



A COMPREHENSIVE BOOK REVIEW OF

DR. ATUL KRISHNA'S AUTOBIOGRAPHY

JEEWAN TARANGINI – PART- I

(My Journey of life – 1953 to 1980)

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- **ABSTRACT:-**

In my present research paper I have presented a book review of Dr. Atul Krishna Sir, chairman and Chief Managing Trustee of Subharti Group of Institution. In his present book "Jeewantarangini, Part I" he has presented his journey of life from 1953-1980. He has narrated his experiences and some important events of his life. My aim is not merely to present a book review but to highlight Dr. Atul Krishna Sir's charismatic personality. No doubt he is a connoisseur of every field of life and his personality is an amalgamation of the personalities of two great sons of Indian soil viz. Swami Vivekananda and Netaji Subhash Chandra Bose.

- **Key Words:-**

Jeewantarangini, life, journey, doctor, personality, experience, ethics, autobiography, Subharti, river, epoch.

INTRODUCTION –

• What is an autobiography –

An autobiography is a self – written account of a person’s life.

➤ Definition-

An autobiography is a narrative in which the author tells about his / her own life, focusing on significant events, experiences and reflections.

➤ Key Features –

- 1) First – person narrative – Uses “I” because the author is telling his or her story.
- 2) Chronological order – Often begins with childhood and follows life through to the present or a significant point.
- 3) Personal insight – Includes thoughts, emotion and motivation, offering a deep, reflective perspective.
- 4) Factual – Though it tells a story, it is based on real – life events. (Unlike a novel).

➤ Famous Example of an autobiography –

- 1) “The story of my experience with Truth.” By Mahatma Gandhi.
- 2) “The Diary of a young Girl” by Anne Frank.
- 3) “Long walk to Freedom.” By Nelson Mandela.

Dr. Atul Krishna Sir has also written his autobiography “Jeewantarangini.” Which is based on his life, his personal experiences events and commendable achievements”.

In my present research paper, I am presenting a Book – Review of his book.
“Jeewantarangini”- Part I (Journey of his life from 1953-1980).

• Dr. Atul Krishna Sir’s early life:-

Dr. Atul Sir was born on 11th April, 1953 in Meerut. His father’s name was Late Dr. Krishna Kumar Bhatnagar a veteran educationist and his mother’s name was Late Rajwati Bhatnagar a very pious and religious woman. They were three siblings (two brothers and one sister). The name of his elder brother was Alok and his younger sister was Anju. His family was highly patriotic and moralistic. They inculcated ethical national and spiritual values among children. That is why the mission of Subharti at present is Shiksha, Sewa, Sanskar, Rashtriya (education, Service, morality and nationalism)

His Grandfather Shri Nand Lal Bhatnagar ji was a great nationalist. He was a veteran Gandhian and a Freedom fighter. Once he slapped his British Librarian for abusing Gandhiji. Later that British Librarian apologized.

Dr. Atul Sir’s entire family was a nationalist and so the children also became patriots.

• **PROFILE OF DR. ATUL KRISHNA –**

➤ **Professional Background:-**

Highly regarded General Surgeon from Northern India, credentialed by LLRM Medical College, Meerut and known for advanced. Surgical expertise.

Founder and Visionary of Subharti University:-

Founder- Chairman of Swami Vivekananda Subharti University, Meerut and Ras Bihari Bose Subharti University, (RBBSU), Dehradun he spearheads multi-disciplinary education including medical, paramedical and humanities programs.

He is the builder of Subharti educational ecosystem from the ground up-rural hospitals, schools, the university and other institutions- driven by a vision to produce ethically sound socially responsible graduates.

➤ **Philanthropy and Social Impact:-**

Recognized as a philanthropist and proponent of uplifting weaker sections through education and healthcare.

He emphasizes the motto “Shiksha, Seva, Sanskar, Rashtriya” – education paired with service and cultural values.

• **Thoughtful Leader and Mentor:-**

He regularly shares motivational insight on personal development human behavior and leadership. He is an active blogger and speaker, encouraging youths to cultivate discipline, resilience and creativity.

Dr. Atul Sir is a very dynamic and pragmatic leader. As a leader of Junior Doctor’s Association he solved many problems of Junior Doctors with his farsightedness and tact. As a leader of JDA he won lot of appreciation from teaching as well as student community.

He is also very active on Social Media.

➤ **His perspectives on Subharti –**

He defines Subharti as “not just a name but a movement” to nurture righteous academically strong Indian youth.

A firm believer that nothing is impossible he is a prolific writer, writing on various aspects of life.

Dr. Atul Krishna Sir is a distinguished surgeon a pioneering education and institution- builder and a compassionate and service. His journey from medical excellence to educational empowerment reflects dedication to societal upliftment and national pride.

