



A CRITICAL CLINICAL REVIEW ON MADHUMALINI VASANT RAS W.S.R. TO AYURVEDA

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ABSTRACT

Rasashastra deals with Parada and its allies in their therapeutics. Rasashashtra is a branch that deals with the pharmaceuticals of Rasaushdhies. Pharmaceutical technology includes various samskara (processing) like Shodhana (purification), Jarana (Roasting), Marana (Incineration), etc. Vasanta Malati Rasa Kalpa is an herbal-metallic compound that comes under the subheading of Kharaliya-Rasayana of Rasaushadhis. Kharaliya Rasayana is more popular than any other dosage form. The main ingredients of Madhumalini Vasant are Shuddha Hingula, Kukkutanda (Whole Egg), Shweta Marich (Piper Nigrum), Priyangu (Callicarpama Crophylla), Kachora (Curcuma zedoaria) and Dadim (Punica granatum), Nimbu (Citrus acida) used as Bhavanadravya. It is used in chronic fever, cough, beneficial in pregnancy with debility, Aneamia, Asthma, Chronic respiratory problems. Madhumalini vasanta is mentioned in earlier textbooks like Rasa Tantra and Rasachandanshu and later textbooks Sara Sangraha. This article discusses the ingredients and mentions the uses of Madhumalini Vasant in various diseases.

Key words: Madhumalini Vasanta., Rasaushadhihas, Vasanta kalpa, Kharal Kalpa.

INTRODUCTION

INGREDIENT OF MADHUMALINI VASANT¹

Take 8 tola of pure Hingul and 8 tola of Kharpar Bhasma (in absence of Yashad Bhasma), put both of them in a mortar, add 7 liters of Badhar Ras, make small balls and dry them in the shade. After that, keep the balls in a clean iron pan on the fire of coals of Beri wood and along with them, put 8 hen's eggs in the pan and keep stirring them with an iron ladle, when the liquid of the hen's eggs becomes dry in the balls. When the balls burst and all the liquid becomes one and becomes dry and the shells of the eggs burn and become soft, then take down all the medicine from the pan, put it in a barrel, grind it and add half the quantity of the medicine to the powder of Kachur and similar to Kachur. Mix a portion of white chilli powder and then add 7 drops of Badhar juice and make cakes of one ratti size each, dry them and keep them. Basically Madhumalini Vasanta Rasayan or rasa comes under Khalviya Rasayana category in Rasashastra. It can be used for conservative management in low doses.²

Madhumalini vasanta, is mentioned in earlier textbooks like Rasa Tantra and Rasachandanshu and later textbooks Sara Sangraha.³

Quantity and proportion –

Give 1 tablet each with honey, white cumin powder or milk.

Properties and Uses-

- Diabetes - Prameha
- Menorrhagia, Abnormal uterine bleeding - Raktapradara
- Bleeding disorders - Raktapitta
- Piles Arsha
- Tuberculosis - Rajayakshma
- Weakness in pregnancy
- Rickets
- Cough - Kasa
- Anemia Pandu
- Indications of Madhu Malini Vasant
- Irregular fever - Vishama jwara
- Chronic fever - Purana jwara
- Asthma, respiratory diseases with breathing difficulty - Shwasa
- Chronic diarrhea - Purana Atisara
- Jaundice, liver disorders (Kamala)



This Rasayan is Sheetveerya and Kapha and pitta suppressor. Chronic-acute fever and chronic fever that lasts for a long time and rasa-rakta etc. Dhatugat jwar gets destroyed by consuming it.

If you have consumed too much quinine to cure malaria, due to which the body has become pale and weak, there is a burning sensation in the stomach, eyes, head etc. and you feel more thirsty, excessive sweating, feeling of dizziness at night, loss of appetite, lack of blood in the body Use of this Rasayan (madhumalini vasant) is very beneficial in case of such problems. Along with being Sheetveerya and pittashamak, it is also antipyretic.

This rasayana is also used in Raktpradar, Raktapitta, Arsha, Shwas, Jirna Atisaar and Rajayakshama, with aphrodisiac. Apart from this, it is also a very good medicine for weakness of pregnant women and common diseases of children. This rum is as beneficial as nectar in all stages of Rajayakshma. It is also best used in cough, shortness of breath, jaundice, weakness of eyes etc.

Jeerna Jwar –⁴

Due to continuous fever in Jiranjwar for a long time, the doshas (Vata-Pitta-Kapha) mix with the Dhatus (Rasa-Rakta etc.), weakening it and causing fever. In such a condition, the patient becomes weak and lustrous, loses his appetite, becomes pale and his body becomes weak. In case of presence of these symptoms, giving small peepal powder with Madhumalini Vasant and honey mixed with Guduchi Satva or Sitopaladi powder is beneficial. Its main function is on the lymph vessels and lymph nodes. If there is any obstruction in the growth of blood cells then it is good to give Mandoor Bhasma mixed with this Rasayana. Along with this, keep giving Amritarishta or Lauhasav also.

PEDIATRIC PURPOSE

It is used to increase the physical strength of small children. Due to increase in Kaph, which leads to Mandagni, not drinking milk with interest, low to moderate fever, gradually increasing weakness, lack of blood in the body, inability to walk due to weakness or weakness of bones, etc. In symptoms, using Madhu-Malini Basant is beneficial, because it removes cough and fever. But the biggest work it does is that by increasing calcium, it strengthens the bones and destroys the weakness of the nerves, so that the children become strong and start walking.

ANNAVAHA STROTAS

Due to distortion of Vaata and Kapha, the digestive fire (Agni) slows down. As a result, Annadik is not digested properly. Then due to increase in the Vayu, Atisaar also reduce. There may be some fever, body ache, and diarrhea may subside for a few days, but then the old condition starts again. This Rasayana should be used in case of symptoms like small amount of diarrhea, weakness, nausea, not being able to digest even a small amount of food, sour belching etc. Due to this, irritated speech and Kapha get reduced and by increasing jatharagni the digestion process also starts getting better. Then gradually loose stools also stop occurring. It is also used in rheumatic fevers.

DHATUGAT JWAR

The theory is that just as the symptoms of Vaatjvara, Pittajvara, Kaphajvara etc. are manifested when combined with the doshas of Jwar (Vata, Pitta, Kapha), similarly, the combined effects of Dushyas (Rasarakta etc.) also give rise to Rasagat jwar, Raktagat jwar etc. with such symptoms. In these jwara, except Dhatu Gat (Shukragat) Jwar (which is considered incurable in Ayurveda), all other conditions are included.

GARBHINI

Using it in fevers it gives unprecedented success. This Rasayana relieves pregnancy Jwar and also protects the uterus and fetus. Due to diseases like excessive menstruation or leucorrhoea, the uterus becomes weak, due to which it is not able to do its work properly. As a result, the Beeja does not stay in the uterus. If by chance it stays, then somehow it stays for two-three months, later the pregnancy is aborted. Some women get used to it. If the pregnancy lasts for a long time, the pregnant woman starts having fever. In such a condition, if the child is born, he is born weak, frail, short-lived and anemic. To protect from these troubles Madhumalini Vasant must be used, because by consuming this Rasayana all the defects of the uterus are eliminated and the fever of the pregnant woman goes away and the child becomes healthy.

DISCUSSION

Madhumalini rasa or rasayana is vasant kalp and it is used in many ways as we seen in this article. Summarization of madhumalini rasayana is that it is specially used in Annavaahastrotasa, Jeerna Jwar and also in Pediatric diseases even in Gynecological problems and many more diseases.

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