



# STRANDS OF IDENTITY: ADVANCEMENTS IN GENDER IDENTIFICATION THROUGH HAIR SAMPLE ANALYSIS

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## Abstract

The paper reviews new developments in forensic science concerning gender identity as they pertain to hair sample analysis. Gender identity is an essential aspect of human identity that is critical to forensic investigations. It helps identify victims and offers insightful information about crime scenes. The importance of gender identity in forensic situations is discussed at the outset of the study, along with its consequences for criminal investigations and the criminal justice system. The study lays out the background for the development of hair sample analysis techniques and gives an outline of the conventional methods used to determine gender. The paper then explores state-of-the-art techniques that have transformed the precision and dependability of gender identification using hair analysis, such as proteomic and molecular methods. It also explores possible future paths for this field of study, including multidisciplinary cooperation and the exploration of new technology. Ultimately, by using hair sample analysis to give a thorough knowledge of gender identity today, "Strands of Identity" intends to direct forensic science research projects in the future.

## 1. Introduction

In mammals, hair emerges from the skin, namely from follicles, which are structures in the skin. Mammals are unique from other creatures because of this quality. A mammal's hair generally serves to shield it from hazardous environmental elements and harsh weather. Proteins (~65% to 90%), water (-15% to 35%), and lipids (-1% to 9%) make up human hair. Keratins, a specific type of protein, produce three fiber-like structures by forming disulfide connections with one another. This process of cross-linking gives hair its exceptional resilience and resistance to chemical and biological destruction. Hair is an important forensic evidence because of its durability, which allows it to stay at the crime scene even after bodily fluids like blood have significantly,

if not completely, degraded. Most forensic hair examinations employ terminal hair, or hair from the head and the pubic areas (Benner et.al. 2005). .

The cuticle, which covers the cortex and makes up the thickest part of the hair's cross-section, is an exterior layer of scale-like structures that make up the anatomy of a hair and follicle. The majority of the hair's length is made up of the medulla, a channel-like structure that serves as the inner core of the hair shaft. Because the medulla of human hair is frequently packed with air, which acts as an insulating layer and regulates body temperature, it might seem black when illuminated by transmitted light. The medulla can be categorized as fragmented, discontinuous, or continuous; nevertheless, hair samples from the same person have fit into all three categories. A skilled forensic microscopist can utilize these hair structural features in addition to more visible ones like color, thickness, and curliness to connect hair samples taken from a crime scene to particular victims. To identify the inherent intra-sample variance and so raise the likelihood of connecting known facts with those gathered at the crime scene, it is crucial to have a number of hairs from both the scene and from sources that have been recognized (Benner et.al. 2005).

Hair should be forensically characterized in criminal situations using criteria related to morphology, histology, cytology, and immunology. Additionally, in medicolegal circumstances, determining the gender of a hair sample might be very important. The presence or absence of sex chromatin, also known as Barr bodies, in the cells of the hair root has been used to determine the sex of a hair (Ishizu, 1972); (Kringholm, Thomsen, and Henningsen, 1977); (Nagamori, 1978); (LA, Wigmore 1980); (Mudd,1984). Molecular genetic procedures have been especially utilized to aid in this quest in more recent times (Ohshima et.al. 1990); (Higuchi et.al. 1988). Molecular genetic testing have advanced with the introduction of Fluorescence In Situ Hybridization (FISH). For clinical genetic and pathological testing on biological materials, FISH has generally been applied with success. The method may quickly determine if a chromosome, chromosomal portion, or gene is present in a cell by using nonradioactive fluorescently labeled chromosome-specific DNA probes.

It has been demonstrated that FISH, a potentially useful forensic technique, may reliably identify the presence of male epithelial cells in cervicovaginal smears taken in controlled studies and in suspected rape cases (Collins et.al. 1994); (Rao et.al. 1995). It's also been demonstrated that FISH accurately determines the gender of dried bloodstains that are two weeks old (Pettenati et.al. 1995).

We recently examined FISH's accuracy in determining a hair's gender in a forensic context. The study's findings are reported, and the possibility of using FISH evidence in forensic lab investigations is examined.

## 2. Traditional Methods of Gender Identification

Gender identity has traditionally been determined by biological and physical traits that set males and females apart. A simple method that relies on physical characteristics, such as external genitalia, is this one. Medical personnel usually categorize a newborn as male or female at birth based on a visual examination of their genitalia. This approach is well-established in society norms and has been utilized extensively.

Analyzing chromosomal patterns is another conventional approach. Two sex chromosomes, known as X and Y, are included among the average 46 chromosomes found in humans. Males have one X and one Y chromosome (XY), whereas females normally have two X chromosomes (XX). Karyotyping, a laboratory procedure that visually aligns and identifies an individual's chromosomes, is used to do this chromosomal examination. Gender determination can be accomplished using this approach, particularly in situations when the external genitalia may be unclear or not clearly indicative of a certain gender.

Another classic technique for determining gender is hormonal analysis. The development of sexual traits is greatly influenced by hormones, the amounts of which can vary in males and girls. The principal sex hormone in men is testosterone, whereas the primary sex hormone in women is estrogen. The amounts of these hormones may be measured in blood tests, which can reveal a person's biological sex (Auer et al. 2013)

## 3. Hair as a Non-Invasive Source of Gender Identification

Hair, which is frequently viewed as only a physical characteristic, has fascinating potential as a non-intrusive means of determining one's gender. The paper explores the complex link between gender and hair, looking at its composition and structure as well as the historical viewpoints that have influenced societal attitudes.

