively impact education. [1]

Table.1: Delineations of Virtual reality, Augmented reality and Mixed reality. [1]

Type	Environment	Interaction
VR	Computer Generated plates unconnected to the real world.	Virtual objects interact with the stoner and other virtual objects.
AR	Computer generated plates and the real world contemporaneously.	Virtual objects interact with the stoner and other virtual objects.

<b>MR</b>	Computer generated plates blended with the real world.	Virtual objects interact with the stoner, other virtual objects in the real world.
-----------	--	--

### Technological Advances That May Impact Pharmacy Education

Active engagement has come extensively conceded as an important element of the literacy process. [21,22,23,24] The impact of VR technology on health professions education will largely depend on unborn technological advancements, and we're just beginning to see the considerable eventuality of VR in drugstore education. For the utmost part, room- scale VR gestures involve being tethered to a computer. The attached line can intrude with the stoner's absorption and present an implicit tripping hazard. Add- on outfit for VR headsets is now available that allows wireless room- scale VR with minimum quiescence, allowing a high- quality untethered VR experience. Stand- alone room- scale VR headsets negate the need for a precious computer and include "outside out" shadowing. Inside- out shadowing involves the headset tracking what's around the stoner, rather than stationary "lighthouses" (detectors) tracking the headset within a destined zone. An implicit benefit of outside- out shadowing is that it could allow multiple VR headsets in any given space, which would make it easier for scholars to work together on VR problems in the same physical space without the threat of collision. Also, these types of headsets bear lower specialized moxie to set up. Also, they will be more "plug- and- play," which could reduce the position of apprehension preceptors may feel about setting up VR outfit. Anticipated standalone headsets won't bear cell phones, which would ensure that all bias is of the same quality. Because a separate computer would not be demanded, these standalone headsets will probably be less precious. [1]

Case education is a foundation of drug. Abiding by the principle of autonomy, each case should be made completely apprehensive of their medical conditions and understand the available treatment options. Hourly neurosurgical procedures are some of the most detailed and complex within surgery, performing in a large knowledge gap between case and provider. In an attempt to remedy this gap, some providers have enforced VR technology to educate and counsel their cases on treatment options. [9]

Although several types of VR/ AR/ MR operations or software were employed in several ways according to multitudinous mechanisms of action across the included studies, VR/ AR/ MR demonstrated statistically significant or implicit clinical benefits for habitual pain and habitual pain- related issues. [10]

Simulations, two -dimensional virtual world platforms, patient cases, and three-dimensional (3D) modeling have all demonstrated benefits in drugstore education. Simulation mannequins can be kindly realistic and responsive and have been used to asses pupil capabilities in patient safety, assessment, ethical, professional. [25-31]

### HPLC training using VR

Following this early success, we next sought to expand our training to the undergraduate class as we were suitable to witness the benefits that VR handed. One area where VR had a clear use- case occasion was in the area of High- Performance Liquid Chromatography (HPLC) training. As similar, scholars are simply shown the machine in groups from a distance and are no way typically allowed to touch it, and given handouts rather. [12]

By using VR and a CAD grounded interpretation, we'd be suitable to give each pupil with their own HPLC. We were suitable to showcase this to over 300 scholars across two Universities. Feedback was overwhelmingly positive and this HPLC training has now come a core part of the undergraduate class. [11]

After using VR with a larger followership, we realized three crucial points from our experience. First, we originally decided to not use personalized incorporations and tagged to employ robotic incorporations (shown in Figure 1) due to time constraints and simplicity.

