



A CASE OF ECZEMA TREATED WITH HOMOEOPATHY

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MD HOMOEOPATHY

PG GUIDE

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CHIEF COMPLAINT:

Complaint	Location	Sensation & pathology	Modalities & Ailments from	Concomitant
Eruption on Ankle region ↓ Since 2-3 year] Eruption starts gradually	Skin ↓ Lower extremities ↓ Left ankle	Itching ++ Burning sensation with scratching until it's bleeding. Thickening of skin.	< night++ <touch++ <cold water <warmth of bed < sour food >warm water	

Associated symptoms: not any

Personal history:

- **Appetite:** Regular, 3 meal/day
- **Thirst:** 3-4 liters/day
- **Urine:** 5-6/0-1 D/N
- **Stool:** 1/0 D/N
- **Desires:** rice, sweets
- **Aversions:** sour food
- **Sleep:** 6-7 hours, Refreshing
- **Dreams:** not remembered
- **Perspiration:** scanty, on back while physical exertion
- **Addictions:** tobacco
- **Thermally:** chilly

Past History: covid- 2 year ago

Family History:

Relation	Alive or dead	Illness suffered/ suffering from	probable cause of death
Father	Dead	Cancer	Myocardial infarction
Mother	Dead	Paralysis	Brain stroke

Life space:

CHILDHOOD- Patient was born & brought up in a village named bodeli.

Family consisted of parents, grandparents, 3 elder brothers, 1 younger brother, 3 sisters & patient himself. Financial condition was poor, his demands used to be fulfilled by his father, though. Father was good by nature. He never scolds any of his children. Mother was cool, calm & sentimental by nature. Good IP with his parents. There used to be small quarrels between

siblings in matter of money & toys (especially between patient & his younger brother) No major issues were there.

- **SCHOOL LIFE-** He studied up to old SSC & after he did diploma. He used to be very bright student as well as a good athlete. He used to take part in all sports but especially in volleyball he used to be much interested. His scholastic performance used to be very good so that all teachers used to take his side in sports, too. As he said, “me teachers ne kidhelu k maru study bagde a rite sports nu arrangements nahi karvanu” and they used to do this favor to him." He used to be favorite among all students. He used to have many friends in his school/class. He got very good marks in 10th std & after completion of that, he had been brought to Surat for further study in diploma by his elder brother. He got admission there in college of diploma.

He completed his diploma by staying in hostel (by his own choice). He got adjusted there very well in hostel and no issues were there. During finals of Diploma, he had fallen sick with malarial parasite, he managed to stand second in exam, though.

After completion of diploma, he got married at the age of 24 year of age & in the same year, he was about to get job in Government but due to her mother's illness, he rejected the offer of job.

- **MARRIED LIFE-** He got married at the age of 24 year with his own wishes. He was happy with his marriage but in same year his mother fell ill with brain stroke. She got totally paralyzed & had been admitted in hospital at Baroda and due to that, he rejected job offer & this regret is still in his mind and in same year, his younger brother got a job in Government and he said to patient that, “Tme ba ni seva karo, hu paisa aapish” & he went to Baroda and settled there but he helped him with lesser money. His mother died there in hospital. This incident left deep impact on him as he used to be very close to her. He cried a lot for 10-15 days. Then after, his family consisted of 6 members. His father, wife, 3 children & patient himself. They were in Karmadi only. Due to money matters, his younger brother cut the relations with him. Patient tried to sort it out but his brother didn't want to do so. Then after, patient stopped talking to him(while narrating this incident, patient was crying a lot).

Patient was doing job in a dairy farm & he was the only earning member in his family.

Financial condition was very poor.

After few years, his father diagnosed with cancer & at that time also, his younger brother didn't help him. An older brother who used to stay in Surat helped him out financially. And once, when patient was there in Surat with his brother, his father died due to Myocardial infarction. Patient hadn't got chance to even meet him (patient cried again)

- **CURRENT LIFE-** Currently, family consisted of 5 members only. His wife, 2 daughter & son & he himself.

All 2 daughters are married. 1st daughter is in Umaj. 2nd one is in Bharuch His son used to do job in a private company but since 4-5 months, he behaves abnormally and so that he has been

fired from company. Now, he is jobless who once used to be the only earning member of family. This situation makes patient very anxious and along with that, his son doesn't get a girl to get marry with. Those both things are bothering him so much. His son becomes angry with in small matter and often beats him, too.

Physical examination: Vital signs:**Pulse: 78/min****B.P: 130/80 mm-hg**

- scratching until it's bleeding. **R.R: 18/min Temp. : 98.6° F**

General examination:

Height: 160cm

Weight: 70kg

Tongue: clean

Nails: pinkish

Built: medium built

Gait: normal

Others:

Systemic examination:

- **RS:** air entry bilaterally equal
- **CVS:** S1S2 heard normal
- **CNS:** conscious and well-oriented
- **GIT:** P/A soft and non-tender
- **LM:** NAD
- **SKIN O/E-** dryness of the skin with hard thickening, scaly eruption, erythema

Totality of symptoms:

- Eruption in lower extremities left ankle with itching
- Eruption bleeding while scratch
- Eruption itching <early morning, <touch

- Eruption > scratching after
- Aversion to sour food
- Desire for rice
- Grief -of his parent's demises
- Sympathetic

Repertorial totality

1. LOWER EXTREMITIES - Eruption - foot
2. SKIN AND EXTERIOR BODY - Itching - after scratching - blood, bleeding with
3. APPETITE-Aversion - sour things, acids
4. MIND-Grief, sorrow and care

Repertorial results

SULPH – 8/3

CALC – 7/3

COCC – 6/3

IGN – 5/3

LYCO – 5/2

PH AC – 5/2

GRAPH – 4/2

Non-repertorial approach

- **First prescription: Skookum chuck aqua 6x 2-2-2-0 for 7 days**

Final diagnosis: lichen simplex chronicus

Follow up:

Sr. No	Date	Complaints	Prescription
1.	18/2/'24	Eruption itching SQ Eruption size- SQ Cracked skin with bleeding while scratching Dry skin eruption burning	Skookum chuck aqua 6x 2-2-2-0 for 15 days
2.	4/3/'24	Eruption itching- SQ Eruption size- SQ Cracked SQ with sticky discharge dry skin- SQ burning-SQ	Skookum chuck aqua 6x 2-2-2-0 for 15 days
3.	18/3/'24	Eruption itching – decrease Eruption size- SQ Discharge sticky- SQ Burning- SQ	Skookum chuck aqua 6x 2-2-2-0 for 15 days
4.	1/4/'24	Eruption itching – 30% better Eruption size-SQ Discharge- reduce Burning-decrease	Skookum chuck aqua 6x 2-2-2-0 for 15 days
5.	15/4/'24	Eruption itching 50% better Eruption size- SQ Discharge reduces Burning better – 50%	Skookum chuck aqua 6x 2-2-2-0 for 15 days
6.	29/4/'24	Eruption itching 80% better Eruption size decrease No discharge N burning	Skookum chuck aqua 6x 2-2-2-0 for 15 days

Result: patient is under the treatment and improving gradually, area of eczematous eruption has been reduce after medication, dryness and cracks reduce.