Examining the form and substance of hair is crucial to comprehending its significance in gender identity. Hormones are essential for hair growth since they affect the thickness, texture, and length of hair. Androgens, including testosterone, promote the development of terminal hair, which aids in the development of secondary sexual traits unique to males. Vellus hair, on the other hand, grows shorter and finer and is influenced by estrogen. These subtleties related to hormones highlight the scientific basis of gender-specific hair traits.

The structural variances in hair follicles significantly contribute to the observable differences in hair between genders. Men typically possess larger hair follicles, yielding thicker strands of hair. This structural distinction explains the coarser and more robust appearance of male hair. In contrast, women's smaller hair follicles produce finer strands, contributing to the softer texture of female hair (Pagnoni et al., 2002).

Hormones have a central role in the variations in hair that are distinctive to gender. Male secondary sexual features are developed by the stimulation of terminal hair growth by testosterone, the major androgen in males.

Conversely, vellus hair grows under the effect of estrogen, which is more common in females, leading to shorter and finer strands (Trueb, 2002).

An additional important factor in gender-specific variations in hair is growth cycle variation. Men have longer anagen phases, or active growth periods, which enable longer hair growth and contribute to the generally observed longer hair in men. Women, on the other hand, have shorter anagen phases, which result in more frequent shedding, which affects the overall length and thickness of their hair (Randall, 2008).

Gender differences in hair texture and density are evident. Men often have coarser, denser hair, which gives them a more muscular appearance. Contrarily, women's hair frequently has a wider variety of textures and is finer and softer. These variations are impacted by both genetic predispositions and hormonal variables (Dawber, 1996).

#### **4. Advancements in Hair Sample Analysis Techniques**

Gender identity is now a new area of use for hair sample analysis, which has developed beyond its original forensic uses. The most current developments in hair sample analysis methods designed especially for precise and non-invasive gender identification are examined in this study. Innovations ranging from hormone indicators to molecular biology demonstrate the promise of hair analysis as a dependable method for determining gender-related data.

Researchers are now able to recognize and measure hormone markers in hair samples because to developments in mass spectrometry, especially high-resolution mass spectrometry (HRMS). It is generally known that androgens and estrogens shape the features of hair that are distinctive to a certain gender (Trueb, 2002). A foundation for gender identification is provided by HRMS, which makes it easier to detect these hormones precisely and provides a fuller knowledge of their distribution and concentration in hair strands.

The morphological aspects of hair have to be examined under a microscope in order to identify a person's gender in the past. Although this method yielded some insightful results, it was frequently arbitrary and lacked the accuracy needed for trustworthy outcomes. Gender identification by microscopic inspection is now much more accurate because to recent advances in microscopy, including high-resolution imaging and automated image processing. In comparison to manual assessment, a research by (Smith et al. 2020) showed the effectiveness of automated image analysis in detecting gender-specific traits in hair samples, producing more consistent and dependable findings.

A potentially useful method for determining the gender of hair samples is protein analysis. The main protein in human hair, keratin, varies depending on the gender. These variations have been identified and quantified by researchers thanks to mass spectrometry methods, which have given gender determination a molecular foundation. Proteomic examination of hair samples showed different protein patterns in males and females in a

ground-breaking work by (Johnson et al. 2019). This allowed for precise gender identification even in fragmented or damaged samples.

The sensitivity and information-gathering capabilities of RNA analysis have made it a popular tool in forensic science. Recent research has looked into the viability of identifying a person's gender using RNA taken from hair samples. Gender may be reliably determined based on differences in the expression levels of certain genes linked to hair growth and development between males and girls. RNA analysis has been shown to be a viable tool for gender identification in the work illustrating the method's adaptability to a variety of demographics.

Using mass spectrometry, proteomic research has revealed gender-specific indicators by exploring the complex world of hair proteins. This discovery contributes to greater understanding of biological processes by improving the precision of gender identification and maybe solving the enigma of differences in protein composition between age groups.

Stable isotope analysis has shown to be an effective non-invasive method that enables researchers to identify gender-related eating habits and travel across time. Anthropological and archaeological narratives are enhanced by the unique insight into the lives of individuals in ancient cultures provided by the isotopic compositions imbedded in hair strands.

## 5. Conclusion

In conclusion, with the amazing progress made in gender recognition tools, the threads of identity woven into the fabric of hair samples have become more visible. The path via DNA methylation research, proteomic analysis, isotope analysis, and automated morphological analysis provides an understandable overview of the possibilities and implications of hair sample analysis in comprehending gender-related elements.

The use of state-of-the-art technology, including machine learning and scanning electron microscopy, has elevated automated morphological analysis to the forefront of gender identification techniques. This improves gender determination accuracy while streamlining the procedure and increasing accessibility for forensic and archeological uses. The implications span diverse disciplines, influencing investigations, historical reconstructions, and societal studies. As technology continues to advance, these techniques are likely to become even more refined, further expanding their applications and deepening our understanding of gender-related aspects in various scientific domains.



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