



A STUDY ON PROBLEMS OF WORKING WOMEN

Devika Jitendra Hankare

Student

Ms. Ruchi Bhakta

Name of Research Centre / Institute / College: Patkar- Varde College

Abstract

The main aim of this paper is to study the problems of working women.

This is primary and secondary both type of research. I referred two research papers from journals. Duration of research is 2 months.

In literature review I find out working women has load of both job and household work load. They have to balance both sides. Men should treat them equally and help them in household work. They both have to take equal responsibility.

The basic purpose of this research is study and highlight the problems of working women. by this we all know how they work hardly and take responsibility of both sides. We all should respect them. Then our thinking changes for women. And if thinking change then society changes.

Keywords: Working women, Equality, Health stress, mental stress, Family.

1. INTRODUCTION

In our day to day life. Many women go to work outside. Women have many responsibility. Women have many responsibility in workplace target responsibility, and in house household chores. They have to face many problems. In workplace they have to manage target achievement in time. They have to manage time. And in house they should give time to family. And in some workplace they face abuse. If both men and women take equal and support women then their some problems are finished.

1.2. BACKGROUND

After the independence in 1947 agriculture is our primary business. But slowly slowly in our country started factory, and other businesses. Women help only farming but in 20 th contrary women also go for job. But society not accepted equality .many women stopped go to outside for work by their family. According to 2001 census the average participation of women in labour workforce is 33.6 compared with

men average of 36.5. But after this status of women is considerably changed. They have labour rights, workplace gender equality right, 2012. But after still they have to face many problems.

2. LITERATURE REVIEW

Krishnan (2014) tries to analyzes the mental and physical stress among working women, the various factors that contribute to stress. The study was conducted among 100 working women from different sectors in Bangalore city on the basis of stratified random sampling methods. The study reveals that multiple role demands and conflicting expectations create an environment of work pressure. Multitasking creates an environment of stress for women where they have to perform extra economic roles as well as the same household roles and responsibilities.

3. RESEARCH METHODOLOGY

3.1. OBJECTIVE:

To study and examine the problems face by working women.

To analyse how their family support them.

3.2. HYPOTHESIS:

H1: Working women have to balance both side.

HO: They have to face many problems.

3.3. DATA COLLECTION:

In this research study paper, I used both primary and as well as secondary data method.

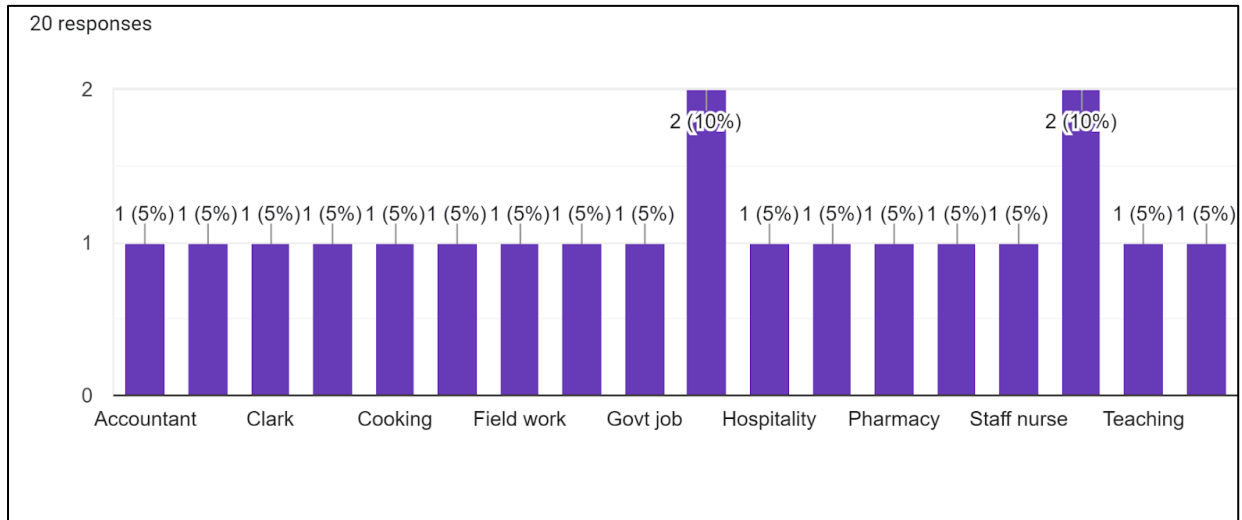
The **primary data** collected by 20working women. The **secondary data** collected through various journals.

