

# Modification Of Dosage Form Of Shadanga Paniya (Sharkara) And Its Pharmaceutical, Analytical Standardization

Dr. Vishal Kumar Tanwar<sup>1</sup>, Prof. (Dr.) Vidushi Tyagi<sup>2</sup>

- 1. PG Scholar, PG Department of Rasa Shastra Evum Bhaishajya Kalpana
- 2. Chairperson, PG Department of Rasa Shastra Evum Bhaishajya Kalpana

Institute for Ayurved Studies and Research, Faculty of Ayurved, Shri Krishna AYUSH University, Kurukshetra, Haryana 136118

Corresponding Author
Name- Dr. Vishal Kumar Tanwar

#### **Abstract**

In this study an effort was made to modify the Shadanga Paniya (a medicated water) into Sharkara Kalpana (syrup) to increase its palatability, shelf life, therapeutic use and standardized this formulation. The Shadanga Paniya (medicated water) has bitter and astringent taste which hampers the palatability and has low shelf life. Whereas Sharkara kalpana (syrup) is widely acceptable dosage form due to its palatability, wide therapeutic applicability, longer shelf life, reduced dose and easy administration.

The raw materials were collected, authenticated and standardized as per API guidelines. These were evaluated for foreign matter, pH, total ash, loss on drying, acid-insoluble ash, alcohol-insoluble extract, water-soluble extract and TLC. Several trial batches of Shadanga Paniya Sharkara were formulated, of these with the most pleasant taste and stable formulation was chosen. Then final 5 batches were prepared and standardized for various evaluation parameters such as Organoleptic characters, Physico-chemical parameters, heavy metals, aflatoxins, microbial contamination, pesticides residue and HPTLC.

Keywords: Ayurvedic formulation, Standardization, Shadanga Paniya, Sharkara Kalpana,

### Introduction

Most of the traditional systems of medicine are effective but they lack proper standardization. Standardization is an important step for the establishment of a consistent biological activity, a consistent chemical profile or simply a quality assurance program for production and manufacturing of herbal formulations. Shadanga Paniya is a kind of independent Yoga (formulation). It is considered as 'Aushadh Siddha Paniya Kalpana' (Medicated Water). The Shadanga word represents six different ingredients.i.e Musta, Parpatak, Ushira, Chandana, Uddichya, Nagar. The second word, Paniya, literary means liquid media or water as a medium. It is useful in

Pipasa, Daha and Jwara as mentioned in Charaka Samhita.<sup>2</sup> The Shadanga paniya (medicated water) has bitter and astringent taste which hampers the palatability and has low shelf life. Whereas Sharkara kalpana (syrup) is widely acceptable dosage form due to its palatability, wide therapeutic applicability, longer shelf life, reduced dose and easy administration.

# **Objectives**

- ✓ To collect the raw material from reliable sources.
- ✓ To prepare Shadanga Paniya (sharkara).
- ✓ To standardize the pharmaceutical method of Shadanga Paniya (Sharkara).
- ✓ To fix the standards of Analytical parameters of prepared medicine.

#### **Material and Methods**

### Collection, Identification and Authentication of Raw Drugs

The raw materials used to prepare Shandanga Paniya, Musta (Cyperus rotundus), Parpatak (Fumaria parviflora), Ushir (Vetiveria zizanioides), Rakta Chandan (Pterocarpus santalinus), Udichiya (Pavonia odorata) and Shunthi (Zingiber officinalis) was procured from the local vendor of Ayurvedic herbs from Kurukshetra market. Raw drugs was identified by PG department of Dravyaguna, IASR, SKAU, Kurukshetra on the basis of their macroscopic charcters mentioned in API. Authentication of raw drugs was on the basis of the parameters mentioned in API4 i.e. Foreign matter, total ash, acid insoluble ash, loss on drying, water soluble extractive, alcohol soluble extractive, pH, TLC carried out in Government Drug Testing Laboratory, Kurukshetra and Satiate Research and Anatech Pvt. Ltd., Panchkula.

# > Pharmaceutical Study of Shadanga Paniya Sharkara

The five batches of *Shadanga Paniya Sharkara* was prepared in Shri Krishna AYUSH Pharmacy with Lic no. 1300-ISM-(HR), PG Department of Rasa Shastra evum Bhaishajya Kalpana, IASR, SKAU, Kurukshetra.

Total 15 trial batches were made following different methodology in order to form a Standard Operating Procedure (SOP) for *Shadanga Paniya Sharkara*.