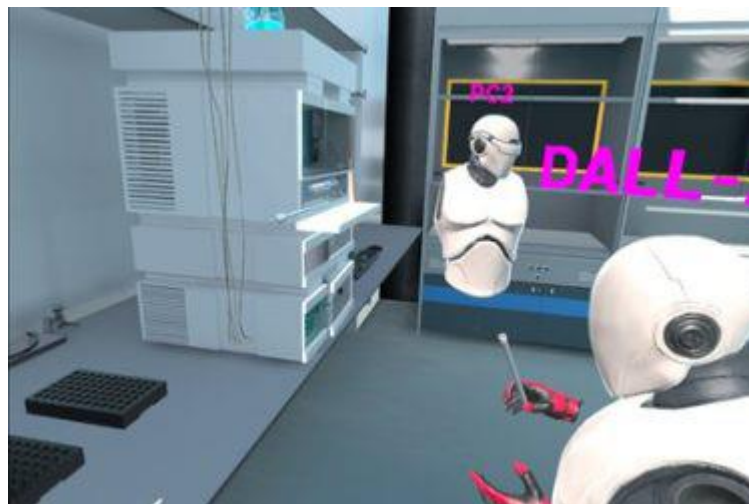


figure 1: VR in HPLC training

Still, in hindsight, this has been a boon for prevailing scholars to interact. For in important the same way that most scholars don't turn on their cameras for drone meetings out of shyness, the use of incorporations in VR enabled them to ask questions. We had no way observed this before in real person relations, as the scholars felt that they didn't stand out from others, mollifying their former hesitance in interacting. As similar, we've decided to keep these incorporations as we move forward with our VR developments. [11]

Alternate, we had originally imaged that the youngish generation would be suitable to snappily vault into this technology without important training. Our supposition, still, proved to be false, as the set-up and training took far longer than planned for the first session. So, for posterior sessions, we demanded to add fresh twinkles for training in the use of the headsets. Third, not all scholars are suitable to use the VR headsets due to stir or visual issues. So having a PC interpretation of the software give critical to enabling these scholars to partake in the same session, as they were suitable to move onto a laptop and join others with VR headsets.

### AR improvement of social chops [13]

Medical training involves expansive literacy about social relations and mortal gets, as unborn interpreters are anticipated to perform their duties across a vast diapason of health care settings. AR provides a unique occasion to prepare the trainees for complex social situations in a controlled and managed terrain. Also, AR supports development offender-professional capabilities that are critical for healthcare professionals. Although generally AR medical training has been viewed as substantially a way to increase knowledge and practical chops, it also provides precious scripts to support work-related social chops. [14]

Several studies that estimated the impact of AR in medical training on pupil experience and literacy issues assess Dinter-professional social capabilities, fastening substantially on communication and cooperation. For illustration, one randomized study of 34 medical resides showed that training in a simulated setting to use endoscopy equipped trainees with better communication chops compared to scholars who passed tone-regulated literacy [15]. Another study delved endovascular and mortal factor chops by bluffing an extremity script that needed endovascular ruptured aortic aneurysm form. The simulation was estimated by 22 actors with maximum scores for enhancing cooperation and patient safety, with a close alternate for enhancing platoon's communication chops [16]. Some medical scholars estimated on-technical chops (stress operation similar as music in an operating theatre) added to AR training as kindly

Destructive and adding to their perceived difficulties in learning specialized chops [17]. Still, when an analogous stress operation situation (telephone calls during a procedure) was tested amongst 19 inferior surgeons, the training value of similar stimulation was given a mean score of 4.7 out of 5.0. likewise, the study results showed that destructive and critical scripts hamper the objective performance of the surgeons, suggesting these as a precious addition to training [18]. Engage from VR Education effects pledges to allow preceptors to add their own 3D models, slides, and surroundings to VR and has the implicit to be stoner friendly for non-developers. [20] Several AR systems have formerly been developed specifically for deconstruction education. [34,35,36]

The use of VR/ AR and 3D gaming apps allow for a broader development of tools for tutoring drugstore generalities



and lesser institutional knowledge among scholars. [8] In order to establish the educational value of AR, the linked exploration questions need to be followed through with an acceptable exploration design that includes large enough samples and valid measures. Only also will the real merit of similar advanced literacy systems come clear. [7] Virtual reality surroundings could be used to give high- dedication drugstore simulations, field passages through the mortal body, and indeed openings to learn from miscalculations, which is generally not doable with real cases. [1] This virtual content can appeal to different senses similar as sight, hail, touch and smell. [37,38]

The methodical review provides the current state of the art on head- mounted device operations in medical education. Also, the study discusses trends toward the future and directions for farther exploration in head- mounted VR and AR for medical education. [19]

## Conclusion

The discussion highlights the slow elaboration of drugstore education despite advancements in educational technology, emphasizing the need for indispensable pedagogies to traditional lectures. Active literacy strategies and educational technology are getting pivotal to engage 21<sup>st</sup>- century scholars who prefer task- grounded, independent literacy. Simulations in drugstore education give precious practice gests , albeit with resource- ferocious challenges. Digital strategies, including VR, AR, and MR, are transubstantiating healthcare education by offering immersive and interactive literacy surroundings, addressing both educational and practical training requirements. These technologies, while still developing, hold significant eventuality for enhancing medical education and perfecting clinical access for scholars.