3.4. LIMITATION:

- The data is collected by primary data which is data may be filled with lack of confidence
- Only 20 women fill the form.

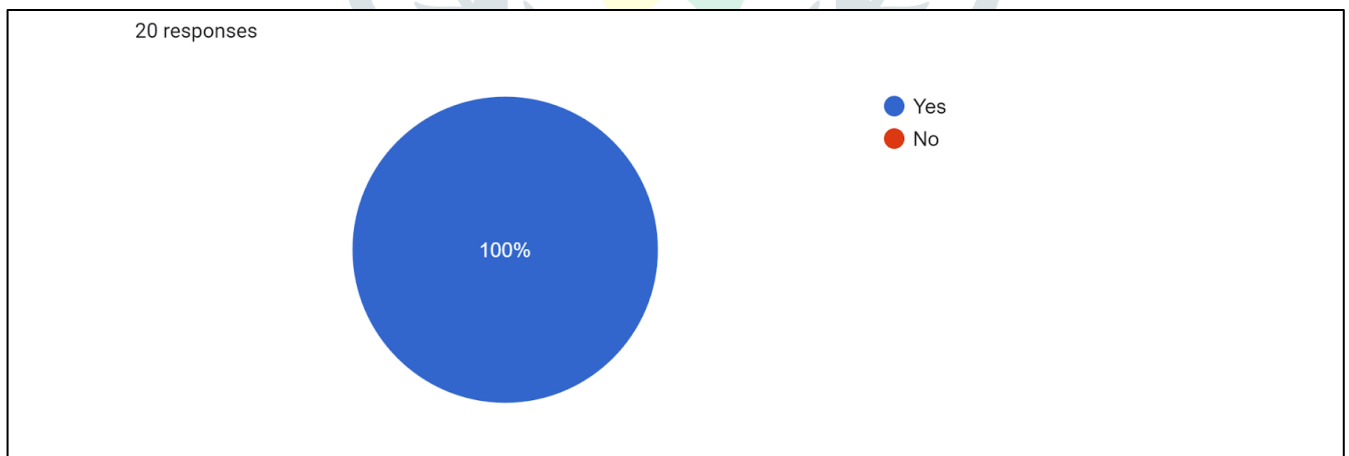
4. DATA ANALYSIS AND INTERPRETATION

4.1. What kind of work are you doing?



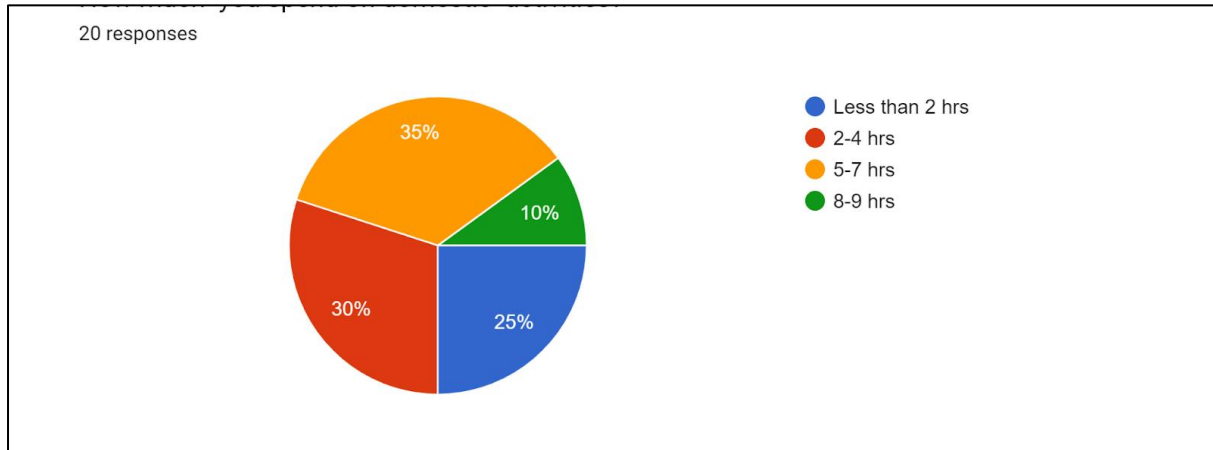
The above bar graph shows that 2% women do teaching job and 2% women do hospitality job. And others do imitation, nursing, accountant, etc. jobs.