मुस्तपर्पटकोशीरचंदनोदीच्यनागरैः।श्रुतशीतंजलंदध्यातपिपासाज्वरशान्तये।।(चक्र०१/१९)

यदप्सुश्रुतशीतासुषडंगादिप्रयुज्यते।कर्षमात्रंततोद्रव्यसाधयेतप्रास्थिकेऽम्भसि।(चक्र०१/२१)

हिमेफाण्टेश्रतेऽर्केवाशर्कराद्विगुणंक्षिपेतामंदेऽम्नौसाधितंपृतंपटात्तच्छार्करंस्मृतं॥ (द्र०गु०वि०उ०२/५६)

When the syrup trial batches of Shadanga Paniya were prepared according to the reference of Chakradutta and Dravyaguna Vigyaniya book by Acharya Yadav Ji Trikam ji, the crystals were formed and the original taste of Shadanga Paniya was disappeared. For this, 3 batches were prepared or repeated and in all the 3 batches the problem of crystallisation and loss of taste & colour of Shangapaniya was present.

# > Equipments required for the preparation of final batches of Shadanga Paniya (Sharkara): Table 1

S.no.	Equipment	Dimension	Wt.	Quantity
1	Weighing	21.5cm* 22cm	1.2kg	1
	balance			
2	Tray for drying	38 cm* 33cm *6cm	665gm	1
3	Tray for	15.5cm* 15.5cm*	100gm	1
	weighing	3cm		
4	Imamdasta	Depth- 26.2cm	6 kg	1
		Dia- 21.5cm		
	Musal			
		Length- 38.5cm		
		Dia- 3cm		
5	Sieve	Dia- 20.5cm	300gm	1
		Height – 6cm		
	1 A	Depth – 5cm		
6	Kadahi	Dia 26cm	1280gm	1
	(Y	Depth- 9.5cm		
7	Spoon	Length- 20 cm	35gm	1
		Mouth-4.5cm* 3cm,		
		Length- 16 cm	33gm	1
		Mouth- 5 cm* 3.5cm		
8	Digital	24 cm with 15 cm	22gm	1
	Thermometer	nobe		
9	Induction Stove			1
10	Muslin cloth	40cm* 45cm		1
11	Beaker	Height- 11.8cm	287gm	1
		Dia- 8.5cm		
12	Glass bottle	Height- 10cm		5
		Dia- 5cm		

# > Formula for Shadanga Paniya Sharkara

Table 2

	Ingredients	Botanical name	Family	Part used	Quantity
1.	Musta	Cyperus rotundus	Cyperaceae	Rhizome	1 part
2.	Parpatak	Fumaria parviflora	Fumariaceae	Whole plant	1 part
3.	Ushir	Vetiveria zizanioides	Graminae	Root	1 part
4.	Rakta	Pterocarpus santalinus	Fabaceae	Wood	1 part
	Chandan				
5.	Udichiya	Pavonia odorata	Malvaceae	Root	1 part
6.	Shunthi	Zingiber officinale	Zingiberaceae	Rhizome	1 part
7.	Mishri	Saccharum officinarum			1.5 parts
8.	Water				768ml
					(812gm)

# Method of Preparation<sup>3,4</sup>

- 1. The ingredients of Shadanga Paniya were washed, dried.
- 2. Then Ingredients were coarsely powdered with the help of *Imamdasta* separately.
- 3. 2gm Coarse powder of each drug total 12gm (1 tola) was soaked in (64 tola) 768ml (812gm) of water overnight.
- 4. The next day it was taken in a stainless-steel vessel and boiled on mild heat at a temp. of  $100^{\circ}$  C.
- 5. Water was slowly evaporated and reduced to ½ of the original volume i.e. 384 ml (422gm)
- 6. Decoction was filtered through single folded cotton cloth.
- 7. This filtrate was collected as Shadanga Paniya.
- 8. The *Shadanga Paniya* was taken and 1.5 times of *mishri* was added to it along with 1.5gm of citric acid.
- 9. Then it was again boiled on mild heat at a temp. 100°C and stirred continuously.
- 10. Boiling was continued till it attained the one thread or honey like consistency.
- 11. Then after attained desired consistency it was filtered through muslin cloth and kept for some time to cool down.
- 12. After self-cooling it was then collected in a glass jar.