## References

- [1] C. Leanne, PhD, Thayer A. Rachel, Sharpton, PharmD, Jody K, Takemoto, PhD. The Past, Present and Future of Virtual Reality in Pharmacy Education. American Journal of Pharmaceutical Education 2019;80(3) Article 7456.
- [2] Bati AH, Mandiracioglu A, Orgun F, Govsa F. Why do students miss lectures? A study of lecture attendance amongst students of health science. Nurse Educ Today. 2013;33(6):596-601.
- [3] Bukoye OT, Shegunshi A. Impact of engaging teaching model (ETM) on students attendance. Cogent Education. 2016;3(1).
- [4] Kottasz R. Reasons for student non-attendance at lectures and tutorials: an analysis. Investigations in University Teaching and Learning 2005;2(2):5-16.
- [5] G. Oliver, F. Jermy, Z. Xia, J. Chris. Augmented Reality in Medical Education: A mixed Methods Feasibility Study. Doi: 10.7759/cureus. 36927.
- [6] G. Jaris, Camilla B S, P. Dieckmann. Augmented reality and mixed reality for healthcare education beyond surgery: an integrative review. International Journal of Medical Education. 2020; 11:1-18. Doi: 10.5116/ijme.501 . eb1a
- [7] K. Carolien, B. Esther, S. Marlies, C. Noor. Augmented reality in medical education? Perspect Med Educ (2014) 3:300-311. Doi: 10.1007/s40037-0107-7
- [8] H L Christopher, C. Rachel, N. Arielle, G. Moez, N. Hannah, I. Ryan, U M Jyothi, S. Jie B. Matthew, K. Roberta, L. Elizabeth, B. Roy and C. Bongsup. Developing Virtual and augmented reality applications for science, technology, engineering and math education. Biotechniques 75: 11-20 (January 2023) 10.2144/btn 2023-0029
- [9] S. Hayden, G. Cannor, C. William, E. Brooke, A. Mohamed, V. Tuhin, Larson-Prior. J. Linda and P. Erika. Current Practice and future Directions. Frontiers in Surgery. Doi : 10.3389/f surge.2021.807195.
- [10] N. S. Matthie, G A Nicholas, C.M Jenerette, G S Magwood, S L Leslie, E Northey, Caitlin I webster & S. Soumitri. Use and efficacy of virtual augmented or mixed reality technology for chronic pain : a systematic review.
- [11] Dr. Blanka Szulc (University of Kent), Dr. Stephen Hilton (UCI school of Pharmacy). Virtual reality training in pharma : Just a headset away?
- [12] HPLC VR Training. Side Quest VR. [internet]. 2022. [cited 2023Jan]