4.2. Does The Household Support the Work You Do?



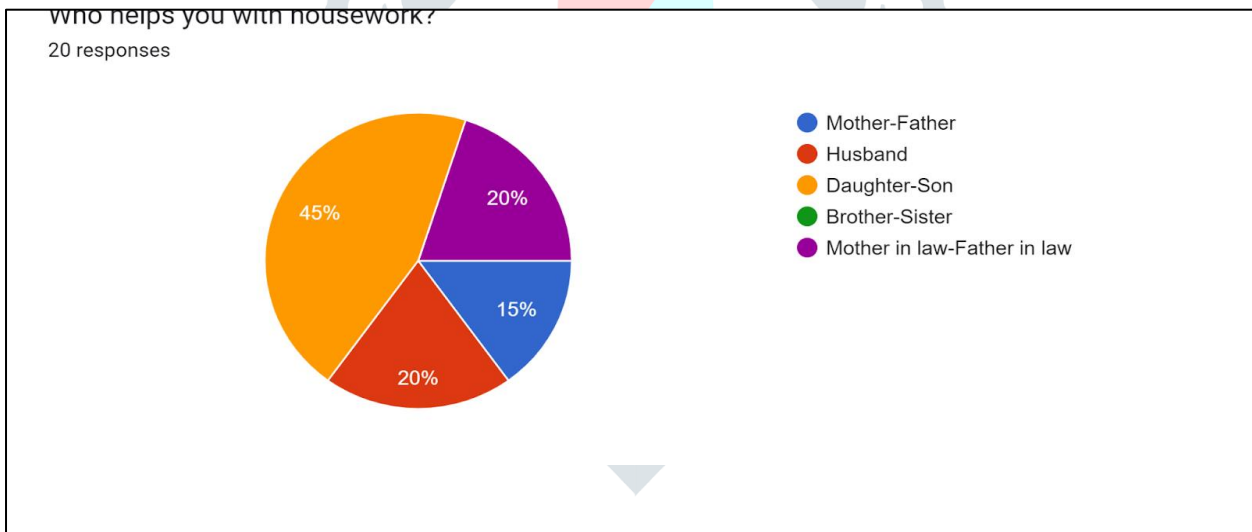
The Above pie diagram shows that 100% household’s support the women’s what they do work. This is very good sign.

4.3. How much you spend on domestic activities?



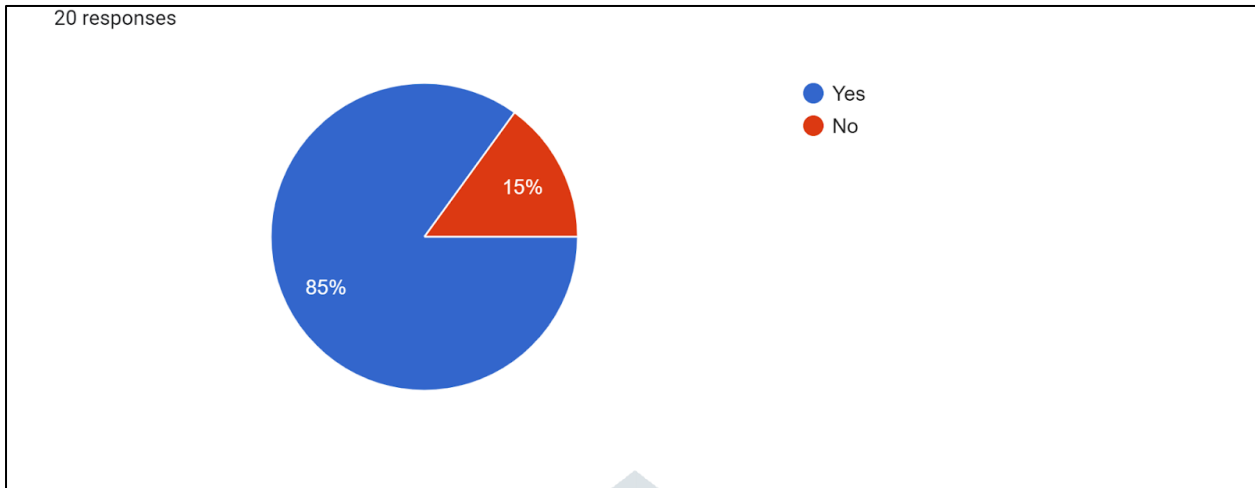
The above pie diagram shows that 35% women spend their 5-7 hrs. In household activities and 30% spend 2-4 hrs. And 25% spend less than 2 hrs. And 10% 8-9 hrs. This shows that how much active they in household activities . How much they spend time with family.