### Analytical study of Shadanga Paniya Sharkara

Analytical parameter tests of Shadanga Paniya Sharkara<sup>5</sup> included description, colour, odour, taste, consistency, composition, total ash, acid insoluble ash, water soluble extractive, alcohol soluble extractive, reducing sugar, non-reducing sugar, total sugar, losss on drying, total solid, acid value, pH, heavy metal test, microbial test, aflatoxins, pesticide residue test, HPTLC were carried out at Government Drug Testing Laboratory, Kurukshetra, Intersteller Testing Centre, Panchkula, Vardan Envirolab, Gurugram.

# **Result and Observation**

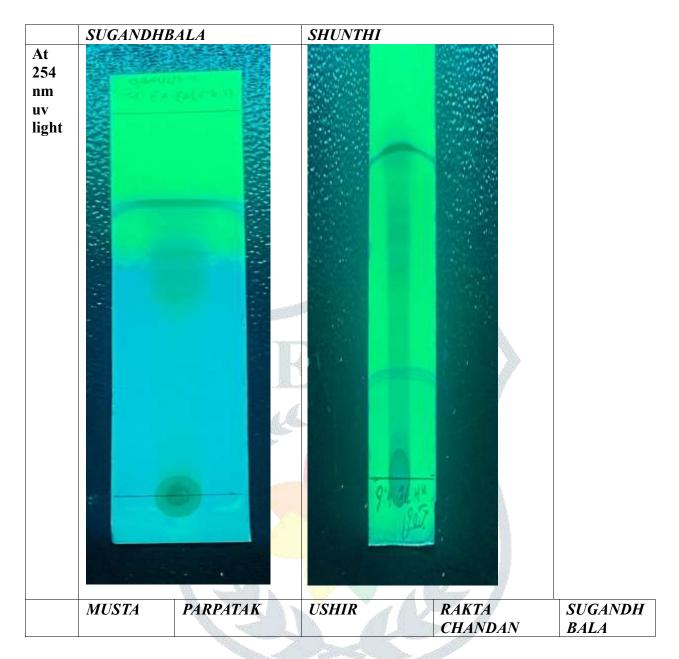
# **Analysis of Raw Drugs**

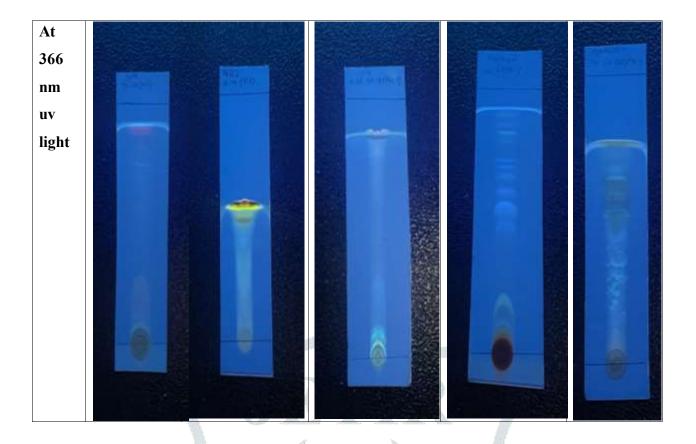
Table 3

Sr.N o.	Name of Raw Drug	Foreign Matter (% By mass)	Loss on Drying at 105°C	Total Ash (%)	Acid Insoluble Ash (%)	Water soluble extract (%)	Alcohol Soluble extract (%)	рН	TLC (Rf)
1.	Mustak	0.44	5.24	6.82	0.94	20.71	14.5	5.5	0.44, 0.73 0.88
2	Parpatak	0.32	4.88	8.82	1.14	35.26	12.6	7	0.13, 0.67 0.93
3.	Ushir	0.72	5.40	8.91	1.88	9.67	5.7	6	0.28, 0.19 0.49, 0.22 0.94
4.	Rakta Chandan	Nil	5.37	1.17	0.10	5.23	14.3	6.1	0.14, 0.18 0.50, 0.76 0.82
5.	Sugandh bala	0.13	5.08	4.78	0.85	24.56	15.5	5	0.7,0 .83,0 .44,0 .43 0.62 0.64
6.	Shunthi	Nil	5.42	5.25	0.71	19.10	15.3	4.7	0.60, 0.54, 0.77