- [13] Poshmaal Dhar, Tetyana Rocks, Rasika M Samarasinghe, Garth Stephenson & Craig Smith (2021) Augmented reality in medical education: students' experiences and learning outcomes, *Medical Education Online*, 26:1, 1953953, DOI: 10.1080/10872981.2021.1953953
- [14] Bracq M-S, Michinov E, Jannin P, et al. Virtual reality simulation in nontechnical skills training for health care professionals: a systematic review. *Simulation in Healthcare*. 2019;14(3):188–194.
- [15] Grover SC. Impact of a simulation training curriculum on technical and nontechnical skills in colonoscopy : a randomized trial. *Gastrointest Endosc*. 2015;82(6):1072–1079.
- [16] Rudarakanchana N. Endovascular repair of ruptured abdominal aortic aneurysm: technical and team training in an immersive virtual reality environment. *Cardiovasc Intervent Radiol*. 2014;37(4):920–927.
- [17] Sankaranarayanan G. Face and construct validation of a next generation virtual reality (Gen2-VR©) surgical simulator. *Surg Endosc*. 2016;30(3):979–985.
- [18] Wucherer P. Vertebroplasty performance on simulator for 19 surgeons using hierarchical task analysis. *IEEE Trans Med Imaging*. 2015;34(8):1730–1737.
- [19] Xuanhui Xu, Eleni Mangina, Abraham G, Campbell. School of Computer Science, University College Dublin, Dublin, Ireland. HMD-Based Virtual and Augmented Reality in Medical Education: A Systematic Review.
- [20] VR Education Holdings. Virtual Reality Education, Training, Simulation, Learning. <http://www.vreducationholdings.com/>. Accessed October 21, 2018.
- [21] Zhuang W, Xiao Q. Facilitate active learning: the role of perceived benefits of using technology. *Journal of Education for Business*. 2018;93(3):88-96.
- [22] Maarek J-M. Benefits of active learning embedded in online content material supporting a flipped classroom. *Proceedings fo the ASEE Annual Conference & Exposition 2018*:1-10
- [23] King A. From sage on the stage to guide on the side. *College Teaching* 1993;41(1):30-35.
- [24] Lujan HL, DiCarlo SE. Too much teaching, not enough learning: what is the solution? *Adv Physiol Educ*. 2006;30(1):17-22
- [25] Ray SM, Wylie DR, Shaun Rowe A, Heidel E, Franks AS. Pharmacy student knowledge retention after completing either a simulated or written patient case. *Am. J. Pharm. Educ*. 2012;76(5):Article 86
- [26] Richardson A, Bracegirdle L, McLachlan SIH, Chapman SR. Use of a three-dimensional virtual environment to teach drug receptor interactions. *Am J Pharm Educ*. 2013;77(1):Article 11.
- [27] Veronin MA, Daniels L, Demps E. Pharmacy cases in Second Life: an elective course. *Adv. Med. Educ. Pract.* 2012;3:105-112.
- [28] Seybert AL, Laughlin KK, Benedict NJ, Barton CM, Rea RS. Pharmacy student response to patient-simulation mannequins to teach performance-based pharmacotherapeutics. *Am J Pharm Educ*. 2006;70(3):Article 48.
- [29] Vyas D, Bray BS, Wilson MN. Use of simulation-based teaching methodologies in US colleges and schools of pharmacy. *Am J Pharm Educ*. 2013;77(3):Article 53.
- [30] Cendan J, Lok B. The use of virtual patients in medical school curricula. *Adv Physiol Educ* 2012;36(1):48-53.
- [31] Ryall T, Judd BK, Gordon CJ. Simulation-based assessments in health professional education: a systematic review. *J Multidiscip Healthc*. 2016;9:69-82.
- [32] Winkler-Schwartz A, Bissonnette V, Mirchi N, Ponnudurai N, Yilmaz R, Ledwos N, et al. Artificial intelligence in medical education: best practices using machine learning to assess surgical expertise in virtual reality simulation. *J Surg Educ*. (2019) 76:1681–90. doi: 10.1016/j.jsurg.2019.05.015
- [33] Wu H, Lee S, Chang H, Liang J. Current status, opportunities and challenges of augmented reality in education. *Comput Educ*. 2013;62:41–9
- [34] Thomas RG, John NW, Delieu JM. Augmented reality for anatomical education. *J Vis Commun Med*. 2010;33(1):6–15.
- [35] Chien C-H, Chen C-H, Jeng T-S. An interactive augmented reality system for learning anatomy structure. In: *Proceedings of the international multiconference of engineers and computer scientists, IMECS*, vol. I; 2010. p. 1–6.
- [36] Blum T, Kleeberger V, Bichlmeier C, Navab N. Miracle: an augmented reality magic mirror system for anatomy education. In: *Proceedings of the 2012 IEEE virtual reality; 2012 March 4–8; Costa Mesa: IEEE Computer Soc; 2012. p. 115–116; IEEE Xplore*.
- [37] Azuma R, Baillot Y, Behringer R, Feiner S, Julier S, MacIntyre B. Recent advances in augmented reality. *IEEE Comput Graph*. 2001;21(6):34–47.
- [38] Yu D, Jin JS, Luo S, Lai W. A useful visualization technique: a literature review for augmented reality and

its application, limitation & future direction. In: Huang ML, Nguyen QV, Zhang K, editors. Visual information communication. New York: Springer;2010.p.311–337.doi:10.1007/978-1-4419-0312-9. <http://public.eblib.com/EBLPublic/PublicView.do?ptiID=511751> <http://site.ebrary.com/id/10351877> <http://search.ebscohost.com/login.aspx?direct=true&scope=site&db=nlebk&db=nlabk&AN=341596>.