4.4. Who helps you with housework?



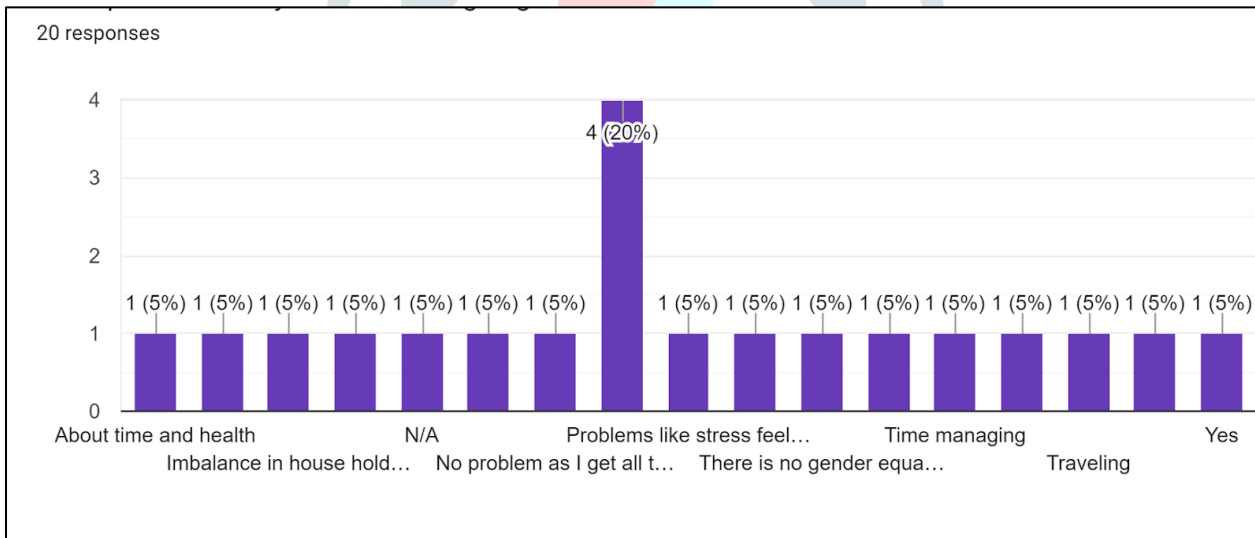
This pie diagram shows that 45% daughter-son help women in household activities and 20% husband and mother-in- law and father –in-law and 15% mother-father. Yes we all should help all women.

4.5. Do you feel you are able to balance your work life?



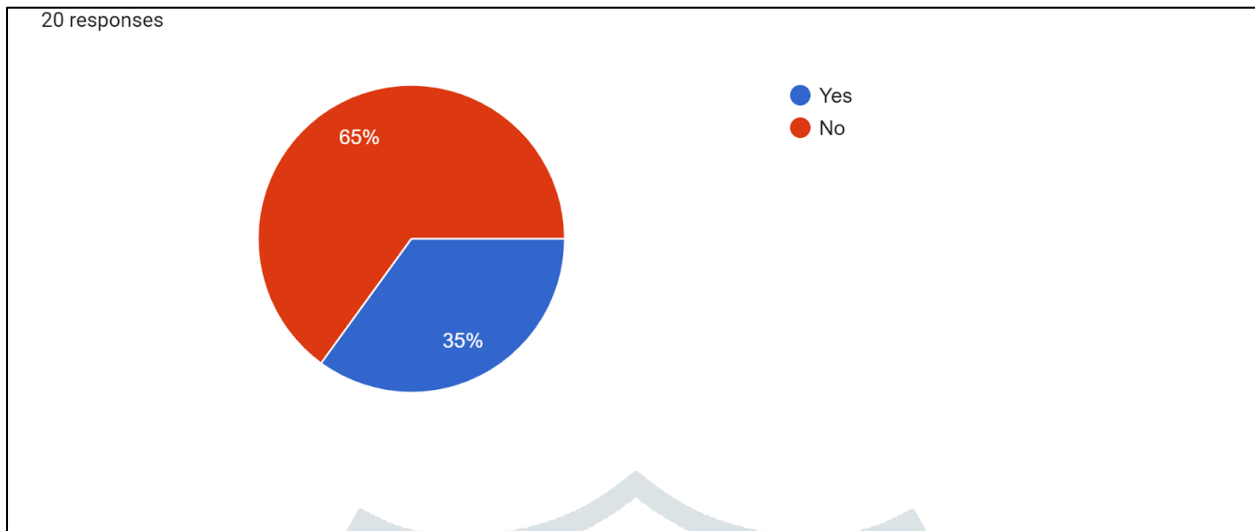
The above pie diagram shows that 85% women feel they are able to balance work life. This is very good that women are able to balance work life.