TLC Plates of Raw Drugs: Observations of TLC plates are shown below

Table 4









# Pharmaceutical Study Of Shadanga Paniya Sharkara

# **Observations During Preparations**

Table 5

	Batch 1	Batch 2	Batch 3	Batch 4	Batch 5
Kwatha	380ml =	385ml =	380ml =	382ml =	384ml =
	410gm	412gm	410gm	411gm	412gm
	W.				
Mishri	576gm +	576gm +	576gm +	576gm +	576gm +
	200ml water	200ml water	200ml water	200ml water	200ml water
Total	1156ml	1161ml	1156ml	1158ml	1160ml
quantity					
Citric acid	2.3gm	2.3gm	2.3gm	2.3gm	2.3gm
.2%			100		
Syrup yield	520ml =	540ml =	500ml =	530ml =	520ml
	769gm	799gm	740gm	784gm	=769gm
Temp.	$100^{0}{ m C}$	$100^{0}  \mathrm{C}$	$100^{0}  \mathrm{C}$	$100^{0}  \mathrm{C}$	$100^{0}  \mathrm{C}$
Time	65min	60min	70min	65mn	65min
Loss	636ml	621ml	656ml	628ml	640ml
Loss%	55%	53.4%	56.7%	54.2%	55%
Odour	Characteristics	Characteristics	Characteristics	Characteristics	Characteristics
Colour	Reddish -	Reddish -	Reddish -	Reddish -	Reddish -
	brown	brown	brown	brown	brown
Taste	Desirable	Desirable	Desirable	Desirable	Desirable
Consistency	Honey like	Honey like	Honey like	Honey like	Honey like

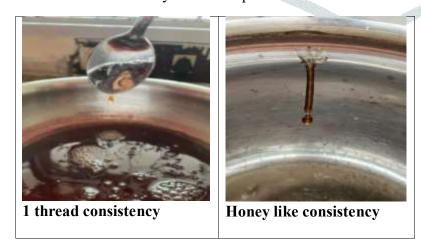




# **Confirmatory Test of Sharkara**

- 1. The mixture attains 1-2 thread consistency.
- 2. During Sharkara Paka, a part of paka material settles down without spreading when put in a bowl of water.
- 3. The mixture attains honey like consistency.
- 4. The product possess the desired odor and colour of the liquid preparation used.

All the confirmatory tests were present in all the 5 batches.



Analytical Study of Shadanga Paniya Sharkara

Organoleptic Characters of Shadanga Paniya Sharkara Batches

Table 6

Batch	Description	Color	Odour	Taste	Consistency
1	Shadanga Paniya Sharkara	Reddish-brown	Characteristic	Sweet	Semi liquid
2	Shadanga Paniya Sharkara	Reddish-brown	Characteristic	Sweet	Semi liquid
3	Shadanga Paniya Sharkara	Reddish-brown	Characteristic	Sweet	Semi liquid
4	Shadanga Paniya Sharkara	Reddish-brown	Characteristic	Sweet	Semi liquid
5	Shadanga Paniya Sharkara	Reddish-brown	Characteristic	Sweet	Semi liquid

All the Batches shows the same organoleptic characters i.e. description, colour, odour, taste, consistency.

# **Physico-chemical Parameters**

Observations of Physico-chemical parameters of all batches

Table 7

Batch	1	2	3	4	5
рН	5.40	5.38	5.35	5.45	5.41
Reducing sugar	51%	53.04%	55.72%	55.20%	55.43%
Non-reducing sugar	8%	8.59%	8.16%	8%	8.07%
Total sugar	59%	61.63%	63.88%	63.20%	63.50%
Total solids	63.39%	66.90%	67.18%	66.52%	68.27%
Specific gravity	1.394	1.373	1.443	1.384	1.476

The findings related to physico-chemical parametrs of *Shadanga Paniya (Sharkara)* batches reveals that the pH lies in between 5.35 to 5.45, while reducing sugar is in between 51% to 55.72%, while non reducing sugar varies in between 8% to 8.59% while total sugar is in between 59% to 63.88% while the total solids lie in between 63.39% to 68.27% and specific gravity varies in between 1.373 to 1.443.

# Tests for Heavy metals<sup>6</sup>

Lead, Arsenic, Cadmium, Mercury was analysed in prepared batches of *Shadanga Paniya (Sharkara)*. The quantity of heavy metals present in it are below the limit mentioned in API. The amount of Lead present is less than 10 ppm and other heavy metals are below the limit of quantification.