➤ **ANALYSIS OF JEEWANTARANGINI –**

I have delved into vast ocean of knowledge and wisdom and picked up some gems to adorn my present review.

• **Who all inspired Dr. Atul Krishna Sir to Write this book: -** Many inspiring and motivational people entered Dr. Atul Krishna Sir’s life who prompted him to come out with the book. Prominent were Dr. Atul Krishna sir’s offsprings Shelya Mam Krishna Mukti Sir and Avni Mam other were Shri Pramod Pandey, Shri Ashok Tyagi, Colonel Dr. N.K. Ahuja Dr. Atul Krishna a Sir expresses heartfelt gratitude to them.

• **Why has Dr. Atul Sir named his book Jeewantarangini: -** In Jeewantarangini Dr. Atul Sir has narrated his early experience. He says that a river creates a national epoch. It comes from the peak of the mountains and keepson flowing. It comes across various hurdles but overcoming all hurdles it flows and flows till it successfully merges into an ocean.

Like a river even human life is not stable. Dr. Atul Krishna Sir says that he also faced many hurdles in his life till he successfully accomplished “Jeewantarangini.”

- **Dr. Atul Sir’s resolve to become a doctor** – The Grief of early demise of his youngest sister Alka moved Dr. Atul Sir very much. Just at the tender age of nine he resolved to become a doctor so that no one may die not knowing the fact that death is inevitable. But howsoever the darker the night may be but the bright the bright day dawns. The entire family was blessed with the arrival of another girl child Anju. So Alka was back in the incarnation of Anju.

- **Evolution of Subharti-** Dr. Atul Sir and other children founded Subharti Children’s Group. The main aim of the group was to keep the national ethos alive. The programmes were organized and various activities were conducted on 15th August 26th January and other national days. In this way the so called institution Subharti was evolved.

- **Establishment of youth upliftment committee**

Subharti children organization grew into Youth upliftment committee which gained momentum as many Youths joined it. Many programs. Were organized. People from various walks of life participated in the activities.

- **Dr. Atul Sir’s firm resolve to become a Doctor**

Dr. Atul Sir passed his High School Examination scoring 98% Marks in Mathematics and 72% Marks in Biology. His father wanted him to become an Engineer but he was firmly determined to become a doctor. He started attending Biology classes instead of Mathematics. Dr. R.N. Phullan his biology teacher came to know the entire story. He further encouraged Dr. Atul Sir to become a successful doctor.

- **Why Dr. Atul Sir’s family shifted to Mussoorie**

Dr. Atul Sir’s father applied for the post of Head of the Department Economics but his candidature was rejected on casteist ground. Then he left Meerut to join Municipal Post. Graduate college at Mussoorie as HOD Economics Then he become Principal of MPG College Mussoorie. So he gained the recognition at Mussoorie that was denied to him at Meerut. In the Meantime Dr. Atul Sir prepared for his CPMT examination.

- **Dr. Atul Sir qualifies CPMT examination**

In the year 1971 Dr. Atul Sir qualified CPMT Examination. He sought admission at LLRM Medical College, Meerut as he obtained good rank CPMT examination. Dr. Atul Sir further narrates his experiences of the Medical College. He was a brilliant student who not only scored highest marks but also received many awards and honours.

- **Inception of Subharti Service Institution:-**

Subharti Service Institution came into existence on 7th July 1974. Thanks to the efforts of Dr. Atul Sir. The main objectives were:-

- 1) Service to the poor especially in rural areas.
- 2) Creating awareness against various diseases.
- 3) Free distribution of medicines to the poor especially in the villages.
- 4) Providing first-Aid facilities in case of any eventuality.

Many medical and non-medical professionals were associated with it. It received aid from various quarters.

- **Admission in the P.G. Curriculum:-**

Dr. Atul sir was interested in surgical curriculum since his student life. So he took admission in PG surgery. He used to work in surgical wards.

- **Conclusion:-**

“Life is a journey that begins in a cradle and ends in a grave”. In this journey one acquires many experiences which mould and shape his or her personality. One learns from various experiences. Just as a river flows overcoming various obstacles, similarly life also flows amidst chaos and struggles. Life is a mixed yarn of joys and sorrows. Whatever may happen the show of life goes on.

Dr. Atul Krishna Sir, in his present book “Jeewantarangini” Part I has presented his life and experiences. No doubt he possesses a very charismatic personality. We have a great deal to learn from his experiences and important events of his life. He is a very dynamic leader who has a very pragmatic approach.

“Jeewantarangini” is not merely a book but a great source of learning and wisdom. It motivates us to work hard, cope up the challenges of life courageously to achieve success.

- **Bibliography**

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