4.6. What problems do you face while going out for work?



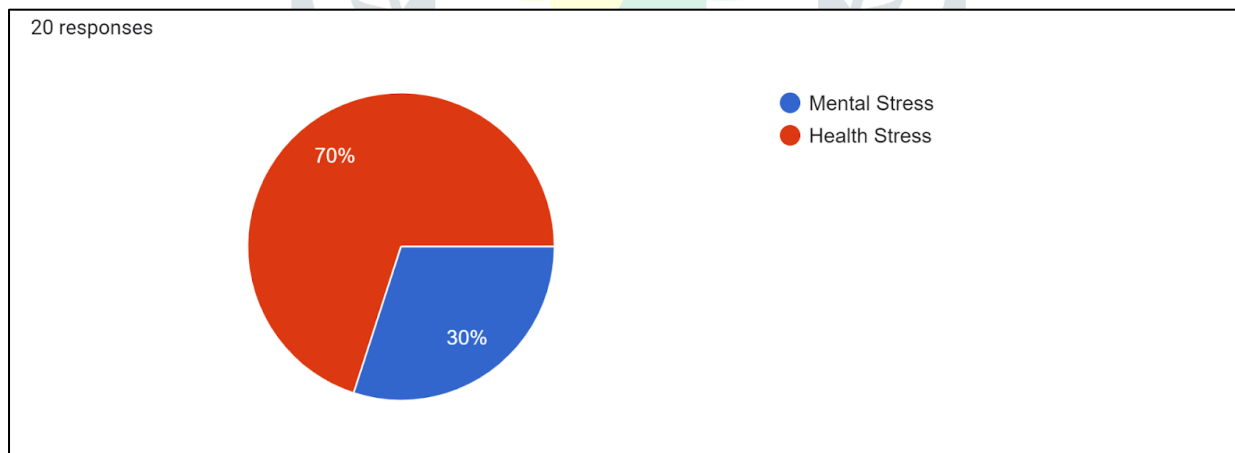
This bar graph shows that women have many problems like time management, travelling, stress feeling, etc. we should help them. In this diagram we know that how many problems that have to face while going out for work

4.7. Did you suffer from any complaints at work?



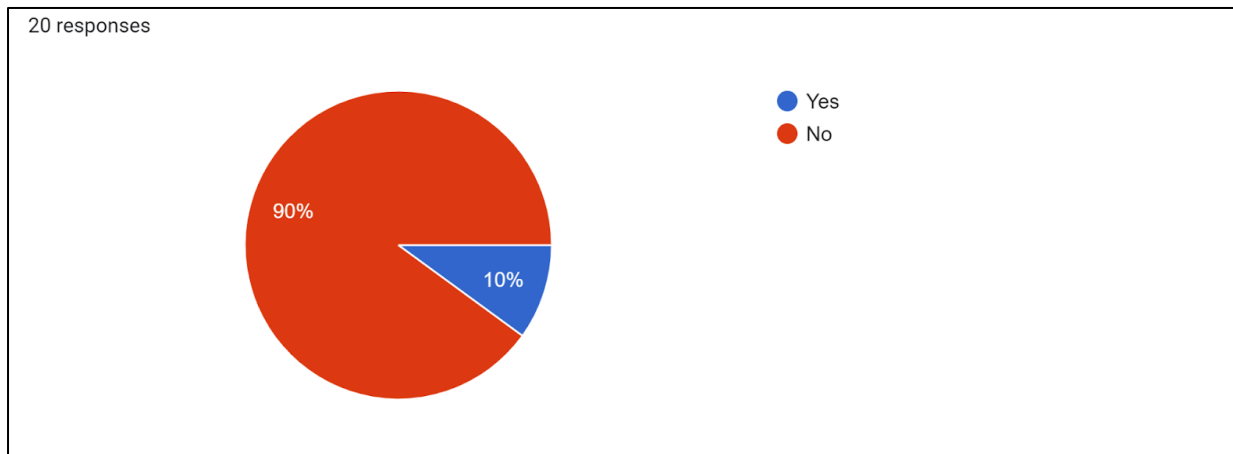
This pie diagram denotes that 65% women did not suffer from any complaints at work. But 35% suffer. This shows little bit delightful.