Table 8

Heavy	Batch 01	Batch 02	Batch 03	Batch 04	Batch 05
Metals					
Lead	0.15 ppm	0.19 ppm	0.13 ppm	0.15 ppm	0.18 ppm
Cadmium	BLQ(LOQ:0.	BLQ(LOQ:0.	BLQ(LOQ:0.	BLQ(LOQ:0.	BLQ(LOQ:0.
	10)	10)	10)	10)	10)
Mercury	BLQ(LOQ:0.	BLQ(LOQ:0.	BLQ(LOQ:0.	BLQ(LOQ:0.	BLQ(LOQ:0.
	10)	10)	10)	10)	10)
Arsenic	BLQ(LOQ:0.	BLQ(LOQ:0.	BLQ(LOQ:0.	BLQ(LOQ:0.	BLQ(LOQ:0.
	10)	10)	10)	10)	10)

### Test for Aflatoxins<sup>7</sup>

Test was performed for B1, B2, G1, G2 and these were not detected in Shadanga Paniya (Sharkara)

Table 9

Aflatoxins	Batch 01	Batch 02	Batch 03	Batch 04	Batch 05
B1	Not Detected				
B2	Not Detected				
G1	Not Detected				
G2	Not Detected				

# Test for Microbial contamination8

Total microbial count, total fungal count, E-coli, Salmonella, Pseudomonas aeruginosa, Staphylococcus aureus count was calculated by following the method mentioned earlier and the values comes out are within the limit of microbial count mentioned in API. Total microbial count and total fungal count are below the NMT 10000/gm and NMT 1000/gm resp. and specific pathogens is found absent.

Table 10

Microbial contamination	Batch 01	Batch 02	Batch 03	Batch 04	Batch 05
Total viable aerobic count	25 cfu/ml	20 cfu/ml	30 cfu/ml	25 cfu/ml	30 cfu/ml
Total Fungal count	<10cfu/ml	<10cfu/ml	<10cfu/ml	<10cfu/ml	<10 cfu/ml
E. coli	Absent/ml	Absent/ml	Absent/ml	Absent/ml	Absent/ml
Salmonella	Absent/ml	Absent/ml	Absent/ml	Absent/ml	Absent/ml

Staphylococcus aureus	Absent/ml	Absent/ml	Absent/ml	Absent/ml	Absent/ml
Pseudomonas aeruginosa	Absent/ml	Absent/ml	Absent/ml	Absent/ml	Absent/ml

# Test for Pesticide Residues9

Pesticide residues were quantified in *Shadanga Paniya (Sharkara*) Batches and they were found below the detection limit.

Table 11

Pesticide Residues	Batch 01	Batch 02	Batch 03	Batch 04	Batch 05
Bromopropyl ate	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Chlordane (Sum of cis, trans and	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
oxythlordane) Cypermethrin (and isomers)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
DDT (its isomers)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Deltamethrin	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Dichlorvos	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Dithiocarbam ates (as CS2)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Endosulfan	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Endrin	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Ethion	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Fenitrothion	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Fonofos	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Heptachlor	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Hexachlorobe nzene	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Hexachlorocy clohexane Beta Isomer	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Malathion	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Methidathion	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Parathion	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Parathion methyl	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)

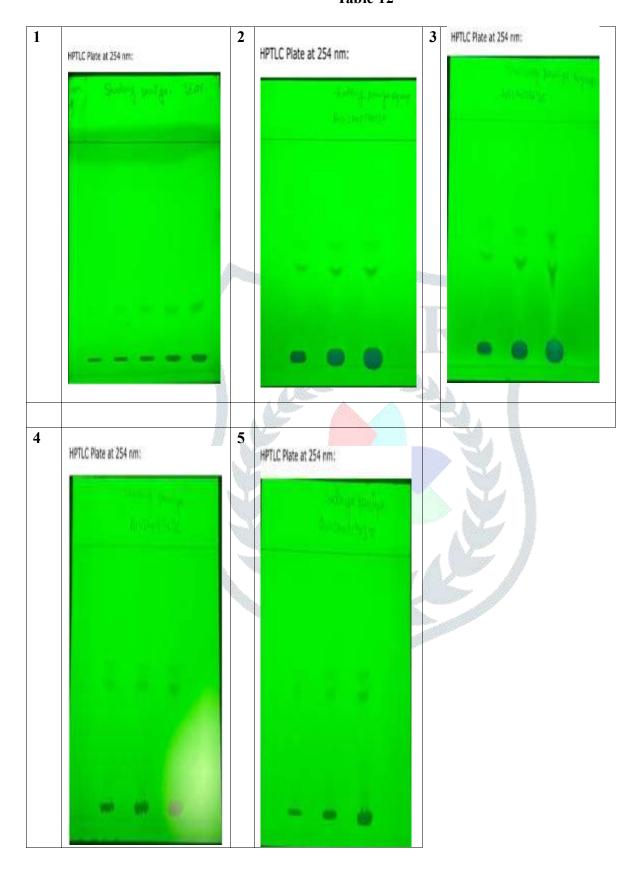
Permethrin	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Phosalone	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Piperonyl butoxide	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Primiphos- methyl	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Pyrethrins	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Quintozene	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Alachlor	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Aldrin & Dieldrin	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Azinphos- methyl	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Chlorfenvinp hos	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Chlorpyripho s	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Chlorpyrifos- methyl	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Lindane (y- hexachlrocycl ohexane)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)
Diazinon	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.005)	BDL(DL:0.00 5)