4.8. Do you experience any stress due to work?



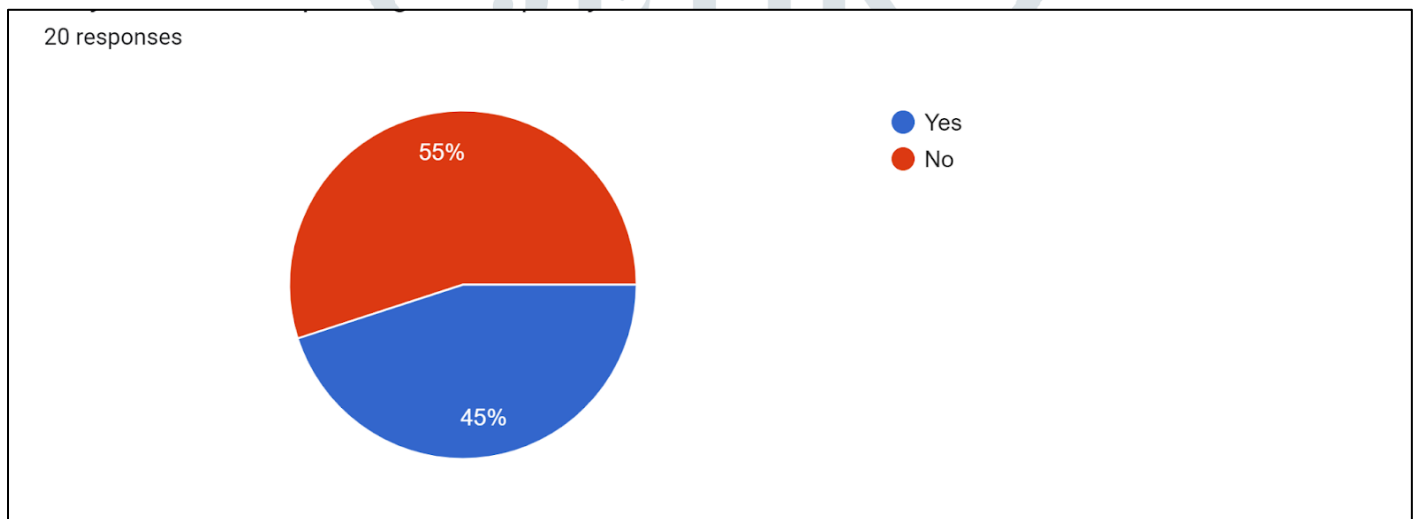
This pie diagram denotes that 70% women experience health stress and 30% experience mental stress due to work. Which is very harmful for them.

4.9. Are men and women discriminated against in you workplace?



This pie diagram denotes that 10% women discriminated against in workplace and 90% not. Which is very delightful.

4.10. Do you know workplace gender equality act?



The above pie diagram denotes that only 55% women knows gender equality act. 45% woman are not aware of this act.

5. CONCLUSION

Women are very powerful. In some working places their status is high and in some low. But I happy to see 90% women equally treated in their workplace. And also 100% household support women work what they do. And result in this way all family support their lady and all women be successful in their work field. If women is successful then little bit country also developed. And if country developed then society mentality and lifestyle changes. Which is very good for all.

6. REFERENCES

- <https://jetir.org/index.html>
- <http://www.impactjournals.us/>