# **HPTLC**

Different chromatograms have been developed by using HPTLC techniques. Mobile Phase used for this was Toluene:Ethyl acetate:Formic acid:Methanol (6:4:1:0.4), Scanning wavelength 254nm, 366nm, 500nm. The Rf value obtained from the HPTLC was analysed, matched with the Rf of raw drugs used for preparation of *Shadanga Paniya (Sharkara)* and found that the raw drugs can be easily identified in finished product.

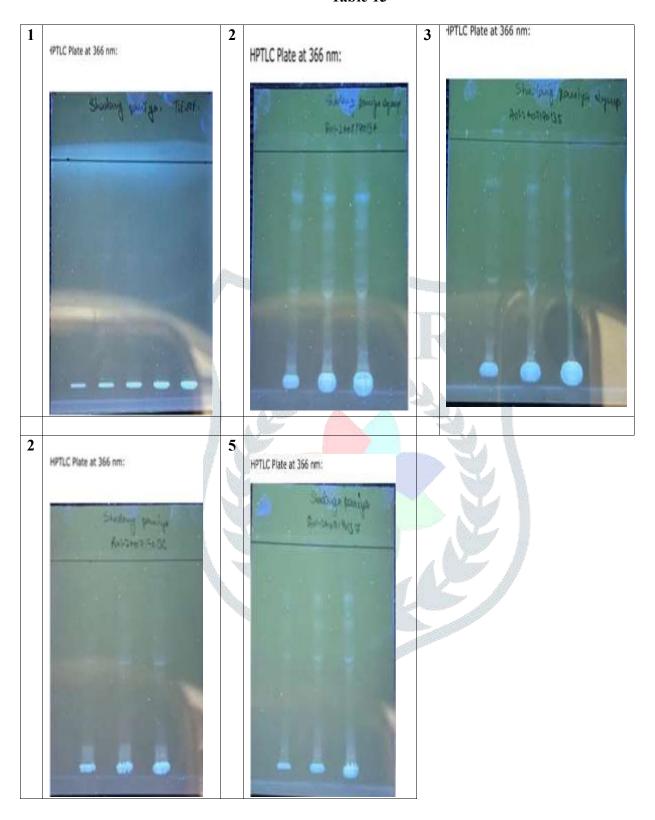
# HPTLC plates at 254nm of final batches

Table 12



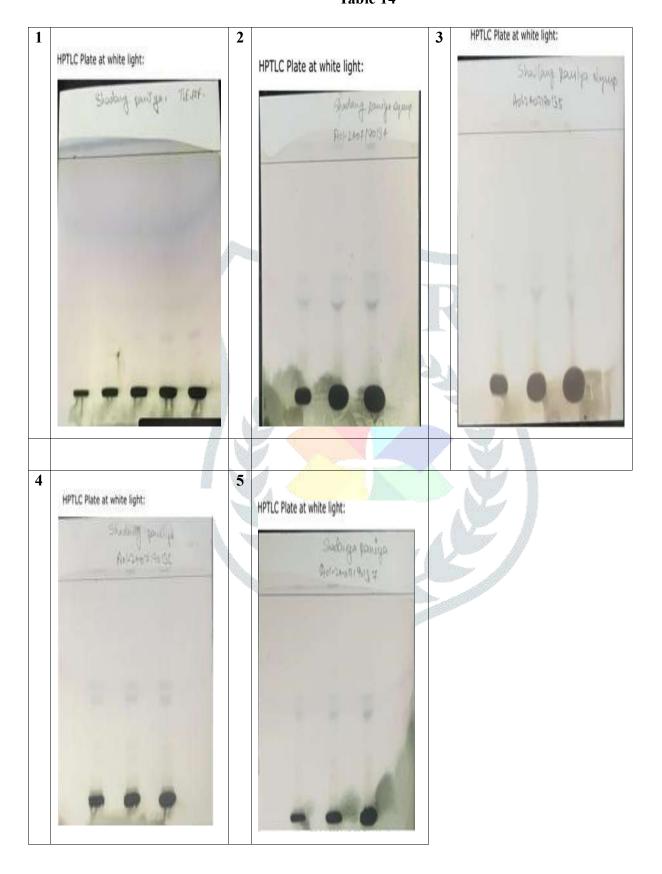
# HPTLC plates at 366nm of final batches

Table 13



# HPTLC plates at visible light of final batches:

Table 14



### HPTLC Rf values of final batches are shown below

Table 15

Drugs	API Rf	Batch 1	Batch 2	Batch 3	Batch 4	Batch 5
Musta	0.44,0.55	0.44	0.44	0.44	0.4,	0.44
	0.73,0.88	0.55	0.55		0.55	0.55
		0.73				
Parpatak	0.07,0.10	0.07,0.10	0.07	0.10	0.10	0.07
	0.13,0.19	0.19,0.50	0.19	0.13	0.19	0.10
	0.20,0.29	0.60,0.67	0.29	0.19		0.19
	0.50,0.60		0.60			
	0.67,0.79					
Ushir	0.19,0.22	0.19	0.22	0.19	0.19	0.19
	0.28,0.33	0.28	0.28	0.28	0.22	0.22
	0.49,0.73	0.49	0.33	0.33		0.33
	0.75,0.94	0.73				
Rakta	0.04,0.07	0.04	0.04	0.13	0.04	0.16
Chandan	0.13,0.16	0.07	0.15	0.26	0.16	0.57
	0.26.0.3	0.31	0.31	0.37	0.26	35
	0.37,0.43	0.57	0.54	0.57	The same of	M
	0.57,0.74	W.				1
Sugandh	0.15,0.18	0.24	0.15	0.15	0.15	0.22
bala	0.22,0.24	0.31	0.31	0.18	0.18	0.24
	0.31,0.38	0.64	0.43	0.40	0.22	0.18
	0.40,0.43	11 , %	0.54		0.24	l)
	0.44,0.54	M No.	A STATE OF THE PARTY OF THE PAR			1
	0.62,0.64		1	<b>V</b>	N 534	16
	0.7,0.76					10
	0.80,0.87		4	A Part of the same		
Shunthi	0.16,0.22	0.27	0.16	0.16	0.16	0.16
	0.27,0.54	0.63	0.27	0.27	0.22	0.22
	0.60,0.63	0.68	0.60	0.22	0.27	V
	0.68,0.77	100		41	Maria A	

There was small difference in the physico-chemical parameters of *Shadanga Paniya* and *Shadanga Paniya* Sharkara as shown below in the table.

Table 16

Sr. No.	Shadanga Paniya	Shadanga Paniya Sharkara
pH	4.2	5.35 (Av.)
Total solids	81.2%	65% (Av.)
Specific gravity	1.0083	1.42 (Av.)

### Conclusion

Lastly, In the context of the present work entitled, "Modification Of Dosage Form Of *ShadangaPaniya* (*Sharkara*) And Its Pharmaceutical, Analytical Standardization", is considered a promising aspect in the future clinical medicine.

From the observations, results and discussion, the following conclusion can be drawn:

The Shadanga Paniya Sharkara was prepared by utilising the authenticated and tested raw drugs. Adopted procedure for the preparation of Shadanga Paniya Sharkara can be suggested as its SOP (Standard Operating Procedure). The Shadanga Paniya Sharkara was reddish-brown coloured, characteristic odour, sweet in taste with semi liquid in consistency.

In the study, determination of physical and chemical parameters that are essential for the identification of raw drugs on the basis of available standard data was done.

The determination of foreign matter in the raw material showed that all ingredients were free from contaminants, confirming their high quality and purity. The pH analysis indicated that most raw ingredients are slightly acidic, supporting their potential antimicrobial properties in the Shadanga Paniya formulation. Shunthi exhibited the most acidic nature with a pH of 4.7. The total ash content revealed varying inorganic residue levels among the raw materials. *Ushir* had the highest total ash content 8.91%, while *Rakta Chandan* showed the lowest 1.17%, reflecting differences in mineral content. The loss on drying analysis showed moderate moisture content across all raw materials, with Shunthi exhibited the highest moisture content at 5.42%. This factor influences the formulations stability and shelf life. The acid-insoluble ash analysis demonstrated minimal contamination across most raw materias, with Rakta Chandan showed the lowest content at 0.10%, indicating fewer non-organic impurities. The alcohol-soluble extract analysis highlighting that Sugandhbala had highest 15.5% and Ushir had lowest 5.7% content. The water-soluble extract analysis showed that Parpatak (35.26%) and Sugandhbala 24.56% had the highest water-soluble extractive values, contributing to the properties of formulation. The TLC results revealed diverse bioactive compounds across the raw drugs, with multiple Rf values indicating the presence of a broad spectrum of active ingredients in the formulation.

The HPTLC analysis also identified diverse bioactive compounds in all the batches of the finished product Shadanga Paniya Sharkara and confirmed good separartion of these components. Lead, Arsenic, Cadmium, Mercury was analysed in prepared batches of Shadanga Paniya (Sharkara). The quantity of heavy metals present in it were below the limit mentioned in API. The amount of Lead present is less than 10 ppm and other heavy metals were below the limit of quantification. Test was performed for B1, B2, G1, G2 and these were not detected in Shadanga Paniya (Sharkara). Total microbial count, total fungal count, E-coli, Salmonella, Pseudomonas aeruginosa, Staphylococcus aureus count was calculated by following the method mentioned earlier and the values came out were within the limit of microbial count mentioned in API. Total microbial count and total fungal count were below the NMT 100000/gm and NMT 1000/gm resp. and specific pathogens is found absent. **Pesticide residues** were quantified in all *Shadanga Paniya (Sharkara*) Batches and they were found below the detection limit.

The result obtained from the conducted tests found to be within the limit, as mentioned in guidelines given by CCRAS and Ayurvedic Pharmacopoeia of India.

Study revealed that the Shadanga Paniya Syrup prepared was of standard quality and a proper SOP was followed in its manufacturing and will be very useful for quality control of Shadanga Paniya (Sharkara), also to control the batches variation.

Shadanga Paniya can be converted into Shadanga Paniya Syrup.

In Ayurvedic texts, *Shadanga Paniya* is used in *Trishna*, *Daha* and *Jwara*, Therefore *Shadanga Paniya* Syrup can also be used for the same with a dose of 40 ml dissolved in 250 ml of glass as per requirement of patient.

It is necessary to note here that the syrup cannot be used in diabetic patient and patients having improper carbohydrate metabolism.

#### References

- Sharma HN. Shadanga Paniya. In; Ayurvediya Bhaishajya Kalpana. 2<sup>nd</sup> ed. Ahmedabad; Printograph; 1997.
   p. 165
- Charaka samhita by agnivesha revised by charaka and dridhabala with the Ayurveda dipika commentary of chakrapanidatta edited by Vaidya yadavji trikamji Acharya chikitsa sthana
   (1 / 143-145).
- 3. Shastri Ravi Vd. Chakradutta. Chaukhamba Surbharati Prakashan, Varanasi, 2012 editon, jwaraadhikar (1/19-21).
- 4. Acharya Y.T. Dravya Guna Vijyanam. 2<sup>nd</sup>. Bombay: Satyabhamabai Pandurang; 2003.Uttarardha, Pradhama Paribhasha Khanda. Verse 56. p. 40-41.
- 5. General Guidelines for drug development of Ayurvedic Formulations, Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, Government of India, New Delhi; Vol. 1. p. 32.
- 6. The Ayurvedic Pharmacopoeia of India. Government of India, Ministry of Health and Family Welfare, Department of AYUSH. Appendix 2.3.1, 2.3.3, 2.3.5. p.147-156.
- 7. Laboratory Guide for the Analysis of Ayurveda and Siddha Formulations, Central Council for Research in Ayurvedic Sciences, Department of AYUSH, Ministry of Health and Family Welfare, Government of India, New Delhi;2010; p. 111.
- 8. The Ayurvedic Pharmacopoeia of India. Government of India, Ministry of Health and Family Welfare, Department of AYUSH. Appendix 2.4.1, 2.4.2. p.163-178.
- 9. Laboratory Guide for the Analysis of Ayurveda and Siddha Formulations, Central Council for Research in Ayurvedic Sciences, Department of AYUSH, Ministry of Health and Family Welfare, Government of India, New Delhi;2010; p. 97.